

News & Views

Vol. XVII

Monday, March 2, 2026

\$0.00



Extra, Extra Read All About it!

President
Les Miscampbell

Vice President
Susan Flatt

Secretary
Debra Conrad-Knight

Treasurer
Carl Veacock

Assistant Treasurer
Michelle Perry

Membership Director
Mark Barrett

Programme Directors
Janet Anderson
Norma Matus
Keith Shopman
Carol Sparks
Wendy Wise

Editor In Chief
Peter Robinson

Invoice Clerk
Heather LaMacchia

Webmaster
Frank Dittmann

Date	Reason For Closure
Monday, March 16 th	Family Day
Friday, April 3 rd	Good Friday
Monday, April 6 th	Easter Monday
Monday, May 18 th	Victoria Day
Wednesday, July 1 st	Canada Day
Monday, August 3 rd	Civic Holiday
Friday, August 28 th 5:00pm to Sunday, September 6 th	Annual Building Maintenance
Monday, September 7 th	Labour Day
Monday, October 12 th	Thanksgiving
Tuesday, December 22 nd 5:00pm to Sunday, January 3 rd 2027	Closed For The Holidays

Memorial Postings

When a member requests that a card be sent in the event of another member's death, they can also request a newsletter memorial posting. Which will appear below:

Hours

Building Hours:

Mon, Tue, Wed 8:30am – 10:00pm
 Thu, Fri 8:30am – 5:00pm

Front Desk Hours:

Mon to Thu 9:00am – 3:30pm
 Fri 9:00am – 1:00pm

No Memorial Postings This Month

Newsletter Contact- newsandviewsmarkham@gmail.com
 Please visit our website at: www.markhamseniorcentre.com

DISCLAIMER The publication of any advertisements in this newsletter is not to be construed as an endorsement of the product or service offered unless it is strictly stated in the ad that there is an endorsement or approval.

We reserve the right to accept, reject, edit, condense and verify all submissions.



Presidents Report

As I write this, February continues to be a bad weather challenge with freezing temperatures, storm warnings and heavy snowfalls. As we look ahead to April and a welcome spring, the week of April 19th – 24th has been designated as Volunteer Week in Canada and we will be hosting a Volunteer Luncheon again this year on April 22nd. Last year approximately 150 invitations were offered to our volunteers, and 126 members attended the 2025 Volunteer Luncheon.

Volunteers are the lifeblood of our club. We value our volunteers and appreciate the contribution they make every day. Our membership continues to grow. We now have 825 members. Some activities have long wait lists and volunteer Convenors are required for the Yoga, Line Dancing, and Osteo Exercise Programmes and many others. If you wish to volunteer, forms are available at the Front Desk. Additional information will be provided to those interested by the Programme Director involved.



In accordance with our Constitution a Board of Directors election is held each May. The dates for this year's election together with detailed information on the nomination process, election hours, the positions to be filled etc. can be found in this edition of the newsletter. They will also be posted on the club's website announcement page and the club's bulletin boards.

Although the election may seem a long way off, I hope you will start thinking about it now. Reflect seriously on how important this club is to you. I do hope you will consider accepting a nomination and have your name included with the slate of candidates for one of the available board positions. Your reward will be knowing that you helped shape our future and played a key role in ensuring the continued success of our club. This is in addition to the personal satisfaction gained from helping others.

Always have your membership card with you when you visit the centre. You may be asked to present it at any time, for example when enrolling in a programme or signing up for a special event. If you haven't picked up your permanent membership card yet, you can do so at the front desk. Thank your Convenors and our other volunteers often. It will always be appreciated. Enjoy the Spring when it finally arrives.

Les



Dear Readers

Spring is just around the corner, and we are all looking forward to nicer weather, after the winter we just had. I've read that March is a time for fresh starts — whether that's decluttering your space, setting new goals, or simply enjoying the first blooms of the season. March reminds us that change is on the way. Yea!

In last month's editorial (I believe that's what this is), I said that we could not print every issue in colour. This bothered me enough that I decided to investigate further and discovered a process called "mixed-mode" printing. With this method, the cover and back are printed in colour, while the rest is in black and white, on thicker paper. It works! However, this does not mean we won't have issues of the newsletter in full colour—Christmas editions will always be printed in colour.

You also liked the activity schedule on the back cover. I got the idea from a newsletter that was published in 2017. It had the activity schedule on the back. I often look at back issues of the newsletter and some of them are very interesting. You should give them a gander sometime.

How could we talk about March without mentioning St. Patrick's Day? Happy St. Paddy's day!



Comments...

The newsletter is really fantastic!

Hey Peter... now that's what I call a Two-Pete!

I enjoyed your latest edition and as you would hope, I couldn't put it down until I read it from cover to cover!

