



PRESIDENT'S REPORT ... Mark Barrett

Hello everyone,

November has come and gone and amongst other things it provided us with the opportunity to recognize and thank our Veterans. It was encouraging to see our own Veterans' celebration on November 6 well attended. Our Melody Makers entertained us with an enjoyable musical tribute and gave us the opportunity to sing along to some of the old standards. Captain Stu Kellock did a fine job as Master of Ceremonies. Thanks to the organizers, the volunteers, the Melody Makers and to all of you who came out to take part in the celebration. It was also my honour and my privilege to represent the Club by laying a wreath on your behalf at the November 11 Remembrance Day ceremony held at the Markham District Veteran's Association.



Our Christmas turkey dinner with all the trimmings will be on December 15 and based on past years experience it promises to be a wonderful event. Once

again it is being catered by The Village Grocer and they always do a super job. There are a limited number of tickets available.

There will be a box again this year in the Lobby for the Food Bank. Please give generously to those in our community who are in need especially this time of the year.

We are still in need of a Special Events Convenor and are hoping someone might step forward to take on this important role. If you are interested or know someone who might be persuaded to give it a go, please do let us know. You can either talk to me or one of the Board members or complete a volunteer application form at the Front Desk.

The end of December is fast approaching and on behalf of the Board I want to wish each of you the very best for the festive season and the New Year. Regardless of your faith it is a time to wish all others peace and goodwill. Enjoy your club, wear a smile and your name badge. Try something new and stay safe in the coming winter season.

Markham Seniors' Activity Centre– 22 Water Street, Markham, ON L3P 7P9

Phone: 905-294-5111 OAIA website: <http://www.markhamseniorcentre.com>

The News & Views is published nine times annually

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LUNCH LEARN LINGER

DECEMBER 2017

Monday, December 4th

11:45 -12:45 pm
Program TBA

Monday, December 11th

11:45 - 12:45
Sari Featherstone
Great Singer & Entertainer
She has performed for us
at a Welcome Back.
Cost: \$3.00
Tickets at the Front Desk



Monday, December 18th

11:45-12:45 pm
The Melody Makers
Come out and hear and
sing with our own band



Monday, December 25th

**Merry Christmas and a
very Happy New Year**



JANUARY 2018

Working on programs for you.
Will have them posted on TV
and website when finalized.



The Melody Makers will play either
Monday, January 22nd or 29th.
Will be posted as above.



...Marjorie Nielsen
Convenor

Newsletter Contact- newsandviewsmarkham@gmail.com

Note- Members can view the newsletter at: www.markhamseniorcentre.com



O.A.I.A.

**MARKHAM SENIORS' CENTRE
22 WATER STREET, MARKHAM, ON.
905-294-5111**

ANNUAL BAZAAR

DATE: SATURDAY, DECEMBER 2, 2017

TIME: 9:30 A.M.—1:30 P.M.

**COME EARLY FOR THE BEST SELECTION OF
BAKING
WHITE ELEPHANT TREASURES
CRAFTS AND KNITTING
JEWELLERY
BOOKS**

**IF YOU GET TIRED, STOP AT OUR LUNCHROOM
FOR REFRESHMENTS
COFFEE/TEA AND MUFFIN
OR
SOUP, SANDWICH, BEVERAGE AND DESSERT**

HOLIDAY HOURS FOR MARKHAM SENIORS ACTIVITY CENTRE

DAY	HOURS
Friday, December 22 nd	CLOSES AT 5:00pm
Saturday, December 23 rd	CLOSED
Sunday, December 24 th	CLOSED
Monday, December 25 th	CLOSED
Tuesday, December 26 th	CLOSED
Wednesday, December 27 th	REGULAR HOURS
Thursday, December 28 th	REGULAR HOURS
Friday, December 29 th	CLOSES AT 5:00pm
Saturday, December 30 th	CLOSED
Sunday, December 31 st	CLOSED
Monday, January 1 st	CLOSED
Tuesday, January 2 nd	REGULAR HOURS



The City of Markham staff team wishes you a Wonderful Holiday Season and a Happy New Year.
 Barb Lant, Lorne DeHaas, Jennifer LeBlanc & Luke Hilts

Luke Hilts
 Community Program Coordinator, Markham East
 City of Markham, Recreation Services
 905 477-7000 ext. 4340
lhilts@markham.ca



Kitchen News

Once again, Gillian Scraggs is heading up the Christmas lunch with her band of hard working O.A.I.A. volunteers, to be held on Friday, December 15th. The tickets at \$20 are on sale at the front desk.

Over the years I have had many people help me with preparing meals and shopping. We cooked turkeys and hams, made pies, provided food for many activities such as New Year's Eve parties, golf tournaments, dances, lunches, picnics and made innumerable urns of coffee and pots of tea and innumerable washing up of plates, etc and tea towels. Without them I couldn't have done all these jobs and I thank them all. Now all this work will be handed over at the end of December to Laura Pickle and Dorice Ross, two very capable members. Please give them your full support. A special thanks goes to Betty Moir and Audrey Hillis for doing the tickets for all the various activities.



Susan Holland
 Kitchen Convenor



A CHRISTMAS REQUEST

I WOULD LIKE TO THANK ALL OF THE GENEROUS MEMBERS WHO HAVE BEEN BRINGING IN THEIR POP CAN TABS OVER THE YEARS. THE CANADIAN LEGION HAS PURCHASED AN ADDITIONAL 190 WHEEL CHAIRS LAST YEAR FOR A TOTAL OF 2,465 AND WE COULDN'T HAVE DONE IT WITHOUT YOUR GENEROUS CONTRIBUTIONS.



