

June 2018

News & Views

MARKHAM SENIORS ACTIVITY CENTRE



22 WATER STREET, MARKHAM, ONTARIO

PRESIDENT'S REPORT

... Mark Barrett

Hello everyone,

This is my first report to you as I begin my second year as President. I want to express my gratitude to the 2017-18 Board for their many accomplishments over the past year and the trust and support which has been accorded to me. They have given unselfishly of their time and effort towards promoting the well-being of our club.



As you know by now, you have a new Board of Directors. I offer my congratulations and I look forward to working with them. You also know by now that we did not hold an election due to a shortage of candidates. There were six positions to fill with only five candidates in the running. All five were acclaimed. The Board will now need to appoint someone to fill one Director position. I find that perplexing given that we have over 1000 members and every one of us signed a membership application containing the sentence - "Members are expected to give of their time and expertise by volunteering". To those of you who already volunteer as Board members, Convenors, Co-Convenors, desk support, administration, etc. I sincerely thank you.

Continuing with the subject of elections, the Provincial election requires the use of our auditorium from 4 pm through the evening on Wednesday, June 6 and all-day Thursday, June 7, election day. Activities that normally use the auditorium during those time frames will be cancelled.

The Mothers' Day Luncheon in May was a huge success. A great big THANK YOU to Jeanne Colvin who put this event together and to her team of wonderful volunteers. I certainly hope that there will be more events like this. I am sure the members will welcome them.

You probably noticed the lobby furniture has recently had a facelift. The feedback has been very positive. Our thanks go out to the ladies behind this project, Helena Miscampbell, Dorice Ross and Gillian Scraggs. Well done ladies.

The annual picnic will be held this month on Monday the 18th. I suggest you get your tickets as soon as they become available. Numbers are limited, and I remind you, this is a member only event.

On October 24th, our Club will reach a milestone, it's 30th anniversary. We have appointed a committee chaired by Wendy Wise who are formulating plans for a formal recognition later in the year. Stay tuned for more information.

Finally, remember to thank your Convenors and their helpers at the end of your activity. Offer to help in tidying up after. Many hands lighten the work. Enjoy your club and the warming weather.

Markham Seniors' Activity Centre– 22 Water Street, Markham, ON L3P 7P9

Phone: 905-294-5111 OAIA website: <http://www.markhamseniorcentre.com>

The News & Views is published nine times annually

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Lunch Learn Linger

Monday, June 4th 11:45 - 1:00 pm

June is Paramedic's month.
Shirley Zhu will tell us just
what calling 911 does for us.



Monday, June 11th 11:45 - 1:00 pm

Merry Moppets are back with
their puppets to entertain and teach.



Monday, June 18th 11:30 - 2:30 pm

Our annual Picnic.
Get your tickets at the
Front Desk.



Monday, June 25 11:45 - 1:00 pm

Our own Melody Makers. Make sure
to come out and hear them.
They'll be back again in September.



No Lunch Learn Linger in July and August.
Start up Monday, Sept. 10th.

Have a great summer!

...Marjorie Nielsen
Convenor

Newsletter Contact- newsandviewsmarkham@gmail.com

Note- Members can view the newsletter at: www.markhamseniorcentre.com





The Mother's Day Luncheon was a great success but couldn't have been enjoyed by all without the help of:

- | | |
|-----------------|-------------------|
| Liz Letcher | Marjorie Nielsen |
| Norma Matus | Margaret Hawryluk |
| Muriel Smillie | Audrey Hillis |
| Mary Lou Busato | Sylvia Clark |
| Joyce McDowell | Esther Morresi |

Special thanks to the following merchants of Markham and Councillors for donating the many generous gifts and delicious food:

- Lynn Alty (Amica at Swan Lake)
- Melanie Cramp (Amica at Unionville)
- Dawn Magee (Stouffville Creek Retirement)
- Anna Marci (Chartwell at Rouge Valley)
- Sandra Costino (Sunrise Senior Living)
- Karen Rea (Ward 4 Councillor)
- Colin Campbell (Ward 5 Councillor)

Thank you again!!

