

# MARKHAM SENIORS ACTIVITY CENTRE 22 WATER STREET, MARKHAM, ON

## **PRESIDENT'S REPORT... Mark Barrett**



Hello everyone.

September was busy with fall programs starting up coupled with membership processing. Regarding membership processing, City of Markham staff were on site when we conducted the annual membership drive during the first two weeks of September to process payments and issue temporary ID cards. Our OAIA volunteers did the initial screening and I have to say the process went smoothly. I want to thank both the City of Markham staff and all our wonderful volunteers who conducted the renewal. A special thanks to Joan Green our Membership Director for organizing the drive.

A big thank you as well to our front desk volunteers who have now taken over the full task of membership processing. If you haven't renewed your membership yet, please do so as soon as possible. Remember, we no longer accept cash for membership payments. Membership payment options are either by cheque payable to **City of Markham** or by credit card. Convenors will be checking memberships when you enroll in programs. For those who have renewed, thank you and, don't forget to exchange your temporary ID card for your permanent one.

Our Annual General Meeting will take place this year on **Monday**, **October 23rd**<sup>h</sup>, **2023**, **beginning at 1:00 p.m.** Our Constitution requires a quorum of 10% of the membership in attendance to vote. I encourage you to mark the AGM date on your calendars now and make every effort to attend. Please sign up at the front desk. Only registered members will be admitted to the meeting so please have your ID card with you. If you have any amendments or changes to our Constitution you wish to have voted on, they must be received by the Secretary on a formal Constitution and By-Laws Revision form no later than 14 days before the meeting to be considered. The form can be obtained from the front desk. The formal AGM notice is on page 3 of this newsletter and is also posted on the website and the club bulletin boards.

On Friday, October 27<sup>th</sup> we are offering a "Monster Bash" theme luncheon. The price is \$20.00 for a catered meal and prizes will be given out for the best costumes. Doors open at 11:45 with lunch beginning at 12 pm. Sign up and purchase your ticket at the front desk.

It is great to see those members who are returning after a prolonged absence. Welcome back. I want to extend a warm welcome as well to all our new members. Enjoy your club, wear a smile and offer to assist your Convenors whenever possible.

Markham Seniors Activity Centre - 22 Water Street, Markham, ON L3P 7P9

Phone: 905-294-5111 OAIA website: www.markhamseniorcentre.com

The News & Views is published nine times annually

# President Mark Barrett Vice President Les Miscampbell Secretary Debra Conrad-Knight Treasurer Carl Veecock **Assistant Treasurer Gladys Hamilton** Membership Director Joan Green Program Directors Susan Flatt Keith Shopman Wendy Wise Norma Matus Carol Sparks News & Views Publisher Joan Green Proofreader Helena Miscampbell Invoice Clerk **Audrey Hillis** Webmaster Frank Dittmann

# 2023 BUILDING CLOSURE DATES

DATE	HOLIDAY/REASON FOR CLOSURE	
Monday, February 20 <sup>th</sup>	Family Day	
Friday, April 7 <sup>th</sup>	Good Friday	
Monday, April 10 <sup>th</sup>	Easter Monday	
Monday, May 22 <sup>nd</sup>	Victoria Day	
Saturday, July 1 <sup>st</sup>	Canada Day	
Monday, August 7 <sup>th</sup>	Civic Holiday	
Friday, August 25 <sup>th</sup> @ 5pm to Sunday, September 3 <sup>rd</sup>	Annual Building Maintenance	
Monday, September 4 <sup>th</sup>	Labour Day	
Monday, October 9 <sup>th</sup>	Thanksgiving	
Friday, December 22 <sup>nd</sup>	CLOSES AT 5:00pm	
Sunday, December 24 <sup>th</sup>	Christmas Eve	
Monday, December 25 <sup>th</sup>	Christmas Day	
Tuesday, December 26 <sup>th</sup>	Boxing Day	
Sunday, December 31 <sup>st</sup>	New Year's Eve	
Monday, January 1 <sup>st</sup> , 2024	New Year's Day	

Newsletter Contact - newsandviewsmarkham@gmail.com

<u>Note</u> - Members are reminded both they and the public can view the newsletter at: <u>www.markhamseniorcentre.com</u>. Use caution before providing personal information.



**DISCLAIMER** The publication of any advertisements in this newsletter is not to be construed as an endorsement of the product or service offered unless it is strictly stated in the ad that there is an endorsement or approval.