PLEASE BRING YOUR TABS TO THE RECEPTION DESK AT THE MARKHAM SENIORS' CENTRE.

*With Sincere Thanks,
Dennis Patchell*



A small bin has been brought in to the Seniors Centre from the Markham Food Bank. It is located in the lobby from Monday November 20th to Friday December 15th.



Please bring food donations to help families in need especially during the Christmas season.



*Thank You,
Helena Miscampbell and Bob Ysseldyk*



LUNCHES

RED'S BURGERS

No Red's Burgers in December

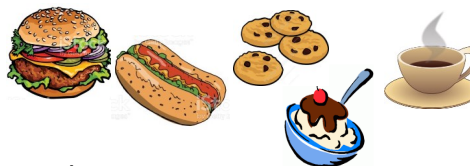
January 26, 2018

Hamburger, Sausage or Hot Dog

Cookies and Ice Cream

Tea or coffee

Followed by BINGO



\$4.00



Please purchase your tickets by 3:30 pm Wednesday the 24th of January, 2018.

RUM CAKE RECIPE

Submitted by Laura Pickle

- 1 520 g pkg golden (yellow) cake mix
- 1 92 g pkg instant vanilla pudding (*see note below)
- 4 large eggs
- 1/2 cup vegetable oil
- 1/2 cup amber (dark) rum
- 1/2 cup cold water



Glaze:

- 1/4 cup amber rum
- 1/4 cup water
- 1 cup brown sugar
- 1/4 cup butter
- Icing sugar for dusting

Preheat oven to 350 degrees

Lightly butter (or Pam) and flour 10-inch tube or Bundt pan

Combine all ingredients in large bowl. Beat with wooden spoon (or beater) 2 minutes. Pour into prepared pan.

Bake 45 to 55 minutes or until tooth pick inserted comes out clean. Ten minutes before cake is ready, prepare Glaze.

Glaze

Combine rum, water, brown sugar and butter in small saucepan. Bring to a boil and boil 3 minutes. With cake still in pan, spoon very slowly over hot cake, pulling cake gently away from sides of pan to let glaze drizzle down sides. Cool in pan. Remove cake from pan. Dust with sifted icing just before serving.

* Note: If using cake mix with pudding already in mix, omit instant pudding and use 3 eggs instead of 4 and 1/3 cup oil instead of 1/2.

To all our Kitchen Buddies: We appreciate all your help in keeping the lounge and kitchen clean and tidy. We welcome all suggestions. Wishing you good health and happiness in 2018!

Laura and Dorice (New Kitchen Convenors)

OSTEO FITNESS CLASSES (WINTER, 2018)

The Osteo Fitness classes are designed to provide exercise instruction for people with osteoporosis and pre-osteoporosis.

The classes are offered twice weekly, on Wednesdays and Fridays. Both Wednesday and Friday classes will be held in the Auditorium and can accommodate 30 participants per class.

WEDNESDAY CLASS: JANUARY 10 – MARCH 7 INCLUSIVE, 2018

TIME: 9:30 am - 10:30 am

COST: \$27

LOCATION: Auditorium

INSTRUCTOR: ROSEANNE

FRIDAY CLASS: JANUARY 12 – MARCH 9 INCLUSIVE, 2018

TIME: 9:00 am - 10:00 am

COST: \$27

LOCATION: Auditorium

INSTRUCTOR: DAYNA

For further information please call:

Convenor - Lyn Bryan 905-294-0914

Co-Convenor - Sandy Granger 905-294-3227

Co-Convenor - Janet Paglialunga 905-471-4707





Thursday, December 14th, 2017

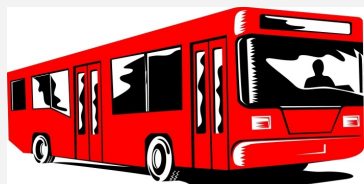
We will be having our lunch together with Santa and Mrs. Claus at 12:00 pm. You are asked to remember to bring a toy for their Toy drive.



The bus only takes 55 people and is filling up quickly, so make sure you have signed up. Bus leaves our front door 9:00 am SHARP.

Thursday, January 11th, 2018

Make sure to sign up before we close for the Christmas holidays.



Marjorie Nielsen



December 2017

Wed 6th 7 pm

Wed 13th 7 pm

Wed 20th 7 pm

There is no bingo on December 27th.

January 2018

Wed 3rd 7 pm

Wed 10th 7 pm

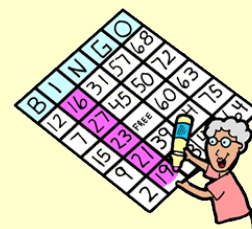
Wed 17th 7 pm

Wed 24th 7 pm

Fri 26th 1 pm



... *Joan Thomas*
Convenor



THE WINTER SESSION OF:

BALLROOM/LATIN LINE DANCING (INTERMEDIATE/ADVANCED)

WILL START ON MONDAY, DECEMBER 11, 2017 UNTIL MONDAY, MARCH 26, 2018
FROM 2:30 'TIL 4:00 P.M. IN THE AUDITORIUM

(NO CLASSES MONDAY, DECEMBER 25, JANUARY 1, AND FEBRUARY 19)
FOR 13 WEEKS AT A COST OF \$45.50
INSTRUCTOR: GINA ARMSTRONG



JOAN WEEKS
CONVENOR
905-294-8708



THE WEDNESDAY AFTERNOON KNITTING CLUB

The Wednesday Afternoon Knitting Club would like to remind everyone about the Christmas Luncheon. It is a very nicely done affair and a flavourful meal.

The days are getting closer to the Christmas bazaar but we are still knitting. Please come to buy for family or maybe just a treat for yourself.

