



NEWS

APR 2024

AND

VIEWS

MARKHAM SENIORS ACTIVITY CENTRE 22 WATER STREET, MARKHAM, ON

PRESIDENT'S REPORT... Mark Barrett



Hello everyone. As we prepare to welcome spring, it's time to start dusting off those golf clubs and your other fair-weather paraphernalia.

I'm delighted to let you know our volunteer appreciation luncheon will take place at noon on Wednesday, April 17th at the Mandarin restaurant in Box Grove. I look forward to welcoming all our deserving volunteers. My thanks go out to the Board members involved in the selection process with a special thanks to Helena Miscampbell for coordinating this popular event for us.

As I mentioned in the March newsletter, elections for your 2024 Board of Directors will take place in May. There are six positions to be filled. President, Vice President, Secretary, Treasurer and two Directors at Large. The notice of voting, call for nominations and a nomination form are included in this newsletter. Note: A candidate for President must have served at least one full year on the Board of Directors in any capacity.

The members of the Nomination Committee if you have questions are Mary Lou Busato, Gloria Smith & Ken Budarick. Nominations forms are available at the front desk. Completed forms should be deposited in the nominations box at the front desk beginning Monday, April 8th up to and including Monday April 29th at 1:00 pm. Voting will take place the week of May 13th thru 17th.

These Board positions are very important for the ongoing success of our Club. I ask that you reflect on how much enjoyment you derive from the Club and seriously consider giving back by accepting a nomination for a board position. I recognize it takes some time, dedication, and commitment to carry out the duties, but your reward will be in knowing you helped to make a positive difference at the Club.

Enjoy your Club, wear a smile and don't forget to thank the volunteers who run your favourite activities. Your offer to help them with setup and cleanup is always welcome.

Markham Seniors Activity Centre - 22 Water Street, Markham, ON L3P 7P9

Phone: 905-294-5111 OAlA website: www.markhamseniorcentre.com

The News & Views is published nine times annually

President
Mark Barrett

Vice President
Les Miscampbell

Secretary
Debra Conrad-Knight

Treasurer
Carl Veacock

Assistant Treasurer
Gladys Hamilton

Membership Director
Joan Green

Program Directors
Susan Flatt
Keith Shopman
Wendy Wise
Norma Matus
Carol Sparks

News & Views Publisher
Joan Green

Proofreader
Helena Miscampbell

Invoice Clerk
Audrey Hillis

Webmaster
Frank Dittmann

MARKHAM SENIORS ACTIVITY CENTRE
2024 BUILDING CLOSURE DATES

DATE	HOLIDAY/REASON FOR CLOSURE
Monday, February 19 th	Family Day
Friday, March 29 th	Good Friday
Monday, April 1 st	Easter Monday
Monday, May 20 th	Victoria Day
Monday, July 1 st	Canada Day
Monday, August 5 th	Civic Holiday
Friday, August 16 th @ 5pm to Sunday, September 1 st , 2024	Annual Building Maintenance
Monday, September 2 nd	Labour Day
Monday, October 14 th	Thanksgiving
Friday, December 20 th	CLOSES AT 5:00pm
Saturday, December 21 st to Wednesday, January 1 st	Closed for the Holidays



Newsletter Contact - newsandviewsmarkham@gmail.com

Note - Members are reminded both they and the public can view the newsletter at:
www.markhamseniorcentre.com. Use caution before providing personal information.



DISCLAIMER The publication of any advertisements in this newsletter is not to be construed as an endorsement of the product or service offered unless it is strictly stated in the ad that there is an endorsement or approval.



MOTHER'S DAY LUNCH

FRIDAY—MAY 10TH

12:00—2.00 pm

Cost \$20.00

Menu:

Lemon Chicken

Roast Potatoes

Vegetables

Desert, Tea and

Coffee.



Door prizes and prizes for best outfit and hat.

Ticket Sales start:

Monday, April 8th for Members

Monday, April 29th for Non Members

Purchase tickets at the Front Desk

TRAVEL DESK

We are only days away from our first trip of the year. On Thursday, April 4th, we are going to see the ever popular musical "Jersey Boys" which is the story of Frankie Vailli and the Four Seasons. We are going to the Kitchener/Waterloo area for a delicious lunch at the Golf's Steakhouse and then proceed to The Hamilton Theatre in Cambridge for our live performance.