Jeanne Colvin



**DON'T FORGET YOUR TICKET
AND NAME BADGE**



**WELCOME
ALL O.A.I.A MEMBERS**

ANNUAL PICNIC

MONDAY, JUNE 18, 2018

DOORS OPEN AT 11:00 A.M.

LUNCH FROM 11:30 A.M.—1:00 P.M.

GAMES FROM 1:00 P.M.—2:30 P.M.

**A LIMITED NUMBER OF TICKETS WILL BE AVAILABLE
AT THE FRONT DESK SO PLEASE GET YOURS EARLY.**

ONE TICKET PER PERSON (SPOUSAL EXCEPTION)

FREE

**HAMBURGERS, HOT DOGS, ICE CREAM AND ASSORTED
COLD BEVERAGES**



**LOTS OF FUN
AND
PRIZES!**



FROM THE TRAVEL DESK JUNE 2018

I have been asked to take over as convenor of the travel desk. Carol is still not able to return but we are hopeful that in time she will be back enjoying the Club. With Carol's blessing and the support of the Board, I will assume the role of convenor effective immediately.

This is the last report before summer since there will be no "News & Views" printed for July and August. Please check the travel desk for any new trips. We are now working on one for October.

At present, we have the Port Hope Fiddler on the Roof trip that is almost sold out. The date of this trip is Thursday, June 14th. If you are interested in this one, please sign up quickly to avoid disappointment.



There will be no trips for the summer months of July and August. We have a new trip for Wednesday, September 19th ---30,000 Island boat tour out of Midland which includes a luncheon on board, then on to the Kings Wharf, Penetanguishene for the show "Kings and Queens of Country". Space is still available but is filling up quickly.



We have been asked to partner up with Unionville for one of their trips. For those who asked if I was doing the Woodbine Horse Races, this is your chance. The date is Friday, June 29th. The cost is \$50.00 which includes the races, buffet lunch at the track and gratuities. Transportation will be by **school bus. Transportation is required to Unionville, at Wyndham Gardens where you pick up the bus.** Ask for a map when you sign up. The trip leaves at 11:00 a.m. and returns via Highway 407 to be back in Unionville approximately 6:00 p.m. Anyone interested, please sign up at the travel desk and make cheques payable to W & H Travel. We will take your name and phone number and forward the cheques to Unionville for processing.



We are still looking for someone to cover the desk on Thursday afternoon from 12:00 p.m. to 2:00 p.m. If you can spare the time (2 hours weekly), we would love to have you on our team. Please leave your name and phone number at the travel desk.



Our hours are presently Tuesday to Thursday 10:00 a.m. to 2:00 p.m.

We will be closing the desk for the month of August.

... *Mary Lou Busato*
Convenor

THURSDAY AFTERNOON CRAFT GROUP

CRAFT FAIR – The Seniors Advisory Committee of Markham and supported by the City of Markham is having a Seniors Craft Fair at the new Aaniin Community Centre located on 14th Ave, Markham (Middlefield Road and 14th Avenue) on June 19th from 10 a.m. to 6 p.m. June is Seniors Month so come and support our local crafters.

Our Thursday Craft Group will be selling our crafts at this event. I'm sure it is going to be a great day.

The knitting and craft groups each have a cabinet now in the front lobby. Do stop and have a look at the lovely work from both groups. Purchases can be made at the front desk from the volunteers.

Craft Group meets on Thursday afternoons from 1:00 to 3:30 pm in the Craft Room. We will meet through the months of June and July but will take a break in the month of August.

Hope everyone enjoys the summer – safe travels.



... *Beverley Budarick*
Convenor

BAZAAR NOTICE

We will be having our annual Bazaar on Saturday December 1st, 2018

Will let everyone know in the Fall News and Views of the venues and drop off times for donations.

PLEASE DO NOT DROP OFF WHITE ELEPHANT AND BOOKS until designated times as we have NO STORAGE SPACE until November.

Looking forward to another great Bazaar.

