

PRESIDENT'S REPORT ... Peter Cannon

Hello everyone,



I hope you are enjoying the cooler weather and the colours of the trees. The longer nights and dark mornings are back. It is not necessary to travel very far to enjoy the beauty of the fall colours. We are so lucky here in Markham.

Unfortunately, we were unable to get sufficient support for our Oktoberfest and it had to be cancelled resulting in a very disappointed convenor who had put in a great deal of time and effort with her team. If the membership want such events, it is up to them to support them and buy the tickets; on that score, they were the same price as in previous years and good value for money. It is a shame to have so much effort totally wasted which is just the thing that makes enrolling new volunteers more difficult.

Our Annual General Meeting was well attended, thank you to all who were there. There was a lively discussion of our Financial Report and a few interesting ideas were put forward regarding the format. Unfortunately, the motion to make a donation to Markham Stouffville Hospital Foundation was not successful, although it had the approval of the Board of Directors. The matter of our reserve funds will likely surface when we make our Income Tax return, which has never been done, even though there is a legal

requirement to do so, regardless of the fact that we do not owe any taxes.

Our Veteran's Service will be held in the Auditorium on Monday November 7th at noon. The number of WW2 veterans is much reduced but there are veterans of other conflicts and peacekeeping and we want to honour their service. Please come out for this important event. Tea and coffee will be served at the conclusion of the ceremony.

As always, I encourage you all to wear a smile, be kind to fellow members, thank the convenors and their helpers for their efforts, and, offer to help with clean up at the end of the activity. Also, please wear your name badges.



Markham Seniors' Activity Centre– 22 Water Street, Markham, ON L3P 7P9

Phone: 905-294-5111 OAlA website: <http://www.markhamseniorcentre.com>

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LUNCH LEARN LINGER



NOVEMBER

Monday, Nov. 7th 12:00 noon

Remembrance Day Service

In honour of our Veterans.

The Melody Makers will provide the music.



Monday, Nov. 14th 11:45 - 12:45

Patricia Anderson from Amica

telling us what they have to offer for seniors.



Monday, Nov. 21st & 28th

No program. Bring your lunch, visit with friends. I'll bring some CD's to listen to.



DECEMBER

Only program planned is on

Monday, Dec. 19th

The Melody Makers with their great music.



Marjorie Nielsen

Newsletter Contact- newsandviewsmarkham@gmail.com

Note- Members can view the newsletter at: www.markhamseniorcentre.com

MEMBERSHIP



We have 821 paid members as of October 20th. 36 of these are Life Members.

You must renew by October 31st or you will be considered a new member.

Please wear your name badge and fill out the back. Thank you.

... Marjorie Nielsen
Membership Director



O.A.I.A.

VOLUNTEER OPPORTUNITIES

(New positions listed monthly)

- BINGO CALLERS**—Wednesday evenings from 7:00—9:00 p.m. This would require 2 hours of your time once every 2 months, is fun and requires no experience.

Gratitude of bingo players guaranteed.

If interested, please call Joan Thomas at (905) 474-3726



It's ALL About VOLUNTEERISM!
THE MAYOR'S SENIORS HALL OF FAME AWARDS

MAYOR'S SENIOR HALL OF FAME AWARDS

Once again, at the recent Mayor's Senior Hall of Fame Awards Ceremony held Monday, September 26th to honour seniors who volunteer and make a significant contribution to our community, Markham Senior Centre O.A.I.A. was well represented with some excellent candidates. **Susan Holland and Marge Kember** each received the Seniors Hall of Fame 2016 Nominee certificate. **Robin Bryan** received the Seniors Hall of Fame 2016 Certificate of Appreciation and **Gail Leet** received the Seniors Hall of Fame 2016 Meritorious Award second to the top Hall of Fame award. All nominees have proven that their awards were well deserved with the contributions they have made to our club and our community. Please congratulate these members and think of nominating a club member for 2017 and keep the momentum going. We have a lot of worthy members!

