

**December /January 2017** 

## News &Views

MARKHAM SENIORS ACTIVITY CENTRE





22 WATER STREET, MARKHAM, ONTARIO

#### PRESIDENT'S REPORT

... Peter Cannon

ello everyone,

Well it is nearly Christmas and I wish each of you a Happy Christmas and all the best for the New Year. Regardless of your faith it is a time to wish others peace and goodwill.



There will be a box in the Lobby for the Food Bank. Please give generously for those who are in need in our community especially at this time of the year.

It was great to see our Veterans' celebration so well attended. Our musical members gave us a very enjoyable chance to sing along and Captain Stu Kellock once again did a great job as our Master of Ceremonies. We also had a very talented young lady from MDHS music department who played the Last Post and Reveille for us. It was very moving.

Our Christmas lunch is getting closer. If you want tickets, get them early rather than risk being disappointed. Once again it is being catered by The Village Grocer and they do a really super job.

Our Special Events convenor has resigned, which is a great pity. We are thus looking for a brave soul to step forward to take on this important role. If you are interested or know someone who might

be persuaded to have a go, please do let us know. You can either talk to me or one of the Board members or leave your name at the Front Desk for our attention.

Enjoy your club, wear a smile and your name badge. Try something new and stay safe in the coming winter season.



#### Markham Seniors' Activity Centre–22 Water Street, Markham, ON L3P 7P9

Phone: 905-294-5111 OAIA website: http://www.markhamseniorcentre.com

The News & Views is published nine times annually

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#### **LUNCH LEARN LINGER**

#### **DECEMBER 2016**

The only program for December is:

Monday, Dec.19<sup>th</sup> The Melody Makers 11:45- 1:00 pm

Come out, bring your lunch. Visit, have
your tea /coffee and listen to some

Christmas music.



#### **JANUARY 2017**

#### January programs are All TBA

We do need much more participation at Lunch, Learn, Linger to plan the programs that we must pay for the entertainer.

I'm still looking for someone to take over as the Convenor. Merry Christmas and a Happy New year!

Marjorie Nielsen



#### **CHRISTMAS LUNCH**

FRIDAY DECEMBER 16<sup>th</sup>

Please join us for a delicious Christmas lunch with all the trimmings. Tickets are \$20 each (same as last year!). Last date to buy your ticket is December 7<sup>th</sup> so get your tickets soon!! Lots of door prizes!

See you there! 🙂

... Gillian Scraggs

Convenor







Newsletter Contact- newsandviewsmarkham@gmail.com

Note- Members can view the newsletter at: <u>www.markhamseniorcentre.com</u>



SANTA IS LOOKING FOR HELPERS
TO HELP US PUT UP OUR CHRISTMAS TREE
AND DECORATE THE LOBBY AND AUDITORIUM



DATE: SUNDAY, DECEMBER 4TH—1:00 P.M.

IF YOU CAN OR WOULD LIKE TO TAKE PART IN
THIS FUN AFTERNOON, PLEASE LEAVE YOUR
NAME AND PHONE NUMBER AT THE FRONT DESK
AND THE CO-ORDINATOR WILL CONTACT YOU.









# CHRISTMAS LUNCHEON

DATE: FRIDAY, DECEMBER 16TH, 2016

TIME: 12:00 noon

TICKETS ARE NOW AVAILABLE AT THE FRONT DESK.

\$20.00

MENU

Cranberry Punch

Salad

Roast turkey, mashed potatoes, vegetables, cranberry sauce, dressing, gravy, dessert.

Tea or Coffee

Door Prizes

## **YOGA - WINTER**

## MONDAY or WEDNESDAY EVENING

7:30 to 8:30 PM



# GIVE YOUR BODY THE ATTENTION AND LOVE IT NEEDS THROUGH BREATHING AND GENTLE MOVEMENTS

# IMPROVE STRENGTH, FLEXIBILITY, POSTURE AND BALANCE

New Session starts in early January, 2017

Mondays - 11 classes - \$44.00

Wednesdays - 12 classes - \$48.00

REGISTER AT FRONT DESK

COME OUT AND TRY A FREE CLASS

INSTRUCTOR: Jeela Amin

CONVENORS:

Marylin Kong 905 294 8793 (Wed) Dorice Ross 416 524 4001 (Mon)

#### O.A.I.A.

IF YOU ENJOY A GAME OF VOLLEYBALL, PLEASE COME AND JOIN US ON WEDNESDAYS, FROM 1:30 P.M. — 3:30 P.M. AT THE CORNELL CENTRE FOR 50 CENTS YOU CAN ENJOY 2 HOURS OF FUN AND EXERCISE ON A PROFESSIONAL COURT.

