

February 2017



News & Views

MARKHAM SENIORS ACTIVITY CENTRE



22 WATER STREET, MARKHAM, ONTARIO

PRESIDENT'S REPORT

... Peter Cannon

Hello everyone,

I hope you all enjoyed the Christmas and New Year and did not make too many rash resolutions. They are always difficult to keep in my experience so I no longer make any.



There have been suggestions made that we should have a "Pub Night". A sign-up sheet will be available at the Front Desk so that some idea of general interest can be determined. If you have suggestions for entertainment or activities you would like to have offered, please make a note and put it in our suggestion box. We ask that you sign the note to ensure that it will be considered. As you know, our day programs are filled to capacity but we would be willing to fill some evening spots.

We have been quite lucky with the weather until just recently. Please do watch where you are stepping when conditions are icy as it is so easy to injure yourself. City staff do their best to keep things safe and are diligent in snow clearing and salt application but still there can be slick areas which are best avoided.

All of our regular activities are back and going strong, thanks to all those volunteer convenors and their helpers. This is a unique club and is fulfilling its mandate of providing physical, mental and social contact for us seniors in Markham. It has been going for almost thirty years and I do

most sincerely hope that it will continue for another thirty years and more.

Enjoy your club, offer to help convenors, and always thank them for their efforts. Wear your badge, put on a great big happy smile, and try something you have never done before.

Courtesy Parking

**Courtesy
Parking**

**For mobility
challenged
Members**

Thank you

We've set aside two parking spaces for mobility challenged Members who need it more than others. Injured your foot? Have things to carry? These spaces are for you. No Handicapped Sticker is required.

We ask our mobility blessed Members to leave these spaces vacant.

Markham Seniors' Activity Centre– 22 Water Street, Markham, ON L3P 7P9

Phone: 905-294-5111 OAIA website: <http://www.markhamseniorcentre.com>

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LUNCH LEARN LINGER

JANUARY

Monday, January 30th 11:45 - 12:45
The Melody Makers



FEBRUARY

Monday, February 6th 11:45 - 12:45
Pablo, singer extraordinaire
Cost: \$3.00, tickets at Front Desk



Monday, February 13th
TBA

Monday, February 20th
Family Day, enjoy
Centre closed

Monday, February 27th 11:45 - 12:45
The Melody Makers



MARCH

Monday, March 6th 11:45 - 12:45
Tricky Bits starring Ron Guttman
Magician with audience participation
Cost: \$5.00
Tickets at Front Desk on Feb.6th



Monday, March 13th
TBA

Monday, March 20th 11:45-12:45
The Moppets return
Come out & enjoy the puppet show



Marjorie Nielsen

Newsletter Contact- newsandviewsmarkham@gmail.com

Note- Members can view the newsletter at: www.markhamseniorcentre.com

THE WINNING STREAK CONTINUES

On Wednesday, November 16th, Markham Senior Centre was host to the York Region 55+ Winter Games - **Bid Euchre event** and as expected Markham Seniors were well represented. It was a good turnout from the region and Amica at Unionville, formerly The Marleigh, supplied the desserts, tea, coffee and condiments for the event. They have been a good partner to many events in the Markham-Unionville area. The compliments on the food were many and enjoyed by all attending the day. The best part, for the **second year in a row**, was that members **Audrey Hillis** and **Russell Wilson** walked away with the **Silver Medal**.



Please congratulate
Audrey and Russell
on their continued success!



THURSDAY AFTERNOON CRAFT GROUP

The craft group meets on Thursday afternoon at 1 p.m. in the Craft Room. Drop in to see what we do and perhaps you would like to join us. We are equipped with sewing machines, material, patterns, yarn and needles.

We accept donations of BROADCLOTH, THREAD, YARN AND RICK RACK TRIM. Donations can be left at the front desk marked "Crafts". We are very thankful for donations as it keeps the costs down.

Sampling of our crafts are on sale in front cabinet and can be purchased from front desk volunteers.

In December we had a successful mini sale and thank all who stopped by and purchased for yourself or for a Christmas gift.

Wishing one and all a great 2017 – hope spring is coming.



... *Beverley Budarick*
Convenor



FALL SNOOKER LEAGUE REPORT



Our 2016 fall regular schedule and league playoffs have now been successfully completed. Once again the race was very close with four teams (McGinnis, Eastman, Pierce and Miscampbell) wrapping up the top four positions. There was only 5 points difference between first and fourth place, 113 to 118 which proves our handicapping system works very well.

