



May 2017

News & Views

MARKHAM SENIORS ACTIVITY CENTRE



22 WATER STREET, MARKHAM , ONTARIO

PRESIDENT'S REPORT ... Peter Cannon

Hello everyone,
Well, here we are, Easter has come and gone. I hope you all had a lovely time with friends and family over the holiday weekend. We did and it was wonderful.



Elections are taking place this month for your Board of Directors. Nominations commence on April 24th and will close on Friday May 5th at 3 pm. Voting will take place from 10 am to 2 pm daily from May 15th to May 19th. The positions open are: President • Secretary • Treasurer • Assistant Treasurer • Membership Director • and two Directors at large.

This is very important and I encourage all members to vote. The Board are your representatives to make the club run like a well oiled machine. Last year only 225 of our roughly 1,000 members bothered to vote. This is clearly not very satisfactory. The Board needs a clear mandate from the members. It only takes a few minutes of your time to look at the slate of candidates and then to make your choices. PLEASE DO VOTE.

Choir Update- We now have 52 people signed up and shall be seeking further input from each of them to assist the proposed Music Director in preparation for the beginning of the new club year in September. They will be contacted in this regard shortly to answer a simple questionnaire.

Badminton- We have managed to obtain expanded facilities for this activity at Cornell where there are three courts so that more people can play for longer. The cost is the same as here at Water Street and it is hoped that this will result in increasing our membership numbers. This matter was unanimously approved by your Board.

Wear a big smile and your badge. Make yourself known to new faces. The opportunity to make a new friend is priceless and can be a source of great delight. Every individual you meet at the club has had different experiences and you can learn from one another. You may find a new hobby or interest as a result of a casual conversation.

We need volunteers to help in the running of our club. If you can spare a little time and effort, it will be greatly appreciated. Running for one of the Board positions could be just the challenge you need and I can tell you that my own experience bears this out.

Thank convenors and their helpers at the end of your activity. Furthermore, offer to help in tidying up the cups and putting them in the dishwasher. Many hands lighten the work.

Enjoy your club and the warming weather. Spring is showing in the gardens. Watching Mother Nature putting on her new clothes is truly a beautiful sight.



Markham Seniors' Activity Centre– 22 Water Street, Markham, ON L3P 7P9

Phone: 905-294-5111 OAIA website: <http://www.markhamseniorcentre.com>

The News & Views is published nine times annually

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LUNCH LEARN LINGER

MAY

JUNE

Monday, May 1st

No program

Mondays, June 5 and 12

No program

Monday, May 8th

11:45 - 1:00 pm

Please welcome back

“The Fedora’s”

Cost: \$3.00

Tickets at the front desk



Monday June 19

11:45 - 12:45 pm

Our own band

“The Melody Makers”

This is the last time until
September to hear them



Monday, May 15

No program

Monday, May 22

Centre closed for
Victoria Day



Monday, May 29

11:45 - 12:45 pm

Our own band

“The Melody Makers”

Come out and enjoy
the great music



... Marjorie Nielsen
Convenor

MEMBERSHIP

This is my last newsletter as your Membership Director. It has been my privilege to have this position for over 8 years. The time has come for new blood to take over. Lots of training will be provided. Please step forward to stand for Election in May for the Membership Director Position. You do get to meet so many members and make many new friends.
Thank You All.

Marjorie Nielsen
Membership Director



Newsletter Contact- newsandviewsmarkham@gmail.com

Note- Members can view the newsletter at: www.markhamseniorcentre.com



MOTHER'S DAY

LUNCH

Friday May 5th

12:30 – 2:30



salad, sandwiches, fruit

Tea, coffee and dessert

PRIZE for BEST HAT!

PRIZE for BEST OUTFIT!

Cost \$10.00

Tickets available at front desk of Senior Centre

O.A.I.A. Elections 2017

Notice of Election

VOTING DAYS

Monday May 15th until Friday May 19th inclusive.

VOTING HOURS

Monday to Friday - 10:00 a.m. - 2:00 p.m.

Wednesday – 6:00 p.m. - 7:00 p.m.

VOTING REQUIREMENTS

Voters are required to have up-to-date O.A.I.A. membership and must provide identification (for example O.A.I.A. Name Tags)

Nomination Committee

Lloyd Black	905-471-9872	lablack@sympatico.ca
Joan Black	905-471-9872	lablack@sympatico.ca

O.A.I.A. Elections 2017

CALL FOR NOMINATIONS

It is election time again. Please take a moment to reflect on the future of the Markham Senior Centre. Without a strong board, without elected volunteers, the Centre will become very difficult to maintain. Please consider putting your name forward in nomination.