Marjorie Nielsen & Beverley Budarick
Co-Convenors



*Mark Your
Calendar*



June 2018

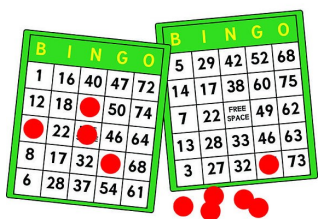
Wed 13th 7 pm
 Wed 20th 7 pm
 Wed 27th 7 pm

July 2018

Wed 4th 7 pm
 Wed 11th 7 pm
 Wed 18th 7 pm
 Wed 25th 7 pm

August 2018

Wed 1st 7 pm
 Wed 8th 7 pm
 Wed 15th 7 pm



... *Joan Thomas*
 Convenor



THE WEDNESDAY AFTERNOON KNITTING CLUB

The Wednesday Afternoon Knitting Club would like to thank Mark Barrett and his "crew of Engineers" for assembling our new cabinet and doing the wiring.

We are impressed with the final outcome and several people have remarked on how attractive it looks. We will try to keep it looking inviting.

We have had four anonymous donations this month and some yarn from Ellen. We certainly appreciate your contributions.

I would just like to remind you of the Club picnic later in the month. Please check the front desk for details. See you there.

Enjoy the weather and remember the sun screen.



... *Joyce Bulgin*
 Convenor



KITCHEN NEWS FOR JUNE, 2018

LUNCHES

The Club Picnic will be held on Monday, June 18, 2018.

Check out the picnic page for more details.

There will be no Red's Burgers in June, July, and August.



MILK & CREAM

Please note that the milk and cream, purchased by the Club, is to be used for the intended purpose only, which is to add to coffee and tea and not to drink from a glass or to be used in cereal. If our milk/cream consumption continues to increase we have been advised that changes will have to be made. Thank you all for your cooperation.

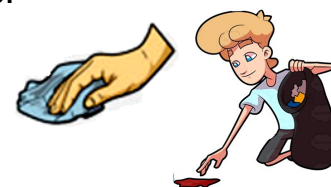


KITCHEN / LOUNGE CLEAN-UP

Thank you to those of you who help to keep the kitchen and lounge clean and tidy. With summer around the corner, we will need you to chip in even more while our kitchen / lounge volunteers take time off from time to time. Feel free to take the dirty mugs to the kitchen and once washed, return them to the lounge. Anyone can wipe down the tables/countertop in the lounge using wet wipes in the lounge cabinet. There is also a spray cleaner and paper towels in the cabinet for the bigger cleaning jobs.

After using cutlery and dishes from the kitchen, please scrape off the food and rinse the dishes out before putting in trays.

Russel Wilson has agreed to help out with kitchen/lounge duties for a few months. Thank you Russell.



WASTE MANAGEMENT

Changes will be made in the next few months to improve waste management at the centre. Please do your part to help make the program a success. Make use of the green compostable bins (food, coffee grinds, paper plates, paper towels) and blue recycling bins (paper, bingo cards, cardboard, plastic, cans) as often as you can. Continue to put your batteries and can tabs in the appropriate bins/containers for proper disposal and recycling.



Suggestions and Concerns- Dorice Ross (416) 524 4001 or

Laura Pickle (416) 528 9483

Recipe:

CAKE BROWNIES
(from Better Homes and Gardens)

(Submitted by Laura Pickle)

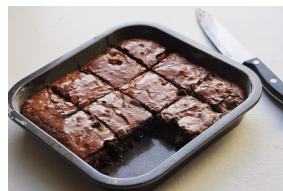
- 1/4 cup butter or margarine
- 1 cup granulated sugar
- 2 eggs, whites and yolks separated
(see below)
- 1/4 cup milk
- 1/2 teaspoon vanilla
- 2 1-ounce square unsweetened chocolate,
melted and cooled

- 2/3 cup sifted all-purpose flour
- 1/2 teaspoon baking powder
- 1/2 teaspoon salt
- 1/3 cup chopped nuts
- 1/2 cup raisins (optional)

Beat egg whites until stiff. Set aside.
Cream butter and sugar until fluffy. Add egg yolks, milk and vanilla; beat well. Stir in melted chocolate. Add dry ingredients to creamed mixture and mix well. Stir in chopped nuts and raisins. Fold in stiffly beaten egg whites. Turn into greased and floured 9" square baking pan. Bake at 350°F for 25 to 30 minutes. Cool. Frost, if desired.