We had excellent games throughout our entire playoffs with a number of very close contests coming down to decisive shots in the final game to decide a winner. Our season ending luncheon and championship day was held on December 8. The lunch consisting of sandwiches plus vegetable and dessert trays was from T&T and was excellent. Many thanks to the ladies for their help in setting up the room and a special thanks to our music men, Brian Webb and Les Miscampbell.

The VanWert and Miscampbell teams then took to the tables for the championship games. Again, the games were close and many excellent shots were made. At the end of the day the Miscampbell team consisting of Les Miscampbell, Yen Lee, Bob Fisher and Myrtle McCalmont emerged victorious over the VanWert team consisting of Bob VanWert, Jack Fairney, Jim Turner and Mike Menlove.

CONGRATULATIONS TO LES MISCAMPBELL AND HIS TEAM.



The NELL DUNN championship plaque was then presented to the winning team. This plaque was created in appreciation of Nell's many years of service in heading up our snooker league.

... Shirley Eison
Convenor

American humor today...

After passing on, George Bush, Barack Obama and Donald Trump are going for a job interview with God.

God asks Bush: "What do you believe in?"

Bush replies: "I believe in a free economy, a strong America, the American nation, and so on...."



God is impressed by Bush and tells him: "Great, come sit in the chair on my right"

God goes to Obama and asks: "What do you believe in?"

Obama replies: "I believe in democracy, helping the poor, world peace, etc..."

God is really impressed by Obama and tells him: "Well done, come sit in the chair on my left"

Finally God asks Trump: "What do you believe in?"

Trump replied: " I believe you're sitting in my chair."



An airplane was about to crash. There were 4 passengers on board, but only 3 parachutes. The 1st passenger said, "I am Steph Curry, the best NBA basketball player. The Warriors and my millions of fans need me, and I can't afford to die." So he took the 1st pack and left the plane.



The 2nd passenger, Donald Trump, said, "I am the newly-elected U.S. President, and I am the smartest President in American history, so my people don't want me to die." He took the 2nd pack and jumped out of the plane.

The 3rd passenger, the Pope, said to the 4th passenger, a 10 year old schoolboy, "My son, I am old and don't have many years ahead so I will sacrifice my life and let you have the last parachute."

The little boy said, "That's okay, Your Holiness, there's a parachute left for you. American's smartest President took my schoolbag."



THANK YOU

I would like to thank everyone who supported me during my challenging procedure these past 2 months. I was absolutely blown away by all of your caring concern! What a wonderful club we have.

I am including my recipe for cheese cookies that some of you have requested:

CHEESE COOKIES

Ingredients

1 cup butter (room temperature)
 8 oz Imperial Cheese (room temperature)
 dash of salt
 1/2 tsp Worcestershire sauce (optional)

1 1/2 cups flour
 4 cups Rice Krispies



Method

Cream butter and cheese together. Add seasoning
 Beat in flour, then add Rice Krispies
 Mix well. Shape into balls
 Press down with a fork
 Bake at 350 °F for 15-20 minutes until lightly brown
 Makes about 4 dozen

Submitted by Denise Leadbetter

GREETING CARDS

If someone you know is ill or has had an accident or has lost a loved one or is celebrating an anniversary such as 50 years or celebrating a birthday of 90 years or older, we would like to know about it. Please fill out a form at the front desk or email Margaret Yade at : sully2000@rogers.com with the information and a card will be mailed out on behalf of the members of the club.

... Margaret Yade





THANK YOU

OUR SINCERE THANKS TO EVERYONE THAT DONATED DOOR PRIZES TO OUR CHRISTMAS LUNCH DEC. 16, 2016

- TIM HORTON'S
- FOOD BASICS
- PETER'S FINE DINING
- EAST SIDE MARIO'S
- SWISS CHALET
- AMICA 'SWAN LAKE'
- SUSAN HOLLAND
- AMICA of UNIONVILLE
- ROUGE VALLEY
- STOUFFVILLE CREEK

prizes!



* A letter of thanks was sent to everyone *

... Gillian Scraggs

LUNCHES

Friday, February 10, noon Club Lunch

Chicken in mushroom sauce
with potatoes, vegetables
Dessert. Tea and coffee \$6.00
"What a bargain!!"



Friday, February 24, noon

Red's burgers \$4.00
Followed by Bingo
and "Good Luck"



Coffe, tea?



