

OAIA

# News & Views

Vol. XVIII

Wednesday April 1, 2026

\$0.00



# Happy Easter!

President  
**Les Miscampbell**

Vice President  
**Susan Flatt**

Secretary  
**Debra Conrad-Knight**

Treasurer  
**Carl Veacock**

Assistant Treasurer  
**Michelle Perry**

Membership Director  
**Mark Barrett**

Programme Directors  
**Janet Anderson**  
**Norma Matus**  
**Keith Shopman**  
**Carol Sparks**  
**Wendy Wise**

Editor In Chief  
**Peter Robinson**

Webmaster  
**Frank Dittmann**

<b>Date</b>	<b>Reason For Closure</b>
Monday, February 16 <sup>th</sup>	Family Day
Friday, April 3 <sup>rd</sup>	Good Friday
Monday, April 6 <sup>th</sup>	Easter Monday
Monday, May 18 <sup>th</sup>	Victoria Day
Wednesday, July 1 <sup>st</sup>	Canada Day
Monday, August 3 <sup>rd</sup>	Civic Holiday
Friday, August 28 <sup>th</sup> 5:00pm to Sunday, September 6 <sup>th</sup>	Annual Building Maintenance
Monday, September 7 <sup>th</sup>	Labour Day
Monday, October 12 <sup>th</sup>	Thanksgiving
Tuesday, December 22 <sup>nd</sup> 5:00pm to Sunday, January 3 <sup>rd</sup> 2027	Closed For The Holidays

## Memorial Postings

When a member requests that a card be sent in the event of another member's death, they can also request a newsletter memorial posting, which will appear below:

### Hours

#### Building Hours:

Mon, Tue, Wed 8:30am – 10:00pm  
 Thu, Fri 8:30am – 5:00pm

#### Front Desk Hours:

Mon to Thu 9:00am – 3:30pm  
 Fri 9:00am – 1:00pm

**Sonya Burchert**

Newsletter Contact- [newsandviewsmarkham@gmail.com](mailto:newsandviewsmarkham@gmail.com)  
 Please visit our website at: [www.markhamseniorcentre.com](http://www.markhamseniorcentre.com)

**DISCLAIMER** *The publication of any advertisements in this newsletter is not to be construed as an endorsement of the product or service offered unless it is strictly stated in the ad that there is an endorsement or approval.*

*We reserve the right to accept, reject, edit, condense and verify all submissions.*



## Presidents Report

Spring Greetings Everyone,

April showers will be very welcome after the stormy winter we have endured this year. The week of April 19<sup>th</sup> to 24<sup>th</sup> has been designated as Volunteer Week in Canada as I reported last month.

Have you ever wondered how approximately 50 activities can be offered to serve the needs of our 850 OAIA members and we can operate the club 55 hours per week? The answer is a simple one. It is because of the contributions of the 140 volunteers we will be inviting to our Volunteer Luncheon this year.

The Board and I look forward to welcoming all of our deserving volunteers at the Volunteer Luncheon on April 22<sup>nd</sup> at the Mandarin Restaurant, 88 Copper Creek Drive, Markham. I offer my thanks to the Board members involved in the attendee selection process.

A special thanks also to Helena Miscampbell and Mark Barrett for coordinating and administering this popular annual event. Thank you volunteers. You are the lifeblood of the OAIA.

As mentioned in the March News and Views, elections for your 2026 Board of Directors will take place in May. There are 5 positions to be filled: President 2 years, Treasurer 2 years, Secretary 2 years and 2 Directors at large 2 years each.

Detailed information on the nomination process and election hours can be found elsewhere in this edition of the News and Views. They will also be posted on the club's web site announcement page and the club's bulletin boards. If nominated for a Board position, please seriously consider accepting it and have your name included with the slate of candidates for one of the available positions. This is your chance to play a key role in ensuring the continued success of our club.

Thank your Convenors and other volunteers you encounter when you are at the club. It is always appreciated. Enjoy the Spring when it finally arrives and stay well.

*Les*



## Dear Readers

April is finally here and it looks to be a good month. Kind of a rough winter. No?

The newsletter is in an experimental stage right now. Let us explain. Back in September 2025, when I took over as editor, we knew we wanted to refresh *News & Views*—we just weren't sure exactly how. Knowing that people are visual, we decided to move away from a more traditional, text-heavy format and try something more engaging. We're not saying the previous newsletters were boring (...well, maybe just a little), but we wanted to give our art department more room to be creative. So, we invite you to look at the back of the newsletter and check out the artwork. Let us know what you think. Remember it will change.

We want to include articles from members, but first you must submit something. It's starting to happen and we hope to include some of your stuff in the May edition of the newsletter. Also, in May we will introduce a new column, Tech Corner. It will have tips and tricks for your smartphone and such. Ever wonder why they call it a smartphone? Well so do I.

**Peter Robinson**  
Editor



## Comments...

Just read the News & Views. You are like good liquor. You keep getting better over time. Thoroughly enjoyed it.

Thank you very much for all the time and effort you put into it. Much appreciated.

