



NEWS

SEPT 2023

AND

VIEWS

MARKHAM SENIORS ACTIVITY CENTRE 22 WATER STREET, MARKHAM , ON

**PRESIDENT'S REPORT ... Mark Barrett**



Hello everyone. The last time I communicated with you via our newsletter was back in June. The July & August weather have certainly cooperated, and I hope you were able to get outside and enjoy it. I want you to feel rejuvenated and ready to take full advantage of the fall programs your club has to offer.

For your awareness, the makeup of your board of Directors has recently changed. Cha Pin Lee decided to step down as Program Director and Carol Sparks has replaced her. Thank you, Cha Pin, for your valued contributions to the board and welcome aboard Carol.

Beginning Tuesday, September 5, you are invited to renew your membership. New members are also welcome. City of Markham staff will be on site from September 5<sup>th</sup> till September 15<sup>th</sup> to create XPLor account registrations for those of you who are not yet registered, and they will also process your payment. I remind you we don't accept cash. Payment options are either by cheque payable to **City of Markham** or credit card. A key change this year. We are doing away with a name badge and plastic holder. In their place, you will be issued a temporary wallet size identification card containing your first and last names and your City of Markham XPLor registration number. Your temporary ID card will be valid for two weeks after which time you will need to exchange it at the front desk for your permanent ID card. That card will be valid until August 31<sup>st</sup>, 2024.

**Your XPLor registration number is important. It will soon be used to verify memberships and track attendance so please have your ID card with you whenever you are at a City of Markham facility/ senior club you belong to. You could be asked to produce it at any time.**

Our Annual Meeting will take place this year on **Monday, October 23<sup>rd</sup>, 2023, beginning at 1:00 p.m.** Incidentally, this year marks our 35<sup>th</sup> year of incorporation. Our Constitution requires a quorum of 10% of the membership in attendance to vote so please mark the date on your calendars now. A few binders will be available at the front desk that you can sign out and peruse three weeks prior to the meeting. The binders will contain: The 2023 meeting agenda, the 2022 meeting minutes, the 2023-year end financial statements, the Notice to Reader from our Chartered Accountants and the Constitution & By-Laws Document with any proposals for revision.

If you have amendments or changes to our Constitution you wish to have voted on, they must be received by the Secretary on a formal Constitution and By-Laws Revision form no later than 14 days before the meeting to be considered. The form can be obtained from the front desk.

Markham Seniors Activity Centre - 22 Water Street, Markham, ON L3P 7P9

Phone: 905-294-5111 OAlA website: [www.markhamseniorcentre.com](http://www.markhamseniorcentre.com)

The News & Views is published nine times annually

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**Les Miscampbell**

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**MARKHAM SENIORS ACTIVITY CENTRE**  
**2023 BUILDING CLOSURE DATES**

DATE	HOLIDAY/REASON FOR CLOSURE
Monday, February 20 <sup>th</sup>	Family Day
Friday, April 7 <sup>th</sup>	Good Friday
Monday, April 10 <sup>th</sup>	Easter Monday
Monday, May 22 <sup>nd</sup>	Victoria Day
Saturday, July 1 <sup>st</sup>	Canada Day
Monday, August 7 <sup>th</sup>	Civic Holiday
Friday, August 25 <sup>th</sup> @ 5pm to Sunday, September 3 <sup>rd</sup>	Annual Building Maintenance
Monday, September 4 <sup>th</sup>	Labour Day
Monday, October 9 <sup>th</sup>	Thanksgiving
Friday, December 22 <sup>nd</sup>	CLOSES AT 5:00pm
Sunday, December 24 <sup>th</sup>	Christmas Eve
Monday, December 25 <sup>th</sup>	Christmas Day
Tuesday, December 26 <sup>th</sup>	Boxing Day
Sunday, December 31 <sup>st</sup>	New Year's Eve
Monday, January 1 <sup>st</sup> , 2024	New Year's Day

Newsletter Contact - [newsandviewsmarkham@gmail.com](mailto:newsandviewsmarkham@gmail.com)

Note - Members are reminded both they and the public can view the newsletter at:

[www.markhamseniorcentre.com](http://www.markhamseniorcentre.com). Use caution before providing personal information.



**DISCLAIMER** The publication of any advertisements in this newsletter is not to be construed as an endorsement of the product or service offered unless it is strictly stated in the ad that there is an endorsement or approval.