Our second trip is now on sale and doing very well to sell out. This trip is on Thursday May 9th. Once again we will travel west to Waterloo. Firstly, we will enjoy a delicious lunch of your choice (5) at the Golf's Steakhouse. We will enjoy a live performance of "Sentimental Journey 2" at the WMB Church in Waterloo. This is the second show we will see produced by the same company who produced the Christmas, 2024 show that was such a hit with all who attended the show, In the first two weeks this trip was on sale, we have sold over 30 of the 56 seats. If you are interested, please do not hesitate to sign up to avoid disappointment. If you find out the trip is sold out, put your name and phone number on the wait list. It is very rare that we do not have to utilize the wait list.

We have made a recent change for anyone wanting to go on any of our trips.

Effectively immediately, any member and/or member and a guest can sign up for any one of our trips for the first two weeks; thereafter, we welcome any non members to sign up.

We will put our third trip on sale shortly. It will be on Thursday, June 13th. We will travel to The Niagara area with time for shopping at Niagara-on-the-Lake. It includes a buffet lunch at the Prince of Wales Hotel. Afterwards, we will visit the Niagara College Winery, to see the operation and have some wine tastings. We will also visit Picard peanuts and FX chocolates. Watch for flyers available shortly at the Travel Desk .

Please feel free to stop by the desk and see more trips planned throughout the coming year.

We have lost some of our floaterspeople that could cover for one of our TEAM members when they are not available for their shift. If you could spend two hours from 10:00am to 12:00 pm or 12:00pm to 2:00pm, please visit the desk and let one of our Team know that you are willing to help.

Special Thanks to our Team and all those who travel with us.

Mary Lou Busato.....Convenor



LUNCH AND LEARN APRIL 8TH

Well we learned something new about the library last month and it's now time to celebrate Spring which will soon be here. Come and listen to music, sing along at times, dance and try out a couple of new line dances with Becky Wicks as our pianist. It's sure to be a great time and all for just \$2. **It just can't be beat.**

Donna Jacobs—Convenor
Catherine Matias—Co-Convenor



KNITTING

Happy Spring everyone, it has finally come even though it wasn't too bad a Winter.

I am away right now but Gloria Smith will look after any of your needs. She is keeping me posted of any changes in the club.

We have had a great year for sales so far and we would like to thank everyone who has bought items or contributed materials to allow us to continue making our products.

Finally we wish everyone a Happy Easter. Enjoy the day and the chocolate and the family dinner. We can start that diet the next day.

Joyce Bulgin-Convenor



CURRENT EVENTS PLUS GROUP

The Group Gathers Every Wednesday
in the West Activity Room from 1:00 to 3:00 pm.

Come and join our "Group". The program consists of members getting to know each other through, sharing humour, discussing current local and world events, plus other subjects of interest. Pictures and videos related to the subjects of the day will be presented by a member and viewed on a large movie screen.

On entering, please sign in and deposit your \$0.50 in the
"Room Fee" basket.

Do come and enjoy each other's company.
See you all on Wednesday afternoons.

Carol McKnight
Convenor

Robin Bryan
Co-Convenor



Stay
Informed

LUNCH AND LEARN

Jackie Lee from the **Markham Community Library** came to **Lunch and Learn** in March to speak about the new resources available at the library and teach people how to download ebooks, audiobooks and magazines. I, for one, learned a good deal.

Did you know?

- If you go to a Library in **Vaughan or Richmond Hill**, you can get a Library card for both Libraries. You must go in person.
- The Library has a small device that will fit in your pocket for listening to audio books while working around the house or walking etc. It's called a **Playaway**.
- You can download both **e-books and audiobooks on the Library App**.
- You can also **access e-magazines, and newspapers** in through **Press Reader**.
- By accessing **Mango** on the Library site you can **learn many new languages**, including English, for those people in which English is a second language. This is free, only if you access **Mango** through the library
- Through **Hoopla and Kanopy** you can get free movies and audio books as well. These you can also find on the Library websites
- If you go through the **Lendery Library** and click the **Explore tab** you can access the Library's **SPECIAL COLLECTIONS** which includes **toys, sports equipment (bikes and e-bikes helmets, children's bike trailers etc), cameras and video equipment, tools, musical instruments excluding woodwind instruments etc**.
- Under **Explore Community**, you can access areas of interest to older adults which includes chair yoga, scam workshops, help with your taxes etc.

It's worth **browsing the website** and exploring all the new things that the Library of today has to offer the community. I think we all were impressed.

Donna Jacobs— Convenor



We meet from 1PM—4 PM every Thursday for a fun afternoon and camaraderie. If you are interested in learning a new card game or wish to renew your skills....

Contact the front desk.....

905-294-5111, Keith Shopman

TAI CHI

The new class under the baton of our new instructor, commenced on March 6th and will end on April 24th. A new session will commence on May 1st, details of which will be announced at a later date. A sign-up sheet will be at the front desk for your convenience.