There are 7 Positions to be filled

President (2 yr.)

Secretary (2 yr.)

Treasurer (2 yr.)

Assistant Treasurer (2 yr.)

Membership Director (2 yr.)

Director (2 yr.)

Director (1 yr.)

NOMINATIONS

Nomination may be submitted starting Monday April 24th until 3:30 p.m. Friday May 5th. via the nomination box at the front desk.

Nomination Committee

Lloyd Black	905-471-9872	lablack@sympatico.ca
Joan Black	905-471-9872	lablack@sympatico.ca

Nomination Forms will be found at the Front Desk and in May's edition of the News and Views

NOMINATION FORM – 2017

I hereby nominate _____ for the position of _____ for a period of ___ years.

I hereby certify that I am a paid up member of O.A.I.A and that that i am entitled to make this nomination

Date

Signature of Nominator

CONSENT OF NOMINEE

I am the person nominated above. I certify that i am a paid up member of the O.A.I.A. I agree to be nominated for a period of ___ years and will accept this office if I am elected.

Date

Signature of Nominee

WITHDRAWAL FROM NOMINATION FORM

I, _____ hereby indicate that i wish to withdraw my name from those nominated to the position of _____

Date

Signature

BINGO

May 2017

Wed 3rd 7:00 pm
 Wed 10th 7:00 pm
 Wed 17th 7:00 pm
 Wed 24th 7:00 pm
 Fri 26th 1:00 pm
 Wed 31st 7:00 pm



... Joan Thomas
 Convenor

MAY LUNCHES

Friday, May 5th, 12:30

Mother's Day Lunch

Pick up your tickets ASAP at front desk



Friday, May 26th, 12 noon

Red's Burgers

\$4.00

Followed by Bingo



****No Club Lunch this month****

COD AU GRATIN RECIPE

- 1 pound cod fillets, cut into cubes
- ¼ cup butter
- ¼ cup flour, all-purpose
- 1 ¼ cup milk
- 1 teaspoon salt
- ½ tsp pepper
- 1 small onion, finely chopped (optional)
- ½ cup breadcrumbs or cracker crumbs
- ½ cup cheddar cheese, grated



1. Preheat oven to 375 °F. Place cod in greased baking dish or individual baking dishes.
 2. In saucepan, melt butter; stir in flour until smooth and remove from heat.
 3. Gradually stir in half (1/2) the milk; return to heat and beat until smooth and shiny. Gradually add remaining milk, salt, pepper and onion. Cook, stirring, until smooth and thickened.
 4. Pour sauce over fish and sprinkle with breadcrumbs and cheese.
 5. Bake in 375 °F oven for 20 to 30 minutes until sauce bubbles and fish is cooked.
- Serves 4

Submitted by Dorice Ross

THE WEDNESDAY AFTERNOON KNITTING CLUB

The ladies of the Wednesday Afternoon Knitting Club hoped everyone enjoyed their Easter holidays. It is so nice to see the spring flowers poking through. I was treated to a clump of Tulips in bloom on Good Friday.

We have been busy in the afternoons and are trying out new patterns for your future attention. The display case has been updated. We have replaced the winter products with new baby items so if you are in need of a birthday present or a baby shower gift, please drop by and have a look.

Our own Pat donated some yarn over the past month along with some wool from Ellie`s friend, Francie. June`s hairstylist ,”Turning Hedz” owner Sarah, donated some items for display purposes. You will meet them later this year. Also some wool and supplies came in from Karie, a member of the Markham Towne Quilters Guild.

Well, there is much happening over the next few months before the end of the year so check the paper to see what might interest you. There is also an election coming up later in the month.

Enjoy the weather!



... Joyce Bulgin
Convenor



Thursday, May 10th
Thursday, June 8th

Bus pick up now in the circle at 20 Water St.
Remember it leaves 9:00 am SHARP.

See you all in May.

Thanks to Audrey for looking after the Rama trips for March and April.

... Marjorie Nielsen
Convenor



O.A.I.A.



