

## MARKHAM SENIORS ACTIVITY CENTRE 22 WATER STREET, MARKHAM , ON

### PRESIDENT'S REPORT ... Mark Barrett



Hello again. As we welcome the spring and hopefully nice weather, don't forget Covid 19 with it's variants are still in circulation so we should take precautions. If you don't feel well for whatever reason, please, do not come to the club, stay home, test yourself and only come back when you are sure you it's safe for you and others to do so.

Our volunteer appreciation luncheon took place on Wednesday, April 17<sup>th</sup> at the Mandarin restaurant in Box Grove and was well attended. My thanks to all the deserving volunteers who earned their invitation along with a special thanks to Helena Miscampbell for managing the invitation list and for organizing the luncheon itself.

The next special event on the Club calendar is a luncheon on Friday, May 10<sup>th</sup> in honour of Mother's Day. Thanks go out to Jeanne Colvin and her helpers for organizing it.

Now, for an update on club elections. The members of the Nominations Committee are Mary Lou Busato, Gloria Smith & Ken Budarick. Nominations were accepted from April 8th to April 29<sup>th.</sup> The **acclaimed** board members are: President - Les Miscampbell, Vice President - Mike Hayes, Secretary - Debra Conrad Knight and Treasurer - Carl Veecock. Congratulations to all the acclaimed candidates.

There will be an election to fill <u>two</u> Director at Large, <u>two year</u> positions. The declared slate of candidates are, Donna Jacobs, Norma Matus and Wendy Wise. My thanks and appreciation go out to all the candidates who accepted a nomination to run for a Board position.

The election will be held Monday, May 13<sup>th</sup> thru Thursday, May 16<sup>th</sup> from 10:00 am to 3:00 pm and Friday May 17<sup>th</sup> from 10:00 am to 2:00 pm. You must be a current member in good standing to cast a vote. **Please have your membership card available for presentation.** 

The new board will hold their first meeting on Tuesday, June 11<sup>th</sup>.

Enjoy your Club, wear a smile and don't forget to thank the volunteers who run your favourite activities. Your offer to help them with setup and cleanup is always welcome.

Markham Seniors Activity Centre - 22 Water Street, Markham, ON L3P 7P9

Phone: 905-294-5111 OAIA website: http://www.markhamseniorcentre.com

The News & Views is published nine times annually

<u>President</u> Mark Barrett	
<u>Vice President</u> Les Miscampbell	
<u>Secretary</u> Debra Conrad-Knight	
<u>Treasurer</u> Carl Veecock	
<u>Assistant Treasurer</u> Gladys Hamilton	
<u>Membership Director</u> Joan Green	
Program Directors Susan Flatt Keith Shopman Wendy Wise Norma Matus Carol Sparks	
<u>News &amp; Views Publisher</u> Joan Green	
<u>Proofreader</u> Helena Miscampbell	
<u>Invoice Clerk</u> Audrey Hillis	
<u>Webmaster</u> Frank Dittmann	

### MARKHAM SENIORS ACTIVITY CENTRE

### 2024 BUILDING CLOSURE DATES

DATE	HOLIDAY/REASON FOR CLOSURE
Monday, February 19th	Family Day
Friday, March 29th	Good Friday
Monday, April 1 <sup>st</sup>	Easter Monday
Monday, May 20th	Victoria Day
Monday, July 1*	Canada Day
Monday, August 5th	Civic Holiday
Friday, August 16ª @ 5pm to Sunday, September 1ª , 2024	Annual Building Maintenance
Monday, September 2nd	Labour Day
Monday, October 14th	Thanksgiving
Friday, December 20th	CLOSES AT 5:00pm
Saturday, December 21ª to Wednesday, January 1ª	Closed for the Holidays



Newsletter Contact- newsandviewsmarkham@gmail.com

<u>Note-</u> Members are reminded both they and the public can view the newsletter at: <u>www.markhamseniorcentre.com</u>. Use caution before providing personal Information.



**<u>DISCLAIMER</u>** The publication of any advertisements in this newsletter is not to be construed as an endorsement of the product or service offered unless it is strictly stated in the ad that there is an endorsement or approval.



# MOTHER'S DAY LUNCH FRIDAY—MAY 10TH 12:00—2.00 pm Cost \$20.00

Menu:

Lemon Chicken Roast Potatoes Vegetables Desert, Tea and Coffee.



Door prizes and prizes for best outfit and hat.