FOR FURTHER INFORMATION, CALL
Joe Signorello at (905) 294-4726 or
Howard Elson (905) 294-1044



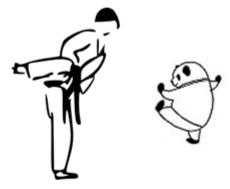
#### Happy I 2017 is Coming! Before 2016 Ends, Let Me Thank all the Good People like U. Who made '2016' so much Beautiful 4 Me. I Pray U be Blessed with Faithful Years Ahead. I wish You a Fantastic JANUARY Love able FEBRUARY Marvelous MARCH Fool less APRIL Enjoyable MAY Successful JUNE Wonderful JU Independent AUGUST Romantic SEPTEMBER Tastiest OCTOBER Beautiful NOVEMBER Happiest DECEMBER Have a VICTORIOUS '2017'

## 10 Facts about you

- 1. You're reading this right now.
- 2. You're realizing that is a stupid fact.
- 4. You didn't notice I skipped three.
- 5. You're checking now.
- 6. You're smiling.
- 7. You're still reading this even though its stupid.
- 9. You didn't realize I skipped eight.
- 10. You're checking again and smiling about how you fell for it again.
- 11. You're enjoying this.
- 12. You didn't realize there's only supposed to be ten facts.

O.A.I.A.

#### TAI CHI



WE HAVE A NEW 8 WEEK SESSION STARTING ON WEDNESDAY JAN. 4, 2017.

TIME: 11:15 A.M.—12:15 P.M.

COST-24.00

Please sign up at the front desk to secure your spot. O.A.I.A.

FOR SALE

YAMAHA P120 ELECTRONIC KEYBOARD
WITH ATTACHMENT'S, CARRYING CASE AND STAND
\$500.00





PLEASE CALL MARK BARRETT TO SET UP APPOINTMENT TO VIEW AT (416) 970-9370

#### A CHRISTMAS REQUEST

I WOULD LIKE TO THANK ALL OF THE GENEROUS MEMBERS WHO HAVE BEEN BRINGING IN THEIR POP CAN TABS OVER THE LAST YEAR. THE CANADIAN LEGION HAS PURCHASED 2,275 WHEEL CHAIRS TO DATE AND WE COULDN'T HAVE DONE IT WITHOUT YOUR CONTRIBUTIONS.



PLEASE BRING YOUR TABS TO THE RECEPTION DESK AT THE MARKHAM SENIORS' CENTRE.

With Sincere Thanks, Dennis Patchell



#### HOLIDAY HOURS FOR MARKHAM SENIORS ACTIVITY CENTRE

_	
DAY	HOURS
Friday, Dec 23 <sup>rd</sup>	CLOSES AT 5:00 pm
Saturday, Dec 24 <sup>th</sup>	CLOSED
Sunday, Dec 25 <sup>th</sup>	CLOSED
Monday, Dec 26 <sup>th</sup>	CLOSED
Tuesday, Dec 27 <sup>th</sup>	CLOSED
Wednesday, Dec 28 <sup>th</sup>	REGULAR HOURS
Thursday, Dec 29 <sup>th</sup>	REGULAR HOURS
Friday, Dec 30 <sup>th</sup>	REGULAR HOURS
Saturday, Dec 31 <sup>st</sup>	CLOSED
Sunday, Jan 1 <sup>st</sup> , 2017	CLOSED
Monday, Jan 2 <sup>nd</sup>	CLOSED
Tuesday, Jan 3 <sup>rd</sup>	REGULAR HOURS



The City of Markham staff team wishes you a Wonderful Holiday Season and a Happy New Year.

Barb Lant, Lorne DeHaas & Luke Hilts

Barb Lant Community Program Supervisor, Markham East The City of Markham 905 477-7000 ext. 4344 blant@markham.ca









WE DID IT!

A cribbage tournament took place in Stouffville on November 9th, 2016 with two of our members coming home with gold - **Jeanne Lafond** and **Ken Budarick**. Congratulations on your win!



#### December 2016

Wed 7<sup>th</sup> 7:00 pm Wed 14<sup>th</sup> 7:00 pm

There is no bingo on the 21<sup>st</sup> or the 28<sup>th</sup> of December.

#### January 2017

Wed 4<sup>th</sup> 7:00 pm

Wed 11<sup>th</sup> 7:00 pm

Wed 18<sup>th</sup> 7:00 pm

Wed 25<sup>th</sup> 7:00 pm

Fri 27<sup>th</sup> 1:00 pm



... Joan Thomas
Convenor

#### THURSDAY AFTERNOON CRAFT GROUP



Christmas is approaching and the Craft Group will be having a Mini Sale on December 16<sup>th</sup> in the lobby (day of the Christmas Luncheon). If you were not able to make to the bazaar, here is a second chance. We have lots of great gift ideas.

The Craft Group meets on Thursdays at 1 p.m. in the Craft Room. Drop in anytime to see what we do and perhaps join us. We are equipped with sewing machines, materials and patterns.

We look for and appreciate donations of cotton material, thread, rick rack and yarn. We are grateful for all donations left at the front desk marked Thursday Craft Group — Thank You Everyone.

A sampling of our products is always on display in the glass cabinet in the lobby and can be purchased from the volunteers at the front desk. You can always drop in on Thursday afternoon to see what we have and purchase.

Wishing everyone a Wonderful Holiday Season and the Very Best in 2017.



... Beverley Budarick Convenor

#### <u>MEMBERSHIP</u>

#### **Convenors Please**

Make sure <u>all</u> your <u>new members</u> have picked up their name badge from the Front Desk. We still have quite a few left in the book.

Please <u>all members</u> wear your name badge when participating in the Centre programs.

Thank you.