**SPECIAL EVENT  
THE MONSTER BASH  
FRIDAY, OCTOBER 27, 2023  
AT 12:00 NOON**

**THE MENU**

Slimy Green Salad

Chicken Fingers

Penne with blood red sauce

Monster Cookies for dessert

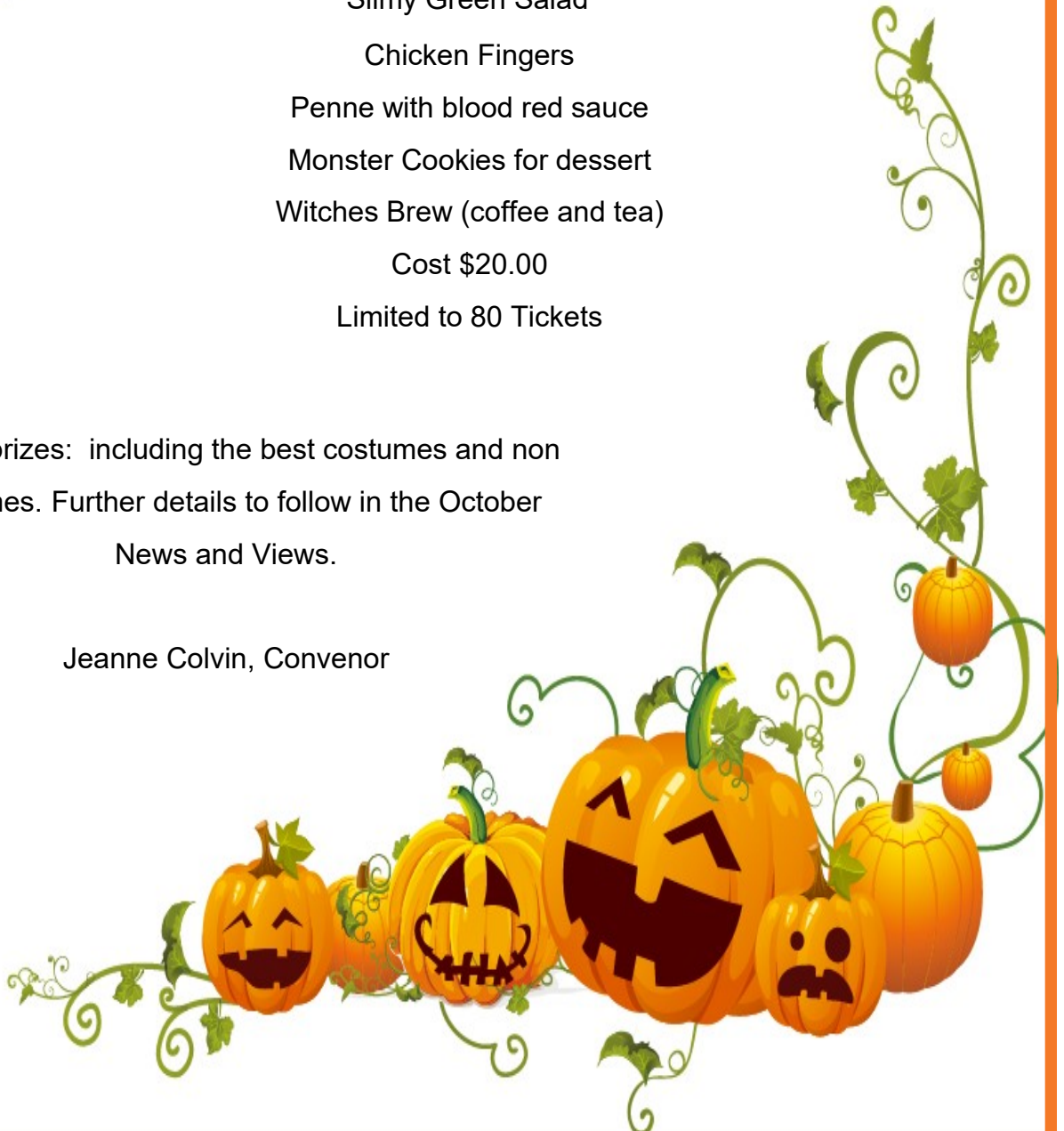
Witches Brew (coffee and tea)

Cost \$20.00

Limited to 80 Tickets

Lots of prizes: including the best costumes and non costumes. Further details to follow in the October News and Views.

Jeanne Colvin, Convenor



## CURRENT EVENTS PLUS GROUP

The Group Gathers Every Wednesday  
in the West Activity Room from 1:00 to 3:00 pm.

