



NEWS

MAR 2024

AND

VIEWS

MARKHAM SENIORS ACTIVITY CENTRE 22 WATER STREET, MARKHAM, ON

PRESIDENT'S REPORT... Mark Barrett



Hello everyone,

With February now behind us, the days are getting longer and with any luck, the bursts of nice weather we experienced in February will continue throughout March.

February was a busy time at the club with activities in full swing. On the special events front we held a Valentine's lunch. Our thanks to Jeanne Colvin and her helpers for making that happen.

Looking ahead, to April, the week of April 14th to April 20th is national volunteer week. In recognition of that your board of Directors will host a volunteer luncheon on April 17th at the Mandarin restaurant in Box Grove. Volunteers who have met the board's eligibility criteria will receive an invitation.

Volunteerism is one of the most selfless acts that we can become involved in. Nonprofits around the world need volunteers to carry out their missions and to make the biggest difference possible. I can't stress strongly enough how much this club relies on our volunteers and how much I appreciate everything that they do.

In accordance with our Constitution, a Board of Directors election is held each May. The dates for this year's election have been set by the board and will take place the week of Monday, May 13th to Friday, May 17th inclusive. More detailed information on the nomination process, election hours, the positions to be filled etc. will be published shortly.

Although board elections are still a little way off, I hope you will start thinking about it now and seriously reflect on how important this club is to you. I do hope you will consider accepting a nomination and have your name added to the slate of candidates for one of the available board positions. Your reward will be in knowing you helped shape our future and played a key role in ensuring the ongoing success of your club along with the satisfaction you will get from helping others.

Always have your membership card with you when you visit the centre. You may be asked to produce it at any time for example, when enrolling in a program or signing up for an event. If you haven't picked up your permanent membership card yet, please do so.

Enjoy your club and the many activities available. Thank your Convenors and our other volunteers often. It will be appreciated.

Markham Seniors Activity Centre - 22 Water Street, Markham, ON L3P 7P9

Phone: 905-294-5111 OIAA website: www.markhamseniorcentre.com

The News & Views is published nine times annually

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MARKHAM SENIORS ACTIVITY CENTRE

2024 BUILDING CLOSURE DATES

DATE	HOLIDAY/REASON FOR CLOSURE
Monday, February 19 th	Family Day
Friday, March 29 th	Good Friday
Monday, April 1 st	Easter Monday
Monday, May 20 th	Victoria Day
Monday, July 1 st	Canada Day
Monday, August 5 th	Civic Holiday
Friday, August 16 th @ 5pm to Sunday, September 1 st , 2024	Annual Building Maintenance
Monday, September 2 nd	Labour Day
Monday, October 14 th	Thanksgiving
Friday, December 20 th	CLOSES AT 5:00pm
Saturday, December 21 st to Wednesday, January 1 st	Closed for the Holidays



Newsletter Contact - newsandviewsmarkham@gmail.com

Note - Members are reminded both they and the public can view the newsletter at:

www.markhamseniorcentre.com. Use caution before providing personal information.



DISCLAIMER The publication of any advertisements in this newsletter is not to be construed as an endorsement of the product or service offered unless it is strictly stated in the ad that there is an endorsement or approval.

CURRENT EVENTS PLUS GROUP

The Group Gathers Every Wednesday
in the West Activity Room from 1:00 to 3:00 pm.

Come and join our "Group". The program consists of members getting to know each other through, sharing humour, discussing current local and world events, plus other subjects of interest. Pictures and videos related to the subjects of the day will be presented by a member and viewed on a large movie screen.

On entering, please sign in and deposit your \$0.50 in the
"Room Fee" basket.

Do come and enjoy each other's company.
See you all on Wednesday afternoons.

Carol McKnight
Convenor

Robin Bryan
Co-Convenor



Stay
Informed

WHAT3WORDS

This is an App recommended by York Region Police for everyone to download on their phone. Once you download just follow the instructions. This app will help your family, friends, police, ambulance etc. find you if you are lost.

You could be on a long stretch of highway with nothing around and found yourself wondering how you would give information for a tow truck etc. if I got a flat tire or had broken down.

This app will help you but please share with your friends and family as this will help the tracking...

How does it work????