VOLUNTEER OPPORTUNITIES

(New positions listed monthly)

It is time to think about who you want to be on the O.A.I.A. Board of Directors. The elections are in May and there are several positions becoming available:

*President, Secretary, Membership Director, Treasurer,
Assistant Treasurer and 2 other Directors*

Please keep a lookout for those who you believe would be valuable assets to our Club and nominate them. If you would like to know more about the requirements of the different offices, please contact:

Audrey Hillis (Secretary)

audreyhillis@gmail.com or (905) 294-6452

MARKHAM SENIORS ACTIVITY CENTRE

MSAC CHOIR

Please note: All Choir members must be a member of Older Adults in Action (OAIA). The annual fee of \$35 for Markham residents and \$45 for non-residents includes access to all site facilities. Choir members will be required to pay \$5/year initiation fee plus \$2 per rehearsal..

Name: _____, _____
Last First

1) What voice do you sing? (circle one)

Female: Soprano Alto
Male: Tenor Baritone/ Bass

a) Are you presently singing with another Choir? (circle one) Yes No

b) If yes, please supply the name of the Choir. _____

c) Have you or do you take singing lessons? (circle one) yes no

Do you read music? (circle one) yes no

Do you play an instrument? (circle one) yes no

If yes, name the instrument _____ RCM Level _____

2) List 5 songs that you would like to sing in the Choir:

	<u>Title</u>	<u>Composer/ Arranger</u>
I.		
II.		
III.		
IV.		
V.		

**Please return this Questionnaire to the front desk by June 15th. Thank you.
See you in September!**

BAZAAR BULLETIN BAZAAR BULLETIN BAZAAR BULLETIN

THIS YEAR THE BAZAAR WILL BE THE FIRST SATURDAY IN DECEMBER (Dec. 2/17)

**PLEASE NO DONATIONS OF WHITE ELEPHANT, JEWELLERY OR BOOKS
UNTIL EARLY NOVEMBER. WE MUST STICK BY THIS RULE.**

**WE HAVE VERY LIMITED SPACE ALLOTTED TO US BY THE CITY OF MARKHAM
IN THE STORAGE ROOM FOR THE ABOVE MENTIONED ITEMS THUS MAKING
IT IMPOSSIBLE TO ACCEPT DONATIONS BEFORE NOVEMBER 6th, 2017.**

THANKS FOR UNDERSTANDING. WE DO APPRECIATE YOUR DONATIONS.



**MARJORIE NIELSEN AND BEVERLEY BUDARICK
CO-CONVENORS 2017**



THURSDAY AFTERNOON CRAFT GROUP

The Craft Group meets on Thursday afternoon at 1 p.m. until 3:30 in the Craft Room. We are equipped with sewing machines, material, patterns, yarn and needles.

Thank you to anyone who has donated recently – appreciated. We welcome donations of BROADCLOTH, THREAD, YARN AND RICK RACK TRIM. PLEASE NO UPHOLSTERY MATERIAL, SILKS, SATINS OR KNITS. Donations can be left at the front desk marked “crafts”.

We have some new items in the cabinet in the foyer that can be purchased from front desk volunteers. Our latest addition is throw cushions, yoga bags and yoga pillows. Recently we made two special order cushions and a couple of dozens of table squares for the Snooker Room luncheons. Anyone is free to come into the craft room on Thursday to see what we have for sale as the cabinet is very limited to what we can display.



*... Beverley Budarick
Convenor*

BAZAAR NOTICE - SATURDAY, DECEMBER 2nd, 2017

JUST A REMINDER THAT THERE WILL BE A BAZAAR THIS YEAR (DATE ABOVE) AND WHAT THE BAZAAR COMMITTEE WOULD APPRECIATE FOR DONATIONS:

PLEASE NOTE: WE WILL BE UNABLE TO ACCEPT ANY WHITE ELEPHANT, JEWELLERY AND BOOKS UNTIL NOVEMBER 6th DUE TO LACK OF STORAGE SPACE.

ITEMS CAN BE LEFT AT INFORMATION DESK IN LOBBY.

SILENT AUCTION: NEW AND IN ORIGINAL PACKAGING.

WHITE ELEPHANT: GENTLY USED ITEMS IN GOOD CONDITION. NO CLOTHING, TOYS, CAR SEATS, BABY EQUIPMENT, TUPPERWARE, COFFEE MUGS, TRAVEL MUGS, FURNITURE, TVs OR COMPUTER EQUIPMENT, AND GOLF CARTS. DONATIONS ACCEPTED UNTIL THURSDAY NOVEMBER 30th.