Rich Chocolate Icing

- 2 squares unsweetened chocolate
- 1 cup icing sugar
- 1 egg, beaten
- 2 tbsp butter
- 1 tsp vanilla



Melt chocolate in double boiler, then stir into it remaining ingredients. Remove from heat at once; stir and cool a little before spreading on brownies.

ZUMBA GOLD

Tuesdays 2:00 - 3:00 pm

The summer session will run from Tuesday, July 3 - Tuesday, August 14 inclusive.

The cost is \$3.00 per class (pay-as-you-go). Please note the change in time as we are combining all 3 classes during the summer months only.



Convenors

*Denise Leadbetter
Nancy Brown
Martine Fleming*

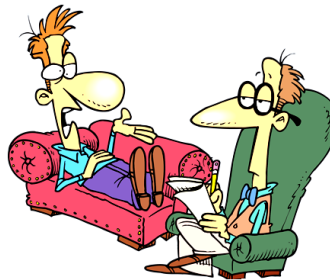


A Senior's Version of FACEBOOK

For those of my generation who do not, and cannot, comprehend why Facebook exists: I am trying to make friends outside of Facebook while applying the same principles. Therefore, every day I walk down the street and tell passers-by what I have eaten, how I feel at the moment, what I have done the night before, what I will do later and with whom. I give them pictures of my family, my dog and of me gardening, taking things apart in the garage, watering the lawn, standing in front of landmarks, driving around town, having lunch, and doing what anybody and everybody does every day. I also listen to their conversations, give them “thumbs up” and tell them I “like” them. And it works just like Facebook. I already have 4 people following me: 2 police officers, a private investigator and a psychiatrist.



Submitted by Janet Benn





CURRENT EVENTS PLUS GROUP

June 2018

Gathers Every Wednesday in the West Activity Room

1:00 to 3:00 pm

Come and join our "Group". The program consists of the group getting to know each other through sharing humour, discussing current local and world events, and other subjects of interest. Pictures and videos related to the subject of the day will be viewed on a large movie screen.

Subjects for future gatherings will also be discussed along with sourcing and who will present them.

***Program will continue for June, July,
and August on an informal basis.***

Do come and enjoy each others' company and bring a friend or two along with you.
On entering, please sign in and deposit your \$1.00 in the basket. 😊



... Robin Bryan
Convenor



From Our Mah-Jong Tables June 2018

MAH-JONG ACTIVITY

Make sure you wear your Name Badges

We Play All Year Round on These Days

Monday Mah-Jong

In the Craft Room from 1:30 to 4:30 PM

Tuesday Mah-Jong

In the Craft Room from 1:00 to 4:30 PM



NOTICE

THERE WILL BE "NO TEACHING BEGINNERS" EITHER THE ASIAN OR NATIONAL MAH-JONG METHOD DURING JUNE, JULY & AUGUST 2018

The Activity Fee is 50 cents to play

You **must sign in** the Activity Book upon arrival in the Craft Room

Tea/Coffee is 25 cents and must be purchased in the Social (Library) Room

There are only **15 Tables of 4 players allowed** in the Craft Room, **a total of 60 people maximum** because of the Fire Code.

People who come late may not find a table to play at.

Alex Chan: 905- 472-1551 --- Muriel Thompson: 905-940-1571

Convenors of Mah-Jong - (We accept inquiries)

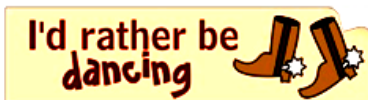
P.S. There is no Mah-Jong played on Holiday Mondays or OIA Closures

Country Line Dance Thursdays 2:00 - 3:00 pm

The summer session will run from Thursday, July 5 - Thursday August 16 inclusive. The cost is \$3.00 per class. Our instructor teaches both beginner and intermediate dances within the hour time frame. Come and give it a try. It's lots of fun!