### The Whisper That Grew Wings

Gossip begins as a whisper—soft, almost harmless—slipping from one ear to another like a secret seeking shelter. But with each retelling, it grows wings, shedding truth for embellishment, until it soars far from its origin. It can bind people together in fleeting intimacy, yet just as easily unravel trust, leaving behind a trail of fractured friendships and quiet regrets. In the end, gossip is less about the story told and more about the shadows it casts

My six-year-old came home from school last week with an Easter joke he was dying to tell me. He was so excited he could barely get the words out. “Mom, Mom! What do you call a rabbit with fleas?” I had no idea. He practically shouted, “BUGS BUNNY!” and then laughed so hard at his own joke that he fell off the couch. I laughed too, not because the joke was particularly funny, but because his reaction was hilarious.

**Hermione, M**

I'm struggling here. I need you to contribute to your newsletter. Send ideas, articles, or whatever. Or see us in the lounge. I know you have stories to tell.

[newsandviewsmarkham@gmail.com](mailto:newsandviewsmarkham@gmail.com)

## TAI CHI

Tai chi can have significant benefits for older adults. This is at least partly due to the way it focuses on muscle control, stability, balance, and flexibility.

In today’s go-go-go fitness world, tai chi stands out for moving at a snail-like pace. Gentle, flowing movements and deep, soothing breaths define this ancient form of exercise rooted in the martial arts.

But can this slow-motion activity do much good for your body? Come try it out!

Wednesday at 10:30 am  
**Donna Jacobs – Convenor**



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### Monday Morning Bridge

In the Craft Room. Come out and enjoy a game with friends and neighbours.

9:00 am to 11:30 am  
**Margaret Crowley - Convenor**

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### Kids Are Funny

My daughter, Jenna, has always loved apples, but I must peel, cut and core them or else she won’t eat them. One day, I was preparing her third apple of the day when I said, “when I was a little girl, my mom didn't have to cut my apples – I used to just bite into them.” Her reply was, “They had apples when you were little?”

## Current Events!

The Group Gathers Every Wednesday  
in the West Activity Room from:  
1:00pm to 3:00pm.

The programme consists of members getting to know each other through sharing humour, discussing current local and world events, plus other subjects of interest. Pictures, videos and PowerPoint information related to the subject of the day will be presented by a member and viewed on a large movie screen

*Last month, besides current news, some topics were: Identifying Liars, Iran, Warren Buffet Tips for Retirees, Happiness and Cruises. Next month we may cover more Happiness tips, one more of the 7 wonders of the world, and What China is up to these days.*

On entering, please sign in and deposit your \$0.50 in the "Room Fee" basket. A short break is at 2:00pm at which time coffee, tea, and treats may be purchased.

New members are always welcome.

**Jan Jang – Convenor**  
**Steve Hircock – Convenor**



ALWAYS BE YOURSELF  
UNLESS YOU CAN BE A PIRATE  
THEN ALWAYS BE A PIRATE

# Monthly Sudoku

	2				9			5
		8		1	6			7
	9				3	2		
	1							6
	7			6			5	
6							7	
		4	5				3	
2			3	7		4		
1			6				2	



**Fill the Grid:** Each cell in the 9x9 grid must be filled with a number from 1 to 9.

**Row Rule:** Each row must contain the numbers 1-9 exactly once.

**Column Rule:** Each column must contain the numbers 1-9 exactly once.

**Box Rule:** Each 3x3 box must contain the numbers 1-9 exactly once.

**Given Clues:** Some cells in the grid are pre-filled with numbers (clues) to guide the player.

**Uniqueness:** The puzzle is solved when all cells are filled correctly, adhering to the above rules. Sudoku is a game of logic and reasoning, requiring no advanced mathematical skills, only logic and pattern recognition. It is a popular game for seniors and can improve concentration, memory, and logical thinking. ENJOY!

## Travel Desk

Our first trip of the year will be on **Thursday, March 26<sup>th</sup>**. The trip is "***Dying for a Clue***", a murder mystery. A total of 43 will be off to the Old Mill Restaurant, in Toronto, for a delicious buffet lunch and then a chance to solve a murder, all under the same roof. This trip includes a stop at a cheese boutique. Easter will be just around the corner. It gives you a chance to pick up some interesting specialty items for the occasion.

Our second trip of the year will be on **Thursday, April 16<sup>th</sup>** called "***The Magic of Little Canada***". Our first stop will be St. Lawrence Market, followed by a delicious lunch at the Hot House Cafe. Check the flyer at the Travel Desk for your luncheon choices. You will select your meal when you arrive at the café. The cost is **\$139** for members and **\$144** for nonmembers.

Our third trip on **Thursday, May 7<sup>th</sup>** is "***Sentimental Journey 4***". We will travel to the Kitchener/Waterloo area. This trip is back with great demand and features the Guse Family and friends with music from the 50's, 60's, 70's and beyond. At the time of printing, we have 4 seats left. This show has been so popular with OAIA that it sells out very quickly. The cost is **\$164** for members and **\$169** for nonmembers. Lunch will be at the ever-popular Golf's Steakhouse. As usual, you will give your order upon arrival at the restaurant. Check the flyer at the Travel Desk for your options.