**Merry Christmas & Happy New Year** 

... Marjorie Nielsen Membership Director

#### Wednesday Afternoon Knitting Club

The Wednesday Afternoon Knitting Club would like to thank everyone who came out for the Bazaar. It was a perfect day and well attended.

If you missed us that day, there is still a chance to get in on the items we have been working on all year: display case is loaded and if you don't see what you want, come by any Wednesday afternoon until December 14<sup>th</sup> to the Craft Room and we will try to accommodate you.

We would like to thank Maureen and Ruth for their donations to our group. We will put their contributions to good use.

The group would like to wish all of you a very Merry Christmas, happy Holidays and a happy New Year. Remember we would like to see you all in the new year so be safe.



## CAMMA

#### December 8<sup>th</sup>

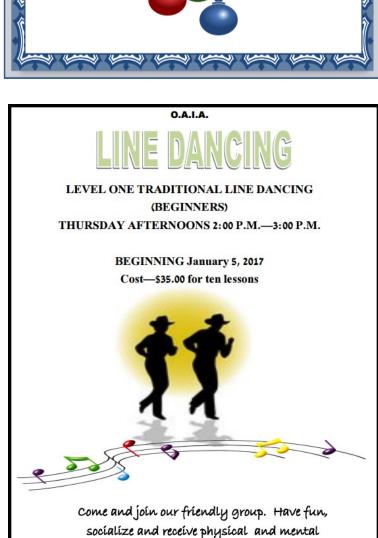
Bring an unwrapped toy for their toy drive. Bus leaves at 9:00 am SHARP



January bookings will be in the Rama book shortly. See you on the bus.

Merry Christmas and Happy New Year

Marjorie Nielsen



exercise at the same time.



#### **2016 BAZAAR WINDUP**

THE 2016 BAZAAR IS NOW BEHIND US AND FOR NEXT
YEAR WE HAVE DECIDED TO CHANGE THE DATE TO
DECEMBER 2<sup>ND</sup>, 2017 AND WILL MAKE IT A CHRISTMAS BAZAAR.

WE WOULD LIKE TO GIVE A BIG THANKS TO ALL THE CONVENORS AND THEIR HELPERS WHO MAKE BAZAARS FUN AND PROFITABLE:

JOYCE BULGIN – WEDNESDAY KNITTING GROUP

LOLA GUILER & MURIEL THOMPSON – JEWELLERY

KARN PASSINGHAM – BOOKS

BEVERLEY BUDARICK – THURSDAY CRAFTS

STRATTON HOLLAND – WHITE ELEPHANT

**ELLIE MOSHER** – BAKE TABLE

SUSAN HOLLAND - MUFFINS & COFFEE/SOUP LUNCH

**EILEEN LANDA – VOLUNTEERS – COFFEE/MUFFINS** 

**AUDREY HILLIS – SILENT AUCTION** 



WE ARE VERY SORRY THAT SUSAN AND STRATTON HOLLAND HAVE DECIDED TO SLOW DOWN AND WILL BE COMING OFF THE BAZAAR COMMITTEE. TO BOTH OF YOU "HATS OFF" FOR A JOB VERY WELL DONE.



great big

... MARJORIE NIELSEN AND BEVERLEY BUDARICK CO-CONVENORS 2016

#### SANTA'S VILLAGE IN BRACEBRIDGE

By Vida Bridgeman

We first attended Santa's Village in the early 1970s and I remember how both children and adults enjoyed the day immensely. I recall the paths throughout the Village were covered in Pine needles and surrounded by evergreen trees and gardens. I finally got back to enjoy the Village this summer; this time with grandchildren.

Santa's Village was built in 1955 and covers 60 acres right on the Muskoka River. In the mid 1950s the Government of Ontario decided to extend Highway 11 as a high speed route to Northern Ontario. Prior to that, traffic passed through Bracebridge on Manitoba St. and the residents and businesses of Bracebridge were concerned about the lack of commerce that would result throughout the town because of this decision. In 1954, a group of residents and families were attending a New Year's Eve party when the idea came up of building a Santa's Village to attract business and tourism as Bracebridge is exactly half way between the equator and the North Pole. This was a community-wide effort and shares were sold door to door raising \$120,000.00 privately. Thereafter, Santa's Village was underway.

In 2011, it was decided that the Village could be run much more efficiently as a private company and the move began to alter the Village's ownership. During a weekend meeting in the Bracebridge Arena, the shareholders voted 99.7% in favour of making the park private. The original shareholders holding less than 2000 shares were bought out at \$11.00 a share decreasing the number of shareholders to 50. Santa's Village was changed to a private organization as it was too expensive to run as a public company. Nothing has changed however, as the new ownership is doing a great job to recognize the contribution of the original shareholders to the park and the community. These original families and shareholders are still able to walk through the park and know they were part of the forming of this wonderful Village. It is interesting to note that 20% of the local families who bought into the idea in 1954 still owned shares in 2011.

At one time the Village was more an attraction for smaller children but now there is an aerial course, zip line and ropes course, a jump tower from which you may leap, a great camp ground with tents, cabins, and yurts available to rent. Older children and adults are now attracted to the Village in great numbers as well as the younger crowd.