... Susan Holland
Kitchen Convenor

Tandoori Chicken (Bar-B-Q)

Ingredients

- 6 chicken legs or breasts
(skin removed)
- 3 tbsp plain yogurt
- 2 tbsp oil
- 1/2 tsp crushed fresh ginger
- 1/2 tsp crushed fresh garlic
- 2 tbsp Tandoori Masala
(from any grocery store)
- Juice of 1/2 lemon
- 1 small onion sliced fine
- 1/2 lemon cut into wedges
- Salt to taste



Method

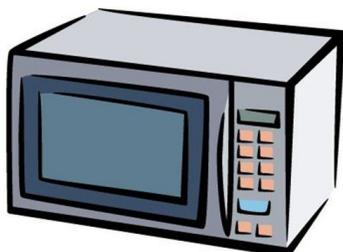
Wash, pat dry and make slits in the chicken pieces.
Take a bowl and put in the yogurt, oil, ginger, garlic
tandoori masala, and lemon juice to make a paste.
Rub this mixture into the chicken and let stand in
fridge overnight.

Preheat oven to 325°F. Place chicken on a baking
rack and bake for approximately 1/2 hour or until
done, turning once. Broil on the top rack until brown.
Place chicken pieces in a serving dish; garnish with
onions and lemon wedges. Enjoy.

... submitted by Fatima Lawson

KITCHEN NEWS

We have bought a new microwave in the kitchen for the use of all club members. It's bigger and better. A plastic cover is available to contain splashes. Please keep the microwave and cover clean after use.



... Susan Holland
Kitchen Convenor

Wednesday Afternoon Knitting Club

The ladies of the Wednesday Afternoon Knitting Club enjoyed their holidays and came back ready to get started for the new year. There has been several items already completed.

I would like to thank Claudia and Barb for their special orders before Christmas. I hope the family was pleased with their gifts. We enjoyed making them. Betsy donated yarn, thank you.

A friend of mine took up a collection of yarns from her group at the Markham Towne Quilter's Guild. We are very appreciative of their contribution. It was a real surprise to receive so much. We will have to get busy now with the new yarn. Keep an eye on the display case in the future.

Keep warm and keep smiling for spring is just around the corner.

Enjoy the club.



... Joyce Bulgin
Convenor



CASINO RAMA

Thursday, February 9th

Bus leaves at 9:00 am **SHARP**

Thursday, March 9th

Thursday, April 13th



Please make sure you have signed up early as I must let the bus company know 1 week before how many are going to Rama.



Thank you

... Marjorie Nielsen
Convenor



February 2017

Wed	1 st	7:00 pm
Wed	8 th	7:00 pm
Wed	15 th	7:00 pm
Wed	22 nd	7:00 pm
Fri	24 th	1:00 pm



... Joan Thomas
Convenor



Cornell Community Centre Older Adults 55+

Fit, Food & Fund

Friday, February 24th
9:00am to 1:00pm
Rehearsal Hall

**Raising money &
awareness
for Heart & Stroke**

A fun morning of
sample classes, guest
speakers, and snacks!

Join us as we
celebrate the joy of
living and
being active in our
community.

**\$5 Minimum
Donation**

**All donations
will go to:
The Heart &
Stroke
Foundation
of Ontario**

**Come experience
these classes:**

Pound Cardio

**Cardio
Salsa**



YOGA

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For more information, Contact Jennifer LeBlanc
jleblanc@markham.ca

HAPPY NEW YEAR FROM THE TRAVEL DESK FEBRUARY 2017

We still have seats available for our trip to Famous People Players on February 15. This is a fun production called "Running Wild". Upon arrival at the restaurant we will be served a 3 course luncheon by some of the talented performers. After that we go into the theatre for the show. On the way home we will stop by the cheese boutique and then the Allan Gardens. We are scheduled to leave Markham at 10:30 a.m. and arrive back at the senior centre around 6:00 p.m.



Canada Blooms and the National Home Show have joined together at Exhibition Place (CNE) and are celebrating Canada's 150th birthday this year. The cost of \$45.00 per person includes round trip transportation via deluxe motor coach and entrance fee to the show. (Lunch is on your own). We have reserved the bus for Wednesday, March 15th and we leave the senior centre at 9:00 a.m. and arrive back in Markham around 4:00 p.m.



We're off to the Shaw at Niagara on the Lake on Wednesday, May 10 to enjoy the delightful comedy "Me and My Girl" where we have reserved orchestra seating. Prior to the show we'll have a buffet lunch at the Pillar and Post and a little walk-around time. We leave Markham at 9:00 a.m. and arrive back at approximately 7:00 p.m.