Thank you for your creativity; your attention to detail and most of all your excellence!

The activity schedule on the back is pure genius!

It just keeps getting better and better.

Correction: Last month we said Les Miscampbell was the first snooker player to be on back-to-back winning teams. We were mistaken; it's been done before.

I'm struggling here. I need you to contribute to your newsletter. Send idea's, articles, or whatever. Or see us in the lounge. I know you have stories to tell.

newsandviewsmarkham@gmail.com

TAI CHI

Tai chi can have significant benefits for older adults. This is at least partly due to the way it focuses on muscle control, stability, balance, and flexibility.

In today's go-go-go fitness world, tai chi stands out for moving at a snail-like pace. Gentle, flowing movements and deep, soothing breaths define this ancient form of exercise rooted in the martial arts.

But can this slow-motion activity do much good for your body? Come try it out!

Wednesday at 10:30 am
Donna Jacobs - Convenor



Monday Morning Bridge

In the Craft Room. Come out and enjoy a game with friends and neighbours.

9:00 am to 11:30 am
Margaret Crowley - Convenor



"Why don't you iron four-leaf clovers?"

Because you don't want to press your luck! 🍀

Two Paddies

Two Paddies were working for the city public works department. One would dig a hole and the other would follow behind him and fill the hole in.

They worked up one side of the street, then down the other, then moved on to the next street, working furiously all day without rest, one man digging a hole, the other filling it in again.

An onlooker was amazed at their hard work but couldn't understand what they were doing. So, he asked the hole digger, "I'm impressed by the effort you two are putting into your work, but I don't get it – why do you dig a hole, only to have your partner follow behind and fill it up again?"

The hole digger wiped his brow and sighed, "Well, I suppose it probably looks odd because we're normally a three-person team. But today the lad who plants the trees called in sick."



Monthly Sudoku

2			3				7	
6				8		5	9	
	4							1
	2		6	5				7
			1		3			
1				4	7		5	
9							1	
	1	8		3				6
	6				2			4



This month's Sudoku is quite difficult, please let me know how you do.

Fill the Grid: Each cell in the 9x9 grid must be filled with a number from 1 to 9.

Row Rule: Each row must contain the numbers 1-9 exactly once.

Column Rule: Each column must contain the numbers 1-9 exactly once.

Box Rule: Each 3x3 box must contain the numbers 1-9 exactly once.

Given Clues: Some cells in the grid are pre-filled with numbers (clues) to guide the player.

Uniqueness: The puzzle is solved when all cells are filled correctly, adhering to the above rules. Sudoku is a game of logic and reasoning, requiring no advanced mathematical skills, only logic and pattern recognition. It is a popular game for seniors and can improve concentration, memory, and logical thinking. ENJOY!

Travel Desk

We opened the Travel Desk for this year on Monday, February 9th with our first trip of the year. To-date, we have filled half the bus. This trip is "Dying for a Clue" a murder mystery on Thursday, March 26th., with a buffet lunch at the Old Mill. Check the travel desk for full details.

On Monday, February 23rd, we will introduce "The Magic of Little Canada"---Canada in Miniature. Located in Toronto at Dundas St. just east of Yonge St. Your first stop will be St. Lawrence Market. You can purchase a variety of foods including meats, vegetables, cheeses, fruits, condiments, desserts and much more. Enjoy lunch at the Hot House Cafe. You will make your luncheon selection when you get to the restaurant. Your afternoon will be visiting "Little Canada". Little Canada is a lifelong dream come true for Dutch immigrant Jean-Louis Brenninkmeijer. The project was inspired by his love for Canada and childhood model trains. Enjoy one of the newest sections to open--"The Little North" including the northern lights, polar bears roaming in their natural habitat, and glowing igloos. The room for Little North is kept at 15C. You may want to carry a sweater or jacket. So much of our beautiful country has been captured. Little Canada is a 45,000 sq. ft. indoor attraction started in 2011 and opened August 2021 (only partially completed) at a cost of \$24M. The date for this trip is Thursday, April 16th. This trip has shown great interest.

We have now posted a flyer showing the names and dates of the trips we have picked for the coming year. Copies are available at the Travel Desk.

Mary Lou Busato - Convenor

Cribbage!

COME VISIT US. Please be aware that Cribbage takes place on Tuesdays and Thursdays at 1:00 pm.

Jeanne Lafond - Convenor



Current Events!

The Group Gathers Every Wednesday
in the West Activity Room from:
1:00pm to 3:00pm.

The programme consists of members getting to know each other through sharing humour, discussing current local and world events, plus other subjects of interest. Pictures, videos and PowerPoint information related to the subject of the day will be presented by a member and viewed on a large movie screen

Last month, besides current news, some topics were: Managing Stress and finding Peace and the Argentine/Brazil Iguaza Falls. Next month we may cover Identifying Liars, Tips for Retirees, and Cruises.