JEWELLERY: GOOD TIME TO RECYCLE YOUR BEADS, BROACHES, BRACELETS AND EARRINGS - MEN'S AND WOMEN'S JEWELLERY/SINGLE EARRINGS. DONATIONS ACCEPTED UNTIL THURSDAY NOVEMBER 30th.

BAKE TABLE: SQUARES,PIES,TARTS,CAKES,MUFFINS, ETC. ALSO REMEMBER US WHEN MAKING PRESERVES, JAMS, JELLIES, PICKLES AND RELISH, ETC. DONATIONS ACCEPTED ON FRIDAY DECEMBER 1st.

BOOKS: BOTH HARD AND SOFT COVERED. NO LANGUAGE BOOKS, ENCYCLOPEDIAS, READERS' DIGESTS, INSTRUCTION MANUALS, NATIONAL GEOGRAPHIC. DONATIONS ACCEPTED UNTIL THURSDAY NOVEMBER 30th.

***IMPORTANT NOTE** - PLEASE NO DONATION OF WHITE ELEPHANT, JEWELLERY AND BOOKS ON FRIDAY DECEMBER 1st AS THE CLUB IS CLOSED FOR SET UP.

...MARJORIE NIELSEN AND BEVERLEY BUDARICK

CO-CONVENORS 2017



A cop pulls a guy over for weaving across two lanes of traffic. He walks up to the driver's window and asks, "You drinkin'?" The driver said, "Well that depends - You buyin'?"



Mother's Day Quotes

In The Garden of Life, a mother is the most beautiful flower of all.



The greatest gift a mother can give her children is unconditional love and the gift children can give their mom is to show her love.

Those who have a mother cherish her with care, for you never know the heartache when you see her empty chair.



A mother holds her children`s hands for just a little while but holds their hearts forever.

If raising children were easy, it wouldn't start out with something called labour.



To the world she was just a person but to us she was the world.

Submitted by Jeanne Colvin



FROM THE TRAVEL DESK MAY 2017

Our trip to the **Shaw Festival on May 10th to see Me and My Girl has been sold out** for several weeks. We leave Markham at 9:00 a.m. and arrive back by 7:00 p.m. It should be a good trip. If you have any last minute questions, please check with the travel desk or call me at the number on the flyer.

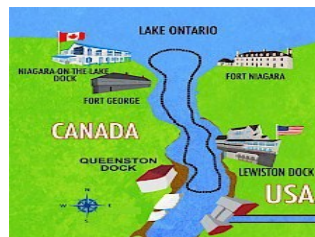
The Thousand Island Luncheon Cruise on Thursday June 15th is also sold out but we do have a waiting list at the travel desk if you would like to add your name. We leave Markham at 7:30 a.m. and arrive back at approximately 8:00 p.m. We will also have a couple of coffee breaks along the way and a stop at Taste of The Country Bakery in Belleville. P.S. Don't forget the sunscreen.



On Wednesday, September 27th we are heading off to Niagara on the Lake again. This time we'll enjoy lunch while aboard the **Paddle Wheeler, Niagara Belle** for 2 ½ hours on the Niagara River. Before we board the Niagara Belle we will have a short visit to Niagara on the Lake and after the cruise we will enjoy some wine tasting at a local winery. We leave Markham at 8:00 a.m. and arrive back at approximately 6:30 p.m. If you would like to go on this trip, please don't wait to make a reservation as the bus is filling up quickly and the travel desk will be closed July and August. The cost for members is \$100.00 and non-members pay an extra \$5.00.



NIAGARA-
ON-THE-LAKE



Bruce Bell, a well known Toronto historian is going take us on a **2 hour city tour on Wednesday, November 1st.** After our tour we'll head to the **Hot House Cafe for a delicious lunch** and then on to **Ripley's Aquarium of Canada** to see the many exhibits including tropical reefs, jelly fish, sea horses and sting rays. There is also a 315-foot moving walkway through an acrylic tunnel deep below the 2.84 million litre shark lagoon. The cost for members is \$89.00 and non-members is \$94.00. We leave Markham at 8:45 a.m. and arrive back at approximately 5:00 p.m.



Please note our summer hours: JUNE - Tuesday, Wednesday, Thursday 10:00 a.m.- 2:00 p.m.

JULY and AUGUST closed

Happy Travelling!