If a trip you would like to go on is filled, please do not hesitate to leave your name and phone number on our wait list. We get some cancellations from time-to-time.

Upcoming trips include "***Funny Girl***" at the Shaw Festival on **June 25<sup>th</sup>**. and "***Niagara Takes Flight***" on **July 23<sup>rd</sup>**. There is a list of other trips at the Travel Desk that we have selected for later this year. We hope to have a decision on our Christmas trip soon.

**Mary Lou Busato – Convenor**

## Library

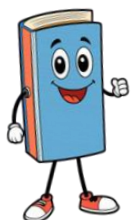
Many thanks again to Mary Lou Busato who can be counted on to shelve the books in the OAIA Library on a regular basis. It's a thankless job, Mary Lou but I want you to know that your hard work is very much appreciated.

We continue to accept new and "like new" fiction book donations. If the novel is relevant and interesting, we want it. If there is any damage to the book, we do not want it.

We cannot take any more donations of puzzles. The room is overwhelmed with puzzles. If you would like one (or some) please take them. No need to return them.

The loans run on the honour system. No need to sign out a book. Simply return it to the bin under the whiteboard when you have finished reading it.

**Angela Stewart – Convenor**



## BOOK CLUB # 1

**Book Club #1** is held on the **first Wednesday of the month, from 10:15am-12:00pm.**

### **Susan Flatt - Convenor**

Books are chosen from the Markham or Stouffville Library which provides copies for everyone. We have a few books with large print for those who want it. Often there are e-copies or audio copies in the library which you can access on your own.

Our discussions are always lively and provide interesting perspectives from a variety of members.

The sign-up page is in our large activity binder at the front desk.

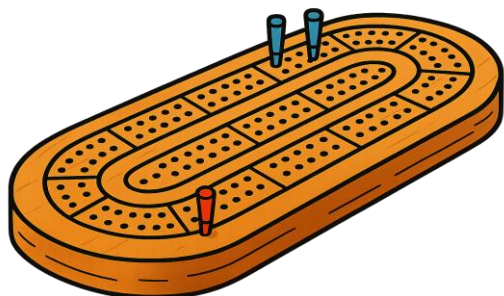
## Cribbage!

Come Visit Us.

Cribbage takes place from 1:00 to 3:30 pm.

- Tuesdays In the west activity room
- Thursday In the east activity room

### **Jeanne Lafond - Convenor**



## BOOK CLUB # 2

We meet every second **Wednesday of the month from 1:00pm-3:00pm**

It's always fun to get together and discuss the books we have read each month. We usually have quite a variety of opinions to share. Last month we read "**Blue Sisters**" by Coco Mellors.

We are now reading "**Rules for Commuting**" by Clare Pooley

### **Donna Jacobs - Convenor**

#### **Description**

**Nobody ever talks to strangers on the train. It's a rule. But what would happen if they did? From the *New York Times* and *Globe and Mail* bestselling author of *The Authenticity Project*, a heartwarming novel about unexpected friendships and the joy of connecting.**

Everyday Iona, a larger-than-life magazine advice columnist, travels the ten stops from Hampton Court to Waterloo Station by train, accompanied by her dog, Lulu. Every day she sees the same people, whom she knows only by nickname: Impossibly-Pretty-Constant-Reader and Terribly-Lonely-Teenager. Of course, they never speak. Seasoned commuters never do.

Then one morning, the man she calls Smart-But-Sexist-Manspreader chokes on a grape right in front of her. He'd have died were it not for the timely intervention of Sanjay, a nurse, who gives him the Heimlich maneuver.

This single event starts a chain reaction, and an eclectic group of people with almost nothing in common except their commute discover that a chance encounter can blossom into much more. It turns out that talking to strangers can teach you about the world around you—and even more about yourself.

## Garden Delights

We are now in April, and I expect that many of you are anxious to start working on your garden plots after such a long winter. All the plots are taken except the two less favorable ones that are always available at a less expensive price.

As you know, at some point, the city will come in and remove the large weeds and turn over the soil; however, if you would like to start on your own, you are welcome to come any Monday morning before 12:30 when I am on the desk, As soon as you pay your \$20 you will receive your key. I won't be opening up the shed until later in May.

**Donna Jacobs - Convenor**



### Why did the Easter egg hide?

Because it was a little chicken. 🐣

In three words I can sum up everything I've learned about life: It goes on.

A bank robber walks up to one of the hostages and asks, "Did you see my face?". The hostage replies, "Yes!". The robber takes aim and shoots the man in the head. He turns to the next man. "And did you see my face?", "No, but my wife caught a glimpse!".

## BID EUCHRE

MONDAY EVENINGS - 6:30pm – 10:00pm  
(Craft Room)

If Monday is a Holiday, then we will play on Tuesday, same time and place.