Come and join our "Group". The program consists of members getting to know each other through, sharing humour, discussing current local and world events, plus other subjects of interest. Pictures and videos related to the subjects of the day will be presented by a member and viewed on a large movie screen.

On entering, please sign in and deposit your \$0.50 in the  
"Room Fee" basket.

Do come and enjoy each other's company.

See you all on Wednesday afternoons.

Robin Bryan

Convenor

Carol McKnight

Co-Convenor



## ZUMBA GOLD- 2 - SEPTEMBER CLASSES

Start date - Tuesday, September 12 at 1:15 and 2:30 pm

End date - Tuesday, October 31

Number of weeks - 8

Cost \$40

Convenor for 1:15 - Susan Flatt

Convenor for 2:30 - Judy Menlove

Spaces are available

Sign up sheets are at the front desk in the binder Please

contact me if you have any questions or concerns.

Susan Flatt  
 Director  
 905 294 5111



## FIRST AID COURSE

**DATE:** Monday October 2, 2023

**TIME:** 1:00 PM-3:00 PM

**LOCATION:** Markham Seniors Activity Centre, Craft Room. This course will prepare participants to assess, recognize and deal with injuries and medical emergencies. This basic first aid course will cover topics such as; bone and joint injuries, breathing issues, choking, diabetic emergencies, external bleeding, head injuries, heart attack, shock, stroke and seizures. There will be a sign up sheet at the front desk for a limit of 20 people.