We are still receiving yarn donations. They were from Jean Lew, Maria and Christine. Maybe you might see something made from your donated yarn.

We hope to see you out on December 2nd and don't forget to stop by the display case to see if something catches your eye.

Have a Merry Christmas, happy holiday and a safe New Year. See you back in January.



... Joyce Bulgin
Convenor



FROM THE TRAVEL DESK DECEMBER /JANUARY 2017

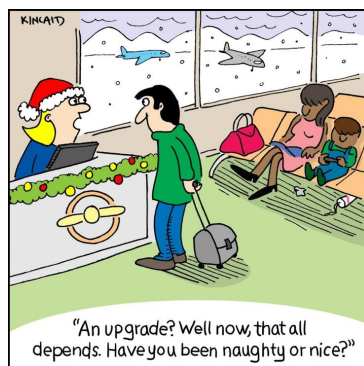
Carol and I cannot believe another year is coming to an end. We are putting our heads together with the travel desk volunteers and suggestions from our members to plan events for 2018. There will be no trip for January but we have booked one trip for 2018 for May 30th to the popular "Come From Away". We have a wait list but will be taking one bus only. The cost has gone up and the date would not be the same as the one we have booked.



We would like to take this opportunity to thank the travel volunteers. We feel we are most fortunate to have such a super group of people----- many thanks, Lyn Bryan, Dorice Ross, Pat Devlin, Gloria Smith, Betty Moir, Noreen Foh, Margaret Hawryluk, Magda Surmacz, and Ellie McGrath. Thanks also to our floaters for filling in when needed. Last but not least, a very special "thank you" to Dave Smith, who has taken our pictures on our different outings. Dave posts the pictures on the computer in the lounge. Have a look. They are well worth a browse.

We would like to thank all who joined us this year on the various trips and for the many compliments we received telling us how much you enjoyed them. We enjoyed putting the events together and look forward to seeing many of the same faces and new faces in 2018.

Finally, Carol and I would like to wish each and everyone a very Merry Christmas, Seasons Greetings and Happy Holidays. May the New Year, 2018, bring you much happiness, good health, and peace.



... *Mary Lou Busato*
Co-Convenor

WATERCOLOUR CLASSES *with Vita Keeling & Helen Walter*

“Eight week classes start up in the New Year ”

Monday January 8, Mornings 9:30 am to Noon *with Helen Walter*

Tuesday January 9, Mornings 9:30 am to Noon *with Vita Keeling*
Tuesday January 9, Afternoons 1:30 pm to 4 pm *with Vita Keeling*

“Come and paint with us...it’s fun!”

“All levels welcome.”

“Register at the Front Desk...in the Activity Binder”



CURRENT EVENTS PLUS GROUP

December 2017 & January 2018

Gathers Every Wednesday in the West Activity Room

1:00 to 3:00 pm

All OAIA members and their guests are most welcome to join us in sharing friendly, casual, open discussions on current, local, and world events.

The weekly program will consist of the group sharing humour, discussing current and world events and other subjects of interest.

Related pictures and videos will be viewed on a large movie screen.

Subjects of interest for future gatherings will also be discussed along with sourcing and who will present them.

December's and January's planned subjects for presentation and discussion will include:

- | | |
|--|--|
| <p>6 Dec : Your Belly and Your Brain</p> <p>13 Dec : Might You Live A Great Deal Longer</p> <p>20 Dec : The Earth's Sixth Mass Extinction - It's Happening Now!</p> | <p>3 Jan : TBA</p> <p>10 Jan : Fresh Water</p> <p>17 Jan : TBA</p> <p>24 Jan : TBA</p> <p>31 Jan : The War on Climate</p> |
|--|--|

Do come and enjoy each others' company and bring a friend or two along with you.

On entering, please sign in and deposit your \$1.00 in the basket. 😊



... *Robin Bryan*
Convenor





YOGA – WINTER 2018

MONDAY or WEDNESDAY EVENING



7:30 to 8:30 PM

**GIVE YOUR BODY THE ATTENTION AND LOVE IT NEEDS
THROUGH BREATHING
AND GENTLE MOVEMENTS**

**IMPROVE STRENGTH, FLEXIBILITY,
POSTURE AND BALANCE**

New Sessions start in January

Mondays – Jan 8-Mar 26 – 11 classes - \$44.00

Wednesdays – Jan 3-Mar 28 – 12 classes - \$48.00

REGISTER AT FRONT DESK

No class on Holidays

COME OUT and TRY A FREE CLASS any MONDAY or WEDNESDAY EVENING

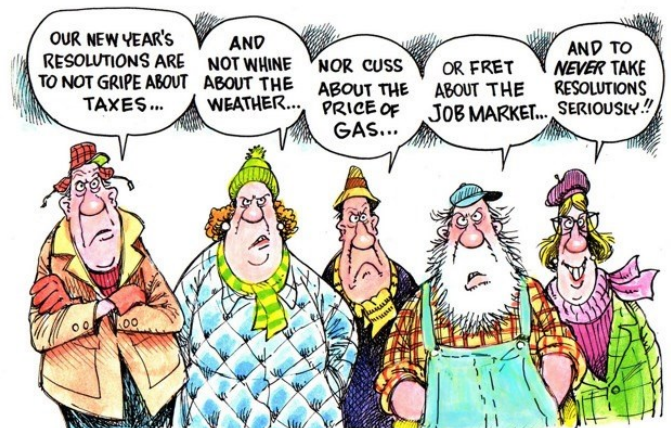
INSTRUCTOR: Jeela Amin

Convenor: Dorice Ross 416 524 4001

Co-Convenor: Marilyn Kong 905 294 8793



"IT LOOKS LIKE EVERYONE WILL BE GETTING WHAT THEY WANT THIS YEAR...SOMEBODY POSTED MY CREDIT CARD NUMBER ON THE INTERNET!"



