

**PLEASE NOTE: PROGRAMS AND ACTIVITES ARE SUBJECT TO CANCELLATION OR RELOCATION DURING THE SUMMER MONTHS. CHECK WITH THE CONVENOR OR THE FRONT DESK FOR FURTHER INFORMATION**

Updated  
Jan 28, 2026

**DROP IN PROGRAMS- PRE- REGISTRATION IS NOT REQUIRED**

<u>DAY</u>	<u>PROGRAM</u>	<u>TIME</u>	<u>COST</u>	<u>ROOM</u>	<u>CONVENOR</u>	<u>DIRECTOR</u>
<b>Monday</b>	Badminton	7:00 pm - 9:30 pm	\$0.50	Auditorium	Arun Dewan	Carol
	Bid Euchre	6:30 pm - 10:00 pm	\$2.00	Craft	Ken Budarick	Janet
	Casual Bridge	9:00 am - 12:00 pm	\$0.50	Craft	Margaret Crawley	Keith
	Mah-Jong	1:00 pm - 4:30 pm	\$0.50	Craft	Virginia Guevera	Keith
	Melody Makers - Last Monday	11:30 am - 12:30 pm	\$2.00	Auditorium	Norma Matus	Norma
	Pickle Ball	9:00 am - 11:30 am	\$0.50	Auditorium	Cha Pin Lee	Carol
	Snooker	8:30 am - 10:00 pm	\$0.50	Snooker	Steve Riesberry	Carol
	Table Tennis	1:00 pm - 4:30 pm	\$0.50	East/West	Alphie Cheng	Carol
<b>Tuesday</b>	Table Tennis	9:00 am - 11:30 am	\$0.50	West	Alphie Cheng	Carol
	Cribbage	1:00 pm - 3:30 pm	\$0.50	West	Jeanne Lafond	Keith
	Mah-Jong	1:00 pm - 4:30 pm	\$0.50	Craft	Sashi Chitharanjan	Keith
	Pickle Ball	7:00 pm - 9:30 pm	\$0.50	Auditorium	Cha Pin Lee	Carol
	Snooker	8:30 am - 10:00 pm	\$0.50	Snooker	Steve Riesberry	Carol
<b>Wednesday</b>	Badminton	9:00 am - 11:30 am	\$0.50	Cornell	Arun Dewan	Carol
	Band Practice	9:30 am - 11:30 am	\$1.00	Craft	Betsy Duffy	Norma
	Book Club (1st Wed of Mth)	10:15 am - 12:00 pm	\$0.50	Board Room	Susan Flatt	Janet
	Book Club (2nd Wed of Mth)	1:00 pm - 3:00 pm	\$0.50	Board Room	Donna Jacobs	Janet
	Current Events Plus	1:00 pm - 3:00 pm	\$1.00	West	Jan Jang	Janet
	Euchre	12:30 pm - 3:00 pm	\$2.00	Auditorium	Blair Simpson	Norma
	Knitting	1:30 pm - 4:00 pm	\$0.00	Craft	Valerie McCune	Wendy
	Snooker	8:30 am - 10:00 pm	\$0.50	Snooker	Steve Riesberry	Carol
	Pickleball	6:00 pm - 9:30 pm	\$0.50	Auditorium	Alphie Cheng	Carol
	Volleyball	1:30 pm - 3:30 pm	\$0.50	Cornell	Joe Signorello	Carol
<b>Thursday</b>	Canasta	12:30 pm - 4:00 pm	\$0.50	West	Keith Shopman	Keith
	Crafts	1:00 pm - 3:30 pm	\$0.00	Craft	Wendy Wise	Wendy
	Cribbage	1:00 pm - 3:30 pm	\$0.50	East	Jeanne Lafond	Keith
	Pickleball	11:30 am - 1:30 pm	\$0.50	Auditorium	John Varone	Carol
	Pickleball	3:00 pm - 4:45 pm	\$0.50	Auditorium	Kai Mark	Carol
	Snooker	8:30 am - 5:00 pm	\$0.50	Snooker	Steve Riesberry	Carol
	Wood Carving	9:00 am - 12:00 pm	\$0.50	West	Zdenek Brezina	Carol
<b>Friday</b>	Badminton	9:00 am - 11:30 am	\$0.50	Cornell	Arun Dewan	Carol
	Chess	10:00 am - 12:00 pm	\$0.50	Craft	Frank Dencshazi	Norma
	Bridge (Duplicate)	1:00 pm - 4:30 pm	\$1.00	Craft	Bob Ysseldyk	Keith
	Pickleball	1:00 pm - 2:30 pm	\$0.50	Auditorium	Clarence Jones	Carol
	Pickleball	2:45 pm - 4:45 pm	\$0.50	Auditorium	Clarence Jones	Carol
	Snooker	8:30 am - 5:00 pm	\$0.50	Snooker	Steve Riesberry	Carol
	Table Tennis	9:00 am - 12:30 pm	\$0.50	East/West	Eric Tam	Carol

**INSTRUCTIONAL PROGRAMS - PRE-REGISTRATION IS REQUIRED**

Check with the Front Desk (905) 294-5111 or the Program Convenor for availability, dates, # of classes & cost

<u>DAY</u>	<u>PROGRAM</u>	<u>TIME</u>	<u>ROOM</u>	<u>CONVENOR</u>	<u>DIRECTOR</u>
<b>Monday</b>	Ultra Line Dancing	12:00 pm - 1:00 pm	Auditorium	Norma Matus	Norma
	Beginner Line Dancing	1:15 pm - 2:15 pm	Auditorium	Joyce McDowell	Norma
	Line Dancing	2:30 pm - 4:00 pm	Auditorium	Dianne Sweeney	Norma
<b>Tuesday</b>	Exercise	9:00 am - 10:00 am	Auditorium	Lyn Bryan	Wendy
	Exercise	10:15 am - 11:15 am	Auditorium	Dan Gilligan	Wendy
	Water Colours	9:30 am - 12:00 pm	East	Stella Carageorgopoulos	Janet
	Water Colours	1:00 pm - 3:30 pm	East	Susan Flatt	Janet
	Yoga	1130 am - 12:30 pm	Auditorium	Ruth MacCharles	Wendy
	Zumba Gold	1:15 pm - 2:15 pm	Auditorium	Susan Flatt	Janet
	Zumba Gold	2:30 pm - 3:30 pm	Auditorium	Judy Menlove	Janet
<b>Wednesday</b>	Acrylics	9:30 am - 12:00 pm	East	Karyn Lockhart	Janet
	Acrylics	1:00 pm - 3:30 pm	East	Karyn Lockhart	Janet
	Djembe Drumming	11:50 pm - 12:50 pm	Craft	Diana Baron	Norma
	Line Dancing	3:30 pm - 5:00 pm	Auditorium	Carol Sparks	Norma
	Osteo Fitness	9:00 am - 10:00 am	Auditorium	Lyn Bryan	Wendy
	Tai Chi	10:30 am - 11:30 am	Auditorium	Donna Jacobs	Keith
<b>Thursday</b>	Exercise	9:00 am - 10:00 am	Auditorium	Lyn Bryan	Wendy
	Exercise	10:15 am - 11:15 am	Auditorium	Suzen Fromstein	Wendy
	Osteo Fitness	1:45 pm - 2:45 pm	Auditorium	Susan Crawford	Wendy
<b>Friday</b>	Osteo Fitness	9:00 am - 10:00 am	Auditorium	Lyn Bryan	Wendy
	Yoga	10:15 am - 11:15 am	Auditorium	Wendy Wise	Wendy