**COST** - \$2.00 (Covers Prize Money and \$.50 Facility Fee)

**PRIZE MONEY** - First \$8.00, Second \$6.00, Third \$5.00

Fourth \$4.00 (Depends on attendance)

If you have never played before, the following is a brief description:

The game is played in teams like regular euchre. Eight cards are dealt. Each player bids on how many tricks he or she thinks they can take.

It is a little more challenging than regular euchre. Two decks of cards are used (face cards only). If you are interested in learning, come out and watch for a night or two and then join in.

**Ken and Bev. Budarick – Convenors**



## CONTINUING THE GREAT WORK in the Year of Horse

Our OAIA Table Tennis players once again shined at the "Senior 60+ Table Tennis Tournament – Spin & Smash 🏆" held on March 13, 2026, in Scarborough. The event brought together many silver-haired table tennis enthusiasts for a day of friendly and spirited competition. While heavy snow and cold winds swept across the city, the arena was alive with sportsmanship, energy, and a shared love for the game.

### Equipment: The Soul of the Game

A fascinating variety of rackets could be seen in the arena. Some players proudly used rackets they had relied on for more than 20 years, polished by time and experience; while others played with modern carbon-fiber rackets. Although using different equipment, all players shared the same passion for table tennis.

### Tactics: Spin and Smash

Matches featured exciting battles between speed and patience. Players showcased impressive skills and strategies, blending powerful smashes with clever spin shots. One memorable rally ended with a deceptive side-spin cut ball that caused a smash to miss. Another player wearing knee braces, impressed everyone with agile footwork and decisive side-table smashes. Trophies & Souvenirs.

### The Spirit of the Game

When a beautiful smash landed, the joy on the players' faces beamed forty years younger. In those moments, they were not grandparents or retirees, but spirited athletes once again. The cheering in the arena rivaled that of a major sporting event. Every point won was met with applause and shouts of "Good shot"; every lost point brought playful groans. Matches might be lost, but the 😊 smiles remained.

## More than a Competition

For many athletes, the table tennis table was more than just a playing field, it was a place where friendship, determination, and youthful spirit came together. As long as the ball kept bouncing and the crisp "ping-pong" sound filled the hall, their youthful spirit remained alive.

## Appreciation

Our participation and success in this tournament were made possible by the enthusiasm and dedication of our OAIA athletes. Special thanks to our athlete, Mr. Albert Tai, for arranging a delicious team lunch, and to those OAIA members who came to cheer and support.

## Eric Tam - Convenor



Markham Seniors Plus Team



Arena

# OAIA BOARD ELECTIONS 2026

## *Call for Nominations*

Nominations may be submitted to the Nomination Committee via the nomination box at the Front Desk

**From:** *Tuesday, April 7th*

**Until:** *1:00 p.m., Tuesday, April 28th*

We encourage all members to consider standing for election or to participate by voting.

Nomination forms are available at the Front Desk.

### **Board Positions to be Filled:**

- **President** (2 Years)
- **Treasurer** (2 Years)
- **Secretary** (2 Years)
- **2 Directors at Large** (2 Years)

### **Voting**

Polling stations will be open:

- *10:00 a.m. – 3:00 p.m., Monday, May 11th to Thursday, May 14th*
- *10:00 a.m. – 2:00 p.m., Friday, May 15th*

### **Nomination Committee:**

Mary Lou Busato, Gloria Smith, Ken Budarick



# Your Vote Counts!

# Board Duties and Responsibilities

## **President**

Shall Chair – Board and Membership meetings, conduct liaison with the City of Markham – shall, between Board meetings act, if necessary, to ensure compliance with the Constitution and By-Laws and report fully to the next Board meeting of any action taken. The President may sit as ex officio member of all committees of the club.

## **Vice President**

Shall work with the President in the management of the affairs, programs, and activities of the Club; chair official meetings of the Club in the absence of the President, sit as ex officio member of the committees of the Club.

## **Secretary**

Shall maintain and record minutes of the meetings of the Board and Club membership meetings, may also serve as corresponding Secretary of the Board.

## **Treasurer**

Shall maintain the Club financial accounting records and procedures – receive all Club monies, be responsible for the disbursement of Club funds as directed by the Board of Directors; serve as Chair of the Finance Committee.

## **Assistant Treasurer**

Shall assist the Treasurer in all duties of the Treasurer.

## **Membership Director**

In partnership with the City of Markham, will arrange membership promotion; maintain current membership lists and confidentiality; issue membership cards, organize the membership renewal blitz and conduct periodic attendance audits.

## **Directors at Large**

Will fulfill the support and communication role with the activity/program Convenors of the Club.

## **Attention:**

We will not know until we do a final tally on Tuesday, April 28th to see if there is more than one person running for each position open this year. If there is, we would hold a vote and would need volunteers to help on the election desk.

The week would be Monday May 11th to and including Friday, May 15th. If anyone would like to volunteer for a full day (5 hrs.) or a half day (2 1/2 hrs.) please leave your name and phone number at the front desk and the election committee will pick them up and be prepared should such an occasion arise.