1. Open the what3words app.
2. Tap the locate me icon.
3. The what3words address for your current location will be displayed at the top of the screen.
4. Read out these three words to your emergency call taker.



pixta.jp - 6170356

Norma Matus



We meet from 1PM—4 PM every Thursday for a fun afternoon and camaraderie. If you are interested in learning a new card game or wish to renew your skills....

Contact the front desk.....

905-294-5111, Keith Shopman

FROM THE TRAVEL DESK

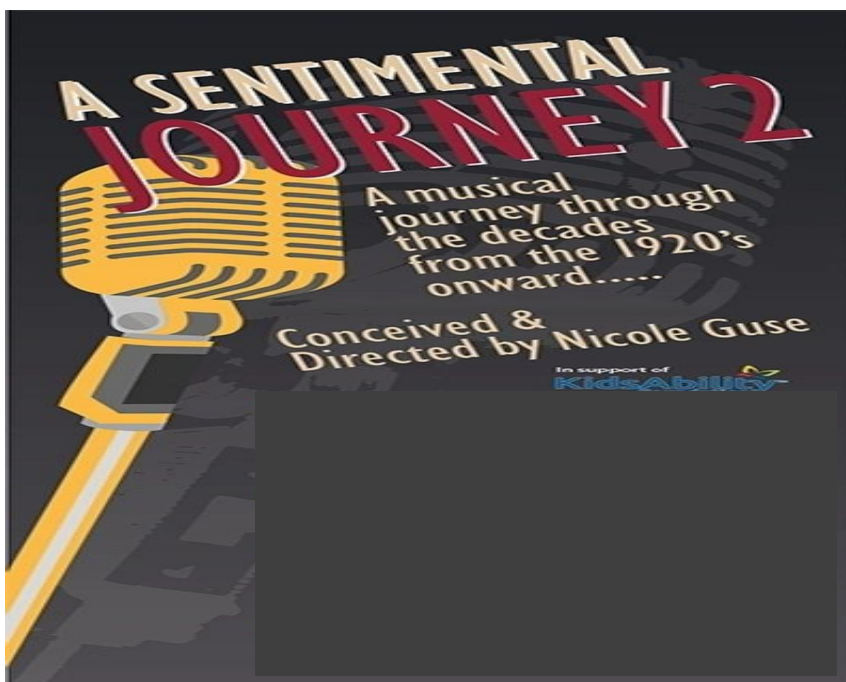
We are now less than half way to spring which will hopefully bring warm and sunny weather and closer to our first trip of the year, That trip is on Thursday April 4th. we will be going to Cambridge Ontario, where we will be attending a live performance of the musical "Jersey Boys" at the Hamilton Theatre. This is the story of Frankie Valli and the Four Seasons and their music. Prior to the performance, we will have a delicious lunch at Golf's Steakhouse in Waterloo. The cost is \$170.00 for members and \$175.00 for non members. Pick up a flyer at the Travel Desk for full particulars and your luncheon choices (choice of five). At this writing we have 14 seats left. It is our present policy to accept members only for the first two weeks a trip goes on sale.. If you are interested, please sign up early (if you find the trip is filled}, PLEASE PUT YOUR NAME AND NUMBER ON THE WAIT LIST, we have gone to the wait list quite often.). **The Club POLICY is that it is Your responsibility to find a replacement if you cancel a trip and if there is NO WAIT LIST.** We will make every effort to help you, but it makes it easier if we have names on the wait list.

COMING SOON

We should be ready to launch our second trip of the year by the end of February or earlier. Our second trip is on Thursday, May 9th we are going to see a live performance of "A Sentimental Journey 2" at the WMB Church in Waterloo. If any were on our Christmas Trip "The Sounds of Christmas" we are sure you will enjoy this one. It is produced by the same company "GUSE Production", and directed by Nicole Guse . It features the music through the decades starting from the twenties onward. The lunch will be at the "Golf's Steakhouse" with a choice of 5 options". The cost is \$154.00 for members and \$159.00 for non members.

PLEASE MAKE PAYMENT WITH EXACT CASH OR CHEQUE PAYABLE TO O.A.I.A.

Mary Lou Busato....Convenor



LIBRARY

I was surprised to learn that some of our members do not know that we have a library. Drop by the next time you are in the building. The library is just to the left as you enter the building, located inside the lounge. Follow the smell of coffee. And be sure to tell your fellow OAIA members about it. We are using the honour system; you do not need to sign out your selections. Please place your borrowed books in the return bin so we can keep track of usage.