“Tai Chi as we all know, is excellent for our minds and bodies. So, why not get enrolled for the next session commencing May 1st. Classes are every Wednesday from 10.30 am to 11:30 am in the Auditorium. Hope to see you there”

Convenor—May Annamunthodo



MELODY MAKERS

Come and enjoy the great music performed by our own Melody Makers

Concerts are performed on the last Monday of each month

April 29th & May 27th

11.30am -1.00pm. Entry Cost \$2.

Tea coffee and cookies. \$1



Djembe Drumming

Wednesdays Noon—1:00 p.m.

In the craft room.

Sign up at the front desk

MONDAY MORNING BRIDGE

Casual Bridge 9:00am - 11:30 am

Come out and enjoy a game with your friends and neighbours.

Margaret Crowley - Convenor



BIG CRAFT SALE

Friday May 10th

10:00am to 3:00 pm in Lobby

Lots of interesting items for sale

Come and check us out.

Wendy Wise



MY NEIGHBOUR WAS GETTING TIRED OF WAITING FOR SPRING.



I miss the good old days...
When you could actually have an opinion without Offending somebody.



Why Choose HearWay?

I have worked as a hearing instrument specialist at some reputable hearing clinics for the past 6 years. After gaining experience, I decided to open my own practice with a mission of delivering the highest quality of hearing healthcare to my patients. "Always delivering best practices with the client's lifestyle in mind."

My hearing clinic stands firmly on the core values of professionalism, reliability, care, and quality. I adopt a client-centric approach to carefully listen to your concerns and work with you to design customized treatment plans.

I am well-versed with the latest technologies and advancements in the hearing healthcare domain and focus on implementing the best industry practices. I am also the recipient of the 2021 Charles Holland Award, which represents a model of hearing excellence across Canada.



Lyle Mirrett, HIS
Hearing Instrument Specialist

Personalized Hearing Care

Whether you are facing hearing loss symptoms for the first time or need help with choosing the right hearing aid for your lifestyle, I am here to help.

- ✓ Free hearing tests and consultations
- ✓ Hearing healthcare education and more
- ✓ Hearing aid repairs
- ✓ Tinnitus management
- ✓ Mobile/At-Home Services
- ✓ Free hearing tests and consultations
- ✓ Lifetime hearing aid maintenance
- ✓ Hearing aid programming
- ✓ Free wax removal

4591 Hwy. 7, #115
Unionville, ON L3R 1M6

289.554.9754

www.hearway.ca





Your Dream Staycation Awaits!

Interested in seeing if premium senior living is right for you? Join us for a trial stay and treat yourself to a fall staycation. Take a break and enjoy a relaxing all-inclusive stay at Stouffville Creek Retirement Residence where you'll enjoy access to all the on-site amenities, activities, and services that our residence has to offer.

Included in your stay:

- Dining options with chef-prepared meals
- Your choice of activities and social events
- Access to premium amenities, including our hair salon, movie theatre and fitness centre
- Complimentary laundry service
- A charcuterie board, fresh fruit, and a bottle of bubbly upon arrival!

To learn more about our trial stay packages or to secure a spot, call Sang or Nalini at (905) 642-2902.

*Subject to availability

STOUFFVILLE CREEK
RETIREMENT RESIDENCE

INSPIRED SENIOR LIVING WITH 



MARKHAM DISTRICT VETERANS ASSOCIATION

NEW MEMBERS WELCOME

OUR MEMBERSHIP OFFERS:

CARDS/EUCHURE | OCCASIONAL MEALS/DINNERS
 MEAT DRAWS | KARAOKE | BUS TRIPS
 POOL TABLE | ELECTRONIC DART BOARDS

WE ALSO PLAN EVENTS FOR: NEW YEARS EVE, DINNERS AND DANCES, ROBBIE BURNS, ST. PATRICKS

AND TO EVERYONE, WE OFFER HALL RENTALS - PERFECT FOR:
 SHOWERS • WEDDINGS • BIRTHDAYS • DANCES
 CELEBRATIONS OF LIFE • SPECIAL OCCASIONS
 KITCHEN FACILITIES

CONTACT US TO INQUIRE!

905-294-3159 • MARKHAMVETERANS@ROGERS.COM • 7 WASHINGTON ST. MARKHAM ON, L3P 2R3



MARKHAM LITTLE THEATRE

2023 2024 SEASON



Bienvenue Oh Trout Lake
a midlife crisis cottage comedy
 by **Neil Marr**

Show Sponsor: **Albamar** HOLDING COMPANY INC.

Box office: 905-305-7469
 www.flatomarkhamtheatre.ca

GOODBYE WINTER

Hello Spring!