***Mary Lou Busato - Chairperson***

# MAHJONG

Mahjong is played twice a week at the Centre, on Monday and Tuesday.

## MONDAY

Beginners are taught the Asian method, which must be learned before attempting to learn how to play using the National method.

**Virginia Guevera**  
– Convenor



## TUESDAY

Beginners of the National method are taught on Tuesdays.

**Sashi Chitharanjan**  
– Convenor

The activity fee is 50 cents to play, and you must sign in the Activity Book upon arrival in the Craft Room.

# CANASTA

We meet from  
12:30pm –  
4:00pm in the  
West activity  
room every  
Thursday, for a fun afternoon  
and camaraderie. If you are  
interested in learning a new  
card game or to renew your  
skills...



Contact the  
front desk.

**Keith Shopman**–  
Convenor

Please  
respect our  
**Scents Free**  
environment  
and refrain from  
wearing scented  
products when  
visiting our Club.



# MELODY MAKERS

Next Concert  
**April 27, 2026**

Come and lend an ear  
Do a little dancing...

**Admission**  
\$2 at the door  
Coffee / Tea — \$1

**Everyone Welcome!**  
**Norma Matus**  
Convenor

# OAIA Mother's Day Luncheon

*A Celebration with Timeless Charm*



Friday, May 8th, 2026, 1:30 pm

Doors Open at 12:00 Noon

Markham Senior Centre — Auditorium

Join us for a delightful afternoon honoring Mother's Day, filled with good food, warm company, and a touch of old time elegance.

Cost: \$25.00

Catered by: **Village Grocer**

Enjoy a Door Prize, plus special awards for

Chicken Parmesan

Pasta & Fresh Salad

Dessert: Coffee or Tea

◆ Best Outfit

◆ Best Hat

*(Vintage flair encouraged)*

**Tickets on Sale April 7th**

Dress up, step back in time, and celebrate in classic style.

## Thursday Craft Group

*Busy hands, big hearts!*

We're sewing bags to support

**Markham Stouffville Hospital's Cancer Centre**

— Our new ongoing service project! —

**Accepting donations of Fabric & Materials**  
*To keep the creativity flowing!*



**Craft Sale Coming in May...**

*Stay tuned for far-out fun!*

## Spring Craft Sale

Friday, May 8th • 10am to 3pm

A wide variety of handcrafted and sewn items.  
Something for Everyone!



A wide variety of handcrafted and sewn items.  
Something for Everyone!

# ★ DJEMBE ★ DRUMMING

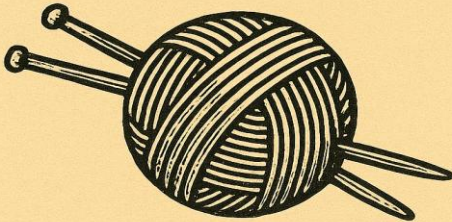


**WEDNESDAYS, 12:00PM-1:00PM  
IN THE CRAFT ROOM.  
SIGN UP AT THE FRONT DESK  
THE COST DEPENDS ON THE  
NUMBER OF PARTICIPANTS.  
DIANA BARON – CONVENOR**

3	2	1	7	4	9	6	8	5
4	5	8	2	1	6	3	9	7
7	9	6	8	5	3	2	1	4
5	1	2	9	3	7	8	4	6
8	7	9	4	6	2	1	5	3
6	4	3	1	8	5	9	7	2
9	6	4	5	2	8	7	3	1
2	8	5	3	7	1	4	6	9
1	3	7	6	9	4	5	2	8

Solution to puzzle from page 6

# WEDNESDAY KNITTING GROUP



The members of the Wednesday Knitting Group have enjoyed knitting for everyone this year and would like to thank the members for showing interest in our projects.

Knitted and crocheted items are available from the glass cabinet in the main hall.

If you or your friends have yarn you no longer want, please leave it at the front desk. Thank you in advance.

**VALERIE MCCUNE – CONVENOR**

# DO YOU PLAY CHESS?



**COME OUT AND HAVE  
A GAME OR TWO WITH US**

**EVERY FRIDAY**

**IN THE CRAFT ROOM**

**10:00 AM – 12:00 PM**

**TEACHING IS AVAILABLE**

**FRANK DENC SHAZI**

**– CONVENOR**



# SPRING INSPIRATION FASHION SHOW

An exclusive fashion showcase  
by  
PepperTree Klassics



**APRIL 15TH, 2026 – 12:00 NOON**  
**DOORS OPEN AT 11:30AM**  
**7 Washington St. Markham**

**TICKETS \$40**

**HIGHLIGHTS:**

- Trendsetting designs
- Delicious Lunch
- Cocktails and Wine Available

Tickets may be purchased at the  
Markham District Veterans  
Association or at PEPPERTREE  
Klassics  
Also online at MDVA.CA