Denise Leadbetter
Convenor



MR. D'ARCY, THE HANDSOME SCHNAUZER

By Vida Bridgeman

Eight years ago, when the Markham Economist still ran ads, I noticed an ad for a two year old Schnauzer available to be adopted. I had recently lost my wonderful Labrador Retriever, Tamika, so I had to call and find out about this dog. Even if I could not have him, I felt duty bound to make sure he found a good home! On phoning the owner, I found she wanted \$700.00. My reply was of course, I am not paying \$700.00. After speaking to the owner for a few minutes she insisted I come over and meet the dog. Thursday afternoon - over I went. The owner explained her husband insisted she make at least half the money she had spent on the dog. The year prior to that, as her husband had retired and they planned to travel, she had sold the dog, but cried so much that her husband went over and bought him back. My reply - I am not paying \$700.00. On Friday, the owner called me saying a Gentleman wanted to buy the dog for \$1,000, but the dog barked at him, and the dog loved me so much I should have the dog. My answer - I am not paying \$700.00. Friday night she called again and a Lady wanted to buy him for \$800.00, but the dog did not like her and I should buy him as the dog loved me so much. My reply - I am not paying \$700.00. On Saturday morning, I called and the owner was in tears because the dog had loved me so much and she did not know what to do.... Guess what I said? OK I will pay \$700.00 and when can I pick him up? My daughters responded to the news- "You were had Mom!" The owner

then said I could not pick him up for three or four hours as she had to pack his "things." Over I went to pick him up - I had a Camry at that time which was quite roomy but I had to make two trips to transport all his "things." One large garbage bag full of toys, one large box full of coats (velvet, embroidered silk, rain gear, pyjamas), two large boxes of every dog food and treat known to man, five beds with many cushions and special pillow slips and a crate (yes he is crate-trained). The SPCA in Newmarket, however, were happy to relieve me of many of Mr. D'Arcy's "things".

I have had many dogs and loved them all during my life time. D'Arcy, however, is the most wonderful guy! Truly a one person dog who is so loyal and attentive but has one draw back. He has inherited the urge to herd. Somewhere in the past, Schnauzers were a working dog and herded sheep and cattle. If you come to my house be prepared to be nudged around a bit especially at feeding times and for goodness sake, do not run - D'Arcy expects all animals to obey him and walk sedately.

I am so happy I paid \$700.00 (even if I was taken). Mr. D'Arcy is worth 10 times \$700.00!



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LIVE THEATRE

A Bench in the Sun

A comedy by Ron Clark

September 5 - 8, 12 - 15 and 19 - 22, 2018
at MLT's BACKSTAGE (Markham Museum)

Calendar Girls

A comedy by Tim Firth

November 14 - 17, 2018

The Mousetrap

A thriller by Agatha Christie

February 13 - 16, 2019

Skin Flick

A comedy by Norm Foster

May 1 - 4, 2019

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Hon. Jane Philpott

Member of Parliament - Markham—Stouffville



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And when great souls die,
after a period
peace blooms,
slowly and always
irregularly....
They existed.
We can be.
Be and be
better.
For they existed.

Maya Angelou



*“I didn’t expect it
to feel like home.”*

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- Social and Recreational Programs



A Little Golf Story

A father put his 3 year old daughter to bed, told her a story and listened to her prayers which ended by saying: "God bless Mommy, God bless Daddy, and God bless Grandma and goodbye Grandpa."

The father asked, "Why did you say goodbye Grandpa?"

The little girl said, I don't know, Daddy, it just seemed like the thing to do."

The next day grandpa died.

The father thought it was a strange coincidence.

A few months later the father put the girl to bed and listened to her prayers which went like this: "God bless Mommy, God Bless Daddy and goodbye Grandma."

The next day the grandmother died.