On entering, please sign in and deposit your \$0.50 in the "Room Fee" basket. A short break is at 2:00pm at which time coffee, tea, and treats may be purchased.

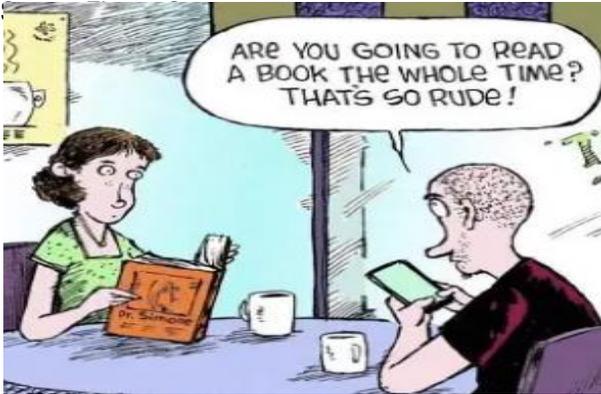
New members are always welcome.

Convenor – Jan Jang
Co-Convenor – Steve Hircock

BOOK CLUB # 1

Book Club #1 is held on the **first Wednesday of the month, from 10:15am-12:00pm.**

This month we will read **“Miller’s Valley”** by Anna Quindlen



Description

For generations the Millers have lived in Miller’s Valley. Mimi Miller tells about her life with intimacy and honesty. As Mimi eavesdrops on her parents and quietly observes the people around her, she discovers more and more about the toxicity of family secrets, the dangers of gossip, the flaws of marriage, the inequalities of friendship and the risks of passion, loyalty, and love. Home, as Mimi begins to realize, can be “a place where it’s just as easy to feel lost as it is to feel content.”

Books are chosen from the Markham or Stouffville Library which provides copies for everyone. We have a few books with large print for those who want it. Often there are e-copies or audio copies in the library which you can access on your own.

Our discussions are always lively and provide interesting perspectives from a variety of members.

The sign-up page is in our large activity binder at the front desk.

BOOK CLUB # 2

We meet every second **Wednesday of the month from 1:00pm-3:00pm**

It’s always fun to get together and discuss the books we have read each month. We usually have quite a variety of opinions to share. Last month we read **“Take My Hand”** by Perkins-Valdez

We are now reading **“Blue Sisters”** by Coco Mellors

Donna Jacobs - Convenor

Description

The three Blue sisters are exceptional—and exceptionally different. **Avery**, the eldest and a recovering heroin addict turned strait-laced lawyer, lives with her wife in London; **Bonnie**, a former boxer, works as a bouncer in Los Angeles following a devastating defeat; and **Lucky**, the youngest, models in Paris while trying to outrun her hard-partying ways. They also had a fourth sister, Nicky, whose unexpected death left the family reeling. A year later, as they each navigate grief, addiction, and ambition, they find they must return to New York to stop the sale of the apartment they were raised in.

But coming home is never as easy as it seems. As the sisters reckon with the disappointments of their childhood and the loss of the only person who held them together, they realize that the greatest secrets they’ve been keeping might not have been from one another but from themselves.

Imbued with Coco Mellors’s signature combination of humor and heart, *Blue Sisters* is a story of what it takes to keep living after loss—and, ultimately, to fall in love with life again.

Mahjong

Mahjong is played twice a week at the Centre, on Monday and Tuesday. In the craft room from 1:00 pm – 4:30 pm.

Monday

Beginners are taught the Asian method, which must be learned before attempting to learn how to play using the National method.

Virginia Guevera -- Convenor

Tuesday

Beginners of the National method are taught on Tuesdays.

Sashi Chitharanjan -- Convenor

The activity fee is 50 cents to play, and you must sign in the Activity Book upon arrival in the Craft Room.



If you think you're too small to make an impact. Try spending the night in a room with a few mosquitoes.

Melody Makers

The next Melody Makers concert will be on March 30th, 2026.

Cost \$2 at door. Coffee /tea \$1

Come and lend an ear. Do a little dancing...

Norma Matus -- Convenor



Please respect our **Scent Free** environment and refrain from wearing scented products when visiting our Club.



eReader's and eBooks

Since 2007, I've been using a Kindle digital ink eReader. My lifelong passion for books has led me to build a library of almost one thousand full length novels. Through a website called "BookBub.com" I'm adding three or four novels a month, at a very reasonable price. One reason I prefer my Kindle is that the font size remains consistent across all books, unlike today's printed books, which often have fonts that are too small for my liking.

Many people tell me they read on their phones or tablets. I don't recommend this because of the "blue light" these devices emit. Blue light can be harsh on the eyes, and while manufacturers offer ways to "dim" it, you can't eliminate it. Most eReaders don't emit blue light at all—it's just like reading on paper.