MARKHAM  
LITTLE  
THEATRE

celebrating  
**60**  
YEARS  
MLT

THE ADVENTURES OF ROBIN HOOD

# Sherwood

by Ken Ludwig

**April 29 - May 2, 2026**

RESERVE YOUR SEATS TODAY AT  
[WWW.MARKHAMLITTLETHEATRE.CA](http://WWW.MARKHAMLITTLETHEATRE.CA)  
OR CALL 905-305-7469

FLAT  
MARKHAM  
THEATRE

**TAKE ME OUT TO THE BALL GAME**

**BLUE JAYS BASEBALL GAME**

**TUESDAY MAY 26TH**

**TORONTO JAYS**  
**VS**  
**MIAMI MARLINS**

GREAT SEATS SECTION 137  
ROWS 26,27,29

PICK UP AT THE VETS HALL 400PM SHARP  
HOT DOGS FOR A LOONIE AT THE GAME  
RETURNING AFTER BASEBALL GAME TO VETS HALL  
TICKETS AVAILABLE TO FIRST 40 PEOPLE  
**\$120 PER PERSON**

TICKETS MAY BE PURCHASED AT THE MARKHAM  
DISTRICT VETERANS ASSOCIATION  
OR ONLINE AT MDVA.CA  
7 WASHINGTON ST. MARKHAM

GOODBYE WINTER

# Hello Spring!

I hope everyone stays  
safe and well as we look forward to Spring  
and brighter days.

**Karen  
Rea**

Ward 4 Councillor  
Tel. 905.479.7751

To keep informed on Markham and Ward 4 issues, visit:  
[www.karenrea.ca](http://www.karenrea.ca) or email: [krea@markham.ca](mailto:krea@markham.ca)



# Easy Access Eyewear Mobile Optician

Nabeela Mandan 416.918.6920  
easyaccesseyewear@gmail.com



From Our Family  
To Yours...

# HAPPY EASTER

*Neil Garland*

Over 70 years

Dixon-Garland Funeral Home

[dixongarland.com](http://dixongarland.com)

905-294-2030





# CALLING THE SHOTS NEVER GETS OLD

At Amica Senior Lifestyles, the day is yours to spend any way you wish. Whether you like to keep busy and stay social or relax and take things at your own pace, we'll work to discover what makes you, you. Together we'll create a senior living experience that's all yours, including personalized, professional care that evolves to meet your needs, even as those needs change. And, like spending the afternoon shooting the breeze, that never gets old.

CALL TODAY TO BOOK A TOUR & COMPLIMENTARY LUNCH

## AMICA

SENIOR LIFESTYLES

AMICA UNIONVILLE • 905-947-9990

AMICA SWAN LAKE • 905-201-6058



# Discover What Makes Stouffville Creek Feel Like Home

Curious about life here? Take a moment to visit and explore the warmth, comfort, and community that make Stouffville Creek special. Come see for yourself - your next adventure could be just a visit away!

Call (905) 642-2902 to schedule a visit

**STOUFFVILLE CREEK**  
RETIREMENT RESIDENCE

INSPIRED SENIOR LIVING WITH 

# You Deserve a Break Tonight...

*With over 200 fully-prepared, frozen meals and free delivery why not let us take care of dinner so you can focus on taking care of all the other things on your list*



Delicious Meals Made *for* Seniors

**Call us today**  **905-713-5718**

  
**HEART TO  
HOME MEALS**  
DELICIOUS MEALS MADE FOR SENIORS™



# Elegance that inspires vitality

Beautiful areas and outstanding services



Assistance



Dining room  
meals



Numerous  
common areas



Leisure  
activities



Health and  
support services

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# Why Choose HearWay?

I have worked as a hearing instrument specialist at some reputable hearing clinics for the past 6 years. After gaining experience, I decided to open my own practice with a mission of delivering the highest quality of hearing healthcare to my patients. "Always delivering best practices with the client's lifestyle in mind."

My hearing clinic stands firmly on the core values of professionalism, reliability, care, and quality. I adopt a client-centric approach to carefully listen to your concerns and work with you to design customized treatment plans.

I am well-versed with the latest technologies and advancements in the hearing healthcare domain and focus on implementing the best industry practices. I am also the recipient of the 2021 Charles Holland Award, which represents a model of hearing excellence across Canada.



**Lyle Mirrett, HIS**  
Hearing Instrument Specialist

## Personalized Hearing Care

Whether you are facing hearing loss symptoms for the first time or need help with choosing the right hearing aid for your lifestyle, I am here to help.