Ticket Sales start:Monday, April 8th for MembersMonday, April 29th for Non Members

Purchase tickets at the Front Desk



The Group Gathers Every Wednesday in the West Activity Room from 1:00 to 3:00 pm.

Come and join our "Group". The program consists of members getting to know each other through, sharing humour, discussing current local and world events, plus other subjects of interest. Pictures and videos related to the subjects of the day will be presented by a member and viewed on a large movie screen.

On entering, please sign in and deposit your \$0.50 in the "Room Fee" basket.

> Do come and enjoy each other's company. See you all on Wednesday afternoons.

Carol McKnight Convenor Robin Bryan Co-Convenor



## <u>TAI CHI</u>

The next session of Tai Chi will commence on Wednesday, May 1, 2024, to Wednesday, June 26, 2024 - 7 classes. There will be no classes on Wednesday, June 12, 2024, and on Wednesday, June 19, 2024. There will be no Summer classes in July and August. Classes will resume in September in the Fall. The instructor will be unavailable on June 12th and on June 19th.

May Annamunthodo - Convenor

Nancy Kamanga - Co-Convenor



### MELODY MAKERS

Come and enjoy the great music performed by our own Melody Makers

Concerts are performed on the last Monday of each month

May. 27th

11.30am -1.00pm. Entry Cost \$2.

Tea coffee and cookies. \$1





© dak

## BOOK CLUB 2

Convenor - Donna Jacobs Co-convenor Bev Blampied

We continue to enjoy meeting every second Wednesday of the month from 1:00 pm to 3:30 pm to discuss a wide variety of books, providing different perspectives and ratings for each. Last month we read "The Art of Hearing Heartbeats" by Jan-Philipp Sendker and were joined by our director, Susan Flatt. This month we are reading "Big Little Lies" by Liane Moriarty.



### **KNITTING**

Hello Everyone, welcome to the season of Spring.

The Ladies of the Knitting group are looking forward to spending the Spring and Summer months being social and continuing our efforts to keep the closets filled up and ready in case you would like to buy an item for yourself or a friend. We are trying to keep up with the Summer fashions. We have also added some household items that might attract your attention.

We hope you enjoyed the Easter festivities and are looking forward to a long and warm summer. For anyone going away for the full two months have a great time and be safe.

The activities around town are getting underway and soon Main St. will be bustling again; take the chance and participate.



Joyce Bulgin-Convenor

## TRAVEL DESK

Our first trip was very successful......Jersey Boys at the Hamilton Theatre in Cambridge.

Great group with lots of good comments.

Our Second trip "Sentimental Journey 2" sold out in 2½ weeks. If you are interested, please sign up on the Wait List at the Travel Desk. We have already replaced 4 people and sometimes have last minute cancellations. As we all know, there are no refunds once you have booked a trip unless you find your own replacement or we use the wait list (if available). This trip is on Thursday, May, 9th.

We have also launched our third trip "A Day In Niagara" on Thursday June 13th. It Includes free time for shopping or strolling on the main street at Niagara-on-the-Lake, check out the bakery, sit and have a coffee, or enjoy the park near the Prince of Wales Hotel. We will enjoy a delicious buffet lunch at this Hotel. Next, we will visit Picard's Peanuts and Chocolate F/X.



Our final visit will be Niagara College Winery where we will learn all about the processes of producing wine. We will have a chance to sample three VQA Niagara College Wines. There are still seats available. We require a minimum of 40 People per trip.



Please drop by the Travel Desk anytime and have a look at the list of our trips for 2024. Thanks for travelling with us and look forward to our next trip.

Mary Lou Busato. Convenor

### LUNCH AND LEARN

Last month Becky Wicks, a jazz piano player, was our entertainment. A few people danced. Becky provided a very difficult music quiz. The winning table of ladies were Gladys Hamilton, Norma Matus, Joan Green, Shelagh De Savoye, and Carol Sparks. Amica will be providing May's Lunch and Learn entertainment. Come and learn about the history of musicals in Hollywood and enjoy the treat Amica will be providing



### **GARDENS**

Several people have relinquished their plots this year so there are some remaining. If you still would like one, there is a sign up sheet in the binder at the front desk. In the event that they are not taken by May 24, those who already have a plot may take a second. My number is listed in the book in order to hand in your money (\$20), pick up a key and receive some fertilizer.

Donna Jacobs Convenor



We meet from 1PM—4 PM every Thursday for a fun afternoon and camaraderie. If you are interested in learning a new card game or wish to renew your skills....