I'm often at Starbucks early in the morning, reading (or working on the newsletter). One day, a woman stopped by my table and, out of the blue, began talking about the "evils" of using a Kindle. She loves the feel and smell of physical books. If you're drawn to the smell of books, I suggest visiting the second-hand bookstore on Main St.—that experience might change your mind!

Unlike having to bear the burden of carrying heavy books during our daily routines, eReaders are incredibly convenient. No matter how many books you add to your library it always weighs the same.

I feel fortunate to enjoy the best of both worlds when it comes to reading. My Kindle makes reading books effortless and comfortable—I only need to charge it once a month. At home, I also have a collection of physical books that I like to browse through from time to time.

A few months ago, I read my favorite book ever—on my eReader, of course. I enjoyed it so much that I bought the large print version from Indigo, and I still flip through it occasionally. If you're curious about the title, feel free to email me or, better yet, drop by the lounge where I often hang out. I'd be happy to tell you about it—and if it's available, I might even loan it to you.

I found this on the internet: *In today's digital age, eReaders have transformed how book lovers engage with their favorite pastime. These innovative devices offer numerous advantages that enhance the reading experience while maintaining the essence of what makes reading so special.*

Although, nothing can replace the experience of turning the pages on a real book, eReaders offer too many advantages to be ignored.

I don't think any of us will be around when a child is at the museum with its mom and says, "Mom is that a book?")

Peter Robinson



Women's Rights Have Come A Long Way

This article reflects traditional views on women's roles in Canadian society, particularly in the 19th and early 20th centuries.

The campaign for women's rights exemplifies the changing and contested nature of rights. The process of state formation included the unequal treatment of the nation's female citizens, which was pervasive and entrenched in law. Women were denied the right to vote and were unable to become legislators, coroners, magistrates, or judges; they were also unable to sit on juries.

They lost more than their last name when they married: they lost all status in civil law and could not own property or keep their own wages. In 1905 a Supreme Court judge in New Brunswick, reflecting on the role of women in society, explained that "the paramount destiny and mission of women are to fulfil the noble and benign offices of wife and mother. This is the law of the Creator." Yet women were denied custodial rights over children.

Also, criminal law was rife with double-standards. In the case of divorce, for instance, men had only to prove adultery whereas women had to prove adultery as well as desertion without reason, extreme cruelty, incest, or bigamy. Marital rape was unknown, not because it never happened but because it was not against the law.

Discriminatory laws touched on almost every aspect of women's lives.

A woman's primary duty is to help a man in his endeavors, to bear his children, and instill in them the values we hold most dear. A woman has a moral obligation to propagate our race.

Knitting!



The Members of the Wednesday Knitting Group have enjoyed knitting for everyone this year and would like to thank the members for showing interest in our projects. Knitted and crocheted items are available from the glass cabinet in the main hall.

If you or your friends have yarn you no longer want, please leave it at the front desk. Thank you in advance.

Valerie McCune - Convenor

Do you play chess? Come out and have a game or two with us. Every Friday in the craft room. From 10:00 am – 12:00 pm Teaching is available.

Frank Dencshazi - Convenor





CANASTA

We meet from 12:30pm - 4:00pm in the West activity room every Thursday, for a fun afternoon and camaraderie. If you are interested in learning a new card game or to renew your skills...

Contact the front desk.

Keith Shopman - Convenor

DJEMBE DRUMMING

Wednesdays 12:00pm – 1:00pm

In the Craft Room. Signup at the front desk. The cost depends on the number of participants.

Diana Baron - Convenor



BID EUCHRE

MONDAY EVENINGS - 6:30pm – 10:00pm
(Craft Room)

If Monday is a Holiday, then we will play on Tuesday, same time and place.

COST - \$2.00 (Covers Prize Money and \$.50 Facility Fee)

PRIZE MONEY - First \$8.00, Second \$6.00, Third \$5.00

Fourth \$4.00 (Depends on attendance)

If you have never played before, the following is a brief description:

The game is played in teams like regular euchre. Eight cards are dealt. Each player bids on how many tricks he or she thinks they can take.

It is a little more challenging than regular euchre. Two decks of cards are used (face cards only). If you are interested in learning, come out and watch for a night or two and then join in.

Ken and Bev. Budarick – Convenors



Board Duties and Responsibilities

President

Shall Chair – Board and Membership meetings, conduct liaison with the City of Markham – shall, between Board meetings act, if necessary, to ensure compliance with the Constitution and By-Laws and report fully to the next Board meeting of any action taken. The President may sit as ex officio member of all committees of the club.

Vice President

Shall work with the President in the management of the affairs, programs, and activities of the Club; chair official meetings of the Club in the absence of the President, sit as ex officio member of the committees of the Club.