Me and My Girl
Festival Theatre

Can a Cockney man give up his old life - and love! - to join the upper class? The sparkling and fun British hit musical.

Please visit the Travel Desk for further information on our trips. Book early so that you won't be disappointed. This is great opportunity to get together with friends for a pleasant day out where you don't have to cook or drive. Payment can be made in cash or cheque. Cheques should be made out to O.A.I.A. and post dated to 2 weeks prior to departure.

Happy Travelling

... Carol Aschwanden
Travel Convenor



CURRENT EVENTS PLUS GROUP

February 2017

Gathers Every Wednesday in the West Activity Room

1:30 to 3:30 pm



All OAlA members and their guests are most welcome to join us in sharing friendly, casual, open discussions on current, local, and world events.

The weekly program will consist of the group sharing humour, discussing current and world events and other subjects of interest. Related pictures and videos will be viewed on a large movie screen.

Subjects of interest for future gatherings will also be discussed along with sourcing and who will present them.

February's planned subjects for presentation and discussion will include:

- 1 Feb.** : Man Of The Future
- 8 Feb.** : Robots Today
- 15 Feb.** : Do Schools Kill Creativity? ---- Green The Deserts & Reverse Climate Change ----- Rewild The World
- 22 Feb.** : False Memories ----- Volcanos

Do come and join us on Wednesdays after lunch and bring a friend or two along with you. 😊

Please sign in and deposit your \$1.00 on entering.

... Robin Bryan
Convenor

From Our Mah-Jong Tables February 2017



MAH-JONG ACTIVITY

Make sure you wear your Name Badges

We Play All Year Round on These Days



Monday Mah-Jong

In the Craft Room from 1:30 to 4:30 PM

Beginners are taught the Asian Method on **Mondays Only**

The Asian Method must be learned before attempting to learn the National

Tuesday Mah-Jong

In the Craft Room from 1:00 to 4:30 PM

Only beginners of the National Method are taught on Tuesdays

The Activity Fee is 50 cents to play

You must sign in the Activity Book upon arrival in the Craft Room

Tea/Coffee is 25 cents and must be purchased in the Social (Library) Room

There are only **15 Tables of 4 players allowed** in the Craft Room, **a total of 60 people maximum** because of the Fire Code.

People who come late may not find a table to play at.

Marcia Paci 905-640-2803 -- Muriel Thompson 905-940-1571

Convenors of Mah-Jong - (We accept inquiries)

P.S. There is no Mah-Jong played on Holiday Mondays or OAlA Closures

O.A.I.A.

VOLUNTEER OPPORTUNITIES

(New positions listed monthly)

1. A **Convenor** to head a committee of volunteers to put on **Special Events** for our members.
2. **Callers for Wednesday evening bingo**. This would involve 2 hours of your time approximately once every 2 months, Wednesday evenings from 7:00—9:00 p.m.

The Club cannot function without our volunteers.

Training will be provided for all positions.



Train of Life

The Train of Life....Very True

This is very beautiful, I am honoured to receive it.
Now onto you my friends.....

At birth we boarded the train and met our parents,
and we believe they will always travel on our side.

However, at some station
our parents will step down from the train,
leaving us on this journey alone.

As time goes by,
other people will board the train;
and they will be significant
i.e. our siblings, friends, children,
and even the love of your life.

Many will step down
and leave a permanent vacuum.

Others will go so unnoticed
that we don't realize
they vacated their seats.

This train ride will be full of joy,
sorrow, fantasy, expectations,
hellos, goodbyes, and farewells.

Success consists of having a good relationship
with all passengers
requiring that we give the best of ourselves.

The mystery to everyone is:
We do not know at which station
we ourselves will step down.

So, we must live in the best way,
love, forgive, and offer the best of who we are.

It is important to do
this because when the time comes for us to
step down and leave our seat empty,
we should leave behind beautiful memories
for those who will continue to travel on the
train of life.

I wish you a joyful journey on the train of life.
Reap success and give lots of love.
More importantly, thank God for the journey.

Lastly, I thank you
for being one of the passengers on my train.

(By the way, I am not planning to get off the
train anytime soon but, if I do, just remember I
am glad you were part of my journey.)
Keep Smiling!



Submitted by Elizabeth Price

STAMP COLLECTOR

I AM LOOKING FOR DONATIONS OF ANY USED OR NEW STAMPS FROM ANYWHERE IN THE WORLD.

PLEASE BRING ANY STAMPS TO THE WOOD CARVING CLASS ON THURSDAYS, FROM 9:00 A.M. TO NOON.