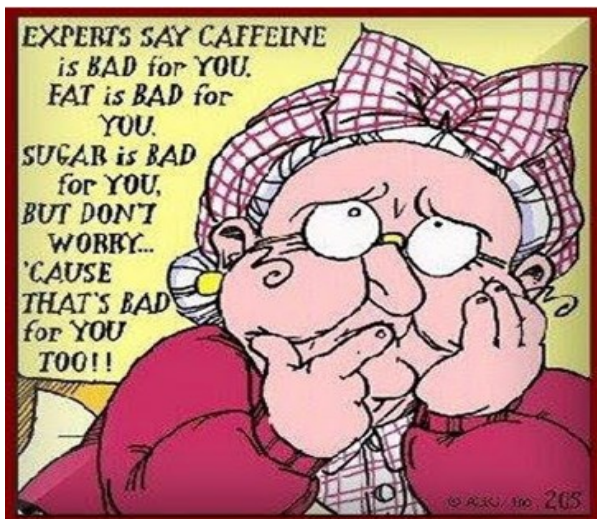
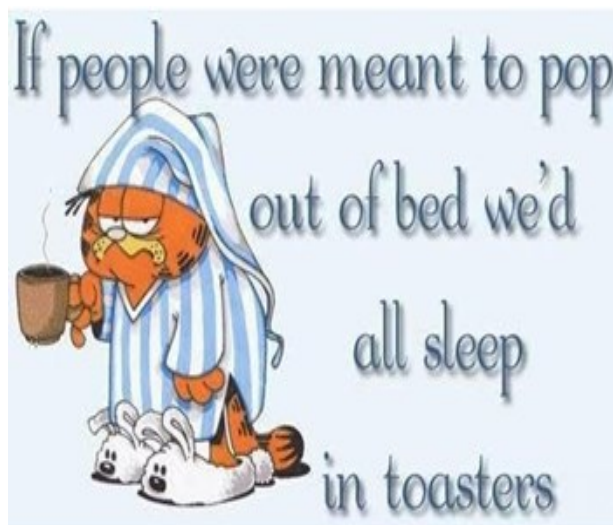
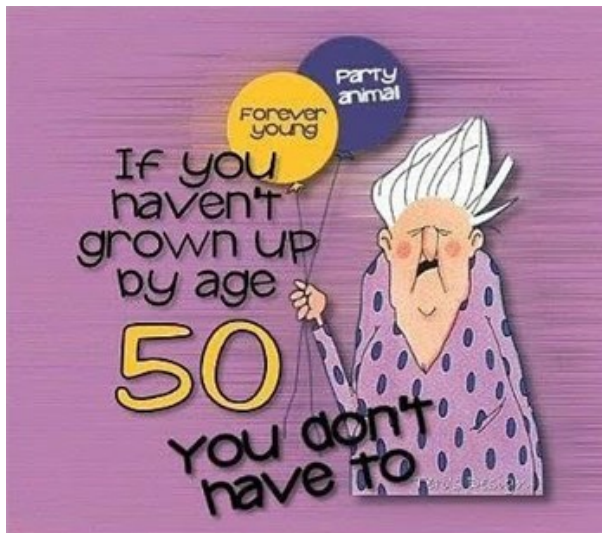


Sunday November 6, 2016

2 a.m.



~Seasoned Citizens ~



help!!!
VICTORIA
won't tell me the
SECRET



Wednesday Afternoon Knitting Club

The Wednesday Afternoon Knitting Club would like to thank everyone for coming out to the Bazaar. I will give you an update in the next News and Views of the results of our group.



Over the course of the previous month we have received needles and pattern books from Hugh, yarn from my sister-in-law Pat and some anonymous donations of supplies.

We have a new member and another one coming in November. Anyone interested in joining, do not hesitate to come out. The ladies are more than willing to help get you started. Drop in any Wednesday afternoon to visit and have a tea and cookies.

The year is winding down but there is still lots left to enjoy. Watch for the announcements in the monthly editions.



... *Joyce Bulgin*
Convenor



November

Wed	2 nd	7:00 pm
Wed	9 th	7:00 pm
Wed	16 th	7:00 pm
Wed	23 rd	7:00 pm
Fri	25 th	1:00 pm
Wed	30 th	7:00 pm



... *Joan Thomas*
Convenor

FROM THE PUBLISHER Please Note:

Please be reminded that the December/January newsletter is a combined issue. Submissions for either of those months must be in by November 20th. Accordingly, I will need the submissions for February 2017 by January 20th.

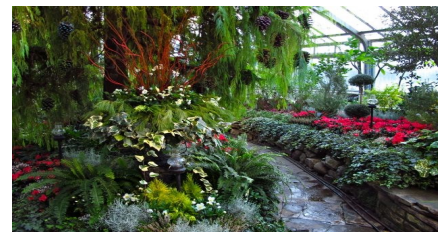
Thanks for your attention,
Jean Lew

FROM THE TRAVEL DESK NOVEMBER 2016

We are very happy to have a new volunteer, Dorice Ross, working at the travel desk on Tuesday mornings. Welcome aboard Dorice, your help is much appreciated.