Of course there is Santa - we encountered three Santas - one with Mrs. Santa in their little cabin, and two others on golf carts answering questions and completely enthralling the younger children. There is a small chapel and many different rides, a boat ride on the river in Santa's ship, merry-go-rounds, airplane rides, slides, tea cup rides, small putting greens, train rides, and reindeer you may feed - all included in the price of admission to fascinate the younger children.

It is a wonderful Village to visit for both children and adults - a beautiful setting on the river, a place peaceful and calm, and visitors move around at their own pace. Indeed it's a wonderful park to attend and to take youngsters to enjoy - lots of parking and food. The Santas were very congenial, answering all sorts of questions, and it was wonderful to see the children's faces light up when SANTA appeared! If any little ones should ask - this is Santa's summer home and he heads back to the North Pole after the end of September. The Village closes on Labour Day but is open on weekends in September as well as participating in the Bracebridge December Santa Fest.

















#### FROM THE TRAVEL DESK DECEMBER 2016

One seat has become available for our <u>Wednesday</u>, <u>December 7<sup>th</sup> trip to Niagara</u> to attend the "Oh Canada Eh?" Dinner Show and Festive Lights Tour. If you would like to go please drop by the travel desk or call me at (905) 513-7041 to confirm your reservation. The <u>bus will leave promptly at 8:00 a.m.</u> and return around 7:00 p.m. We will be visiting the chocolate factory as well as the Niagara Floral Showhouse. Before heading home we will take a tour of the area to see the spectacular light displays.









There are no trips scheduled for January <u>but Wednesday</u>, <u>February 15</u>, we are booked for the Internationally acclaimed Famous People Players Dine and Dream Theatre. After our 3 course luncheon we go into the theatre for the fun production, "Running Wild". This is a magical experience everyone will enjoy.

After the show we will head to the Cheese Boutique that is well known for its many different varieties of cheeses as well as other culinary delights and gifts. On our way home we will stop at Allan Gardens Conservatory for a short visit.







The remainder of our 2017 trip schedule is still in the planning stage. We're working on a trip to the Shaw Festival in May to see "Me and My Girl" and the Thousand Island Luncheon Cruise in June (more about these later).







I would like to thank those members who were kind enough to stop by the travel desk with suggestions for day trips for our club. We always welcome your input.

I would also like to thank the travel team volunteers who do such a great job - Lyn Bryan, Dorice Ross, Pat Devlin, Gloria Smith, Mary Lou Busato, Magda Surmacz and Margaret Hawryluk.

We wish you a wonderful Christmas season and best wishes for 2017.

... Carol Aschwanden

#### **LUNCHES**

#### Friday, December 16 Christmas lunch

Tickets on sale at the front desk. \$20.00





#### Friday, January 13, 2017

Club lunch

Salad

Beef stew with potatoes Roll and butter Dessert. Coffee and tea

\$6.00

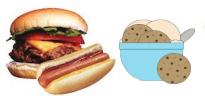




#### Friday, January 27, 2017

Red's burgers, sausages, hot dogs
Cookies and ice cream \$4.00

Tea and coffee





... Susan Holland
Kitchen Convenor

#### **Grilled Salmon with Avocado Salsa**

Serves 4

4 salmon filets 3/4 tsp paprika

1 tbsp olive oil 3/4 tsp chili powder

3/4 tsp salt

Rub salmon with oil and combined salt, paprika and chili powder. Let sit for at least 20 minutes. Grill salmon about 5 minutes per side.

#### Salsa:

2 avocados (sliced) juice from 1 lime

2 tbsp chopped cilantro 1 tbsp sour cream

1/4 Vidalia onion (sliced finely)

salt and pepper to taste

Mix avocado salsa ingredients and chill until needed.

Serve the salmon with a side salad of romaine or Boston lettuce, small potatoes and the avocado salsa.



#### Two Volunteers Join Kitchen Convenor

We're all smiles in the kitchen these days. I'm happy to say that my appeal has been answered and two volunteers have stepped up to assist me and eventually take over full responsibility.

Welcome Laura Pickle and Dorice Ross, who are fast learning the ropes and have already proved to be wonderfully helpful co-workers.

They join a loyal crew who regularly assist chief chef Ellie Mosher with the lunches and Red's burgers – Gloria Wilson, Shirley Newmarsh, Margaret Atridge, and Robin Bailey.



... Susan Holland
Kitchen Convenor

**OAIA News & Views** 



#### CURRENT EVENTS PLUS GROUP

December 2016 - January 2017



#### Gathers Every Wednesday in the West Activity Room

1:30 to 3:30 pm

All OAIA members and their guests are welcome to join us in sharing friendly, casual, open discussions on current local and world events. Please sign in and deposit your \$1.00 on entering.

The weekly program will consist of the group sharing humour, discussing current and world events and other subjects of interest. Related pictures and videos will be projected on a large movie screen.

Subjects of interest for future gatherings will also be discussed along with sourcing and who will present them.

#### December's and January's planned subjects for presentation and discussion are:

- 7 Dec The Need To Practice Emotional First Aid -- What Really Matters At The End Of Life
- 14 Dec Southern Central India
- 21 Dec Man Of The Future
- 4 Jan Dubai Desert To Greatest City
- 11 Jan The Complexity Of Human Memory
- 18 Jan Earth A New Wild
- 25 Jan The Future of Food Dr. Vandana Shiva

Have a great Holiday Season.