# ANNUAL GENERAL MEETING

The OAIA Board of Directors advise that our Annual General Meeting will be held in the Markham Seniors Activity Centre Auditorium, 22 Water St. Markham on:

Monday, October 23<sup>rd</sup>, 2023 From 1:00 P.M. to 3:00 P.M.

Per our Constitution, 10% of Club members must be in attendance to form a quorum. We ask you to indicate your intention to attend by signing up at the front desk so that we may order an adequate number of refreshments.

Only those holding a current O.A.I.A membership will be admitted. <u>Please</u> <u>have your ID card with you.</u> All other Club activities will cease for the duration of the meeting.

New business items you wish to raise must be submitted in writing to Mark Barrett, President, by Monday, October 2<sup>nd</sup>.

Pre-meeting material binders which members may borrow and return containing the agenda, the 2022 AGM Minutes and the 2022-23 fiscal year end Financials will be available October 9<sup>th</sup>.

**REFRESHMENTS WILL BE SERVED AFTER THE MEETING.** 

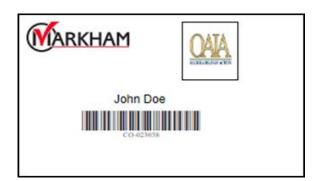
### **MEMBERSHIP RENEWALS**

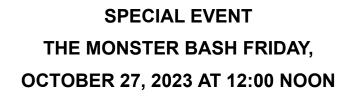
Welcome back everybody. The first two weeks were very busy renewing all our present members and processing new members. I would like to thank all the volunteers who helped this process run smoothly.

Mark Barrett	Nancy Kamanga	Joyce McDowell
Darlene Marcellus	Susan Flatt	Ellen Dusk
Gloria Smith	Wendy Wise	Shelagh DeSavoye
Audrey Hillis	Gladys Hamilton	Helena Miscampbell
Les Miscampbell	Bev Budarick	Ken Budarick
Mary Lou Busato	Donna McGraw	Carolyne Terry
Gillian Scraggs	Justina Bird	Lyn Bryan
Robin Bryan	Norma Matus	Howard Elson
Zorena Yapp	Fatima Lawson	Keith Shopman
Jim Lyle	Donna Jacobs	Front Desk Volunteers

Please remember to bring/wear your badge upon arrival for your activities.

Joan Green Membership Director





#### THE MENU

Slimy Green Salad Chicken Fingers Penne with blood red sauce Monster Cookies for dessert Witches Brew (coffee and tea)

# Cost \$20:00 Limited to 80 Tickets

Lots of prizes: including the best costumes and non costumes.

Tickets will go on sale Sept. 25th

Jeanne Colvin, Convenor

# CURRENT EVENTS PLUS GROUP

The Group Gathers Every Wednesday in the West Activity Room from 1:00 to 3:00 pm.

Come and join our "Group". The program consists of members getting to know each other through, sharing humour, discussing current local and world events, plus other subjects of interest. Pictures and videos related to the subjects of the day will be presented by a member and viewed on a large movie screen.

On entering, please sign in and deposit your \$0.50 in the "Room Fee" basket.

> Do come and enjoy each other's company. See you all on Wednesday afternoons.

Carol McKnight Convenor Robyn Bryan Co-Convenor



# KNITTING CLUB

Welcome to Fall Everyone,

We have had an exceptional Summer and Fall is looking to be spectacular also.

Since the membership opened a few weeks ago the knitting group has expanded by four. Welcome! We should have plenty to sell over the Fall and into the Christmas season. Please keep an eye on the cabinet in the lobby or visit us Wednesday afternoons for some cozy winter gear or presents for others.

In the upcoming weeks if you are cleaning out please check to see if you have some yarn that you are not going to use and then think of us. We can always find a use for even the smallest piece that can be incorporated into a knitting project. Just bag it with my name and leave it at the front desk for pick up.

Get out and enjoy the weather before Winter moves in.

Joyce Bulgin Convenor

# **BOOK CLUB 2**

Second Wednesday of every month

We enjoyed a variety of books from the Library last year. This month's book is "Sing, Unburied, Sing" by Jesmyn Ward.

> Donna Jacobs Convenor

# THE GARDEN

We have had a very successful summer in our gardens, with lots of rain and sun. Soon we will be collecting the last of our harvests. If you are interested in getting a plot next year, keep an eye on the newsletter in early spring.



Donna Jacobs Convenor





### MELODY MAKERS

Our next concert will be Monday October 30th. 11.30 am. Cost \$2. The band gives a great concert the last Monday of every month. Bring your lunch and sit and enjoy the music Coffee, Tea and Cookies \$1.00.