Secretary

Shall maintain and record minutes of the meetings of the Board and Club membership meetings, may also serve as corresponding Secretary of the Board.

Treasurer

Shall maintain the Club financial accounting records and procedures – receive all Club monies, be responsible for the disbursement of Club funds as directed by the Board of Directors; serve as Chair of the Finance Committee.

Assistant Treasurer

Shall assist the Treasurer in all duties of the Treasurer.

Membership Director

In partnership with the City of Markham, will arrange membership promotion; maintain current membership lists and confidentiality; issue membership cards, organize the membership renewal blitz and conduct periodic attendance audits.

Directors at Large

Will fulfill the support and communication role with the activity/program Convenors of the Club.



OAIA BOARD ELECTIONS 2026

Call for Nominations

Nominations may be submitted to the Nomination Committee via the nomination box at the Front Desk

From: *Tuesday, April 7th*

Until: *1:00 p.m., Tuesday, April 28th*

We encourage all members to consider standing for election or to participate by voting.

Nomination forms are available at the Front Desk.

Board Positions to be Filled:

- **President** (2 Years)
- **Treasurer** (2 Years)
- **Secretary** (2 Years)
- **2 Directors at Large** (2 Years)

Voting

Polling stations will be open:

- *10:00 a.m. – 3:00 p.m., Monday, May 11th to Thursday, May 14th*
- *10:00 a.m. – 2:00 p.m., Friday, May 15th*

Nomination Committee:

Mary Lou Busato, Gloria Smith, Ken Budarick



Your Vote Counts!

Happy 103rd Birthday, Stratton Holland!

On behalf of everyone at the OAIA Senior Centre, we want to extend our heartfelt congratulations as you celebrate this remarkable milestone.

Turning 103 years old is truly an extraordinary achievement, and your life is an inspiration to all of us. Your wisdom, kindness, and positive spirit have touched so many people in our community.

We hope your special day is filled with joy, laughter, and the company of good friends. May you continue to be blessed with good health, happiness, and many more wonderful years ahead.

With warmest wishes and cheers from all your friends at OAIA.



Image Credit: Roger Carlsen Photography

2	9	5	3	6	1	4	7	8
6	7	1	2	8	4	5	9	3
8	4	3	7	9	5	2	6	1
3	2	9	6	5	8	1	4	7
7	5	4	1	2	3	6	8	9
1	8	6	9	4	7	3	5	2
9	3	2	4	7	6	8	1	5
4	1	8	5	3	9	7	2	6
5	6	7	8	1	2	9	3	4

Solution to puzzle from page 6

GOODBYE WINTER

Hello Spring!

I hope everyone stays safe and well as we look forward to Spring and brighter days.



Karen Rea
Ward 4 Councillor
Tel. 905.479.7751

To keep informed on Markham and Ward 4 issues, visit:
www.karenrea.ca or email: krea@markham.ca

SEE YOU AT THE MOVIES - WINTER 2026

Markham
at the
MOVIES

tiff

FILM
CIRCUIT

MARCH 31 7:00PM

THE MOTHER AND THE BEAR

After an accident leaves her daughter Sumi comatose in Winnipeg, Sara arrives from Seoul. While using Sumi's dating app, the meddling mother embarks on a transformative personal journey.



ONE HEART SLEEPS, ANOTHER AWAKENS



Tickets \$15 each. Cash at the door or through Flato Markham Theatre Box Office

FLATO
MARKHAM
THEATRE

Follow us



MARKHAM LITTLE THEATRE presents

THE ADVENTURES OF ROBIN HOOD

Sherwood

by Ken Ludwig

April 29 - May 2, 2026

RESERVE YOUR SEATS TODAY AT
WWW.MARKHAMLITTLETHEATRE.CA
OR CALL 905-305-7469

FLATO MARKHAM THEATRE

60 YEARS Celebrating

MARKHAM DISTRICT VETERANS ASSOCIATION

CELEBRATE ST. PATRICK'S DAY

JOIN US FOR A SPECTACULAR PARTY. BRING YOUR FAMILY AND FRIENDS FOR A EVENING OF LAUGHTER AND DANCING. WE CAN'T WAIT TO SEE YOU THERE!