... Carol Aschwanden
Travel Convenor



CURRENT EVENTS PLUS GROUP

May 2017

Gathers Every Wednesday in the West Activity Room

1:30 to 3:30 pm



All OAlA members and their guests are most welcome to join us in sharing friendly, casual, open discussions on current, local, and world events.

The weekly program will consist of the group sharing humour, discussing current and world events and other subjects of interest.

Related pictures and videos will be viewed on a large movie screen.

Subjects of interest for future gatherings will also be discussed along with sourcing and who will present them.

May's planned subjects for presentation and discussion will include:

- 3 May :** Black Justice - Canada
- 10 May :** Stealing Africa
- 17 May :** Wonders of the Universe: Destiny
- 24 May :** Schooling in China
- 31 May :** Climate and Glaciers

Do come and join us on Wednesdays after lunch and bring a friend or two along with you. 😊

Please sign in and deposit your \$1.00 on entering.

... *Robin Bryan*
Convenor

From Our Mah-Jong Tables May 2017



MAH-JONG ACTIVITY

Make sure you wear your Name Badges

We Play All Year Round on These Days



Monday Mah-Jong

In the Craft Room from 1:30 to 4:30 PM

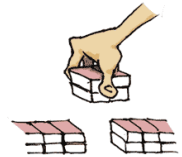
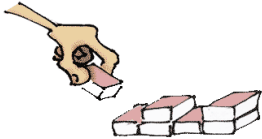
Beginners are taught the Asian Method on **Mondays Only**

The Asian Method must be learned before attempting to learn the National

Tuesday Mah-Jong

In the Craft Room from 1:00 to 4:30 PM

Only beginners of the National Method are taught on Tuesdays



The Activity Fee is 50 cents to play

You must sign in the Activity Book upon arrival in the Craft Room

Tea/Coffee is 25 cents and must be purchased in the Social (Library) Room

There are only **15 Tables of 4 players allowed** in the Craft Room, **a total of 60 people maximum** because of the Fire Code.

People who come late may not find a table to play at.

Marcia Paci 905-640-2803 -- Muriel Thompson 905-940-1571

Convenors of Mah-Jong - (We accept inquiries)

P.S. There is no Mah-Jong played on Holiday Mondays or OAIA Closures

How many boxes of these Thin Mints do I have to eat before I start seeing results?

Got tasered picking up my friend from the airport today. Apparently security doesn't like it when you shout, "Hi Jack!"

You're invited!

Annual Ward 4 BBQ

Join me on June 24th 12pm-2pm
for a BBQ, Ice cream & Entertainment



Location:
Markham District Vets Hall
7 Washington St.

**Karen
Rea**
Ward 4 Councillor
Tel. (905) 479-7751

To keep informed on Markham and Ward 4 issues, visit
www.karenrea.ca or email: krea@markham.ca

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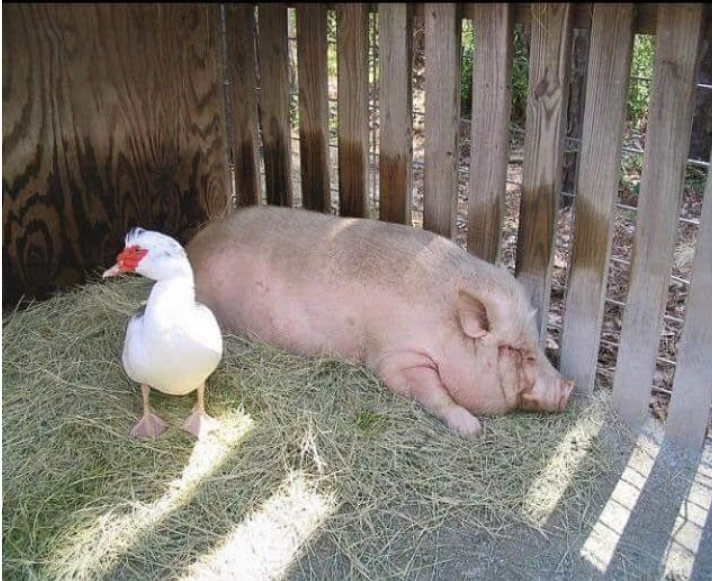
MONDAY & TUESDAY:
by appointment
WEDNESDAY, THURSDAY, FRIDAY
OPEN 10-4:30
& SATURDAY
10-3:00



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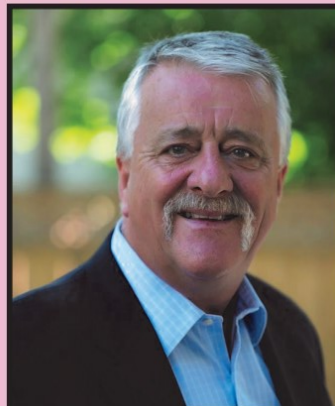
WHAT'S THE DIFFERENCE BETWEEN BIRD FLU AND SWINE FLU?