Norma Matus



## LUNCH AND LEARN

This program returns Oct 16th 12-1.30 pm. Cost \$2.

Home Instead will be the program for this session. Come and learn to continue living where you want to be the most. Your Own Home. They will provide full information where to get all the help you need.

From meals, home help, companionship, etc..

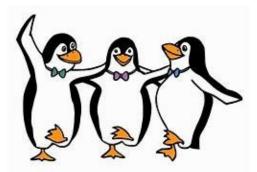
Bring your lunch and we will provide Coffee Tea and cookies. Please sign up at front desk.

Norma Matus

## LINE DANCE

Put on your dance shoes and join us for a fun time. Great music. Great instruction. A mix of dances and music from your favourite play lists. We have openings

Monday 2.30 pm-4 pm and Wednesday 3.30pm-5pm Dianne Sweeney convenor for Monday class Carol Sparks convenor for Wednesday class Come and try a class free before you commit.... See front desk for sign up book .....





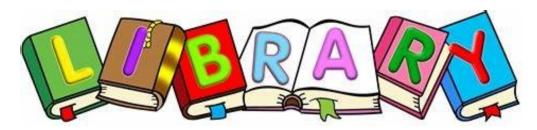
# MONDAY MORNING BRIDGE

Casual Bridge 9:00am - 11:30 am

Come out and enjoy a game with your friends and neighbours.

Margaret Crowley Convenor





Be sure to drop into the Library, located inside the coffee lounge. We have some new titles that may interest you. Many thanks to Susan Flatt, Mary Lou Busato, and others who kept the Library neat and tidy when I couldn't be there. We are using the honour system, so you are free to help yourself to a book or two. Please place your books in the return bin so we can keep track of usage.

Angela Stewart Library Convenor



Come and Join our Canasta Group

We meet from 1 PM to 4 PM every Thursday for a fun afternoon and camaraderie. If you are interested in learning a new card game, or wish to renew your skills.... contact the front desk ....

> Front Desk 905-294-5111 Convenor. Keith Shopman

#### FROM THE TRAVEL DESK

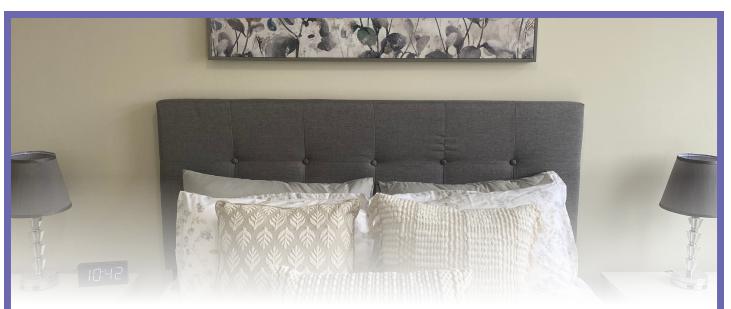
Unfortunately, we had to cancel our September Trip (Royal Botanical Gardens and White Hern Historical Home) due to lack of interest. We need a minimum number of People for Each trip which we were unable to achieve.

Our Fall Trip is doing very well. As at today's date, we have 13 seats left. This Trip is on Wednesday October 11TH. We are going East for this trip. Our first stop will be a coffee break at the Big Apple and then on to the Old Mill Alpaca Farm, Brighton, where you will get up close and have a personal experience with the Alpacas. You will also have an opportunity to purchase products made from the fleece such as blankets, scarves, mitts, sweaters, socks etc. Lunch will follow and then on to Campbell's Orchards, which is an orchard, Farmers' Market, Bakery and Vineyard. The cost for this Trip is \$140.00 for members and \$145.00 for non-members.

We have almost finalized Our Christmas Trip. We are awaiting the flyers. It will be on sale shortly. Please check the Travel Desk for Further Details.

Mary Lou Busato ....Convenor

# If they put the vaccine in beer and opened up the pubs the whole country would be vaccinated by next Thursday. Just trying to help



# Your Dream Staycation Awaits!

Interested in seeing if premium senior living is right for you? Join us for a trial stay and treat yourself to a fall staycation. Take a break and enjoy a relaxing all-inclusive stay at Stouffville Creek Retirement Residence where you'll enjoy access to all the on-site amenities, activities, and services that our residence has to offer.

Included in your stay:

- Dining options with chef-prepared meals
- Your choice of activities and social events

- Access to premium amenities, including our hair salon, movie theatre and fitness centre - Complimentary laundry service

- A charcuterie board, fresh fruit, and a bottle of bubbly upon arrival!