I hope everyone stays safe and well as we look forward to Spring and brighter days.




Karen Rea
 Ward 4 Councillor
 Tel. 905.479.7751


To keep informed on Markham and Ward 4 issues, visit:
www.karenrea.ca or email: krea@markham.ca

Officer: "Ma'am, you should know that driving slower than the speed limit is dangerous."

Elderly lady: "No sir, I was doing the speed limit exactly... 22 miles an hour!"

Officer: "Yeah... that's actually the route number, not the speed limit."

Elderly lady: "Oh, I see. I wish I had known that a minute ago back on route 119..."



Customized In-Home Care Services and Solutions



BECOME A MEMBER TODAY
Call (647) 490-1412 for a quick consultation

Home Concierge

Dixon-Garland Funeral Home
dixongarland.com | 905-294-2030



Oh ladybug,
I wish you joy
as you complete
your garden
chores. I'd like
to put aside
my work
and join you
in the
out-of-doors!

Unknown



Locally
Owned &
Operated

*Why cook
when you can
simply enjoy?*

With over 200 fully-prepared
frozen meals and free delivery*
**why not start a new tradition and
call today for your FREE menu!**

Made *for* Seniors

905-713-5718
HeartToHomeMeals.ca


**HEART TO
HOME MEALS**
DELICIOUS MEALS MADE FOR SENIORS™

* Some conditions may apply.



CALLING THE SHOTS NEVER GETS OLD

At Amica Senior Lifestyles, the day is yours to spend any way you wish. Whether you like to keep busy and stay social or relax and take things at your own pace, we'll work to discover what makes you, you. Together we'll create a senior living experience that's all yours, including personalized, professional care that evolves to meet your needs, even as those needs change. And, like spending the afternoon shooting the breeze, that never gets old.

CALL TODAY TO BOOK A TOUR & COMPLIMENTARY LUNCH

AMICA

SENIOR LIFESTYLES

AMICA UNIONVILLE • 905-947-9990

AMICA SWAN LAKE • 905-201-6058



We help seniors continue living in the place they want to be most: *home.*

 **Home Instead.**
To us, it's personal

Call (905) 604-4223 or visit HomeInstead.com/3052

PERSONAL CARE | MEALS & NUTRITION | MEMORY CARE
HOSPICE SUPPORT | COMPANIONSHIP | HOME HELPER

Each Home Instead® office is an independently owned and operated franchise of Home Instead, Inc., an Honor Company.

© 2023 Home Instead, Inc.



Bloom
 Stouffville
 Retirement Community

You will feel safe
You will have many services at your disposal
Our caring staff will be at your service

It is just as priceless
for us as it is for you!

Contact Ann for a personalized tour.

905 642-5626

135 Mostar St, Stouffville

BloomStouffville.ca

Apartments and services for retirees



2024 Notice of Election

VOTING DAYS

Monday, May 13th to Friday, May 17th

POLLING STATION HOURS

Monday to Thursday – 10:00 a.m. till 3:00 p.m.

Friday - 10:00 a.m. till 2:00 p.m.

VOTING REQUIREMENTS

To vote you must be a current member in good standing.

Please have your membership card available for presentation.

Nomination Committee

Chair – Mary Lou Busato

Gloria Smith

Ken Budarick

O.A.I.A. ELECTIONS 2024

Call for Nominations

Nominations may be submitted to the Nomination Committee via the nomination box at the Front Desk beginning Monday, April 8th until 1:00 p.m. Monday, April 29th.

Nomination forms can be obtained from the Front Desk. The Board positions to be filled are:

<u>POSITION</u>	<u>TERM</u>
PRESIDENT	2 YEARS
VICE PRESIDENT	1 YEAR
SECRETARY	2 YEARS
TREASURER	2 YEARS
2 - DIRECTORS AT LARGE	2 YEARS

Polling stations will be open from **10:00 a.m. till 3:00 p.m.** Monday, **May 13th** thru Thursday **May 16th** and from **10:00 a.m. till 2:00 p.m.** Friday, **May 17th**.

Nomination Committee

Mary Lou Busato, Gloria Smith, Ken Budarick

NOMINATION FORM – 2024

I hereby nominate: _____

for the position of _____ for a period of ____ year(s).

I hereby certify that I am a paid-up member of the O.A.I.A. and that I am entitled to make this nomination.

Date

Signature of Nominee

CONSENT OF NOMINEE

I am the person nominated above. I certify that I am a paid-up member of the O.A.I.A.
I agree to be nominated for a period of ____ years and will accept this office if I am elected.

Date

Signature of Nominee