Our trip to **Niagara to the “Oh Canada Eh?” Dinner Show and Festive Lights Tour on December 7th** is sold out with a waiting list. Just a reminder, **the bus leaves at 8:00 a.m.** from the Public Parking lot.

We are taking bookings for the **Famous People Players Tour on February 15, 2017.** The bus leaves at 10:30 a.m. and after we enjoy lunch and the show, we are going to the **Cheese Boutique** and then to **Allan Gardens Conservatory** for a short visit before traveling home and arriving back at approximately 6:30 p.m. You can pick up a flyer at the travel desk or ask one of our volunteers for more information. If you would like to go, don't wait and be disappointed. **This is a great show!!!**



It was a picture perfect day when we went to Muskoka on October 5th. Everything was great, including the delicious turkey luncheon we enjoyed on the boat. I hear that Dave took a lot of pictures and he has posted them on the computer in the lounge. Thanks Dave.

We're still working on upcoming trips for 2017. We welcome your suggestions for day trips that we could all enjoy. Please leave a note at the travel desk with your ideas. In the meantime.....

Happy travelling



... Carol Aschwanden
Travel Convenor



Have you ever seen a baby porcupine?



Fable of the porcupine

It was the coldest winter ever. - Many animals died because of the cold. The porcupines, realizing the situation, decided to group together. This way they covered and protected themselves; but the quills of each one wounded their closest companions even though they gave off heat to each other.

After awhile, they decided to distance themselves one from the other and they began to die, alone and frozen. So they had to make a choice: either accept the quills of their companions or disappear from the Earth. Wisely, they decided to go back to being together. This way they learned to live with the little wounds that were caused by the close relationship with their companion, but the most important part of it, was the heat that came from the others. This way they were able to survive.

Moral of the story: The best relationship is not the one that brings together perfect people, but the best is when each individual learns to live with the imperfections of others and can admire the other person's good qualities.

.....LEARN TO LOVE THE PRICKS (please pardon the expression) IN YOUR LIFE

After thought: This fable covers all those feelings - pain, fear, prickles, loneliness, uncertainty, and so much more. When people open their hearts, other emotions will flood in - love, warmth, contentment, joy, focus, confidence, self-love and so much more.....

NOVEMBER LUNCHES

Friday, November 4 Club Lunch

Salad

Chicken in mushroom sauce with potatoes and vegetables

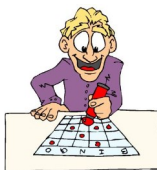
Roll and butter

Dessert. Coffee and tea \$6.00



Friday, November 25

Burgers and Bingo \$4.00



... Susan Holland
Kitchen Convenor

Salad Elona

This salad is an ideal salad with cold chicken or turkey or cold salmon.

1 small English cucumber

12 large strawberries

Salt and ground black pepper to taste

2 tbsp of dry white wine or white wine vinegar.

Peel the cucumber and slice very thinly. Slice the strawberries thinly. Arrange the slices of cucumber and strawberries in a decorative pattern on a shallow serving dish with the cucumbers as the outer layer and ending with sliced cucumbers. The pattern should look like a flower! Season lightly with the salt and pepper, then sprinkle the wine or vinegar over the salad. Chill in the refrigerator before serving.

Serves 4 to 6 people.



Submitted by Susan Holland

KITCHEN NEWS

The Christmas lunch will be held on Friday, December 16th.

Details to follow.

... Susan Holland
Kitchen Convenor





CURRENT EVENTS PLUS GROUP

November 2016



Gathers Every Wednesday in the West Activity Room

1:30 to 3:30 pm

All OAlA members and their guests are welcome to join us in sharing friendly, casual, open discussions on current local and world events. Please sign in and deposit your \$1.00 on entering.

The weekly program will consist of the group sharing humour, discussing current and world events and other subjects of interest. Related pictures and videos will be projected on a large movie screen.

Subjects of interest for future gatherings will also be discussed along with sourcing and who will present them.

