



NEWS

JUNE 2024

AND

VIEWS

MARKHAM SENIORS ACTIVITY CENTRE 22 WATER STREET, MARKHAM, ON

PRESIDENT'S REPORT... Mark Barrett



Hello Everyone,

This will be my final report to you as President. This Club became my refuge, and it sustained me whenever I was going through difficult times in my personal life. Those I met here who became my close confidants listened patiently to my stories and were there when I needed a friend. For that I'll be forever grateful.

My time as President has been both challenging and gratifying. There hasn't been a day during my tenure that I didn't think about this Club and contemplated on what I could do to make it better. I gave it my best and I was well rewarded with positive feedback.

I was privileged to be joined by Boards of Directors who also were not satisfied with the status quo and regularly focused on improvement. We achieved a large measure of success that we can be proud of. I have many fond memories of my time on the Board coupled with a few frustrations along the way but, no matter what, I always enjoyed my interactions with my fellow Board members and with you, our Members.

I'm looking forward now to having unfettered time and the freedom to pursue my hobbies and interests including reading, music, travel, golf and hanging out with family and friends. I imagine the joy of waking without an agenda, leisure time without worrying I might let something fall through the cracks, and no more anxious phone calls or emails. Yes, there are compensations in life's transitions!

Thank you for your kind wishes and thank you for your support and friendships during the time I was privileged to serve as your President. This is a great Club and my fervent wish is it will continue to fulfill its mandate and that each one of you will be happy and feel welcome here.

You have a new Board of Directors for 2024 – 2025. To my successor and all the Board Members I wish you smooth sailing.

Sincerely Mark

Markham Seniors Activity Centre - 22 Water Street, Markham, ON L3P 7P9

Phone: 905-294-5111 OAIA website: www.markhamseniorcentre.com

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MARKHAM SENIORS ACTIVITY CENTRE

2024 BUILDING CLOSURE DATES

DATE	HOLIDAY/REASON FOR CLOSURE
Monday, February 19 th	Family Day
Friday, March 29 th	Good Friday
Monday, April 1 st	Easter Monday
Monday, May 20 th	Victoria Day
Monday, July 1 st	Canada Day
Monday, August 5 th	Civic Holiday
Friday, August 16 th @ 5pm to Sunday, September 1 st , 2024	Annual Building Maintenance
Monday, September 2 nd	Labour Day
Monday, October 14 th	Thanksgiving
Friday, December 20 th	CLOSES AT 5:00pm
Saturday, December 21 st to Wednesday, January 1 st	Closed for the Holidays

HAPPY
Father's
DAY

Newsletter Contact - newsandviewsmarkham@gmail.com

Note - Members are reminded both they and the public can view the newsletter at:
www.markhamseniorcentre.com. Use caution before providing personal information.



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MOTHER'S DAY LUNCHEON

A wonderful Mother's Day Luncheon was held on Friday, May 10, 2024. This sold-out event, organized by Jeanne Colvin, was attended by over 90 people. Participants enjoyed entertainment, a delicious meal provided by Folco's Ristorante, and many door prizes. We wish to thank the following community sponsors who generously contributed door prizes for our luncheon:

Melanie Cramp Amica Unionville

Pamela Nitert Amica Swan Lake

Nalini Soeshankar Stouffville Creek Retirement Residence

Jessica Heryln Buckingham Manor Retirement Residence

Ann Corrigan Bloom of Stouffville Retirement Community

Esther Cho Chartwell Rouge Valley Retirement Residence

Michael Chan Deputy Mayor, City of Markham

Paul Cicchini Duchess of Markham

Mario Folco Folco's Ristorante

Bala Ithaca Restaurant

Mike Williamson Loblaws Bullock Drive

Jerry Lin Mandarin Restaurant (Copper Creek)

Jayden Johnston Metro Stouffville

Peter & Suzi No Frills Markham (Galsworthy)

VanSpall's No Frills Markham (16th & Markham Road)

Shaminder Khalon Shoppers Drug Mart (Galsworthy)

Sebastian T & T Bakery & Café

I would also like to thank the special people who volunteered their time to support this event. Without them, the Mother's Day Luncheon would not have been a success:

Muriel Thompson for the lovely floral table centre pieces, Les Miscampbell and Al Falcao for tunes on the piano, Wendy Wise MC, and the amazing kitchen staff: Mary Lou Busato, Joan Green, Margaret Hawryluk, Jean Evelyn, Gloria Smith, Heather Lamacchia, Donna McGraw, Margaret Crowley, and Esther Moressi.

Many, many thanks. Jeanne Colvin, Convenor

CURRENT EVENTS PLUS GROUP

The Group Gathers Every Wednesday
in the West Activity Room from 1:00 to 3:00 pm.

Come and join our "Group". The program consists of members getting to know each other through, sharing humour, discussing current local and world events, plus other subjects of interest. Pictures and videos related to the subjects of the day will be presented by a member and viewed on a large movie screen.

