



NEWS

MAY 2023

AND

VIEWS

MARKHAM SENIORS ACTIVITY CENTRE 22 WATER STREET, MARKHAM , ON

PRESIDENT'S REPORT ... Mark Barrett



Hello again. Be aware if you are not already, there is a new Covid 19 Omicron variant in circulation called Arcturus. It was first detected in India in January and is believed to be more transmissible than previous variants. The World Health organization has described it as “one to watch”. This reminds us that Covid 19 is still around, and we should take precautions. If you don't feel well for whatever reason, please, do not come to the club, stay home, test yourself and only come back when you are sure you it's safe for you and others to do so.

Our volunteer appreciation luncheon took place on Wednesday, April 19th at the Mandarin restaurant in Box Grove and was well attended. My thanks to all the deserving volunteers who earned their invitation along with a special thanks to Helena Miscampbell for managing the invitation list and for organizing the luncheon itself.

The next special event on the Club calendar is an afternoon tea on Friday, May 12th in honour of Mother's Day. Thanks go out to Gillian Scraggs for organizing it.

Now, for an update on club elections. On Monday afternoon, April 24th, the Nominations Committee announced the results of this year's nominations. The members of the Nominations Committee are Mary Lou Busato, Gloria Smith & Ken Budarick.

Les Miscampbell is acclaimed Vice President replacing Howard Elson. Congratulations to Les and thanks to Howard for his many years of board service. Gladys Hamilton is acclaimed Assistant Treasurer, and Joan Green is acclaimed Membership Director, Cha Pin Lee and Susan Flatt are acclaimed Director at Large for two years. Congratulations to all the acclaimed board members.

There will be an election to fill **one** Director at Large, **one year** position. The declared slate of candidates are, Keith Shopman, Donna Jacobs & Carol Sparks. My thanks and appreciation go out to all the candidates who accepted a nomination to run for a Board position.

The election will be held the week of May 15th thru 19th from 10:00 am to 2:00 pm daily. You must be a current member in good standing to cast a vote. The new board will hold their first meeting on Tuesday, June 6th.

Enjoy your Club, wear a smile and don't forget to thank the volunteers who run your favourite activities. Your offer to help them with setup and cleanup is always welcome.

Markham Seniors Activity Centre - 22 Water Street, Markham, ON L3P 7P9

Phone: 905-294-5111 OAIA website: <http://www.markhamseniorcentre.com>

The News & Views is published nine times annually

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**MARKHAM SENIORS ACTIVITY CENTRE
2023 BUILDING CLOSURE DATES**

DATE	HOLIDAY/REASON FOR CLOSURE
Monday, February 20 th	Family Day
Friday, April 7 th	Good Friday
Monday, April 10 th	Easter Monday
Monday, May 22 nd	Victoria Day
Saturday, July 1 st	Canada Day
Monday, August 7 th	Civic Holiday
Friday, August 25 th @ 5pm to Sunday, September 3 rd	Annual Building Maintenance
Monday, September 4 th	Labour Day
Monday, October 9 th	Thanksgiving
Friday, December 22 nd	CLOSES AT 5:00pm
Sunday, December 24 th	Christmas Eve
Monday, December 25 th	Christmas Day
Tuesday, December 26 th	Boxing Day
Sunday, December 31 st	New Year's Eve
Monday, January 1 st , 2024	New Year's Day

Newsletter Contact- newsandviewsmarkham@gmail.com

Note- Members are reminded both they and the public can view the newsletter at:
www.markhamseniorcentre.com. Use caution before providing personal Information.



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TAI CHI CLASSES—SPRING SESSION



We have a few openings in our upcoming spring Tai Chi session for interested members. This program is held once a week on Wednesday mornings from 11:00 a.m.—noon. Daniel Chou has been teaching us for six years and has designed his program to fill the needs of seniors who want to maintain and improve physical flexibility.

The session runs from Wednesday, May 3rd to June 28th. The cost per session is \$44.00. For members who have not tried our program before, you are invited to try a class or two before making a financial commitment.

May Annamunthodo
Convenor

A NEWS AND VIEWS STORY

Like many of us, I look forward to getting my copy of NEWS AND VIEWS, our monthly newsletter. It has kept me informed and entertained for over 20 years. It provides information of upcoming activities, included humorous articles and jokes and, of course, some advertising from local businesses, vying for my interest in their services. I would miss it if it were gone and I would like to take this opportunity to recognize one of the many volunteers who helped establish, grow and modernize this publication over its 25+ year run.