- ✓ Free hearing tests and consultations
- ✓ Hearing healthcare education and more
- ✓ Hearing aid repairs
- ✓ Tinnitus management
- ✓ Mobile/At-Home Services
- ✓ Free hearing tests and consultations
- ✓ Lifetime hearing aid maintenance
- ✓ Hearing aid programming
- ✓ Free wax removal

4591 Hwy. 7, #115  
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**289.554.9754**  
[www.hearway.ca](http://www.hearway.ca)



Monday	Tuesday	Wednesday	Thursday	Friday
Snooker 8:30 am - 10:00 pm	Snooker 8:30 am - 10:00 pm	Snooker 8:30 am - 10:00 pm	Snooker 8:30 am - 5:00 pm	Snooker 8:30 am - 5:00 pm
Pickleball - Auditorium 9:00 am - 11:30 am	Exercise - Auditorium 9:00 am - 10:00 am	Osteo Fitness - Auditorium 9:00 am - 10:00 pm	Wood Carving - West Room 9:00 am - 12:00 pm	Table Tennis - East & West 9:00 am - 12:30 pm
Casual Bridge - Craft Room 9:00 a.m. - 12:00 p.m.	Exercise - Auditorium 10:15 am - 11:15 am	Badminton - Cornell 9:00 am - 11:30 am	Exercise - Auditorium 8:30 am - 5:00 pm	Osteo Fitness - Auditorium 9:00 am - 10:00 am
Melody Makers - Auditorium Last Monday in the month 11:30 am - 12: pm	Table Tennis - West 9:00 am - 11:00am	Band Practice - Craft Room 9:30 am - 11:30 am	Canasta - West Room 12:30 pm - 4:00 pm	Badminton - Cornell 9:00 am - 11:30 am
Ultra Beg. Line Dance- Auditorium 12:00 pm - 1:00 pm	Water Colours - East Room 9:30 am. - 12:00 pm	Book Club - Board Room First Wed 10:15 am - 12:00 pm Second Wed 1:00 pm - 3:00 pm	Crafts - Craft Room 1:00 pm - 3:30 pm	Chess - Craft Room 10:00 am - 12:00 pm
Beg. Line Dance-Auditorium 1:15 pm - 4:30 pm	Water Colours - East Room 1:00 pm - 3:30 pm	Tai Chi - Auditorium 10:30 am - 11:30 am	Cribbage - East Room 1:00 pm - 3:30 pm	Yoga - Auditorium 10:15 am - 11:15 am
Mah-Jong - Craft Room 1:00 pm - 4:30 pm	Yoga - Auditorium 11:30 am - 12:30 pm	Djembe Drumming - Craft Room 12:00 pm - 1:00 pm	Pickleball - Auditorium 11:30 am - 1:30 pm	Yoga - Auditorium 11:30 am - 12:30 pm
Table Tennis - East & West 1:00 pm - 4:30 pm	Mah Jong - Craft Room 1:00 pm - 4:30 pm	Euchre - Auditorium 12:30 pm - 3:00 pm	Osteo Fitness - Auditorium 1:45 pm - 2:45 pm	Duplicate Bridge - Craft Room 1:00 pm - 4:30 pm
Line Dancing - Auditorium 2:30 pm - 4:30 pm	Cribbage - West Room 1:00 pm - 3:30 pm	Current Events Plus - West Room 1:00 pm - 3:00 pm	Pickleball - Auditorium 3:00 pm - 4:45 pm.	Pickleball - Auditorium 1:00 pm - 2:30 pm
Badminton - Auditorium 7:00 pm - 9:30 pm	Zumba Gold - Auditorium 1:15 pm - 2:15 pm	Acrylics - East Room 9:30 am - 12:00 pm		Pickleball - Auditorium 2:45 pm - 4:45 pm
Bid Euchre - Craft Room 6:30 pm - 10:00 pm	Zumba Gold - Auditorium 2:30 pm - 3:30 pm	Acrylics - East Room 1:00 pm - 3:30 pm		
	Pickle Ball - Auditorium 7:00 pm - 9:30 pm	Knitting - Craft Room 1:30 pm - 4:00 pm		
		Volleyball - Cornell 1:30 am - 4:00 pm		
		Line Dancing - Auditorium 3:30 pm - 5:00 pm		
		Pickle Ball - Auditorium 6:00 pm - 9:30 pm		

Shaded programs are instructional and require pre-registration. Check with the front desk 905.294.5111 or program Convenor for availability and cost.