"Holy Moly, thought the father, "this kid is in contact with the other side."

Several weeks later when the girl was going to bed the dad heard her say: "God bless Mommy and goodbye Daddy.."

He practically went into shock. He couldn't sleep all night and got up at the crack of dawn to go to his office. He was nervous as a cat all day, had lunch and watched the clock. He figured if he could get by until midnight he would be okay. He felt safe in the office, so instead of going home at the end of the day he stayed there, drinking coffee, looking at his watch and jumping at every sound.

Finally, midnight arrived, he breathed a sigh of relief and went home.

When he got home his wife said, "I've never seen you work so late, what's the matter?"

He said, "I don't want to talk about it, I've just spent the worst day of my life."

She said, "You think you had a bad day, you'll never believe what happened to me this morning. My golf pro dropped dead in the middle of my lesson."



DAY		TIME	COST	ROOM	CONVENOR
Monday	Badminton	4:30 pm - 6:30 pm	\$ 0.50	Auditorium	Dave Mathieson
	Beginner Bridge	9:30 a.m. - noon	\$0.50	Craft	Frank Smart
xxx	Intermediate Line Dancing*	9:30 a.m. - 10:30 a.m.		Auditorium	May Annamunthodo
	Bid Euchre	6:30 p.m. - 10:00 p.m.	\$2.00	Craft	Ken Budarick
xxx	Latin & Traditional Line Dance*	2:30 p.m. - 4:00 p.m.		Auditorium	Joan Weeks
xxx	Lunch, Linger, Learn	11:45 a.m. - 12:45 p.m.		Auditorium	Marjorie Nielsen
	Mah Jong	1:30 p.m. - 4:30 p.m.	\$0.50	Craft	Muriel Thompson
	Snooker	9:00 a.m. - 10:00 p.m.	\$0.50	Snooker	Shirley Eison
	Table Tennis	1:30 p.m. - 4:00 p.m.	\$0.50	East	Alex Chan
09-Jul	Yoga*	7:30p.m. - 8:30 p.m.	5 week session - \$20.00	Auditorium	Dorice Ross
xxx	Watercolours*	10:00 a.m. - noon		West	Robin Bryan
Tuesday	Baseball	Various	Spring and summer program	Various	Doug Dey
	Cribbage	1:00 p.m. - 4:00 p.m.	\$0.50	East	Jeanne Lafond
03-Jul	Exercise*	9:00 a.m. - 10:00 a.m.	6 week session - \$18.00	Auditorium	Lyn Bryan
03-Jul	Exercise*	10:10 a.m. - 11:10 a.m.	6 week session - \$18.00	Auditorium	Nancy Campbell
	Mah Jong	1:00 p.m. - 4:00 p.m.	\$0.50	Craft	Alex Chan
	Pickle Ball	7:00 p.m. - 9:00 p.m.	\$0.50	Auditorium	Cha Pin Lee
	Snooker	9:00 a.m. - 10:00 p.m.	\$0.50	Snooker	Shirley Eison
xxx	Water Colours*	10:00 a.m. - noon		West	Margot Bynoe
xxx	Water Colours*	2:00 p.m. - 4:00 p.m.		West	Joan Moore
TBA	Yoga*	11:30 a.m. - 12:30 p.m.	To be arranged	Auditorium	Gerry Milligan
03-Jul	Zumba Gold*	2:00 p.m. -3:00 p.m.	\$3.00 per class	Auditorium	Nancy Brown
Wednesday					
xxx	Acrylic Painting (beginner)*	10:00 a.m. - noon		East	Robin Bryan
04-Jul	Badminton	9:00 a.m. - 11:00 a.m.	\$0.50	Auditorium	David Mathieson