We continue to accept donations of new and "like new" novels. Just place them inside the library, under the "donations" sign. We ask that you do not drop off dated, damaged or non-fiction books. Items that we are not accepting include calendars, magazines, cards and puzzles.

Many thanks to Donna, Mary Lou and Susan who volunteer their time processing and shelving books. They keep our library looking clean and inviting.

Angela Stewart
Library Convenor



MELODY MAKERS

Come and enjoy the great music performed by our own Melody Makers

Concerts are performed on the last Monday of each month

Monday March 25th.....April. 29th.....May. 27th....June 24th.

11.30am-1.00pm. Entry Cost \$2.

Tea coffee and cookies. \$1



BOOK CLUB 2

The 2nd Wednesday of the month from 1-3 pm.

We had a very lively interview and discussion with Ilona Salley, the author of the book **Just Breathe**, a family story of courage and resilience stretching from 1906 to 1958. We all found it very interesting and well written.

This month we are reading **Mr. Penumbra's 24 hour Bookstore** by Robin Soan. This is a gleeful, exhilarating tale of global conspiracy, code-breaking, high-tech data visualization, young love, rollicking adventure and the secret to eternal life, most set in a hole-in-the-wall San Francisco bookstore.

Convenor—Donna Jacobs

Co-Convenor—Bev Blampied

GARDEN PLOTS

With this mild February weather it reminds me of our garden plots that will be given out in the spring. They will cost \$20 which will cover two bags of the very rich fertilizer that we purchase from the local nursery. It will be, first come, first served, for the allocation of the plots and there will only be one plot per family. Keep an eye on the newsletter in April which will publish the dates of sign up at the front desk for the actual sign up sheet.

Convenor—Donna Jacobs

LUNCH AND LEARN

Check the front desk for the dates for the upcoming month. They may change from one month to the next, due to scheduling concerns. Also the events could be cancelled at the last minute if the attendance is minimal.

Last month, we enjoyed the music of the **Maximum 60**, a group headed by our own drummer Bob, from the Melody Makers. Everyone loved the chance to dance, listening to their 60's music, while some of us joined in with our line dancers, as they shared a few routines. We even got a few men up on the floor. Many people approached me afterwards, to say that it was a welcome change and they hoped we would include more entertainment like it in the future. I promise to do that later in the spring.

March 18th If you don't know how to download an ebook and would like some coaching in this, the Markham Community Library will be sending several people to guide us and ensure we can do it independently. It's really quite simple. Even if you don't plan to read on your computer, it will be good to know how to access this area of the library website for the future. Sign up at the front desk for a time slot. They will be taking two people at a time.

Convenor—Donna Jacobs Co-convenor—Catherine Matisas

VALENTINE'S DAY LUNCHEON

The sold out Valentine's Day Luncheon was held on Friday, February 9, 2024. I would like to thank all of the volunteers for their contributions. Without volunteers, the luncheon would not have been such a success:

Donna Jacobs - MC

Al Falcaco - Piano Player

Muriel Thompson – Centrepieces

Mary Lou Busato, Joan Green, Donna McGraw, Jean Evelyn, Margaret Crowley, Gloria Smith, Es-ther Morresi, Maureen Ledgard, Margaret Hawryluk, Heather LaMacchia, and especially Thomas Garner, Custodian, who was such a wonderful help to me.

We also continue to benefit from the generosity of our community through donations of door prizes. Thank you to all of the donors for their wonderful donations:

Karen Rea, Ward 4 Councillor, City of Markham

Kathy MacDonald at Village Grocer

Anne Corrigan at Bloom Retirement Residence Stouffville

Melanie Cramp at Amica Unionville

Elton Ly at Chartwell Rouge Valley Markham

Nalini Sheosankar at Stouffville Creek Retirement Residence,

Stouffville Susan Applebaum at Del Manor Retirement Residence,

Richmond Hill Bala at Ithaca Restaurant, Markham

Sebastian at T & T Bakery and Café, Main Street, Markham

Wendy Wise, donation

Thank you to all from the Convenor, Jeanne Colvin



Djembe Drumming

Wednesdays Noon—1:00 p.m.

In the craft room.

Sign up at the front desk

MONDAY MORNING BRIDGE

Casual Bridge 9:00am - 11:30 am

Come out and enjoy a game with your friends and neighbours.

Margaret Crowley - Convenor



KNITTING



Hello everyone,

We are almost into the month of March and on the 19th Spring starts. That's only a month away.