Saturday, March 14
Doors Open at 6:00pm Dinner Served at 7:00pm
MUSIC WITH DJ ED SUTTER

\$40 DINNER TICKETS
DINNER: IRISH STEW, MASHED POTATOES, DESSERT

TICKETS MAY BE PURCHASED AT THE MARKHAM DISTRICT VETERANS ASSOCIATION OR ONLINE AT MDVA.CA
7 Washington St., Markham
AFTER DINNER TICKETS \$15

MARKHAM DISTRICT VETERANS ASSOCIATION

EUCHRE Tournament

SUNDAY, MARCH 8TH
at 7 Washington St., Markham
Check-in begins 12:00pm
Game starts 1:00pm

\$10 entry fee to join the fun
Top 3 winners will receive prizes + 50/50 Draw

FRIENDS & FAMILY WELCOME

PIZZA & SNACKS AVAILABLE

For more information, please email
entertainment@mdva.ca
www.mdva.ca



Easy Access Eyewear Mobile Optician

Nabeela Mandan 416.918.6920
easyacesseyewear@gmail.com

905-294-2030

DIXON-GARLAND FUNERAL HOME

Commemorate & Honour

YOUR LOVED ONES WITH US

LOCALLY TRUSTED

19 SINCE 51

DIXONGARLAND.COM

Neil Garland

3 Generations of **FAMILY** Helping **FAMILY**

Most-Trusted Funeral Service in Markham

Over 70 Years of **PERSONAL** Service



CALLING THE SHOTS NEVER GETS OLD

At Amica Senior Lifestyles, the day is yours to spend any way you wish. Whether you like to keep busy and stay social or relax and take things at your own pace, we'll work to discover what makes you, you. Together we'll create a senior living experience that's all yours, including personalized, professional care that evolves to meet your needs, even as those needs change. And, like spending the afternoon shooting the breeze, that never gets old.

CALL TODAY TO BOOK A TOUR & COMPLIMENTARY LUNCH

AMICA

SENIOR LIFESTYLES

AMICA UNIONVILLE • 905-947-9990

AMICA SWAN LAKE • 905-201-6058



Discover What Makes Stouffville Creek Feel Like Home

Curious about life here? Take a moment to visit and explore the warmth, comfort, and community that make Stouffville Creek special. Come see for yourself - your next adventure could be just a visit away!

Call (905) 642-2902 to schedule a visit

STOUFFVILLE CREEK
RETIREMENT RESIDENCE

INSPIRED SENIOR LIVING WITH 

You Deserve a Break Tonight...

With over 200 fully-prepared, frozen meals and free delivery why not let us take care of dinner so you can focus on taking care of all the other things on your list



Delicious Meals Made *for* Seniors

Call us today  **905-713-5718**


**HEART TO
HOME MEALS**
DELICIOUS MEALS MADE FOR SENIORS™



Elegance that inspires vitality

Beautiful areas and outstanding services



Assistance



Dining room
meals



Numerous
common areas



Leisure
activities



Health and
support services

Contact Ann for a personalized tour.

905 642-5626 | 135 Mostar St, Stouffville | **BloomStouffville.ca**

cogir
SENIOR LIVING

Several residences across Canada
CogirSeniorLiving.ca

You will feel safe
You will have many services at your disposal
Our caring staff will be at your service
It is priceless for us!

Why Choose HearWay?

I have worked as a hearing instrument specialist at some reputable hearing clinics for the past 6 years. After gaining experience, I decided to open my own practice with a mission of delivering the highest quality of hearing healthcare to my patients. "Always delivering best practices with the client's lifestyle in mind."

My hearing clinic stands firmly on the core values of professionalism, reliability, care, and quality. I adopt a client-centric approach to carefully listen to your concerns and work with you to design customized treatment plans.

I am well-versed with the latest technologies and advancements in the hearing healthcare domain and focus on implementing the best industry practices. I am also the recipient of the 2021 Charles Holland Award, which represents a model of hearing excellence across Canada.



Lyle Mirrett, HIS
Hearing Instrument Specialist

Personalized Hearing Care

Whether you are facing hearing loss symptoms for the first time or need help with choosing the right hearing aid for your lifestyle, I am here to help.

- ✓ Free hearing tests and consultations
- ✓ Hearing healthcare education and more
- ✓ Hearing aid repairs
- ✓ Tinnitus management
- ✓ Mobile/At-Home Services
- ✓ Free hearing tests and consultations
- ✓ Lifetime hearing aid maintenance
- ✓ Hearing aid programming
- ✓ Free wax removal