THANK YOU.

ZDENEK BREZINA
WOOD CARVING
(905) 209-7610



OAlA
Lunch, Linger and Learn

RON GUTTMAN
WITH HIS MAGICAL ENTERTAINMENT



DATE: MONDAY, MARCH 6, 2017

TIME: 11:45 A.M.—1:30 P.M.

Performance from 11:45 a.m.—12:45 p.m.

Bring your lunch to enjoy after the show

Coffee/Tea and Cookies will be served

Price: \$5.00

Tickets available at front desk from Feb. 6th.

(no food or drink will be allowed during the show)

LUNCH LEARN LINGER



Monday March 6th

11:45 am - 12:45 pm

Tricky Bits, starring Ron Guttman

He will be performing from 11:45 - 12:45

This is a show filled with audience participation, comedy, amazing magic, and mystery.

Cost: \$5.00 tickets will be available at the front desk

NB: After Ron's performance is over, we will then have our lunch.

Ron has requested that no food or drink be eaten during his performance. We will not have to hurry out of the auditorium; we can stay until 1:30 pm.

Come out support your Centre and enjoy some great entertainment.

Tricky Bits



Tricky Bits offers a magical experience that is targeted specifically to a grownup audience. The show features both classical and contemporary magic with a little something for everyone: magic, comedy, mystery and plenty of audience participation.

Like all of Ron's shows, this one is also high-energy, and the performance is diverse, engaging and entertaining.

This show has been receiving enthusiastic response from retirement residences in the Greater Toronto Area as it is able to cater to audiences with limited mobility.

There is truly something for everyone!.

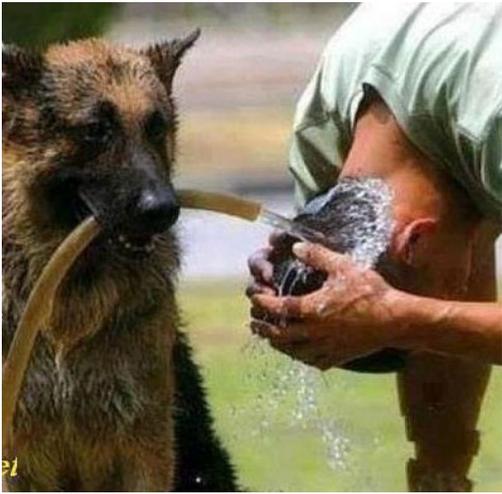
Marjorie Nielsen

Hello,

In the midst of all the craziness in this world of ours, please, enjoy!

Wishing you lots of happy smiles in 2017...





There's so much going on in our world today; we need to periodically stop, take a deep breath and consider what's truly important and then be grateful and smile!!!

... submitted by Elizabeth Price



Happy Valentine's Day

Karen Rea
Ward 4 Councillor

Tel. (905) 479-7751

To keep informed on Markham and Ward 4 issues, visit www.karenrea.ca or email: krea@markham.ca



MARKHAM LITTLE THEATRE presents A comedy by **Joseph Kesselring**

Directed by **Gloria Thomas**

Arsenic and Old Lace

February 15 - 18, 2017 8:00PM.
Box Office **905-305-7469**
Season Sponsor

Play Sponsor
Home is where your story begins
JOANNA CALDWELL

Dixon-Garland funeral home

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by appointment
WEDNESDAY, THURSDAY, FRIDAY
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& SATURDAY
10-3:00

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I saw my shadow!
6 more weeks of winter!



HAPPY GROUNDHOG DAY!

FEBRUARY 2nd



Forests, lakes, and rivers,
 clouds and winds,
 stars and flowers,
 stupendous glaciers
 and crystal snowflakes -
 every form of animate
 or inanimate existence,
 leaves its impress
 upon the soul of man.

Dixon-Garland Funeral Home

www.dixongarland.com | 905-294-2030

~ Orison Swett Marden ~

City of Markham

tel: 905-479-7750
 fax: 905-475-4702

**WARD 5
 Councillor Colin Campbell**

Please contact me with
 your WARD 5
 input, comments,
 concerns,



Let us know if you would
 like to receive updates,
 news releases and
 upcoming events

ccampbell@markham.ca

**Happy
 Valentine's
 Day**

February 14





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- ✓ EMERGENCY REPAIRS
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Markham, ON L3P 3B2**



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“I didn’t expect to feel so comfortable here.”