We have had two new members join us since last month, Welcome.

Since the new year the ladies have produced several new items and our sales are up. We will have to look for some interesting patterns to make up for the Summer months. Keep an eye on the cabinet for our "Summer" line.

From what I have heard the Valentine's Day Luncheon was well received; all the tickets were sold. Thanks ladies.

Well we wish you a happy March, watch for the flowers to be poking their heads through the soil soon. I had some Snowdrops come up in my front lawn but not sure how they will make out in the last snowfall.

I will be gone for the month of March but our co-convenor Gloria will be able to help out if you have any questions.

See you in April.

Joyce Bulgin - Convenor

TAI CHI

SPRING SESSION

STARTING MARCH 6, 2024



Phillip Chan has agreed to bring the holistic form of Tai Chi to the Markham Seniors' Centre and we are pleased to invite you to join us.

The first class will be held on Wednesday, March 6th in the auditorium and this 8 week session will continue until April 24th.

The exercises are excellent at promoting good posture, balance and strengthening core muscles and is non stressful to joints.

Those who have benefited from the class taught by our past master, Daniel Chou are all looking forward to this new adventure and we invite all those interested to join us for this calming and restorative form of exercise.

Time: 10:30am-11:30am

Cost - for 8 week session - \$45.00

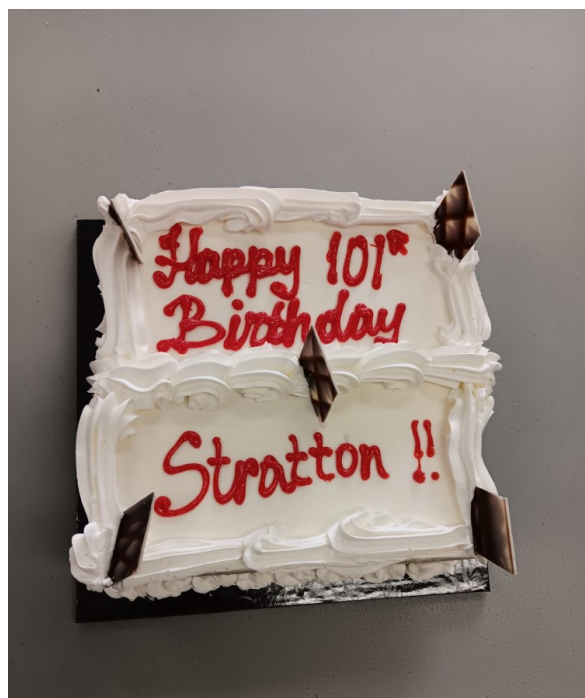
Convenor - May Annamunthodo

MILESTONE BIRTHDAY...

On Thursday February 22nd 2024 we were privileged to celebrate Stratton Holland's milestone birthday of 101....

Congratulations and Happy Birthday Stratton ..

From ALL your friends at the OIA. May you be blessed to see many more.



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 www.flatomarkhamtheatre.ca

Happy Easter!

Wishing you a bright and joyful Easter.



Karen Rea
 Ward 4 Councillor
 Tel. 905.479.7751



To keep informed on Markham and Ward 4 issues, visit:
www.karenrea.ca or email: krea@markham.ca

See You at the Movies!

Markham at the MOVIES

tiff | **FILM CIRCUIT**

SCRAPPER

harris dickinson
 tola campbell
 a film by charlotte regan

Tuesday
 March 26, 2024
 at 7:00PM
 (Doors open at 6:30PM)

Georgie, a dreamy 12-year-old girl, lives happily alone in her London flat, filling it with magic. Suddenly, her estranged father turns up and forces her to confront reality. A fresh take on a coming of age, father-daughter relationship story with poignancy, humour, and tenderness.

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Name: _____ Date: _____

DIRECTIONS:
Find and circle the
vocabulary words
in the grid. Look
for them in all
directions including
backwards and
diagonally.

I Love Pancakes!

Word Search



BLUEBERRY

BREAKFAST

BRUNCH

BUTTER

COMFORT

CRISPY

DELICIOUS

FLIP

FLUFFY

FRUIT



GOLDEN

STACK

GRIDDLE

SUNDAY

HOMEMADE

SWEET

MAPLE

SYRUP

MORNING

TASTY

PANCAKE

TREAT

SAVORY

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