4591 Hwy. 7, #115
Unionville, ON L3R 1M6
289.554.9754
www.hearway.ca



Monday	Tuesday	Wednesday	Thursday	Friday
Snooker 8:30 am - 10:00 pm	Snooker 8:30 am - 10:00 pm	Snooker 8:30 am - 10:00 pm	Snooker 8:30 am - 5:00 pm	Snooker 8:30 am - 5:00 pm
Pickleball - Auditorium 9:00 am - 11:30 am	Exercise - Auditorium 9:00 am - 10:00 am	Osteo Fitness - Auditorium 8:30 am - 10:00 pm	Wood Carving - West Room 9:00 am - 12:00 pm	Table Tennis - East & West 9:00 am - 12:30 pm
Casual Bridge - Craft Room 9:00 a.m. - 12:00 p.m.	Exercise - Auditorium 10:15 am - 11:15 am	Badminton - Cornell 9:00 am - 11:30 am	Exercise - Auditorium 8:30 am - 5:00 pm	Osteo Fitness - Auditorium 9:00 am - 10:00 am
Melody Makers - Auditorium Last Monday in the month 11:30 am - 12: pm	Table Tennis - West 9:00 am - 11:00am	Band Practice - Craft Room 9:30 am - 11:30 am	Canasta - West Room 12:30 pm - 4:00 pm	Badminton - Cornell 9:00 am - 11:30 am
Beg. Line Dance - Auditorium 1:15 pm - 4:30 pm	Water Colours - East Room 9:30 am - 12:00 pm	Book Club - Board Room First Wed 10:15 am - 12:00 pm Second Wed 1:00 pm - 3:00 pm	Crafts - Craft Room 1:00 pm - 3:30 pm	Chess - Craft Room 10:00 am - 12:00 pm
Mah-Jong - Craft Room 1:00 pm - 10:00 p.m.	Water Colours - East Room 1:00 pm - 3:30 pm	Tai Chi - Auditorium 10:30 am - 11:30 am	Cribbage - East Room 1:00 pm - 3:30 pm	Yoga - Auditorium 10:15 am - 11:15 am
Table Tennis - East & West 1:00 pm - 4:30 pm	Yoga - Auditorium 11:30 am - 12:30 pm	Djembe Drumming - Craft Room 12:00 pm - 1:00 pm	Pickleball - Auditorium 11:30 am - 1:30 pm	Yoga - Auditorium 11:30 am - 12:30 pm
Line Dancing - Auditorium 2:30 pm - 4:30 pm	Mah Jong - Craft Room 1:00 pm - 4:30 pm	Euchre - Auditorium 12:30 pm - 3:00 pm	Osteo Fitness - Auditorium 1:45 pm - 2:45 pm	Duplicate Bridge - Craft Room 1:00 pm - 4:30 pm
Badminton - Auditorium 7:00 pm - 9:30 pm	Cribbage - West Room 1:00 pm - 3:30 pm	Current Events Plus - West Room 8:30 am - 10:00 pm	Pickleball - Auditorium 3:00 pm - 4:45 pm.	Pickleball - Auditorium 1:00 pm - 2:30 pm
Bid Euchre - Craft Room 6:30 pm - 10:00 pm	Zumba Gold - Auditorium 1:15 pm - 2:15 pm	Acrylics - East Room 9:30 am - 12:00 pm		Pickleball - Auditorium 2:45 pm - 4:45 pm
	Zumba Gold - Auditorium 2:30 pm - 3:30 pm	Acrylics - East Room 1:00 pm - 3:30 pm		
	Pickle Ball - Auditorium 7:00 pm - 9:30 pm	Knitting - Craft Room 1:30 pm - 4:00 pm		
		Volleyball - Cornell 1:30 am - 4:00 pm		
		Line Dancing - Auditorium 3:30 pm - 5:00 pm		
		Pickle Ball - Auditorium 6:00 pm - 9:30 pm		

Shaded programs are instructional and require pre-registration. Check with the front desk 905.294.5111 or program Convenor for availability and cost.