Ron Hardy, whom I had the privilege to meet last week, was integral in establishing a base of advertisers, thereby securing the longevity of our small and vital publication. He volunteered his time, his energy and his personality to this cause, He made the contacts, wooed the business owners, secured those payments and he gave this publication the stability it needed to grow. Consider that, when Ron first became involved, NEWS AND VIEWS was not the publication we recognize today. Originally the paper was produced by a team of volunteers who typed articles, then cut and pasted these together, along with pictures, on a master copy. That document would then be photocopied and stabled together by hand, over 100 times to meet distribution demands. Imagine the amount of work this required. As the Club grew, it became more and more challenging to produce enough papers this way to fill the requirement.

It was about this time that Ron joined the Club and he suggested getting the papers printed at a local print shop. It was a great idea but would cost money. So, Ron started going door to door to local Markham businesses and was successful in securing the advertising investment needed to keep the paper going. With continued membership growth, by 2019, approximately 500 copies were printed each month. On top of this, as many of the members now had access to computers, the Club was able to put each edition on line for those who preferred it. The website can be reached at www.markhamseniorcentre.com.

Advertising in our newsletter is an important part of the success of our publication. I have taken over Ron's duties in providing information to interested advertisers and issuing invoices and collecting payment (all without leaving my chair). Ever since joining the NEWS AND VIEWS team, I had heard about the efforts put forth by this legend Ron Hardy, but had no idea that we would meet some day. A few weeks ago, a couple, Dave and Collette arrived at the front desk of our Club asking if they could have a copy of the current newsletter for Dave's father. As the hard copies can only be distributed to members, I asked if their father qualified as a member and they gave me his name, Ron Hardy. I gave them the copy they asked for in exchange for an invitation to speak with Ron in person. He lives in a nearby apartment and is celebrating his 99th birthday this month. He is a delightful gentleman and we spent two hours together chatting.

He has many fond memories of this time volunteering, contributing to and enjoying the Markham Seniors' Centre and News and Views.

The success of our Club relies heavily on the contributions of our volunteers. The most important is the creative team who want to be engaged and involved in making positive changes happen. Ron Hardy is one of those unforgettable people and our current editor, Joan Green is, as well. I like to think I am and perhaps you are too. Why don't you take a chance, come out and volunteer, offer your skills, your ideas and your energy to an existing project or to one that inspires you but isn't here.....yet! It's as easy as picking up a volunteer application at the front desk. Together, let's make things happen.

Audrey Hillis



KNITTING CLUB

Hello Everyone,

The ladies of the Knitting group would like to thank the people that stopped by to look at our knitting cabinet. We are pleased that some found items that they wished to purchase. We were getting pretty stacked up with some of our products due to the centre being closed during Covid so it was nice to see some of them sold. Now we will have room to start on a new batch. We get great satisfaction from making the articles and then knowing the members have seen something they like and purchase it.

Later in the season we will try to showcase other articles that may please you. Of course if you see something in the cabinet that you are interested in, it is always available to you. Just ask the volunteers at the front desk for help.

As you are cleaning out those closets for the Spring, please remember that we always appreciate any yarn or supplies that you don't require now.

Have a good month and enjoy the May 24th weekend.

Joyce Bulgin-Convenor





Craft Room - Thursdays 1:00 - 3:30

Feeling Crafty?

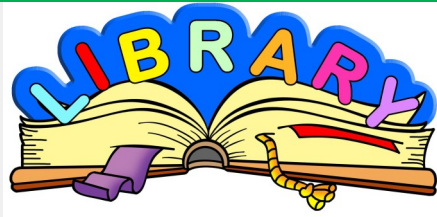
Come and join us on Thursday afternoons. From 1:00 to 3:30.

Craft ideas welcome.

Our crafts make great gifts. Please inquire at the front desk if your are looking for that perfect gift or if there is something you are looking for, we will make it for you. We have a few quilts for sale.

We welcome donations of craft supplies and fabrics.

Barb Morrison
Convenor



In case you are wondering, the Library is conveniently located inside the Lounge. We have received quite a few great novels recently. You should come in and check them out. Highly recommended books are on the display shelf as you walk into the Library. Thanks to Susan Flatt, Mary Lou Busato, and Andrée Nottage we are keeping the books shelved as they come in. We also have some puzzles that you are free to borrow.