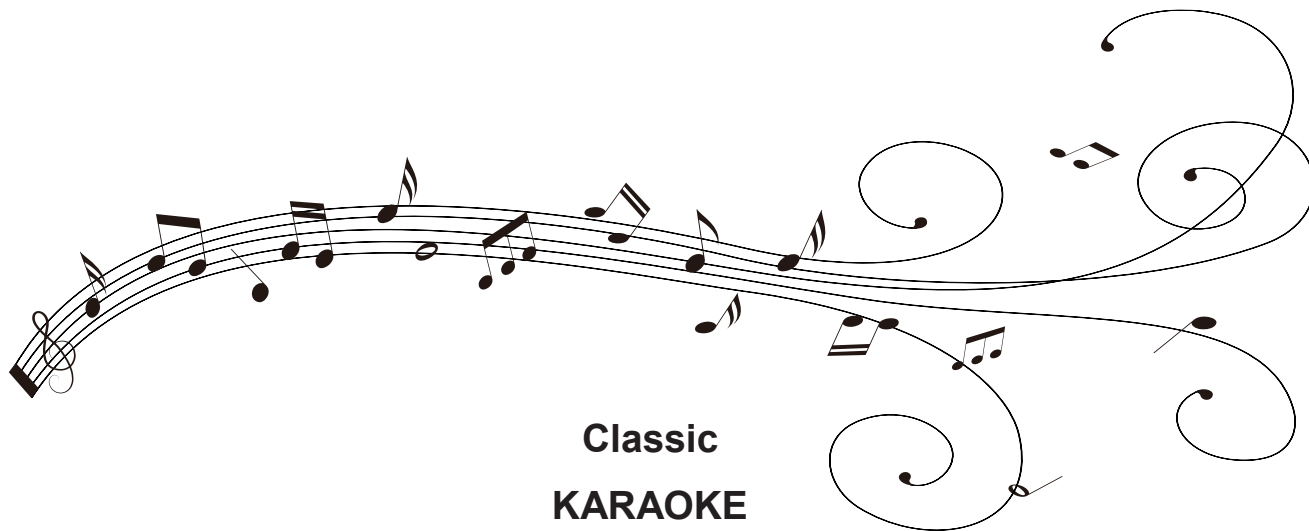


## COMPUTER WORKSHOP OCTOBER 17, 18, 19, 2023



COMPUTER WORKSHOP OCTOBER 17, 18, 19, 2023 O.A.I.A. HAS BEEN OFFERED AN OPPORTUNITY FROM JOBSKILLS TO OFFER OUR MEMBERS A LIMITED PROGRAM OF INSTRUCTION ON HOW TO UPDATE OUR COMPUTER SKILLS AND TO NAVIGATE THE ELECTRONIC NETWORK EFFICIENTLY AND SAFELY. THIS LIMITED COURSE WILL TAKE PLACE OVER THREE DAYS, FROM TUESDAY, OCTOBER 17TH UP TO, AND INCLUDING THURSDAY, OCTOBER 19TH. YOU MAY SIGN UP FOR EITHER THE MORNING SESSIONS (3) FROM 10:00 A.M.—12:00 OR AFTERNOON (3) FROM 1:00 P.M.—3:00 P.M.. EACH PERSON WILL BE EXPECTED TO ATTEND EITHER 3 MORNING OR 3 AFTERNOON CONSECUTIVE SESSIONS. LAP TOP COMPUTERS WILL BE SUPPLIED BY JOBSKILLS, A GOVERNMENT SPONSORED PROGRAM WHO HAVE MODIFIED THEIR FORMAT TO SPECIFICALLY ADDRESS THE NEEDS OF SENIORS . THE CLASSES WILL BE HELD IN THE BOARDROOM AND ATTENDANCE WILL BE LIMITED TO 10 STUDENTS PER CLASS. THERE WILL BE A SIGNUP SHEET AVAILABLE AT THE FRONT DESK COMMENCING TUESDAY, SEPTEMBER 5TH. THE TOPICS THAT WILL BE COVERED ARE MODULE 1—COMPUTER BASICS, INTRODUCTION TO WINDOWS; MODULE 2—COMMUNICATING ON EMAIL AND SOCIAL MEDIA; MODULE 3—INTERNET SEARCHING AND SHARING, THE ONLY COST TO OUR MEMBERS WILL BE THE \$.50 CENT FACILITY FEE. FOR EACH CLASS.

Audrey Hillis - Convenor



**Classic  
KARAOKE  
AFTERNOON**

Come, have fun and enjoy the KARAOKE afternoon.  
For music lovers who love to SING or LISTEN to songs.

Don't let your voice FADE away.

**KARAOKE LYRICS PROVIDED**

No one is going to judge.

**KARAOKE DATES**

Sep 18th

12-2PM

Location: Markham Seniors Auditorium



# TAI CHI



O.A.I.A. WELCOMES NEW AND RETURNING MEMBERS TO JOIN OUR CLASS ON WEDNESDAY, SEPTEMBER 6, 2023. CLASSES WILL TAKE PLACE BETWEEN 11:00 AND 12:00 IN THE AUDITORIUM. PLEASE ADD YOUR NAME TO THE LIST IN THE PROGRAM SIGNUP BOOK AT THE FRONT DESK. TO RESERVE A SPOT. COST FOR EIGHT WEEK SESSION— \$45.00. PAYMENT—CASH OR CHEQUE. PLEASE ALLOW EXTRA TIME ON THE FIRST DAY FOR REGISTRATION.

CONVENOR - MAY ANNAMUNTHODO





## Come and Join our Canasta Group

**We meet from 1 PM to 4 PM every Thursday for a fun afternoon and camaraderie. If you are interested in learning a new card game, or wish to renew your skills.... contact the front desk ....**

**Front Desk 905-294-5111  
Convenor. Keith Shopman**

## FRIDAY YOGA FULL SESSION

Starts Sept. 8th

8 week course

Cost \$55.00



Wendy Wise

Director

## KNITTING CLUB

Hello Everyone,

Welcome back for another year at Markham Senior Centre and welcome to the new members who have chosen to join us. Don't forget to look at the September edition of the News and Views for the many classes available to you.

We have had a fabulous Summer and maybe it will last a little longer. Hoping the Fall will last and be as enjoyable as this past season.

The ladies of the knitting club have been meeting all Summer, coming and going on their vacation. It has been interesting to hear each one's version of how they spent their Summer vacation. Some of the holidays will continue into the Fall to enjoy the cooler weather and brilliant colours.

As mentioned the ladies have been working on their projects and we hope to have a wide variety of interesting items for sale in the cabinet. We are planning on changing the items periodically so keep an eye. The members manning the front desk will be willing to show you anything on display.

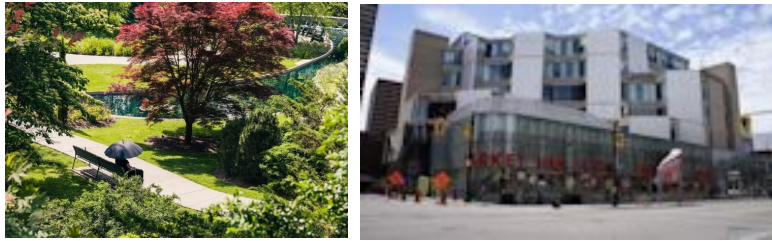
We are not sure about a Fall sale yet but the Crafts room doors are open every Wednesday afternoon from 1:00-3:30 if there is something you would like but don't see it available in the cabinet please let us know..