	Band Practice	10:00 a.m. - 12:00 noon	\$0.50	West	Mike Holdsworth
	Book Club (1st Wed.)*	10:00 a.m. - noon	\$0.50	Board Room	Cathy Harvey
	Bridge (Progressive)	6:30 p.m. - 9:00 p.m.	\$0.50	West	Hugh Roblin
	Current Events	1:30 p.m. - 3:30 p.m.	\$1.00	West	Robin Bryan
	Dabber Bingo	7:00 p.m. - 9:30 p.m.	\$.50 & \$2.00 per set	Auditorium	Joan Thomas
	Euchre	1:00 p.m. - 3:30 p.m.	\$1.10	Auditorium	Lloyd Black
04-Jul	H.E.L.P.*	10:45 a.m. - 11:45 a.m.	6 week session - \$18.00	Craft	Linda Samek
	Knitting	1:00 p.m. - 3:30 p.m.	\$0.00	Craft	Joyce Bulgin
04-Jul	Osteo Fitness*	9:30 a.m. - 10:30 a.m.	6 week session - \$18.00	Craft	Lyn Bryan
	Social Bridge	7:00 p.m. - 9:00 p.m.	\$0.50	West	Hugh Roblin
	Snooker	9:00 a.m. - 10:00 p.m.	\$0.50	Snooker	Shirley Eison
11-Jul	Tai Chi*	11:15 a.m. - 12:15 p.m.	\$3.00 per class	Auditorium	Audrey Hillis
xxx	Volleyball				Joe Signorello
11-Jul	Yoga*	7:30 p.m. - 8:30 p.m.	6 week session - \$24.00	Craft	Dorice Ross
Thursday	Baseball	9:00 a.m. Various		Various	Doug Dey
	Canasta	1:00 p.m. - 4:00 p.m.	\$0.50	West	Joan Gomes
	Casino Rama (2nd Thur)*	9:00 a.m. - 5:00 p.m.	\$3.00	Bus Trip	Marjorie Nielsen
	Chess	10:00 a.m. - noon	\$0.50	East	Les Miscampbell
	Crafts	1:00 p.m. - 3:30 p.m.	\$0.00	Craft	Bev Budarick
	Cribbage	1:00 p.m. - 4:00 p.m.	\$0.50	East	Jeanne Lafond
05-Jul	Exercise *	9:05 - 10:05 a.m.	6 week session - \$18.00	Auditorium	Lyn Bryan
05-Jul	Exercise*	10:10 a.m. - 11:10 a.m.	6 week session - \$18.00	Auditorium	Nancy Campbell
	Snooker	9:00 a.m. - 5:00 p.m.	\$0.50	Snooker	Shirley Eison
	Wood Carving	9:00 a.m. - noon	\$0.50	West	Zdenek Brezina
13-Jul	Yoga*	11:30 a.m. - 12:30 p.m.	6 wks. (based on participation)	Auditorium	Gerry Milligan
13-Jul	Yoga*	12:45 p.m. - 1:45 p.m.	6 wks. (based on participation)	Auditorium	Gerry Milligan
xxx	Zumba Gold*	3:15 p.m. - 4:15 p.m.		Auditorium	Martine Fleming
Friday					
06-Jul	Badminton	9:00 a.m. - 11:00 a.m.	\$0.50	Auditorium	Dave Mathieson
	Bridge (Duplicate)	1:00 p.m. - 4:30 p.m.	\$0.50	Auditorium	Bob Ysseldyk
06-Jul	Computer Class*	10:00 a.m. - 11:30 a.m.	6 week session - \$24.00	Board Room	Peter Robinson
06-Jul	H.E.L.P.*	10:15 a.m. - 11:15 a.m.	6 week session - \$18.00	Craft Room	Linda Samek
xxx	4th Fri. - Dabber Bingo follows		\$4.00 Red's Burgers & (see Wed)	Auditorium	Joan Thomas
	Table Tennis	9:30 a.m. - 12:00 noon	\$0.50	West	Randy Moore
06-Jul	Osteo Fitness*	9:00 a.m. - 10:00 a.m.	6 week session - \$18.00	Craft	Lyn Bryan
	Snooker	9:00 a.m. - 5:00 p.m.	\$0.50	Snooker	Shirley Eison
Programs with the asterik* require pre-registration					
xxx - programs cancelled for July and August.					