On entering, please sign in and deposit your \$0.50 in the
"Room Fee" basket.

Do come and enjoy each other's company.
See you all on Wednesday afternoons.

Carol McKnight
Convenor

Robin Bryan
Co-Convenor

**What's
Happening**



TAI CHI

The present Tai Chi session will end on June 26, 2024. A new session will commence on Wednesday, September 4, 2024, from 10.30 am. to 11.30 am in the Auditorium. There will be no classes during the Summer months (July & August) as the Auditorium will not be available. A sign-in sheet is available at the front desk for your name, address and tel. #. More information will be given at a later date. The consensus of opinion, as we are all aware, is that Tai Chi is excellent, not only for your body, but also for your mind. The following comments are stated by James Poole who is a member of O.A.I.A.

"Evaluation of the Tai Chi program at the Markham Seniors Centre"

"I have participated in Tai Chi for the last 5 years excluding the suspension during COVID. The In-structors have been excellent teachers and I have found that I have benefitted from their instruction in my Tai Chi. My balance has improved as well as my coordination and I have come to understand a little better the philosophy of Tai Chi and how it can affect your wellbeing in a positive way. One of the Instructor's use of the charts have proven to be helpful and the introduction of the smart bag has benefitted me although I think some members would prefer other methods for warming up and preparation. I will continue to enroll in the Tai Chi class for all the reasons stated above". - Jim Poole



TAI CHI EXERCISES

May Ammamunthodo - Convenor

Nancy Kamanga - Co-Convenor

KNITTING

Hello everyone.

Well do we think Summer is on its way? Things are brightening up with the early flowers coming up.

We would like to remind the members that the knitting group continues to meet over the summer. Please come in and inquire if we can fill your needs.

Recently the Craft group had a successful sale in the front lobby.

We will be having a sale at the end of June just before the club winds down for the months of July and August. Please look for our flyers on the bulletin boards in the lobby. The group will update the cabinet with some of the articles we will have for sale.

Finally have a great Summer, be safe and enjoy the weather.

Joyce Bulgin - Convener

MELODY MAKERS

Thank you all who gave support to this great band.

No concerts until September, last Monday of each month.

Thank you all again.

Norma Matus—Convenor



WEDNESDAY AFTERNOON BOOK CLUB

We have come to the end of the year with one more meeting on June 12th where we will discuss *The Orphan Train* by Christine Baker Kline. Last month we talked about *Big Little Lies* by Lianne Moriarty. I will be taking a break over the summer. If you would like to continue call Susan Flatt. She will take a group over the summer if enough of our group is interested. I will begin again in September. I will be putting a new page in the activity book, for sign-up on August 19th.

Donna Jacobs—Convenor



We meet from 1PM—4 PM every Thursday for a fun afternoon and camaraderie. If you are interested in learning a new card game or wish to renew your skills....

Contact the front desk.....

905-294-5111, Keith Shopman

Djembe Drumming

Wednesdays Noon—1:00 p.m.

In the craft room.

Sign up at the front desk

MONDAY MORNING BRIDGE

Casual Bridge 9:00am - 11:30 am

Come out and enjoy a game with your friends and neighbours.

Margaret Crowley - Convenor



FROM THE TRAVEL DESK

We are pleased to announce that “A Day in Niagara” will be a go. It started off slowly, but in the last couple of weeks, we have had a lot of interest and now have the required minimum number of people. This trip is on Thursday, June 13th. It includes free time for shopping at Niagara-on-the-Lake. Next enjoy a delicious buffet lunch at the Prince of Wales Hotel. A visit to Pickard’s Peanuts and FX Chocolates will follow. Our final stop will be at Niagara College Winery. You will learn about the processes of producing wine. Sample three VQA Niagara College Wines. Seats still available.

On Tuesday, May 21st, we will launch our 1000 Islands Cruise and Kingston City Tour (on the bus with a step-on guide). This trip will be on Thursday, July 11th. See the flyer at the Travel Desk and choose your meal at the time of booking your trip.



This will be our last News and Views until September. Please check at the Travel Desk for future trips coming up in September, October and November.

We have had a request to get tickets for the Mirvish Show “Come From Away” later this year. We have stayed away from their shows as you must put up a non refundable deposit which is quite a large amount. This would only be applicable if we have to cancel the bus. Times have changed since COVID-19, and we may not always be able to fill a bus. We will look at this option over the summer and work with our Board and our Provider to hopefully come up with a solution acceptable to all. Anyone interested in this trip (December or January, if they extend it), give your name and phone number to the Travel Desk.

Have a happy and safe summer.

Mary Lou Busato, Convenor

O.A.I.A. ELECTION 2024

We completed a week (May 13 – 17 inclusive) of voting for our 2024 election. There were 6 positions open this year. It looked, at one point, that we may not need an election as some nominees went in acclaimed. Those positions were as follows: Our President, Vice-President, Treasurer and Secretary. We still required **two Director at large** positions to be decided from three members nominated. It was a tough decision as all three were well qualified. The City of Markham representatives, Emily and Sean, were on site to count the ballots at the close of voting on Friday, May 17th. Mary Lou, from our nominee committee, was also present.