If you are taking out books, we are using the honour system, so no need to sign out. Please place your books in the return bin so we can keep track of usage.

Angela Stewart -Library Convenor

MELODY MAKERS
Starts at 11.45 am

The band puts on a great concert the last Monday of every month.

May 29

There will be no concerts for June and July





MOTHER'S DAY TEA

FRIDAY MAY 12TH

2:00 - 4:00 PM

Assorted Sandwiches and cakes

Tea & Coffee

Ticket \$10.00



Come and Join our Canasta Group

We meet from 1 PM to 4 PM every Thursday for a fun afternoon and camaraderie. If you are interested in learning a new card game, or wish to renew your skills.... contact the front desk

**Front Desk 905-294-5111
Convenor. Keith Shopman**

LUNCH AND LINGER

Thank you all who attended our first session of Lunch and Linger.

I hope everyone enjoyed the presentation. Unfortunately our April date falls on Easter Monday and the club is closed.

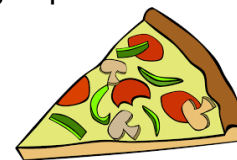
So the next Lunch and Linger will be May 8th at noon

This will be presented by Heart to Home Meals.

Free complimentary lunch of Pizza and Salad.

Plus samples to taste.

Watch April for poster and sign up.....



I am looking for a convenor to take charge of this activity. I have taken it on just to get it up and running.....I would be there for full help and support.

It is only a once a month activity.

Please contact Norma Matus

From the Travel Desk.....

Just a quick word to say what a great day we had on Thursday, April 13th. on our trip to Ripley's Aquarium and Little Canada. The weather was perfect , Ripley's Aquarium and Little Canada were great, our meals at the hot House Cafe were delicious and Toronto was Toronto---always under construction, making it very hard to navigate, but our driver, Luis, was terrific and very patient. The feedback has been very good and I want to thank all those who came on the trip and those who took the time to pass on all the positive comments.

Our next trip will be on Wednesday, May 31st. We will be going to see "Gypsy" at the Shaw Festival Theatre at Niagara-on-the-Lake. **This trip is sold out but we are now taking names for the wait list.**

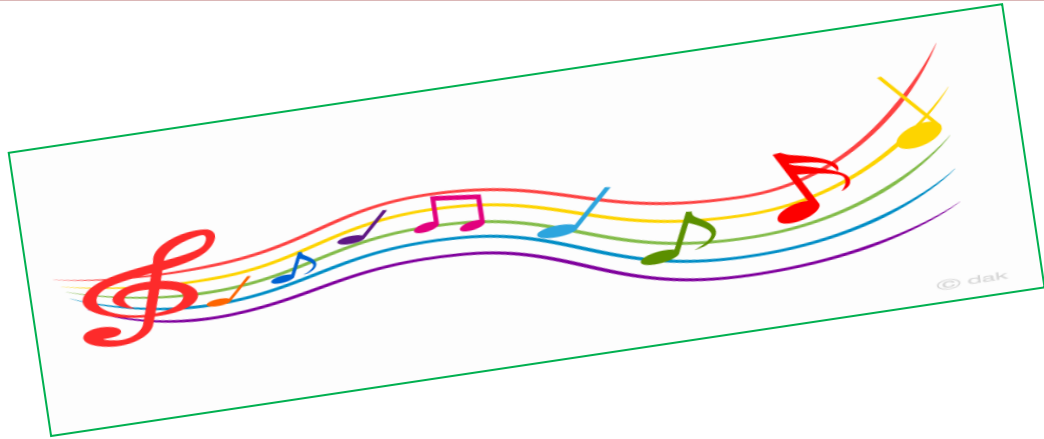


We launched a new trip on Thursday, April 20th. This trip will be a luncheon cruise on the Grand River. We will have a 3 course Roast Beef Lunch, Apple Pie for dessert, and tea and coffee. Upon arrival, you will receive a complimentary muffin and coffee with entertainment by the Blazing Fiddles. **This trip is limited to 48 people** because that is the total number for the boat. We will visit the Wind Mill Country Market after the cruise where you can visit the bakery, deli and gift shop. The cost is \$150.00 for members and \$155.00 for non members. Date of trip Tuesday, June 27th.