To learn more about our trial stay packages or to secure a spot, call Sang or Nalini

at (905) 642-2902.

\*Subject to availability

# STOUFFVILLE CREEK

RETIREMENT RESIDENCE





OPEN

HOUSE

1<sup>st</sup> Anniversary at our

Audiology

# September 19 – 21 | 9am – 5pm

### Tech Demos, Refreshments and much more!

Thinking about getting hearings aids or considering an upgrade? We can help! Try the latest in hearing technology during our open house.

#### Save your spot!

Call us at **289-554-9754** to book a hearing assessment and consultation.

Lyle Mirrett, **Owner & Hearing Instrument** Specialist Reg. AHIP

#### **Clinic Services:**

- Complete Hearing Assessment Hearing Aid Recommendations
  Hearing Aid Repairs
- Real Ear Measurements
- Ear Wax Removal

- We Accept WSIB VAC ODSP Hearing Aid Programming
- Life-Time Maintenance
- Free In-Home Services



(289) 554-9754 www.hearway.ca info@hearway.ca

• Unit 115, 4591 Hwy 7 E, Unionville ON, L3R 1M6

# **Customized In-Home Care Services and Solutions**



**BECOME A MEMBER TODAY** Call (647) 490-1412 for a quick consultation







You will feel safe You will have many services at your disposal Our caring staff will be at your service

# It is just as **priceless** for us as it is for you!

Contact Ann for a personalized tour.

**905 642-5626** 135 Mostar St, Stouffville

# BloomStouffville.ca

Apartments and services for retirees





# BACK TO NORMAL. ONLY BETTER.

Life at Amica Senior Lifestyles is once again its wonderful, normal self. Get a haircut. Have a pub night. Share a meal with friends or catch up with loved ones in real life, face-to-face. Experience exceptional care and support in a premium residence with safe social connections that make life easier, and better, for everyone. Right now.

#### PLEASE CALL TO SCHEDULE A PRIVATE TOUR TODAY



SENIOR LIFESTYLES

AMICA SWAN LAKE = 6360 16<sup>TH</sup> AVE = 905-201-6058 = AMICA.CA/SWANLAKE AMICA UNIONVILLE = 34 MAIN STREET = 905-947-9990 = AMICA.CA/UNIONVILLE



# Locally Owned & Operated When you can simply enjoy?

With over 200 fully-prepared frozen meals and free delivery\* why not start a new tradition and call today for your FREE menu!



905-713-5718 HeartToHomeMeals.ca



\* Some conditions may apply.



CONTACT US TO INQUIRE! 905-294-3159 • Markhamveterans@rogers.com • 7 Washington St. Markham on, L3P 2R3

# Your concerns are my concerns.

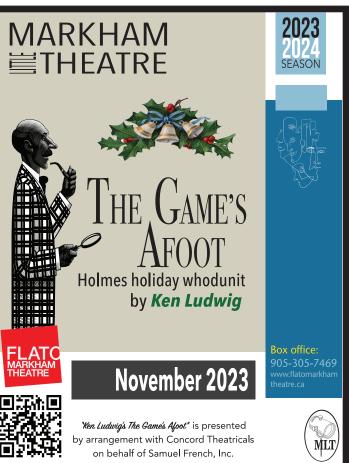


"If you have any issues that you feel need to be addressed please don't hesitate to contact me."



Tel. 905.479.7751

To keep informed on Markham and Ward 4 issues, visit: www.karenrea.ca or email: krea@markham.ca



# See You at the Movies!

OFFICIAL FILM CIRCUIT

CENTRE

riceboy sleeps



(Seating begins at 6:30PM) Set in the 90s, a Korean single mother raises her young son in the suburbs of Canada determined to provide a better life for him than the one she left behind. Awarded the Rogers Best Canadian Film 2023 by Toronto Film Critics, this Korean-Canadian immigrant story makes its director, Anthony Shim, a filmmaker to watch.



Tickets \$15 at the door or box office 905-305-7469 Visit markhamatthemovies.com for more information



www.markhamatthemovies.com





# We help seniors continue living in the place they want to be most: **home**.



Call (905) 604-4223 or visit HomeInstead.com/3052

PERSONAL CARE | MEALS & NUTRITION | MEMORY CARE HOSPICE SUPPORT | COMPANIONSHIP | HOME HELPER

Each Home Instead<sup>®</sup> office is an independently owned and operated franchise of Home Instead, Inc., an Honor Company. © 2023 Home Instead, Inc.