Keep well Joyce Bulgin-Convenor



## From the Travel Desk.....

We currently have two trips posted-----The first is - The Royal Botanical Gardens, Burlington, the Hamilton Farmer's Market with Lunch on Your own, and Whitehern House. The latter two are both in Hamilton. This trip is scheduled for Tuesday September 19th. The cost is \$105.00 for Members and \$110.00 for Non-Members. To date, we have 20 people signed up. The Bus holds 56, but we can go with a minimum of 40 people. Please do not hesitate to sign up if you are interested in this trip. **We hope we do not have to cancel.** . See the Travel Desk for full details.



The Second Trip is scheduled for Wednesday October 11th. We will travel East and hopefully enjoy some Autumn Colour. Our first stop will be a coffee break at the Big Apple, where you will get a chance to purchase delicious goodies from their Bakery. Next, we will visit the Old Mill Alpaca Farm near Brighton. You will be up close with the animals and learn how their fleece is graded, processed and crafted into an amazing range of products for sale, including the popular Alpaca Dryer Ball. Lunch will be at the Whistling Duck. Please make your meal selection at the time of Booking. We will make a visit to Campbell's Orchards, an Orchard, Farmers Market, Bakery, and Vineyard. The cost for this trip is \$140.00 for Members and \$145.00 for Non Members. Visit the Travel Desk for Full details.



We are looking for some input for November/and / or December Trips. Please drop by the Travel Desk if you have any ideas.

Mary Lou Busato, Convenor



**CRAFT ROOM**  
**THURSDAY 1-3:30**

Our latest addition to the items for sale in the display case are Wine Glass Slippers.

Let us know if you would like them made in a specific colour and how many you would like, we are selling them for \$1.00 each.

We have also added tissue package covers.

Barb Morrison  
Convenor

**LUNCH AND LINGER**

**Melody Makers**

Sept. 25 at 11:45

\$2.00 must be a member to attend.

Concerts are the last Monday of every month



Norma Matus



**Djembe Drumming**

Wednesdays Noon – 1:00 p.m.  
In the Craft Room

Sign up at the Front Desk  
Starts Sept. 13<sup>th</sup> 2023

**MONDAY MORNING BRIDGE**

Casual Bridge 9:00am - 11:30 am

Come out and enjoy a game with your friends and neighbours.



Margaret Crowley -  
Convenor



# Open House



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*Discover all the flavours of our community*

Join us at **Stouffville Creek Retirement Residence**

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# OPEN HOUSE



**September 19 – 21 | 9am – 5pm**

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**Lyle Mirrett,**  
Owner & Hearing Instrument Specialist Reg. AHIP

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2023  
2024  
SEASON



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 a comedic family reunion  
 by **Norm Foster**

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 www.flatmarkhamtheatre.ca

**September 2023**

Staged by special arrangement with Playwrights Union of Canada




**Happy Thanksgiving!**

*Wishing you hope, peace & good health!*



**Karen Rea**  
 Ward 4 Councillor  
 Tel. 905.479.7751

To keep informed on Markham and Ward 4 issues, visit:  
[www.karenrea.ca](http://www.karenrea.ca) or email: [krea@markham.ca](mailto:krea@markham.ca)

**See You at the Movies!**

**Markham at the MOVIES**

**tiff**™ OFFICIAL FILM CIRCUIT CENTRE

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 (Seating begins at 6:30PM)

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**FLAT MARKHAM THEATRE**

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**MARKHAM arts COUNCIL**

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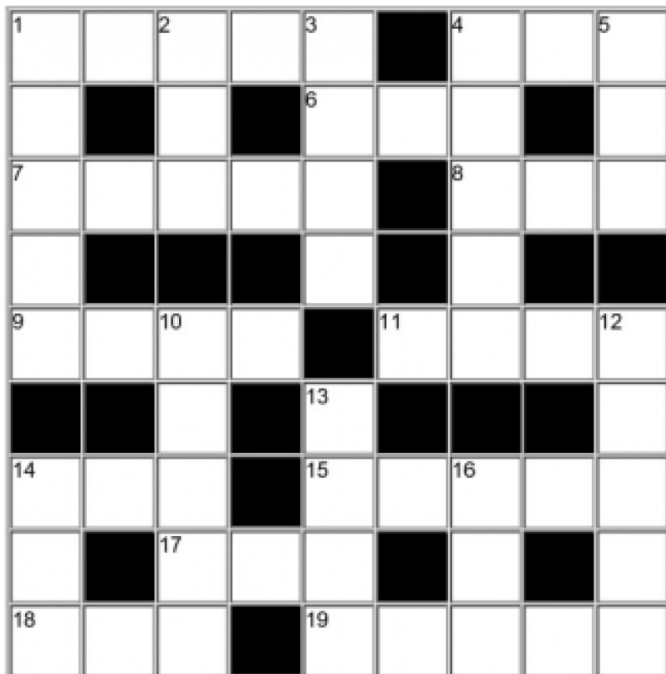
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### 9x9 Crossword #269