ONE REQUIRES TWEETMENT AND
THE OTHER REQUIRES OINKMENT.

Wishing you all a
wonderful spring & summer!

I am proud to be your Ward 5
Councillor. Please contact me
with your Ward 5 comments and
concerns! 905-479-7750



Colin Campbell
City of Markham
ccampbell@markham.ca



Dixon-Garland Funeral Home

www.dixongarland.com

905-294-2030



I go to nature
to be
soothed
and healed,
and to have
my senses
put in order.

John Burroughs

Hon. Jane Philpott

Member of Parliament - Markham—Stouffville



JanePaulinePhilpott



@JanePhilpott



My office is here to help you with federal departments, services & programs:

- . Citizenship
- . Immigration
- . Passport Canada
- . Canada Revenue Agency (CRA)
- . Canada Child Benefit (CCB)
- . Canada Pension Plan (CPP)
- . Old Age Security (OAS)
- . Guaranteed Income Supplement
- . Employment Insurance (EI)
- . Canada Student Loans
- . Veterans Affairs
- . Federal grants & funding
- . Canada 150
- . Canadian flags & pins
- . Celebratory certificates

Constituency Office: 6060 Main Street, Stouffville, ON, L4A 1B8

905.640.1125 • jane.philpott@parl.gc.ca

www.janephilpottmp.ca

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feel so comfortable
here.”*

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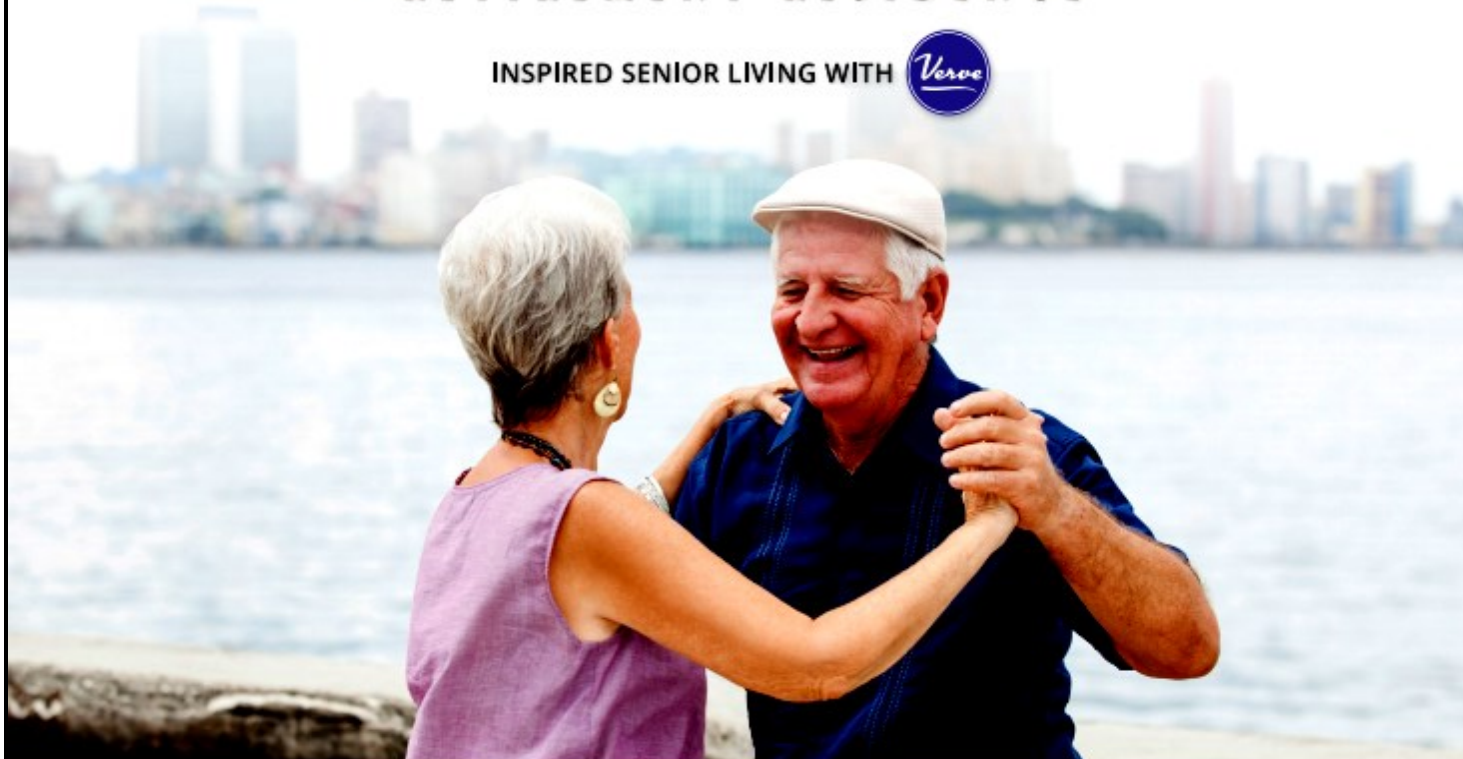
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Are your dentures not
fitting properly or don't feel
right?***