OUR NEW YEAR'S RESOLUTIONS ARE TO NOT GRIPE ABOUT TAXES...

AND NOT WHINE ABOUT THE WEATHER...

NOR CUSS ABOUT THE PRICE OF GAS...

OR FRET ABOUT THE JOB MARKET...

AND TO NEVER TAKE RESOLUTIONS SERIOUSLY!!

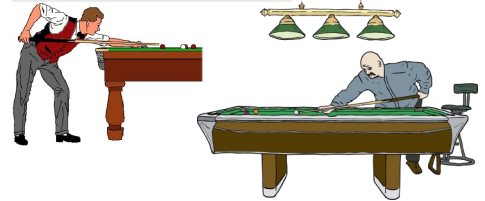
FALL 2017 SNOOKER LEAGUE REPORT



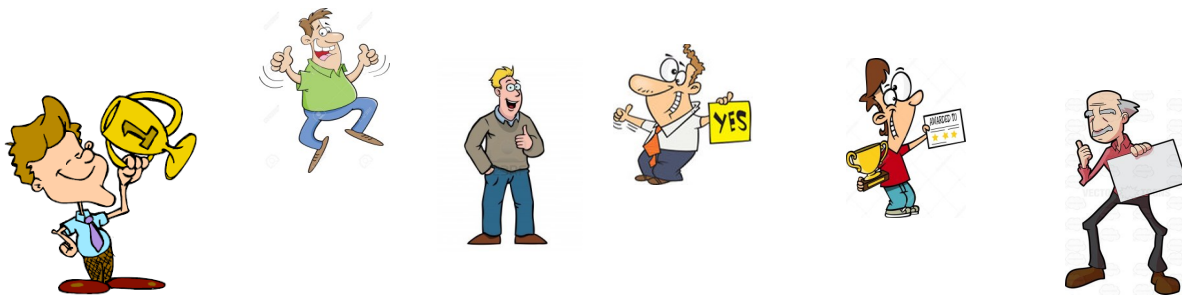
Our 2017 fall regular schedule and league playoffs have now been completed. Not surprisingly, the competition was very keen. There were nine teams competing in the league and the teams captained by Don Eastman, Gerry Franklin, Fred DiBello and Les Miscampbell captured the top four positions. There was only 23 points difference between first and fourth place, 103 to 126 which reinforces the fact our handicapping system works very well.

We had excellent games throughout our entire playoffs with some very close contests coming down to decisive shots in the final game to decide the winner. The season ending luncheon and championship day was held on November 16. The lunch consisting of sandwiches plus vegetable and dessert trays was from T&T and was excellent. Many thanks to the ladies for their help in setting up the room, to all the Captains and the referees and a special thanks to our piano men, Brian Webb and Les Miscampbell.

The DiBello and Cornfield teams then took to the tables for the championship games. True to form, the games were close with many excellent shots made. Both teams won three matches so the championship had to be decided by the difference in total points scored. At the end of the day the Cornfield team consisting of Joel Cornfield, Yen Lee, John Matus and Gord MacRae emerged victorious by 18 points over the DiBello team consisting of Fred DiBello, Frank Marchetti, John Styles and Nell Dunn.



CONGRATULATIONS TO JOEL CORNFIELD AND HIS TEAM. The NELL DUNN championship plaque was then presented to the winning team. This plaque was created in appreciation of Nell's many years of service in heading up our snooker league.



... Shirley Eison
Convenor

From Our Mah-Jong Tables December /January 2018



MAH-JONG ACTIVITY

Make sure you wear your Name Badges

We Play All Year Round on These Days



Monday Mah-Jong

In the Craft Room from 1:30 to 4:30 PM

Beginners are taught the Asian Method on **Mondays Only**

The **Asian Method** must be learned before attempting to learn the National

Tuesday Mah-Jong

In the Craft Room from 1:00 to 4:30 PM

Only beginners of the **National Method** are taught on Tuesdays

The Activity Fee is 50 cents to play

You **must sign in** the Activity Book upon arrival in the Craft Room

Tea/Coffee is 25 cents and must be purchased in the Social (Library) Room

There are only **15 Tables of 4 players allowed** in the Craft Room,
a **total of 60 people maximum** because of the Fire Code.

People who come late may not find a table to play at.

Alex Chan: 905-472-1551 --- Muriel Thompson: 905-940-1571

Convenors of Mah-Jong - (We accept inquiries)

P.S. There is no Mah-Jong played on Holiday Mondays or OAlA Closures

New Exercise Program

Come and join us for a new exercise program. This is an exercise course designed specifically for seniors. It will focus on muscle, balance, and flexibility.

A 12-week course for \$36.00. There will be a sign up sheet and more information at the front desk.

Starting: Thursday January 11th, 2018 from 2:00 - 3:00 pm in the Auditorium (maximum 30)
Instructor: Dayna



... **Sue Atkins**
Convenor



Acrylic Painting

with Donna Metcalf



Classes start in the New Year

**Wednesday, January 10
Mornings: 9:30 to Noon**

All levels welcome.
Come join the fun!