#### Across

- 1. Cook on gridiron
- 4. Work with shovel
- 6. Belonging to us
- 7. Repeated another time
- 8. Small insect
- 9. 10 cent coin
- 11. Frozen precipitation
- 14. Food tin
- 15. Grayish green
- 17. Hooting bird
- 18. Sticky black substance
- 19. A lollipop

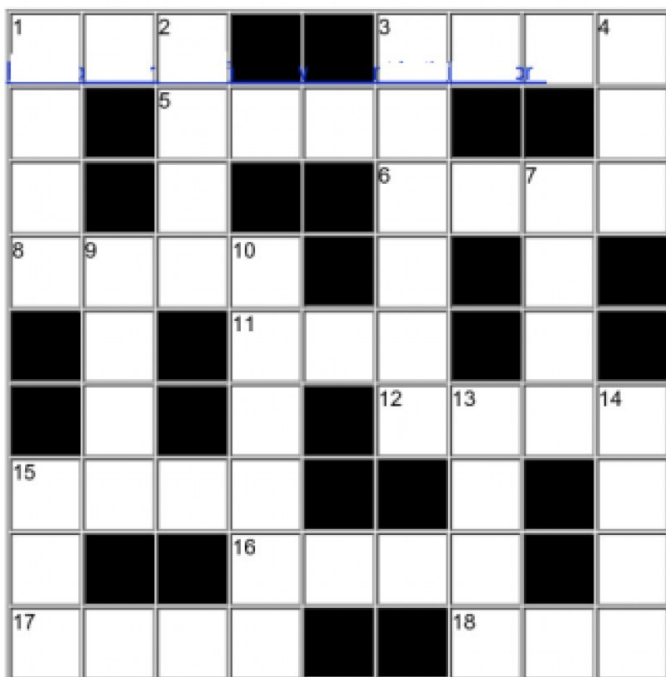
#### Down

- 1. Protect
- 2. Northern Ireland army
- 3. Not short
- 4. Empty liquid from container
- 5. Acquire
- 10. Not major
- 12. Fully of weeds
- 13. Tootsie \_\_\_\_\_
- 14. Feline
- 16. Sick

#### Answers to 9x9 Crossword #270:

**Across:** 1.dad, 3.send, 5.east, 6.itsy, 8.nerf, 11.ark, 12.sync, 15.mesh, 16.ever, 17.near, 18.down  
**Down:** 1.down, 2.dear, 3.stinks, 4.day, 7.stun, 9.ease, 10.father, 13.yard, 14.card, 15.man

### 9x9 Crossword #270



#### Across

- 1. Father
- 3. Cause to go
- 5. Not west
- 6. \_\_\_\_\_ bitsy spider
- 8. Maker of foam toys
- 11. Large boat, like Noah's
- 12. Create unison
- 15. Netting
- 16. At any time
- 17. Closeby
- 18. Had done

#### Down

- 1. Not up
- 2. Honey, sweetheart
- 3. Smells bad
- 4. Not night
- 7. Amaze; make speechless
- 9. Slacken
- 10. Male parent
- 13. Land around a house
- 14. Ace, King or 8
- 15. Not a woman

#### Answers to 9x9 Crossword #269:

**Across:** 1.grill, 4.dig, 6.our, 7.again, 8.ant, 9.dime, 11.snow, 14.can, 15.olive, 17.owl, 18.tar, 19.lolly  
**Down:** 1.guard, 2.IRA, 3.long, 4.drain, 5.get, 10.minor, 12.weedy, 13.roll, 14.cat, 16.ill

5		9		1	4		7	8
2	4				8		1	5
				9			2	
	9		3	6	2			4
8		2			9	7		3
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			3		8			4
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