We hope to continue to see you all on Wednesdays after lunch.

Bring a friend or two.



... Robin Bryan Convenor



OAIA News & Views 16

#### From Our Mah-Jong Tables December 2016

#### **MAH-JONG ACTIVITY**

Make sure you wear your Name Badges
We Play All Year Round on These Days



#### **Monday** Mah-Jong

In the Craft Room from 1:30 to 4:30 PM

Beginners are taught the Asian Method on <u>Mondays Only</u>

The Asian Method must be learned before attempting to learn the National

#### **Tuesday** Mah-Jong

In the Craft Room from 1:00 to 4:30 PM
Only beginners of the National Method are taught on Tuesdays

The Activity Fee is 50 cents to play
You must sign in the Activity Book upon arrival in the Craft Room
Tea/Coffee is 25 cents and must be purchased in the Social (Library) Room

There are only 15 Tables of 4 players allowed in the Craft Room, a total of 60 people maximum because of the Fire Code

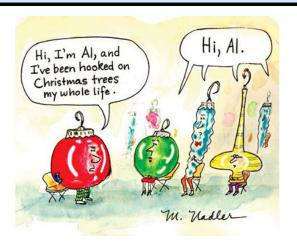
People who come late may not find a table to play at.

Marcia Paci 905-472-1271 -- Muriel Thompson 905-940-1571

Co-Convenors of Mah-Jong - (We accept inquiries)

P.S. There is no Mah-Jong played on Holiday Mondays or OAIA Closures

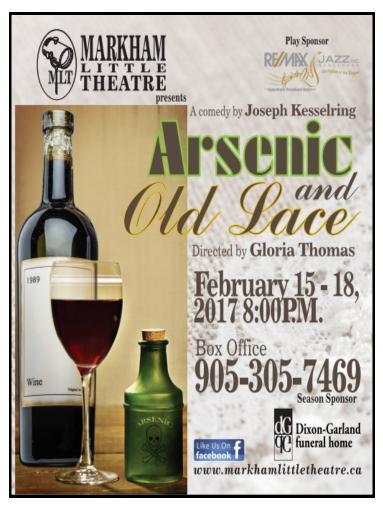




**OAIA News & Views** 









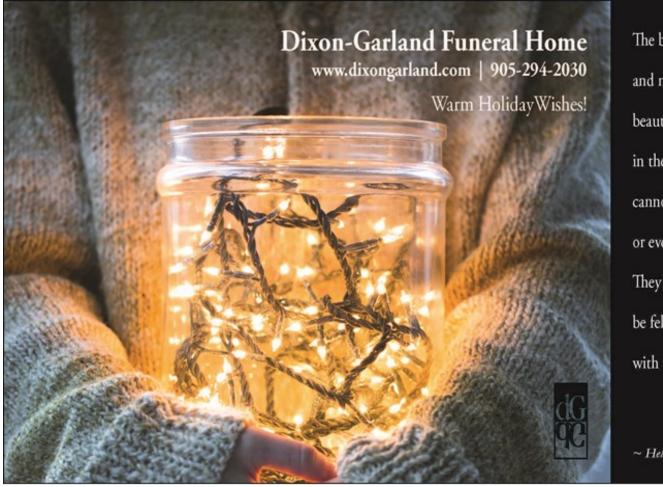
WISHING YOU A VERY HAPPY CHANUKAH, A MERRY CHRISTMAS & HEALTHY HAPPY 2017!!

PROUD TO BE YOUR
WARD 5 COUNCILLOR.
PLEASE CONTACT ME WITH YOUR
WARD 5 COMMENTS AND CONCERNS!



COLIN CAMPBELL 905–479–7750 CCAMPBELL@MARKHAM.CA

I don't understand
how I can remember
every word of a
song from 1964,
but I can't remember
why I walked into
the kitchen?



The best
and most
beautiful things
in the world
cannot be seen
or even touched.
They must
be felt
with the heart.

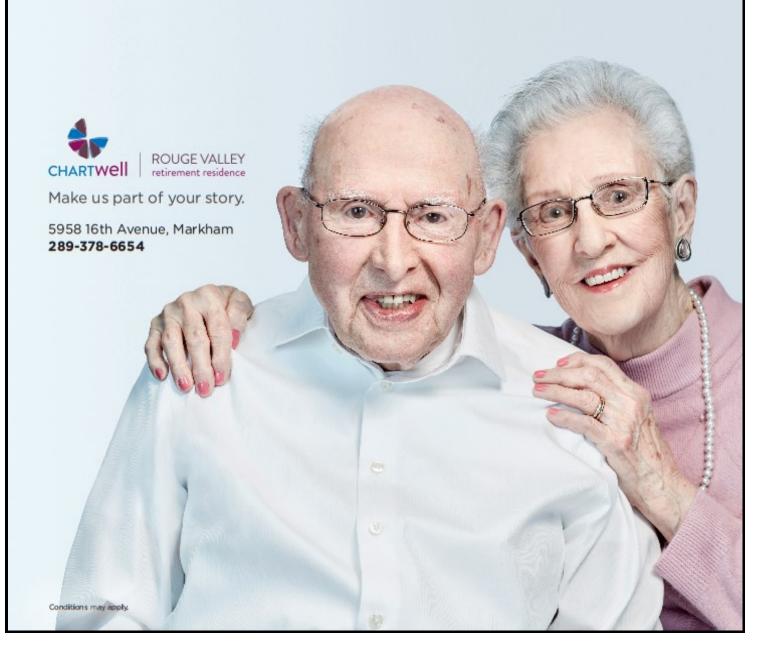
~ Helen Keller ~

# Celebrating their first anniversary.

#### CECIL AND LOREEN MASSICOTE, AT CHARTWELL SINCE 2015.

It's been one year since Cecil and Loreen decided to move out of their house and into one of our residences. See the whole story and discover why they chose to write the next chapter at Chartwell.