**Register at the front desk
... in the Activity Binder**

Hon. Jane Philpott

Member of Parliament - Markham—Stouffville



 JanePaulinePhilpott

 @JanePhilpott



My office is here to help you with federal departments, services & programs:

- . Citizenship
- . Immigration
- . Passport Canada
- . Canada Revenue Agency (CRA)
- . Canada Child Benefit (CCB)
- . Canada Pension Plan (CPP)
- . Old Age Security (OAS)
- . Guaranteed Income Supplement
- . Employment Insurance (EI)
- . Canada Student Loans
- . Veterans Affairs
- . Federal grants & funding
- . Canada 150
- . Canadian flags & pins
- . Celebratory certificates

Constituency Office: 6060 Main Street, Stouffville, ON, L4A 1B8

905.640.1125 • jane.philpott@parl.gc.ca

www.janephilpottmp.ca



Christmas Bucket List

Be

1. ~~BUY PRESENTS~~

2. ~~WRAP GIFTS~~ *someone in a hug*

3. ~~SEND GIFTS~~ *love*

Donate

4. ~~SHOP FOR FOOD~~

5. ~~MAKE COOKIES~~ *memories*

Be

6. ~~SEE THE LIGHTS~~



A VERY MERRY
CHRISTMAS
and Happy New Year!

Merry Christmas & Happy New Year!



"I would like to wish everyone a joyous and safe holiday season, and hope you, your family, and friends enjoy the warmth of each other's company."

Karen Rea
Ward 4 Councillor

To keep informed on Markham and Ward 4 issues, visit: www.karenrea.ca or email: krea@markham.ca



MARKHAM LITTLE THEATRE
presents

DON VALLEY NORTH LEXUS
LEXUS
Play Sponsor

dG Dixon-Garland funeral home
Season Sponsor

I'll Be Back Before Midnight

A comedic thriller by **Peter Colley**
February 14 - 17, 2018
8:00PM.

Box Office
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10:00 a.m. - 3:00 p.m.

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MARKHAM

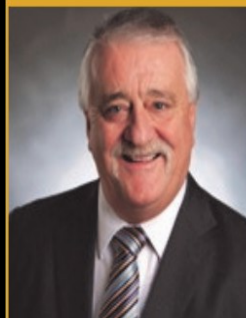


www.peachtreeoriginals.com

905-471-0096



To you and yours,
Happy Chanukah,
Merry Christmas & a very
Happy Healthy 2018



Colin Campbell
City of Markham
ccampbell@markham.ca
905-479-7750

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Rules for Denture Care

- ✓ Clean them daily and handle with care
- ✓ Look after your whole mouth. Even if you have complete denture you still need to care for your gums.
- ✓ See your denturist. You still need to see your denturist at least once a year.
- ✓ Watch for changes in fit.



TOOTH CARE CENTRE
& DENTURE CLINIC

Tel. 905-554-3555



Dr. Helena Jaczek, MPP

Oak Ridges-Markham



*Serving my constituents
since 2007*

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Markham, ON L3P 1Y2
Tel: 905-294-4931
Toll Free: 1-866-531-9551
hjaczek.mpp.co@liberal.ola.org
helenajaczek.ca

@HelenaJaczek
 DrHelenaJaczek

My office is here to help you with Provincial Government Services. Please feel free to contact us for any help you may need on Provincial Government programs and services such as:

- OHIP cards
- Driver's Licences
- Ontario Photo Cards
- Services and Supports for Seniors
- Special greetings for milestone birthdays or anniversaries
- Congratulatory messages from the Premier and Lieutenant Governor

Dixon-Garland Funeral Home

www.dixongarland.com | 905-294-2030

Warm HolidayWishes!



The best
and most
beautiful things
in the world
cannot be seen
or even touched.
They must
be felt
with the heart.



~ Helen Keller ~



Caribbean Christmas



Thursday December 14th • 2:00 – 3:30 pm

Tis the season to shiver and shake
But we're turning up the heat
And celebrating the holiday season
To a Tropical Caribbean Beat

Please RSVP by calling 905-472-6811

Discover how we are making people's lives BETTER!

CELEBRATE

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- Beautiful Amenities including Library, Media Room, Fitness Centre
- 24 hour Health Care Supervision
- In-house physician available
- Social and Recreational Programs



*“I didn’t expect to
feel so comfortable
here.”*

Feeling at home means enjoying the things you like to do. Which is why at Amica, you can always enjoy your day the way you like to – read your book in a quiet corner or enjoy a snack when you want to.

You can expect an all-inclusive community that is personalized to you with a range of first-class amenities and services. You can choose care and support options tailored to your unique needs and preferences.

Independent Living • Assisted Living

Expect More.™



Call today to arrange a visit and a complimentary lunch.



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at Swan Lake

amica.ca

Amica at Swan Lake
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905-201-6058

Some things
just feel right.



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Markham Stouffville Health Centre 102-377 Church St, Markham, Ontario L6B 1A1



www.caregiverservices.ca



A POEM WORTH READING

He was getting old and paunchy
And his hair was falling fast,
And he sat around the Legion,
Telling stories of the past.



Of a war that he once fought in
And the deeds that he had done,
In his exploits with his buddies;
They were heroes, every one.

And 'tho sometimes to his neighbors
His tales became a joke,
All his buddies listened quietly
For they knew where of he spoke.



But we'll hear his tales no longer,
For ol' Joe has passed away,
And the world's a little poorer
For a Veteran died today.

He won't be mourned by many,
Just his children and his wife.
For he lived an ordinary,
Very quiet sort of life.



He held a job and raised a family,
Going quietly on his way;
And the world won't note his passing,
'Tho a Veteran died today.

When politicians leave this earth,
Their bodies lie in state,
While thousands note their passing,
And proclaim that they were great.



Papers tell of their life stories
From the time that they were young,
But the passing of a Veteran
Goes unnoticed, and unsung.