November's planned subjects for presentation and discussion will include:

- Violence and Warfare
- Rwanda Today
- Money & The Economy
- E Book Or Paper Book - Which is Better?
- The Power Of Song – Pete Seeger

We hope to see you on Wednesdays after lunch. Bring a friend. 😊

...Robin Bryan
Convenor

From Our Mah-Jong Tables November 2016



MAH-JONG ACTIVITY

Make sure you wear your Name Badges

We Play All Year Round on These Days



Monday Mah-Jong

In the Craft Room from 1:30 to 4:30 PM

Beginners are taught the Asian Method on **Mondays Only**

The Asian Method must be learned before attempting to learn the National

Tuesday Mah-Jong

In the Craft Room from 1:00 to 4:30 PM

Only beginners of the National Method are taught on Tuesdays

The Activity Fee is 50 cents to play

You must sign in the Activity Book upon arrival in the Craft Room

Tea/Coffee is 25 cents and must be purchased in the Social (Library) Room

There are only **15 Tables of 4 players allowed** in the Craft Room, **a total of 60 people maximum** because of the Fire Code

People who come late may not find a table to play at.

Marcia Paci 905-472-1271 -- Muriel Thompson 905-940-1571

Co-Convenors of Mah-Jong - (We accept inquiries)

P.S. There is no Mah-Jong played on Holiday Mondays or OIA Closures



Wisdom From Grandpa - -

**It is hard to understand how a cemetery raised its burial rates
And blamed it on the cost of living.**

For several years, the Snooker's Club had the pleasure of sampling irresistible shortbread cookies at Christmas time baked by one of their own players. Now that it has been a favourite item of the Snooker's Club at this festivity season, Myrtle was asked to share her recipe in News & Views so that other OAIA members can also, if they wish, attempt to make and enjoy these shortbread cookies as well. She found this original recipe from The Sunday Sun December 25, 1983 by Howard MacGregor (great memory) and has always been enjoyed by all ever since. The secret back then was the inclusion of rice flour. Thanks Myrtle for sharing your recipe! 😊

SHORTBREAD COOKIES

Ingredients

- 1 lb salted butter
- 4 cups sifted pastry flour
- 3/4 cup rice flour
- 3/4 cup berry sugar (fruit sugar)

Method

1. Leave butter out at least a few hours until it gets soft. Whip it well in large mixing bowl.
2. Preheat oven to 275 °F.
3. Mix well flour, rice flour, sugar in another bowl, then place the mixture into the large butter bowl.
4. Mix all with wooden spoon until ingredients become hard to stir (ingredients should be blended into a mixture that's fairly smooth but a touch crumbly).
5. Dump the entire dough onto a countertop and knead as you would bread until it's smooth. If sticky, add a little flour but not much or the shortbread won't be as short as you want.
6. Shape dough into a square 1/2 inch thick. Slice into rectangles or squares, or whatever.
7. Lay pieces on ungreased cookie sheet. Prick each piece with a fork.
8. Bake in preheated oven on middle rack for 50-60 minutes or until it's faintly light brown. Don't overcook. Let cool and harden. Amount depends on size of pieces. Don't worry, these won't last!



Submitted by Myrtle McCalmont

Lest we forget.



Karen Rea

Markham Ward 4 Councillor
www.karenrea.ca or email: krea@markham.ca

DON'T TALK ABOUT ME UNTIL YOU HAVE TALKED TO ME. DON'T UNDERESTIMATE ME UNTIL YOU CHALLENGE ME. DON'T JUDGE ME UNTIL YOU KNOW ME.

DO NOT SPOIL WHAT YOU HAVE BY DESIRING WHAT YOU HAVE NOT; BUT REMEMBER THAT WHAT YOU NOW HAVE WAS ONCE AMONG THE THINGS YOU ONLY HOPED FOR.

FALL
KNIT



MONDAY & TUESDAY:
by appointment
WEDNESDAY, THURSDAY, FRIDAY
OPEN 10-4:30
& SATURDAY 10-3:00
UNIT #1 - 91 ANDERSON AVE
(HWY 48 & BUR OAK)
MARKHAM
905-471-0096



www.peachtreeoriginals.com

Thank you Veterans.
 Please join us at the City of Markham
Remembrance Day service at
 10:30am November 11, 2016 at the
 Flato Markham Theatre



Councillor, WARD 5
Colin Campbell
 905-479-7750
ccampbell@markham.ca



**MARKHAM
 LITTLE
 THEATRE**
 presents



Play Sponsor

A drama by
John Patrick Shanley

DOUBT

a p a r a b l e

Nov. 16 - 19, 2016
8:00 P.M.

Tickets \$24 for Wed. & Thurs.
 and \$26 for Fri. & Sat.

Flato Markham Theatre
 171 Town Centre Blvd.

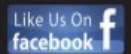
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 to let the
 little things
 that would
 ordinarily
 bore you
 suddenly
 thrill you.



Andy Warhol



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Don't just sit in the house; get outside and enjoy nature.







Never mind, just go back inside.