***Do you experience pain / discomfort with
your dentures?***

Broken or chipped denture?

***Have you had your dentures professionally cleaned and polished in the
last year?***



Poorly fitted dentures can cause sores, pain and burning. Gums and bones in our mouth change over time, which can lead to improper denture fit.

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- ✓ Look after your whole mouth. Even if you have complete denture you still need to care for your gums.
- ✓ See your denturist. You still need to see your denturist at least once a year.
- ✓ Watch for changes in fit.



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just feel right.



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Oak Ridges
Retirement Community *by Signature*

We are a scary group, aren't we?

Newfoundland, Canada declares war on the U.S.A.

President Trump was in the Oval Office when his telephone rang. "Hallo, President Trump," a heavily accented voice said. "This is Archie, up âere at the Harp Seal Pub in Badger's Cove, Newfoundland, Canada, eh? I am callin' to tell ya dat we are officially declaring war on ya!"



"Well, Archie," Donald said, "This is indeed important news! How big is your army?"



"Right now," said Archie, after a momentâs calculation, "there is myself, me cousin Harold, me next-door-neighbour Mick, and the whole dart team from the pub. That makes eight!"

Donald paused, "I must tell you Archie that I have one million men in my army waiting to move on my command."



"Wow," said Archie. "I'll have at call ya back!"



Sure enough, the next day, Archie called again. "Mr. Trump, the war is still on! We have managed to acquire some infantry equipment! We have two combines, a bulldozer, and Harry's farm tractor."



President Trump sighed. "I must tell you Archie, that I have 16,000 tanks and 14,000 armoured personnel carriers. Also I've increased my army to one and a half million since we last spoke."



"Lord above," said Archie, "I'll be getting back to ya."



Sure enough, Archie rang again the next day. "President Trump, the war is still on! We have managed to git ourselves airbourne! We up an' modified Harrigan's ultra-light wit a couple of shotguns in the cockpit, and four boys from the Legion have joined us as well!"



Donald was silent for a minute and then cleared his throat. "I must tell you, Archie, that I have 10,000 bombers and 20,000 fighter planes. My military complex is surrounded by laser-guided, surface-to-air missile sites. And since we last spoke, I've increased my army to TWO MILLION!"

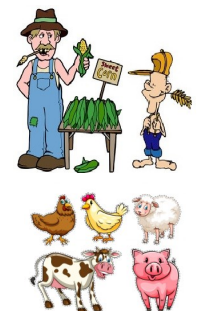


"Jumpins, Lord tunderin! Two million, ye say!!" said Archie, "have to call youse back."

Sure enough, Archie called again the next day. "President Trump! I am sorry to have to tell you dat we have had to call off dis 'ere war."

I'm sorry to hear that," said Donald. "Why the sudden change of heart?"

"âWell, sir," said Archie, "we've all sat ourselves down and had a long chat over a bunch of pints, and come to realize dat dere's no way we can feed two million prisoners."



CANADIAN CONFIDENCE CANNOT BE SHAKEN

God Bless Newfoundland!