Contact the front desk...... 905-294-5111, Keith Shopman

Come and Join our Canasta Group

## **Djembe Drumming**

Wednesdays Noon—1:00 p.m.

In the craft room.

Sign up at the front desk

### MONDAY MORNING BRIDGE

Casual Bridge 9:00am - 11:30 am

Come out and enjoy a game with your friends and neighbours.

Margaret Crowley - Convenor



### **BIG CRAFT SALE**

Friday May 10th 10:00am to 3:00 pm in the lobby Lots of interesting items for sale Come and check us out.

Wendy Wise



People who ask me what I'm doing tomorrow probably assume that I even know what day of the week it is. Yesterday my husband thought he saw a cockroach in the kitchen. He sprayed everything down and cleaned thoroughly. Today I'm putting the cockroach in the bathroom.

#### **OAIA News & Views**

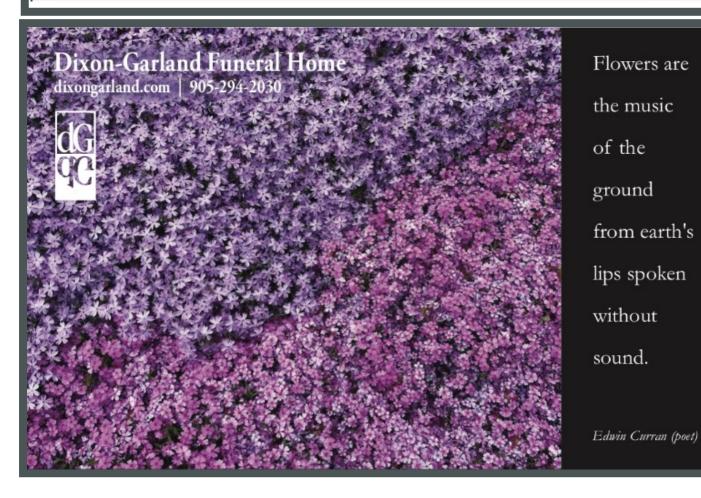


**OAIA News & Views** 

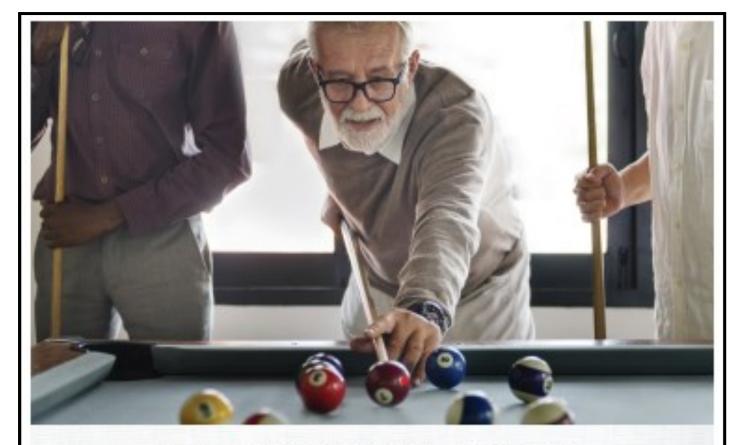
# **Customized In-Home Care** Services and Solutions



# Home



Flowers are the music of the ground from earth's lips spoken without sound.



# CALLING THE SHOTS NEVER GETS OLD

At Amica Senior Lifestyles, the day is yours to spend any way you wish. Whether you like to keep busy and stay social or relax and take things at your own pace, we'll work to discover what makes you, you. Together we'll create a senior living experience that's all yours, including personalized, professional care that evolves to meet your needs, even as those needs change. And, like spending the afternoon shooting the breeze, that never gets old.

CALL TODAY TO BOOK A TOUR & COMPLIMENTARY LUNCH

# AMICA

SENIOR LIPESTYLES

AMICA UNIONVILLE • 905-947-9990 AMICA SWAN LAKE • 905-201-6058

# Your Dream Staycation Awaits!

Interested in seeing if premium senior living is right for you? Join us for a trial stay and treat yourself to a fall staycation. Take a break and enjoy a relaxing all-inclusive stay at Stouffville Creek Retirement Residence where you'll enjoy access to all the on-site amenities, activities, and services that our residence has to offer.

Included in your stay:

- Dining options with chef-prepared meals

- Your choice of activities and social events

Access to premium amenities, including our hair salon, movie theatre and fitness centre
Complimentary laundry service
A charcuterie board, fresh fruit, and a bottle of bubbly upon arrival!