March 2026		Drop In Programs - Registration Not Required			
	Program	Time	Cost	Room	Convenor
Monday	Badminton	7:00 pm - 9:30 pm	\$0.50	Auditorium	Arun Dewan
	Bid Euchre	6:30 pm - 10:00 pm	\$2.00	Craft	Ken Budarick
	Casual Bridge	9:00 am - 12:00 pm	\$0.50	Craft	Margaret Crawley
	Mah-Jong	1:00 pm - 4:30 pm	\$0.50	Craft	Virginia Guevera
March 30th	Melody Makers - Last Monday	11:30 am - 12:30 pm	\$2.00	Auditorium	Norma Matus
	Pickle Ball	9:00 am - 11:30 am	\$0.50	Auditorium	Cha Pin Lee
	Snooker	8:30 am - 10:00 pm	\$0.50	Snooker	Steve Riesberry
	Table Tennis	1:00 pm - 4:30 pm	\$0.50	East/West	Alphie Cheng
Tuesday	Cribbage	1:00 pm - 3:30 pm	\$0.50	West	Jeanne Lafond
	Mah-Jong	1:00 pm - 4:30 pm	\$0.50	Craft	Sashi Chitharanjan
	Pickle Ball	7:00 pm - 9:30 pm	\$0.50	Auditorium	Cha Pin Lee
	Snooker	8:30 am - 10:00 pm	\$0.50	Snooker	Steve Riesberry
	Table Tennis	9:00 am - 11:30 am	\$0.50	West	Alphie Cheng
Wednesday	Badminton	9:00 am - 11:30 am	\$0.50	Cornell	Arun Dewan
	Band Practice	9:30 am - 11:30 am	\$1.00	Craft	Betsy Duffy
March 4th	Book Club #1 (1st Wed of Month)	10:15 am - 12:00 pm	\$0.50	Board Room	Susan Flatt
March 11th	Book Club #2 (2nd Wed of Month)	1:00 pm - 3:00 pm	\$0.50	Board Room	Donna Jacobs
	Current Events Plus	1:00 pm - 3:00 pm	\$1.00	West	Jan Jang
	Euchre	12:30 pm - 3:00 pm	\$2.00	Auditorium	Blair Simpson
	Knitting	1:30 pm - 4:00 pm	\$0.50	Craft	Valerie McCune
	Snooker	8:30 am - 10:00 pm	\$0.50	Snooker	Steve Riesberry
	Pickleball	6:00 pm - 9:30 pm	\$0.50	Auditorium	Alphie Cheng
	Volleyball	1:30 pm - 3:30 pm	\$0.50	Cornell	Joe Signorello
Thursday	Canasta	12:30 pm - 4:00 pm	\$0.50	West	Keith Shopman
	Crafts	1:00 pm - 3:30 pm	\$0.00	Craft	Wendy Wise
	Cribbage	1:00 pm - 3:30 pm	\$0.50	East	Jeanne Lafond
	Pickleball	11:30 am - 1:30 pm	\$0.50	Auditorium	John Varone
	Pickleball	3:00 pm - 4:45 pm	\$0.50	Auditorium	Kai Mark
	Snooker	8:30 am - 5:00 pm	\$0.50	Snooker	Steve Riesberry
	Wood Carving	9:00 am - 12:00 pm	\$0.50	West	Zdenek Brezina
Friday	Badminton	9:00 am - 11:30 am	\$0.50	Cornell	Arun Dewan
	Bridge (Duplicate)	1:00 pm - 4:30 pm	\$1.00	Craft	Bob Ysseldyk
	Chess	10:00 am - 12:00 pm	\$0.50	Craft	Frank Dencshazi
	Pickleball	1:00 pm - 2:30 pm	\$0.50	Auditorium	Clarence Jones
	Pickleball	2:45 pm - 4:45 pm	\$0.50	Auditorium	Clarence Jones
	Snooker	8:30 am - 5:00 pm	\$0.50	Snooker	Steve Riesberry
	Table Tennis	9:00 am - 12:30 pm	\$0.50	East/West	Eric Tam
Instructional Programs - Registration Required					
	Program	Time	Room	Convenor	
Monday	Ultra Beginner Line Dancing	12:00 pm - 1:00 pm	Auditorium	Norma Matus	
	Beginner Line Dancing	1:15 pm - 2:15 pm	Auditorium	Joyce McDowell	
	Line Dancing	2:30 pm - 4:00 pm	Auditorium	Dianne Sweeney	
Tuesday	Exercise	9:00 am - 10:00 am	Auditorium	Lyn Bryan	
	Exercise	10:15 am - 11:15 am	Auditorium	Pat Rossi	
	Water Colours	9:30 am - 12:00 pm	East	Stella Carageorgopoulos	
	Water Colours	1:00 pm - 3:30 pm	East	Susan Flatt	
	Yoga	11:30 am - 12:30 pm	Auditorium	Ruth MacCharles	
	Zumba Gold	1:15 pm - 2:15 pm	Auditorium	Susan Flatt	
	Zumba Gold	2:30 pm - 3:30 pm	Auditorium	Judy Menlove	
Wednesday	Acrylics	9:30 am - 12:00 pm	East	Karyn Lockhart	
	Acrylics	1:00 pm - 3:30 pm	East	Karyn Lockhart	
	Djembe Drumming	12:00 pm - 1:00 pm	Craft	Diana Baron	
	Line Dancing	3:30 pm - 5:00 pm	Auditorium	Carol Sparks	
	Osteo Fitness	9:00 am - 10:00 am	Auditorium	Lyn Bryan	
	Tai Chi	10:30 am - 11:30 am	Auditorium	Donna Jacobs	
Thursday	Exercise	9:00 am - 10:00 am	Auditorium	Lyn Bryan	
	Exercise	10:15 am - 11:15 am	Auditorium	Pat Rossi	
	Osteo Fitness	1:45 pm - 2:45 pm	Auditorium	Susan Crawford	
Friday	Osteo Fitness	9:00 am - 10:00 am	Auditorium	Lyn Bryan	
	Yoga	10:15 am - 11:15 am	Auditorium	Wendy Wise	
	Yoga	11:30 am - 12:30 pm	Auditorium	Wendy Wise	