CHARTWELL.COM





Feeling at home means enjoying the things you like to do. Which is why at Amica, you can always enjoy your day the way you like to – read your book in a quiet corner or enjoy a snack when you want to.

You can expect an all-inclusive community that is personalized to you with a range of first-class amenities and services. You can choose care and support options tailored to your unique needs and preferences.

Independent Living • Assisted Living

Expect More.™





amica.ca

Amica at Swan Lake 6360 16th Avenue, Markham 905-201-6058

## STOUFFVILLE CREEK

RETIREMENT RESIDENCE





## - ALL INCLUSIVE SUITES - \$3,310 STARTING AS LOW AS \$3,310

Sharing experiences, interests, and talents through unexpected and inclusive activities is a cornerstone of the Verve way of life.

#### You talked, and we listened.

Capture the vibrant, inspiring energy at Stouffville Creek Retirement Residence with more programs, more outings, and more entertainment.



Call us today to book a personal tour and stay for a complimentary lunch.

# Exceptional Services and Amenities

- Elegantly Appointed Studios, 1 & 2 Bedroom Suites with Kitchenettes
- · Retirement Living & Additional Care Packages
- Meals Freshly Prepared by our Executive Chef
- Weekly Housekeeping and Linen Services
- Beautiful Amenities including Library, Media Room, Fitness Centre
- · 24 hour Health Care Supervision
- · In-house physician available
- Social and Recreational Programs

## ——— LIVE A LIFE filled with Verce UPCOMING EVENTS

PLEASE RSVP TO ALL EVENTS AND NOTE THAT SPACE IS LIMITED! SO CALL SOON.



#### Community BrainGym & More

**A Multi-Sensory Brain Stimulation Program** 

THURSDAY, JANUARY 5<sup>TH</sup> FROM 11:15-12:00 NOON THURSDAY, FEBRUARY 2<sup>ND</sup> FROM 11:15-12:00 NOON THURSDAY, MARCH 2<sup>ND</sup> FROM 11:15-12:00 NOON

Beat the blues this winter with Brain Gym and More! We at Verve Senior Living believe that inspiring our residents and supporting their mind, body and spirit opens the door to achieving better health and well-being.



#### Scotland and Shortbread

FRIDAY, JANUARY 20TH FROM 2PM - 4PM

Take a trip through Scotland and visit some unique places, learn a little history, and soak up the culture. Sample some freshly baked shortbread!



#### Lover's Afternoon Delight

TUESDAY, FEBRUARY 14TH FROM 2:30PM - 4PM

If you and your sweetheart have been married for 50 years or more, come to Stouffville Creek Retirement Residence! Celebrate your love with an afternoon of romantic serenades and stay for the sweet and chocolate bar.



### **Handwriting Analysis**

FRIDAY, MARCH 24TH FROM 2 PM - 4 PM

Fill out a handwriting sample a few days before to get a real "paper mirror" of your personality. Come for the "Power of the Pen" talk by Elaine Charal, who will have you laughing and in tears! Stay for delicious treats.

#### BRITISH HUMOR IS DIFFERENT

These are classified ads which were actually placed in U.K. Newspapers:

#### FREE YORKSHIRE TERRIER

8 years old Hateful little bastard Bites!



#### **FREE PUPPIES**

1/2 Cocker Spaniel, 1/2 sneaky neighbour's dog



#### **FREE PUPPIES**

Mother is a Kennel Club registered German Shepherd. Father is a Super Dog, able to leap tall fences in a single bound.



#### **COWS, CALVES: NEVER BRED**

Also 1 gay bull for sale



#### JOINING NUDIST COLONY!

Must sell washer and dryer £100



#### WEDDING DRESS FOR SALE

Worn once by mistake
Call Stephanie



#### FOR SALE BY OWNER

Complete set of Encyclopedia Britannica, 45 volumes.

Excellent condition, £200 or best offer.

No longer needed, got married, wife knows everything.



#### **Statement of the Century**

Thought from the Greatest Living Scottish Thinker- Billy Connolly.

"If women are so bloody perfect at multitasking, how come they can't have a headache and sex at the same time?"