Feeling at home means enjoying the things you like to do. Which is why at Amica, you can always enjoy your day the way you like to – read your book in a quiet corner or enjoy a snack when you want to.

You can expect an all-inclusive community that is personalized to you with a range of first-class amenities and services. You can choose care and support options tailored to your unique needs and preferences.

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Amica at Swan Lake
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Celebrating their first anniversary.

CECIL AND LOREEN MASSICOTE, AT CHARTWELL SINCE 2015.

It's been one year since Cecil and Loreen decided to move out of their house and into one of our residences. See the whole story and discover why they chose to write the next chapter at Chartwell.

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Conditions may apply.

STOUFFVILLE CREEK

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INSPIRED SENIOR LIVING WITH



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Sharing experiences, interests, and talents through unexpected and inclusive activities is a cornerstone of the Verve way of life.

You talked, and we listened.

Capture the vibrant, inspiring energy at Stouffville Creek Retirement Residence with more programs, more outings, and more entertainment.



Call us today to book a personal tour and stay for a complimentary lunch.

Exceptional *Services* and Amenities

- Elegantly Appointed Studios, 1 & 2 Bedroom Suites with Kitchenettes
- Retirement Living & Additional Care Packages
- Meals Freshly Prepared by our Executive Chef
- Weekly Housekeeping and Linen Services
- Beautiful Amenities including Library, Media Room, Fitness Centre
- 24 hour Health Care Supervision
- In-house physician available
- Social and Recreational Programs

LIVE A LIFE *filled with Verve*

UPCOMING EVENTS

PLEASE RSVP TO ALL EVENTS AND NOTE THAT SPACE IS LIMITED! SO CALL SOON.



Community BrainGym & More A Multi-Sensory Brain Stimulation Program

~~THURSDAY, JANUARY 5TH FROM 11:15-12:00 NOON~~

THURSDAY, FEBRUARY 2ND FROM 11:15-12:00 NOON

THURSDAY, MARCH 2ND FROM 11:15-12:00 NOON

Beat the blues this winter with Brain Gym and More!

We at Verve Senior Living believe that inspiring our residents and supporting their mind, body and spirit opens the door to achieving better health and well-being.



Scotland and Shortbread

~~FRIDAY, JANUARY 20TH FROM 2PM - 4PM~~

Take a trip through Scotland and visit some unique places, learn a little history, and soak up the culture. Sample some freshly baked shortbread!



Lover's Afternoon Delight

TUESDAY, FEBRUARY 14TH FROM 2:30PM - 4PM

If you and your sweetheart have been married for 50 years or more, come to Stouffville Creek Retirement Residence! Celebrate your love with an afternoon of romantic serenades and stay for the sweet and chocolate bar.



Handwriting Analysis

FRIDAY, MARCH 24TH FROM 2 PM - 4 PM

Fill out a handwriting sample a few days before to get a real "paper mirror" of your personality. Come for the "Power of the Pen" talk by Elaine Charal, who will have you laughing and in tears! Stay for delicious treats.

**TODAY IS THE OLDEST YOU'VE EVER BEEN,
YET THE YOUNGEST YOU'LL EVER BE,
SO ENJOY THIS DAY WHILE IT LASTS.**

Observations On Growing Older

- ~Your Kids are becoming you...and you're not fond of them...but your grandchildren are Perfect!*
- ~Going Out is good.. Coming Home is better!*
- ~You Forget names But it's OK because other people forgot they Even knew you!!!*
- ~You realize you're never going to be really good at anything Especially Golf.*
- ~Your spouse is counting on you to remember things you don't remember.*
- ~The things you used to care to do, you no longer care to do, but you really do care that you don't care to do them anymore.*
- ~Your husband sleeps better on a lounge chair with the TV blaring than he does in bed. It's Called "Pre-sleep".*
- ~You miss the days when everything worked with just an "ON" and "OFF" Switch..*
- ~You tend to use more 4 letter words ... "what?!".... "when?!. ???*
- ~Now that you can afford expensive jewelry, it's not safe to wear it anywhere.*

~What used to be freckles are now liver spots.

~Everybody Whispers.

~Now that your husband has retired You'd give anything if he'd find a job!

~You have 3 sizes of clothes in your closet 2 of which you will never wear.

~~~But Old is good in some things: Old songs, Old movies, and best of all, OLD FRIENDS!!

Love You, "OLD FRIEND!"

Share this with other "Old Friends!" and let them laugh in AGREEMENT!!!

***It's Not What You Gather, But What You Scatter
That Tells What Kind Of Life You Have Lived!***