A special thank you to all the candidates who participated.

We would like to thank all the members who took the time to exercise their right to vote. We had an impressive 409 people cast ballots and no spoiled ones.

The final results for the 2024 election are as follows:

President – Les Miscampbell (acclaimed)

Vice-President - Mike Hayes (acclaimed)

Treasurer – Carl Veecock (acclaimed)

Secretary – Debra Conrad Knight (acclaimed)

Director at large 2 year term – Wendy Wise (elected)

Director at large 2 year term – Norma Matus (elected)

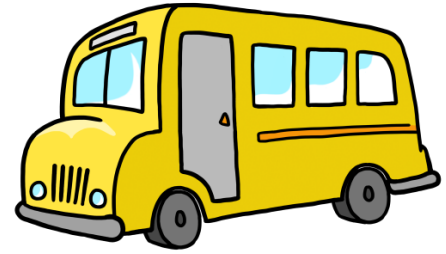
Congratulations to all our winners.

The Nominee Committee – Gloria Smith, Ken Budarick, Mary Lou Busato



Did you know if you can't get to the Senior Centre on your own, you can call the YRT's over 65 program. Call 1-866-744-1119 early in the morning and request a ride within 5 kilometers for \$2.75 if you have a presto card and \$4.25 if you are paying by another method.

Donna Jacobs



GARDENS

Well our gardens are planted and looking good. This is Lynne's first year with a garden plot. We wish you a healthy harvest.



I have replaced the missing handle for the faucet with a key which is kept in the bin beside the fence. I am now trying to fix the handle itself which may be done by the time this newsletter comes out. The nozzle, which is leaking, may just need a new washer.

Any tools, fencing, poles or tomato cages left out are for anyone's use.

At some point in the coming weeks, I hope to clean out our shed. If anyone is interested in helping clean out the shed call me at 426-540-6371.

Donna Jacobs—Convenor



WEDNESDAY MORNING BOOK CLUB



There are openings for a few more members to the book club. You are invited to sign up at the front desk if you are interested in joining us.

The meetings are held in the boardroom on the first Monday of each month from 10:00am until noon. You will be provided each month with a book which is selected from the Public Library. If you are a reader, it's a great way to be introduced to new authors. \$.50 cent facility fee.

Diane Vanderwal - Convener



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2 ACROSS

by Jerry Mayer

September 2024			
WED	THUR	FRI	SAT
11 TH 8PM	X	13 TH 8PM	14 TH 2PM/8PM
18 TH 8PM	19 TH 8PM	20 TH 8PM	21 TH 8PM

AGATHA CHRISTIE'S A MURDER IS ANNOUNCED

adapted by Leslie Darbon

November 2024			
WED	THUR	FRI	SAT
20 TH 8PM	21 TH 8PM	22 NO 8PM	23 RD 2PM/8PM

RUMORS

by Neil Simon

February 2025			
WED	THUR	FRI	SAT
12 TH 8PM	13 TH 8PM	14 TH 8PM	15 TH 2PM/8PM

THE WILD WOMEN OF WINEDALE

by Jones, Hope & Wooten

April/May 2025			
WED	THUR	FRI	SAT
30 TH 8PM	1 ST 8PM	2 NO 8PM	3 RD 2PM/8PM

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Happy Canada Day!




Karen Rea

Ward 4 Councillor
Tel. 905.479.7751

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of the
ground
from earth's
lips spoken
without
sound.

Edwin Curran (poet)



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Can you find all the words hidden in this puzzle?

V	C	N	A	S	P	T	D	F	P	N	C	E	T	T
E	T	E	D	E	T	E	C	T	I	V	E	V	S	S
N	C	I	N	A	H	C	E	M	L	P	L	F	D	I
G	M	B	I	H	T	C	S	M	O	W	M	E	O	T
I	F	U	R	E	H	C	A	E	T	N	V	H	E	N
N	A	I	C	I	S	U	M	Y	E	F	S	C	I	E
E	S	L	C	N	A	D	I	V	H	C	L	R	O	D
E	C	D	O	C	T	O	R	R	L	A	W	Y	E	R
R	I	E	P	D	A	U	T	H	O	R	A	Z	T	A
W	E	R	T	I	R	C	H	E	M	B	T	R	E	P
E	N	V	S	E	T	L	T	R	I	D	A	I	L	J
I	T	A	E	N	I	T	P	O	C	Z	E	N	H	V
Y	I	M	L	C	S	H	A	F	R	O	D	L	T	R
T	S	H	V	E	T	E	R	I	N	A	R	I	A	N
A	T	U	A	N	O	R	T	S	A	Y	D	C	H	A

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Teacher

Lawyer

Actor

Pilot

Detective

Scientist

Athlete

Dentist

Astronaut

Musician

Veterinarian