Is the greatest contribution
To the welfare of our land,
Some jerk who breaks his promise
And cons his fellow man?



Or the ordinary fellow
Who in times of war and strife,
Goes off to serve his country
And offers up his life?

The politician's stipend
And the style in which he lives,
Are often disproportionate,
To the service that he gives.



While the ordinary Veteran,
Who offered up his all,
Is paid off with a medal
And perhaps a pension, small.



It is not the politicians
With their compromise and ploys,
Who won for us the freedom
That our country now enjoys.

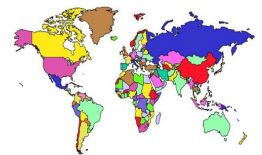
Should you find yourself in danger,
With your enemies at hand,
Would you really want some cop-out,
With his ever-waffling stand?

Or would you want a Veteran
His home, his country, his kin,
Just a common Veteran,
Who would fight until the end.



He was just a common Veteran,
And his ranks are growing thin,
But his presence should remind us
We may need his likes again

For when countries are in conflict,
We find the Veteran's part,
Is to clean up all the troubles
That the politicians start.



If we cannot do him honor
While he's here to hear the praise,
Then at least let's give him homage
At the ending of his days.

Perhaps just a simple headline
In the paper that might say:
"OUR COUNTRY IS IN MOURNING,
A VETERAN DIED TODAY."



Author 'Unknown'

PLEASE pass this on. YOU can make a difference.

If you are proud of our Vets, then send this to them. You'll be glad you did. And also please send it to ALL your friends.

Submitted by Shamsher Singh

ACTIVITY LIST - 2017-2018

DAY		TIME	COST	ROOM	CONVENOR
Monday					
	Badminton	4:30 p.m. - 6:30 p.m.	\$0.50	Auditorium	Dave Mathieson
	Beginner Bridge	9:30 a.m. - noon	\$0.50	Craft	Frank Smart
Jan. 8*	Intermediate Line Dancing	9:30 a.m. - 10:30 a.m.	9 weeks - \$35.00	Auditorium	May Annamunthodo
	Bid Euchre	6:30 p.m. - 10:00 p.m.	\$2.00	Craft	Ken Budarick
Dec. 11*	Latin Line Dance & Traditiona	2:30 p.m. - 4:00 p.m.	13 weeks - \$45.50	Auditorium	Joan Weeks
	Lunch, Linger, Learn	11:45 a.m. - 1:00 p.m.	Dates, times, price advert.	Auditorium	Marjorie Nielsen
	Mah-Jong	1:30 p.m. - 4:30 p.m.	\$0.50	Craft	Muriel Thompson
	Snooker	9:00 a.m. - 10:00 p.m.	\$0.50	Snooker	Shirley Eison
	Table Tennis	1:30 p.m. - 4:00 p.m.	\$0.50	East	Alex Chan
Jan. 8*	Yoga	7:30p.m. - 8:30 p.m.	11 weeks - \$44.00	Auditorium	Dorice Ross
Jan. 8*	Watercolours	9:30 a.m. - noon	8 weeks - \$65.00	West	Robin Bryan
Tuesday					
	Baseball	9:30 a.m.		Various	Doug Dey
	Cribbage	1:00 p.m. - 3:30 p.m.	\$0.50	East	Jeanne Lafond
Jan. 9*	Exercise	9:00 a.m. - 10:00 a.m.	9 weeks - \$18.00	Auditorium	Lyn Bryan
Jan. 9*	Exercise	10:10 a.m. - 11:10 a.m.	9 weeks - \$18.00	Auditorium	Nancy Campbell
	Mah-Jong	1:00 p.m. - 4:30 p.m.	\$0.50	Craft	Alex Chan
	Pickle Ball	7:00 p.m. - 9:00 p.m.	\$0.50	Auditorium	Cha Pin Lee
	Snooker	9:00 a.m. - 10:00 p.m.	\$0.50	Snooker	Shirley Eison
Jan. 9*	Water Colours	9:30 a.m. - noon	8 weeks - \$65.00	West	Robin Bryan