**ACTIVITY LIST** 

	AC		Y LIST		00111/51105
DAY	Dedodotos	IIWE	<u>COST</u>	ROOM	CONVENOR
Monday	Badminton	4:30 p.m 6:30 p.m.	\$0.50	Auditorium	Lewis Roberts
	Beginner Bridge	9:30 a.m noon		Craft	Frank Smart
lan. 9*	Intermediate Line Dancing	9:30 a.m 10:30 a.m.	10 dasses - \$35.00	Auditorium	Lidiya Boyko
	Bid Euchre	6:30 p.m 10:00 p.m.	\$2.00	Craft	Audrey Hillis
an. 9*	Latin Line Dance & Traditional		10 dasses - \$35.00	Auditorium	Joan Weeks
	Lunch, Linger, Learn	11:45 a.m 12:45 p.m.	Dates, times, price advert.	Auditorium	Marjorie Nielsen
	Mah-Jong	1:30 p.m 4:30 p.m.	\$0.50	Craft	Muriel Thompson
	Snooker	9:00 a.m 10:00 p.m.	\$0.50	Snooker	Shirley Eison
	Table Tennis	1:30 p.m 4:00 p.m.	\$0.50	East	Alex Chan
an. 9*	Yoga	7:30p.m 8:30 p.m.	11 dasses - \$44.00	Auditorium	Dorice Ross
an. 9*	Watercolours	9:30 a.m noon	8 classes - \$60.00	West	Vita Keeling
Tuesday	Baseball	9:30 a.m		Various	Doug Dey
	Cribbage	1:00 p.m 3:00 p.m.	\$0.50	East	Jean Lafond
an. 3*	Exercise	9:00a.m 10:00 a.m.	10 classes - \$20.00	Auditorium	Nancy Campbell
an. 3*	Exercise	10:15 a.m 11:15 a.m.	10 dasses - \$20.00	Auditorium	Lyn Bryan
an. 5				Craft	Marcia Paci
	Mah-Jong	1:00 p.m 4:00 p.m.	\$0.50		
	Pickle Ball	7:00 p.m 9:00 p.m.	\$0.50	Auditorium	Cha Pin Lee
464	Snooker	9:00 a.m 10:00 p.m.		Snooker	Shirley Eison
an. 10*	Water Colours	9:30 a.m noon	8 classes - \$60.00	West	Vita Keeling
an. 10*	Water Colours	2:00 p.m 4:00 p.m.	8 classes - \$60.00	West	Vita Keeling
an. 10*	Yoga	11:30 a.m 12:30 p.m.	based on participation	Auditorium	Gerry Milligan
ec. 6*	Zumba Gold	1:15 p.m 2:15 p.m.	13 dasses - \$40.00	Auditorium	Nancy Brown
ec. 6*	Zumba Gold	2:30 p.m 3:30 p.m.	13 classes - \$40.00	Auditorium	Denise Leadbetter
Wednesday					
an. 11*	Acrylic Painting (beginner)	9:30 a.m noon	8 classes - \$60.00	East	Robin Bryan
	Badminton	9:00 a.m 11:00 a.m.	\$0.50	Auditorium	Lewis Roberts
	Band Practice	10:00 a.m 12:00 noon	\$0.50		Mike Holdsworth
	Book Club (1st Wed.)	10:00 a.m noon			
	Current Events	1:30 p.m 3:30 p.m.		West	Robin Bryan
	Dabber Bingo	7:00 p.m 9:30 p.m.	\$.50 & \$2.00 per set	Auditorium	Joan Thomas
				Auditorium	
an. 4*	Euchre	1:00 p.m 3:30 p.m.			Lloyd Black
an. 4"	H.E.L.P.	10:45 a.m 11:45 a.m.	8 classes - \$24.00	Auditorium	TBA
	Knitting	1:00 p.m 3:30 p.m.		Craft	Joyce Bulgin
an. 4*	Osteo Fitness	9:30 a.m 10:30 a.m.	10 dasses - \$30.00	Craft	Lyn Bryan
	Progressive Bridge	6:30 p.m 9:00 p.m.	\$0.50	Craft	Hugh Roblin
	Snooker	9:00 a.m 10:00 p.m.		Snooker	Shirley Eison
an. 4*	Tai Chi	11:15 a.m 12:15 p.m.	8 classes - \$24.00	Auditorium	Audrey Hillis
	Volleyball	1:30 p.m 3:30 p.m.	\$0.50	Cornell	Joe Signorello
an. 11*	Yoga	7:30 p.m8:30 p.m.	12 dasses - \$48.00	Craft Room	Marylin Kong
Thursday					
an. 5*	Beginner's Line Dancing	2:00 p.m 3:00 p.m.	10 dasses - \$30.00	Auditorium	Wendy Wise
	Canasta	1:00 p.m 4:00 p.m.	\$0.50	West	Joan Gomes
nd Thurs.of mth.	Casino Rama	9:00 a.m 5:00 p.m.		Bus Trip	Marjorie Nielsen
ra ilitate.orillet.	Chess	10:00 a.m noon	\$0.50	East	Les Miscampbell
	Crafts	1:00 p.m 3:30 p.m.		Craft	Bev Budarick
					Jeanne Lafond
an E*	Cribbage	1:00 p.m 3:00 p.m.	\$0.50	East	
an. 5*	Exercise	9:00 - 10:00 a.m.	10 dasses - \$20.00	Auditorium	Lyn Bryan
an. 5*	Exercise	10:10 a.m 11:10 a.m.	10 dasses - \$20.00	Auditorium	Nancy Campbell
	Snooker	9:00 a.m 5:00 p.m.	\$0.50	Snooker	Shirley Eison
	Wood Carving	9:00 a.m noon		West	Mickey Hughes
an. 12*	Yoga	11:30 a.m 12:30 p.m.	(based on participation)	Auditorium	Gerry Milligan
an. 12*	Yoga	12:45 p.m 1:45 p.m.	(based on participation)	Auditorium	Gerry Milligan
ec. 8*	Zumba Gold	3:15 p.m 4:15 p.m.	13 dasses - \$40.00	Auditorium	Martine Fleming
Friday	Badminton	9:00 a.m 11:00 a.m.		Auditorium	Lewis Roberts
	Bridge (Duplicate)	1:15 p.m 4:30 p.m.	\$1.00	Auditorium	Bob Ysseldyk
an. 27*	Computer Class	10:00 a.m 11:00 a.m.	10 classes - \$40.00	Board Room	Mike Huffman
on to me f	Friday Lunch	11:45 - 1:00 p.m.	Dates, menus, price posted	Auditorium	Ellie Mosher
an. 6*	H.E.L.P.	10:15 a.m 11:15 a.m.	8 classes - \$24.00	Craft	Wendy Wise
ari. U					
	Table Tennis	9:30 a.m 12:00 noon	\$0.50	East	Alex Chan
Ot	4th Fri Bingo follows	Red's Burgers \$4.00	\$.50 & \$2.00 per set	Auditorium	Joan Thomas
an. 6*	Osteo Fitness	9:00 a.m 10:00 a.m.	10 dasses - \$30.00	Craft	Lyn Bryan
		DIDD a m _ EIDD a m	\$0.50	Snooker	Shirley Eison
	Snooker	9:00 a.m 5:00 p.m.	k* require pre-registration.	Citodital	