We are planning a trip to St. Jacobs Country Market , lunch at the St. Jacobs Grill in downtown St. Jacobs and a live production of **Joseph and Amazing Technicolor Dreamcoat** at the St. Jacobs Playhouse Theatre. The date is Tuesday, July 18th. We should have this finalized and ready to take names by mid May.

Please keep in mind that for 2 weeks from the time we post each new trip, members only can sign up. After the 2 week period, we will happily take non members.



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KARAOKE DATES

May 15 Jun 5th Jun 19 July 3rd July 17th
12-2PM

Location: Markham Seniors Auditorium





Winners from the 55+ OSGA York Region Bid Euchre Tournament 2023

From the group photo right to left
 Fran Street and Ken Budarick (Gold)
 Sandra Churchill and Sheri Selves (Silver)
 Adam Panchyshyn and Mary-Lou Knoblauch (Bronze)

CURRENT EVENTS PLUS GROUP

The Group Gathers Every Wednesday
in the West Activity Room from 1:00 to 3:00 pm.

Come and join our "Group". The program consists of members getting to know each other through, sharing humour, discussing current local and world events, plus other subjects of interest. Pictures and videos related to the subjects of the day will be presented by a member and viewed on a large movie screen.

On entering, please sign in and deposit your \$0.50 in the
"Room Fee" basket.

Do come and enjoy each other's company.

See you all on Wednesday afternoons.

Robin Bryan
Convenor

Carol McKnight
Co-Convenor



Seniors

The ability to speak several languages is an asset, but the ability to keep your mouth shut in any language is priceless.

Be decisive. Right or wrong, make a decision. The road is paved with flat squirrels who couldn't make a decision.

Happiness is not having to set the alarm clock.

When I get a headache I take two aspirin and keep away from children just like the bottle says.

Just once, I want the prompt for username and password to say, "Close enough."

Becoming an adult is the dumbest thing I've ever done.

If you see me talking to myself, just move along. I'm self-employed. We're having a meeting.

Does anyone else have a plastic bag full of plastic bags or is it just me?

I hate it when I can't figure out how to operate the iPad and my tech support guy is asleep. He's 5 and it's past his bedtime.

Today's 3 year-olds can switch on laptops and open their favorite apps. When I was 3, I ate mud.

Tip for a successful marriage: Don't ask your wife when dinner will be ready while she's mowing the lawn.

So, you drive across town to a gym to walk on a treadmill?

I didn't make it to the gym today. That makes five years in a row.

I decided to stop calling the bathroom "John" and renamed it the "Jim". I feel so much better saying I went to the Jim this morning.

Old age is coming at a really bad time.

If God wanted me to touch my toes, He would've put them on my knees.

Last year I joined a support group for procrastinators. We haven't met yet.

Why do I have to press one for English when you're just going to transfer me to someone I can't understand anyway?



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September 2023
Drinking Alone
 a comedic family reunion
 by **Norm Foster**

February 2024
Night Watch
 menacing and suspenseful thriller
 by **Lucille Fletcher**

November 2023
THE GAME'S AFOOT
 Holmes holiday whodunit
 by **Ken Ludwig**

April 2024
Bienvenue On Trout Lake
 Mid-life crisis cottage comedy
 by **Neil A. Marr**

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 www.litmarkhamtheatre.ca

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www.markhamlittletheatre.ca

All plays are subject to change without notice.

Your concerns are my concerns.

"If you have any issues that you feel need to be addressed please don't hesitate to contact me."

Karen Rea
 Ward 4 Councillor

Tel. (905) 479-7751

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Where? Markham Seniors Centre**

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always,
and
always.

Claude Monet



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Unscramble the words that describe mothers.

Happy Mother's Day!

- feluuabti _____
- urintnrgu _____
- inkd _____
- dertne _____
- dnenirsugntda _____
- atntipe _____
- peluhlf _____
- rscagcifiin _____
- eonrudfw _____
- srinodutisu _____
- igainevmati _____
- lloyve _____
- eewts _____
- hustroyrtwt _____
- flunhseis _____
- ncaelig _____
- cefrtiii _____
- cmiwgelon _____
- heucelfr _____
- mnhagrci _____
- enurogse _____
- tnhose _____
- yiloa _____
- noasscipoamet _____
- nsgtro _____
- euecsrtfpl _____
- hffitula _____
- lnaettde _____
- itgnliteenl _____
- aolsitphbe _____
- nenuigdr _____
- dorexraytainr _____