Jan. 9*	Water Colours	1:30 p.m. - 4:00 p.m.	8 weeks - \$65.00	West	Robin Bryan
Jan. 9*	Yoga	11:30 a.m. - 12:30 p.m.	12 weeks - \$55.00	Auditorium	Gerry Milligan
Dec. 12*	Zumba Gold	1:15 p.m. - 2:15 p.m.	13 weeks - \$45.00	Auditorium	Nancy Brown
Dec. 12*	Zumba Gold	2:30 p.m. - 3:30 p.m.	13 weeks - \$45.00	Auditorium	Denise Leadbetter
Wednesday					
Jan. 10*	Acrylic	9:30 a.m. - noon	8 weeks - \$65.00	East	Robin Bryan
	Badminton	9:00 a.m. - 11:00 a.m.	\$0.50	Cornell	Dave Mathieson
	Band Practice	10:00 a.m. - 12:00 noon	\$0.50	West	Mike Holdsworth
	Bingo	7:00 p.m. - 9:30 p.m.	\$.50 \$ 2.00 per set	Auditorium	Joan Thomas
	Book Club (1st Wed.)	10:00 a.m. - noon	\$0.50	Board Room	Cathy Harvey
	Current Events Plus	1:00 p.m. - 3:00 p.m.	\$1.00	West	Robin Bryan
	Euchre	1:00 p.m. - 3:30 p.m.	\$1.25	Auditorium	Lloyd Black
Jan. 10*	H.E.L.P.	10:45 a.m. - 11:45 a.m.	9 weeks - \$27.00	Auditorium	Linda Samek
	Knitting	1:00 p.m. - 3:30 p.m.	\$0.00	Craft	Joyce Bulgin
Jan. 10*	Osteo Fitness	9:30 a.m. - 10:30 a.m.	9 weeks - \$27.00	Auditorium	Lyn Bryan
	Social Bridge	6:40 p.m. - 9:00 p.m.	\$0.50	Craft	Hugh Roblin
	Snooker	9:00 a.m. - 10:00 p.m.	\$0.50	Snooker	Shirley Eison
Jan. 3*	Tai Chi	11:15 a.m. - 12:15 p.m.	9 weeks - \$27.00	Auditorium	Audrey Hillis
	Volleyball	1:30 p.m. - 3:30 p.m.	\$0.50	Cornell	Joe Signorello
Jan. 3*	Yoga	7:30 p.m.-8:30 p.m.	12 weeks - \$48.00	Craft Room	Dorice Ross
Thursday					
	Canasta	1:00 p.m. - 4:00 p.m.	\$0.50	West	Joan Gomes
	Casino Rama	9:00 a.m. - 5:00 p.m.	2nd Thursday of the month \$3.00	Bus Trip	Marjorie Nielsen
	Chess	10:00 a.m. - noon	\$0.50	East	Les Miscampbell
	Crafts	1:00 p.m. - 3:30 p.m.	\$0.00	Craft	Bev Budarick
	Cribbage	1:00 p.m. - 3:30 p.m.	\$0.50	East	Jeanne Lafond
Jan. 11*	Exercise	9:00 - 10:00 a.m.	9 weeks - \$18.00	Auditorium	Lyn Bryan
Jan. 11*	Exercise	10:10 a.m. - 11:10 a.m.	9 weeks - \$18.00	Auditorium	Nancy Campbell
Jan. 11*	Exercise	2:00 p.m. - 3:00 p.m.	12 weeks - 36.00	Auditorium	Sue Atkin
	Snooker	9:00 a.m. - 5:00 p.m.	\$0.50	Snooker	Shirley Eison
	Wood Carving	9:00 a.m. - noon	\$0.50	West	Zdenek Brezina
Jan. 11*	Yoga	11:30 a.m. - 12:30 p.m.	12 weeks - \$55.00	Auditorium	Gerry Milligan
Jan. 11*	Yoga	12:45 p.m. - 1:45 p.m.	12 weeks - \$55.00	Auditorium	Gerry Milligan
Jan. 11*	Zumba Gold	3:15 p.m. - 4:15 p.m.	13 weeks - \$45.00	Auditorium	Martine Fleming
Friday					
	Badminton	9:00 a.m. - 11:00 a.m.	\$0.50	Cornell	Dave Mathieson
	Bridge (Duplicate)	1:15 p.m. - 4:30 p.m.	\$1.00	Auditorium	Bob Ysseldyk
	Friday Lunch	11:45 - 1:00 p.m.	Dates, menus, price posted	Auditorium	Ellie Mosher
Jan. 12*	H.E.L.P.	10:15 a.m. - 11:15 a.m.	9 weeks - \$27.00	Craft	Linda Samek
	Table Tennis	9:30 a.m. - 12:00 noon	\$0.50	East	Randy Moore
	4th Fri. - Bingo follows	Red's Burgers \$4.00	\$.50 & \$2.00 per set	Auditorium	Joan Thomas
Jan. 12*	Osteo Fitness	9:00 a.m. - 10:00 a.m.	9 weeks - \$27.00	Auditorium	Lyn Bryan
	Snooker	9:00 a.m. - 5:00 p.m.	\$0.50	Snooker	Shirley Eison
Winter Schedule - 2018		Programs with the asterisk* require pre-registration.			