0.A.I.A. 22 Water St.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Snooker	Snooker	Snooker	Snooker	Snooker
9:00 a.m 10:00 p.m.	9:00 a.m 10:00 p.m.	9:00 a.m 10:00 p.m.	9:00 a.m 5;:00 p.m.	9:00 a.m5:00 p.m.
Beginner Bridge	Exercise Class ##	Badminton	Wood Carving	Badminton
9:30 a.m noon	9:00 a.m 10:00 a.m.	9:00 a.m 11:00 a.m.	9:00 a.m noon	9:00 a.m 11:00 a.m.
	10:05 a.m 11:10 a.m.			
Interm.Line Dancing ##	Yoga ##	Osteo Fitness##	Casino Rama ##	Osteo Fitness ##
9:30 a.m 10:30 a.m.	11:30 a.m 12:30 p.m.	9:30 a.m 10:30 a.m.	9:00 a.m 5:30 p.m.	9:00 a.m 10:00 a.m.
			2nd Thursday of month	
Watercolours ##	Watercolours ##	Band Practice	Exercise Class ##	Table Tennis
9:30 a.m noon	9:30 a.m noon	10:00 a.m noon	9:00 a.m 10:00 a.m.	9:30 a.m 12:00 noon
			10:15 a.m 11:15 a.m.	
Lunch, Linger & Learn	MahJong	Acrylic Class ##	Chess	Computer Class ##
Dates, times, cost posted	1:00 p.m 4:30 p.m.	9:30 a.m noon	10:00 a.m noon	10:00 a.m 11:00 a.m.
11:45 a.m 12:45 p.m.				
	Znmpa Gold ##	## 'd'T'3'H	Yoga ##	H.E.L.P.#
Table Tennis	1:15 p.m 2:15 p.m.	10:45 a.m 11:45 a.m.	11:30 a.m 12:30 p.m.	10:15 a.m 11:15 a.m.
1:30 p.m 4:00 p.m.	2:30 - 3:30 p.m.		12:45 p.m 1:45 p.m.	
	Cribbage	Book Club	Crafts	Friday Lunch
Mah-Jong	1:00 p.m 3:00 p.m.	10:00 a.m noon	1:00 p.m 3:30 p.m.	Times, Dates & cost posted
1:30 p.m 4:30 p.m.		1st Wednesday of month		
Latin Line Dance ##	Watercolours ##	Tai Chi ##	Canasta	Red's Burgers & Bingo
2:30 p.m 4:00 p.m.	2:00 p.m 4:00 p.m.	11:15 a.m 12:15 p.m.	1:00 p.m 4:00 p.m.	4th Friday of month
Badminton	Pickle Ball	Current Events	Cribbage	
4:30 p.m 6:30 p.m.	7:00 p.m 9:00 p.m.	1:30 p.m 3:30 p.m.	1:00 p.m 3:00 p.m.	Duplicate Bridge
Bid Euchre		Euchre	Zumba Gold ##	1:15 p.m 4:30 p.m.
6:30 p.am - 10:00 p.m.		1:00 p.m 3:30p.m.	3:15 p.m 4:15 p.m.	
Yoga##		Knitting	Beginner Line Dancing##	
7:30 - 8:30 p.m.		1:00 p.m 3:30 p.m.	2:00 p.m3:00 p.m.	
		Volleyball (Cornell)		
		1:30 p.m 3:30 p.m.		
		Dabber Bingo		
		7:00 p.m 9:30 p.m.		
		Yoga##		
		7:30 p.m8:30 p.m.		
As of Nov. 18, 2016				
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