## FALL SCHEDULE 2017 as of: September, 2017

**OAIA** 

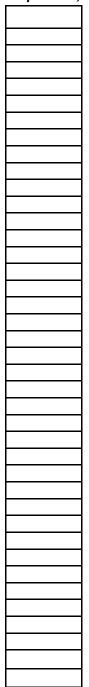
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Snooker	Snooker	Snooker	Snooker	Snooker
9:00 a.m 10:00 p.m.	9:00 a.m 10:00 p.m.	9:00 a.m 10:00 p.m.	9:00 a.m 5:00 p.m.	9:00 a.m5:00 p.m.
nterm.Line Dance##	Water Colours##	Badminton (Cornell)	Wood Carving	Badminton (Cornell)
9:30 a.m 10:30 a.m.	9:30 a.,m noon	9:00 a.m 11:00 a.m.	9:00 a.m noon	9:00 a.m 11:00 a.m.
Beginner Bridge	Exercise Class ##	Band Practice	Casino Rama ##	Choir##
9:30 a.m noon	9:00 a.m 10:00 a.m.	10:00 a.m noon	9:00 a.m 5:30 p.m.	9:15 a.m 11:15 a.m.
	10:10 a.m 11:10 a.m.	Acrylic##	2nd Thursday of month	
		9:30 a.m noon		
Table Tennis	Yoga##	Osteo##	Exercise##	Table Tennis
1:30 p.m 4:00 p.m.	11:30 a.m 12:30 p.m.	9:30 a.m 10:30 a.m.	9:00 a.m 10:00 a.m.	9:30 a.m 12:00 noon
	· · · · · · · · · · · · · · · · · · ·		10:10 a.m 11:10 a.m.	
Water Colours##	MahJong	H.E.L.P.##	Chess	Osteo Fitness##
9:30 a.m noon	1:00 p.m 4:30 p.m.	10:45 A.M 11:45 A.M.	10:00 a.m noon	9:00 a.m 10:00 a.r
		Book Club		
Lunch, Linger, Learn	Zumba Gold ##	10:00 a.m noon	Yoga##	H.E.L.P.##
Dates and times posted	1:15 p.m 2:15 p.m.	1st Wednesday of month	11:30 a.m 12:30 p.m.	10:15 a.m 11:15 a.m.
11:45 a.m 1:00 p.m.	2:30 p.m 3:30 p.m.	Tai Chi ##	12:45 p.m 1:45 p.m.	
	Cribbage	11:15 a.m 12:15 p.m.		Friday Lunch
Mah-Jong	1:00 p.m3:30 p.m	Current Events	Crafts	Times and Costs posted
1:30 p.m 4:30 p.m.	· · ·	1:00 p.m 3:00 p.m.	1:00 p.m 3:30 p.m.	· · ·
		Volleyball (Cornell)	· · ·	Red's Burgers & Bing
Latin Line Dancing##	Water Colours##	1:30 p.m3:30 p.m.	Canasta	4th Friday of the mont
2:30 p.m 4:00 p.m.	1:30 p.m 4:00 p.m.	Euchre	1:00 p.m 4:00 p.m.	,
	· · · ·	1:00 p.m 3:30p.m.		Duplicate Bridge
Badminton			Cribbage	1:15 p.m 4:15 p.m.
4:30 p.m 6:30 p.m.	Pickle Ball	Knitting	1:00 p.m. 3:30 p.m.	· · ·
	7:00 p.m 9:00 p.m.	1:00 p.m 3:30 p.m.		
Bid Euchre	· · ·		Beginner Line Dancing##	
6:30 p.m 10:00 p.m.		Dabber Bingo	2:00 p.m 3:00 p.m.	
		7:00 p.m 9:30 p.m.		
Yoga##			Zumba Gold##	
7:30 - 8:30 p.m.		Social Bridge	3:15 p.m 4:15 p.m.	
		6:40 p.m 9:00 p.m.		
		Yoga##		
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Courses marked with an ## require pre-registration. Foot Clinic - 4th Wednesday of the month - Shelley (905) 294-6858 Call Older Adults in Action at (905) 294-5111 for program start dates and membership information.



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