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Snooker	Snooker	Snooker	Snooker	Snooker	Snooker	Snooker	Snooker	Snooker	Snooker
9:00 a.m. - 10:00 p.m.	9:00 a.m. - 10:00 p.m.	9:00 a.m. - 10:00 p.m.	9:00 a.m. - 10:00 p.m.	9:00 a.m. - 10:00 p.m.	9:00 a.m. - 5:00 p.m.	9:00 a.m. - 5:00 p.m.	9:00 a.m. - 5:00 p.m.	9:00 a.m. - 5:00 p.m.	9:00 a.m. - 5:00 p.m.
Interm.Line Dance##	Water Colours##	Badminton (Cornell)	Badminton (Cornell)	Badminton (Cornell)	Wood Carving	Wood Carving	Wood Carving	Badminton (Cornell)	Badminton (Cornell)
9:30 a.m. - 10:30 a.m.	9:30 a.m. - noon	9:00 a.m. - 11:00 a.m.	9:00 a.m. - 11:00 a.m.	9:00 a.m. - 11:00 a.m.	9:00 a.m. - noon	9:00 a.m. - noon	9:00 a.m. - noon	9:00 a.m. - 11:00 a.m.	9:00 a.m. - 11:00 a.m.
Beginner Bridge	Exercise Class ##	Band Practice	Band Practice	Band Practice	Casino Rama ##	Casino Rama ##	Casino Rama ##	Table Tennis	Table Tennis
9:30 a.m. - noon	9:00 a.m. - 10:00 a.m.	10:00 a.m. - noon	10:00 a.m. - noon	10:00 a.m. - noon	9:00 a.m. - 5:30 p.m.	9:00 a.m. - 5:30 p.m.	9:00 a.m. - 5:30 p.m.	9:30 a.m. - 12:00 noon	9:30 a.m. - 12:00 noon
	10:10 a.m. - 11:10 a.m.	Acrylic##	Acrylic##	Acrylic##	2nd Thursday of month	2nd Thursday of month	2nd Thursday of month		
		9:30 a.m. - noon	9:30 a.m. - noon	9:30 a.m. - noon				Osteo Fitness##	Osteo Fitness##
Table Tennis	Yoga##	Osteo##	Osteo##	Osteo##	Exercise##	Exercise##	Exercise##	9:00 a.m. - 10:00 a.m.	9:00 a.m. - 10:00 a.m.
1:30 p.m. - 4:00 p.m.	11:30 a.m. - 12:30 p.m.	9:30 a.m. - 10:30 a.m.	9:30 a.m. - 10:30 a.m.	9:30 a.m. - 10:30 a.m.	9:00 a.m. - 10:00 a.m.	9:00 a.m. - 10:00 a.m.	9:00 a.m. - 10:00 a.m.		
Water Colours##	Mah.-Jong	H.E.L.P.##	H.E.L.P.##	H.E.L.P.##	Chess	Chess	Chess	H.E.L.P.##	H.E.L.P.##
9:30 a.m. - noon	1:00 p.m. - 4:30 p.m.	10:45 A.M. - 11:45 A.M.	10:45 A.M. - 11:45 A.M.	10:45 A.M. - 11:45 A.M.	10:00 a.m. - noon	10:00 a.m. - noon	10:00 a.m. - noon	10:15 a.m. - 11:15 a.m.	10:15 a.m. - 11:15 a.m.
Lunch, Linger, Learn	Zumba Gold ##	Book Club	Book Club	Book Club				Friday Lunch	Friday Lunch
Dates and times posted	1:15 p.m. - 2:15 p.m.	10:00 a.m. - noon	10:00 a.m. - noon	10:00 a.m. - noon	Yoga##	Yoga##	Yoga##	Times and Costs posted	Times and Costs posted
11:45 a.m. - 1:00 p.m.	2:30 p.m. - 3:30 p.m.	1st Wednesday of month	1st Wednesday of month	1st Wednesday of month	11:30 a.m. - 12:30 p.m.	11:30 a.m. - 12:30 p.m.	11:30 a.m. - 12:30 p.m.		
	Cribbage	Tai Chi ##	Tai Chi ##	Tai Chi ##	12:45 p.m. - 1:45 p.m.	12:45 p.m. - 1:45 p.m.	12:45 p.m. - 1:45 p.m.	Red's Burgers & Bingo	Red's Burgers & Bingo
	1:00 p.m. - 3:30 p.m.	11:15 a.m. - 12:15 p.m.	11:15 a.m. - 12:15 p.m.	11:15 a.m. - 12:15 p.m.				4th Friday of the month	4th Friday of the month
Mah-Jong	1:00 p.m. - 3:30 p.m.	Current Events	Current Events	Current Events	Crafts	Crafts	Crafts	Duplicate Bridge	Duplicate Bridge
1:30 p.m. - 4:30 p.m.		1:00 p.m. - 3:00 p.m.	1:00 p.m. - 3:00 p.m.	1:00 p.m. - 3:00 p.m.	1:00 p.m. - 3:30 p.m.	1:00 p.m. - 3:30 p.m.	1:00 p.m. - 3:30 p.m.	1:15 p.m. - 4:15 p.m.	1:15 p.m. - 4:15 p.m.
Latin Line Dancing##	Water Colours##	Volleyball (Cornell)	Volleyball (Cornell)	Volleyball (Cornell)	Canasta	Canasta	Canasta		
2:30 p.m. - 4:00 p.m.	1:30 p.m. - 4:00 p.m.	1:30 p.m. - 3:30 p.m.	1:30 p.m. - 3:30 p.m.	1:30 p.m. - 3:30 p.m.	1:00 p.m. - 4:00 p.m.	1:00 p.m. - 4:00 p.m.	1:00 p.m. - 4:00 p.m.		
		Euchre	Euchre	Euchre					
		1:00 p.m. - 3:30p.m.	1:00 p.m. - 3:30p.m.	1:00 p.m. - 3:30p.m.					
Badminton					Cribbage	Cribbage	Cribbage		
4:30 p.m. - 6:30 p.m.	Pickle Ball	Knitting	Knitting	Knitting	1:00 p.m. 3:30 p.m.	1:00 p.m. 3:30 p.m.	1:00 p.m. 3:30 p.m.		
	7:00 p.m. - 9:00 p.m.	1:00 p.m. - 3:30 p.m.	1:00 p.m. - 3:30 p.m.	1:00 p.m. - 3:30 p.m.					
Bid Euchre		Dabber Bingo	Dabber Bingo	Dabber Bingo					
6:30 p.m. - 10:00 p.m.		7:00 p.m. - 9:30 p.m.	7:00 p.m. - 9:30 p.m.	7:00 p.m. - 9:30 p.m.	Exercise Class##	Exercise Class##	Exercise Class##		
					2:00 p.m. - 3:00 p.m.	2:00 p.m. - 3:00 p.m.	2:00 p.m. - 3:00 p.m.		
Yoga##									
7:30 - 8:30 p.m.		Social Bridge	Social Bridge	Social Bridge	Zumba Gold##	Zumba Gold##	Zumba Gold##		
		6:40 p.m. - 9:00 p.m.	6:40 p.m. - 9:00 p.m.	6:40 p.m. - 9:00 p.m.	3:15 p.m. - 4:15 p.m.	3:15 p.m. - 4:15 p.m.	3:15 p.m. - 4:15 p.m.		
		Yoga##	Yoga##	Yoga##					
		7:30 p.m. - 8:30 p.m.	7:30 p.m. - 8:30 p.m.	7:30 p.m. - 8:30 p.m.					