To learn more about our trial stay packages or to secure a spot, call Sang or Nalini

at (905) 642-2902.

\*Subject to availability

# STOUFFVILLE CREEK

RETIREMENT RESIDENCE





# Locally Owned & Operated Why cook when you can simply enjoy?

With over 200 fully-prepared frozen meals and free delivery\* why not start a new tradition and call today for your FREE menu!





"Some conditions may apply.



You will feel safe You will have many services at your disposal Our caring staff will be at your service

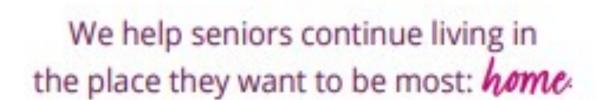
# It is just as **priceless** for us as it is for you!

Contact Ann for a personalized tour.

905 642-5626 135 Mostar St. Stouffville

BloomStouffville.ca Apartments and services for retirees





# Home Instead. To us, it's personal

Call (905) 604-4223 or visit HomeInstead.com/3052

PERSONAL CARE | MEALS & NUTRITION | MEMORY CARE HOSPICE SUPPORT | COMPANIONSHIP | HOME HELPER

Tach Home Initead\* office is an independently owned and operated tranchise of Home Initead, Inc., an Honor Company. © 2023 Home Instead, Inc.

# Why Choose HearWay?

I have worked as a hearing instrument specialist at some reputable hearing clinics for the past 6 years. After gaining experience, I decided to open my own practice with a mission of delivering the highest quality of hearing healthcare to my patients."Always delivering best practices with the client's lifestyle in mind."

My hearing clinic stands firmly on the core values of professionalism, reliability, care, and quality. I adopt a client-centric approach to carefully listen to your concerns and work with you to design customized treatment plans.

I am well-versed with the latest technologies and advancements in the hearing healthcare domain and focus on implementing the best industry practices. I am also the recipient of the 2021 Charles Holland Award, which represents a model of hearing excellence across Canada.



Lyle Mirrett, HIS Hearing Instrument Specialist

# Personalized Hearing Care

Whether you are facing hearing loss symptoms for the first time or need help with choosing the right hearing aid for your lifestyle, I am here to help.

- Free hearing tests and consultations
- Hearing healthcare education and more
- Hearing aid repairs
- Tinnitus management.
- Mobile/At-Home Services

- Free hearing tests and consultations
- Lifetime hearing aid maintenance
- Hearing aid programming
- Free wax removal

4591 Hwy. 7, #115 Unionville, ON L3R 1M6 289.554.9754 www.hearway.ca



# 2024 Notice of Election

## **VOTING DAYS**

Monday, May 13<sup>th</sup> to Friday, May 17<sup>th</sup>

## **POLLING STATION HOURS**

Monday to Thursday – <u>10:00 a.m. till 3:00 p.m.</u>

Friday - 10:00 a.m. till 2:00 p.m.

## **VOTING REQUIREMENTS**

To vote you must be a current member in good standing. <u>Please</u> <u>have your membership card available for presentation.</u>

Nomination Committee

Chair – Mary Lou Busato

**Gloria Smith** 

Ken Budarick

A group of 12 women were at a seminar on how to live in a loving relationship with their husbands. The women were asked "How many of you love your husband?" All the women raised their hands.

Then they were asked, "When was the last time you told your husband you loved him?" Some women answered today, a few yesterday and some couldn't remember.

The women were then told to take out their cellphones and text their husband "I love you, sweetheart."

Next, the women were instructed to exchange phones with another woman and read aloud the text message they received in response to their message.

Below are 12 actual hilarious replies from their husbands.

If you have been married for quite a while, you understand that these replies are a sign of true love. Who else would reply in such a succinct and honest way?

- 1. Who the hell is this?
- 2. Hey, mother of my children, are you sick or what?
- 3. Yeah, and I love you too. What's wrong?
- 4. What now? Did you wreck the car again?
- 5. I don't understand what you mean?
- 6. What the hell did you do now?
- 7. Are you sure this is for me?
- 8. Don't beat about the bush, just tell me how much you need?
- 9. Am I dreaming?
- 10. If you don't tell me who this message is for, someone will die.
- 11. I thought we agreed you wouldn't drink during the day.
- 12. Your mother is coming to stay with us, isn't she?



**OAIA News & Views** 