April 2026 Drop In Programs - Registration Not Required					
	Program	Time	Cost	Room	Convenor
<b>Monday</b>	Badminton	7:00 pm - 9:30 pm	\$0.50	Auditorium	Arun Dewan
	Bid Euchre	6:30 pm - 10:00 pm	\$2.00	Craft	Ken Budarick
	Casual Bridge	9:00 am - 12:00 pm	\$0.50	Craft	Margaret Crowley
	Mah-Jong	1:00 pm - 4:30 pm	\$0.50	Craft	Virginia Guevera
April 27th	Melody Makers - Last Monday	11:30 am - 12:30 pm	\$2.00	Auditorium	Norma Matus
	Pickle Ball	9:00 am - 11:30 am	\$0.50	Auditorium	Cha Pin Lee
	Snooker	8:30 am - 10:00 pm	\$0.50	Snooker	Steve Riesberry
	Table Tennis	1:00 pm - 4:30 pm	\$0.50	East/West	Alphie Cheng
<b>Tuesday</b>	Cribbage	1:00 pm - 3:30 pm	\$0.50	West	Jeanne Lafond
	Mah-Jong	1:00 pm - 4:30pm	\$0.50	Craft	Sashi Chitharanjan
	Pickle Ball	7:00 pm - 9:30 pm	\$0.50	Auditorium	Cha Pin Lee
	Snooker	8:30 am - 10:00 pm	\$0.50	Snooker	Steve Riesberry
	Table Tennis	9:00 am - 11:30 am	\$0.50	West	Alphie Cheng
<b>Wednesday</b>	Badminton	9:00 am - 11:30 am	\$0.50	Cornell	Arun Dewan
	Band Practice	9:30 am - 11:30 am	\$1.00	Craft	Betsy Duffy
April 1st	Book Club #1 (1st Wed of Month)	10:15 am - 12:00 pm	\$0.50	Board Room	Susan Flatt
April 8th	Book Club #2 (2nd Wed of Month)	1:00 pm - 3:00 pm	\$0.50	Board Room	Donna Jacobs
	Current Events Plus	1:00 pm - 3:00 pm	\$1.00	West	Jan Jang
	Euchre	12:30 pm - 3:00 pm	\$2.00	Auditorium	Blair Simpson
	Knitting	1:30 pm - 4:00 pm	\$0.50	Craft	Valerie McCune
	Snooker	8:30 am - 10:00 pm	\$0.50	Snooker	Steve Riesberry
	Pickleball	6:00 pm - 9:30 pm	\$0.50	Auditorium	Alphie Cheng
	Volleyball	1:30 pm - 3:30 pm	\$0.50	Cornell	Joe Signorello
<b>Thursday</b>	Canasta	12:30 pm - 4:00 pm	\$0.50	West	Keith Shopman
	Crafts	1:00 pm - 3:30 pm	\$0.00	Craft	Wendy Wise
	Cribbage	1:00 pm - 3:30 pm	\$0.50	East	Jeanne Lafond
	Pickleball	11:30 am - 1:30 pm	\$0.50	Auditorium	John Varone
	Pickleball	3:00 pm - 4:45 pm	\$0.50	Auditorium	Kai Mark
	Snooker	8:30 am - 5:00 pm	\$0.50	Snooker	Steve Riesberry
	Wood Carving	9:00 am - 12:00 pm	\$0.50	West	Zdenek Brezina
<b>Friday</b>	Badminton	9:00 am - 11:30 am	\$0.50	Cornell	Arun Dewan
	Bridge (Duplicate)	1:00 pm - 4:30 pm	\$1.00	Craft	Bob Ysseldyk
	Chess	10:00 am - 12:00 pm	\$0.50	Craft	Frank Dencshazi
	Pickleball	1:00 pm - 2:30 pm	\$0.50	Auditorium	Clarence Jones
	Pickleball	2:45 pm - 4:45 pm	\$0.50	Auditorium	Clarence Jones
	Snooker	8:30 am - 5:00 pm	\$0.50	Snooker	Steve Riesberry
	Table Tennis	9:00 am - 12:30 pm	\$0.50	East/West	Eric Tam
Instructional Programs - Registration Required					
	Program	Time	Room		Convenor
<b>Monday</b>	Ultra Beginner Line Dancing	12:00 pm - 1:00 pm	Auditorium		Norma Matus
	Beginner Line Dancing	1:15 pm - 2:15 pm	Auditorium		Joyce McDowell
	Line Dancing	2:30 pm - 4:00 pm	Auditorium		Dianne Sweeney
<b>Tuesday</b>	Exercise	9:00 am - 10:00 am	Auditorium		Lyn Bryan
	Exercise	10:15 am - 11:15 am	Auditorium		Pat Rossi
	Water Colours	9:30 am - 12:00 pm	East		Stella Carageorgopoulos
	Water Colours	1:00 pm - 3:30 pm	East		Karen Lockhart
	Yoga	1130 am - 12:30 pm	Auditorium		Ruth MacCharles
	Zumba Gold	1:15 pm - 2:15 pm	Auditorium		Susan Flatt
	Zumba Gold	2:30 pm - 3:30 pm	Auditorium		Judy Menlove
<b>Wednesday</b>	Acrylics	9:30am - 12:00 pm	East		Karyn Lockhart
	Acrylics	1:00 pm - 3:30 pm	East		Karyn Lockhart
	Djembe Drumming	12:00 pm - 1:00 pm	Craft		Diana Baron
	Line Dancing	3:30 pm - 5:00 pm	Auditorium		Carol Sparks
	Osteo Fitness	9:00 am - 10:00 am	Auditorium		Lyn Bryan
	Tai Chi	10:30 am - 11:30 am	Auditorium		Donna Jacobs
<b>Thursday</b>	Exercise	9:00 am - 10:00 am	Auditorium		Lyn Bryan
	Exercise	10:15 am - 11:15 am	Auditorium		Pat Rossi
	Osteo Fitness	1:45 pm - 2:45 pm	Auditorium		Susan Crawford
<b>Friday</b>	Osteo Fitness	9:00 am - 10:00 am	Auditorium		Lyn Bryan
	Yoga	10:15 am - 11:15 am	Auditorium		Wendy Wise
	Yoga	11:30 am - 12:30 pm	Auditorium		Wendy Wise