

OAIA

News & Views

Vol. XVIII

A Magazine by and for OAIA Members

Monday June 1, 2026



Enjoy The Summer

Markham Seniors Activity Centre - 22 Water Street, Markham, ON L3P 7P9
 Phone: 905-294-5111 OAlA website: <http://www.markhamseniorcentre.com>
 The News & Views is published nine times annually

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Date	Reason For Closure
Monday, February 16 th	Family Day
Friday, April 3 rd	Good Friday
Monday, April 6 th	Easter Monday
Monday, May 18 th	Victoria Day
Wednesday, July 1 st	Canada Day
Monday, August 3 rd	Civic Holiday
Friday, August 28 th 5:00pm to Sunday, September 6 th	Annual Building Maintenance
Monday, September 7 th	Labour Day
Monday, October 12 th	Thanksgiving
Tuesday, December 22 nd 5:00pm to Sunday, January 3 rd , 2027	Closed For The Holidays

Memorial Postings

When a member requests that a card be sent in the event of another member's death, they can also request a newsletter memorial posting, which will appear below:

Hours

Building Hours:

Mon, Tue, Wed 8:30am – 10:00pm
 Thu, Fri 8:30am – 5:00pm

Front Desk Hours:

Mon to Thu 9:00am – 3:30pm
 Fri 9:00am – 1:00pm

Newsletter Contact- newsandviewsmarkham@gmail.com
 Please visit our website at: www.markhamseniorcentre.com

DISCLAIMER The publication of any advertisements in this newsletter is not to be construed as an endorsement of the product or service offered unless it is strictly stated in the ad that there is an endorsement or approval.

We reserve the right to accept, reject, edit, condense and verify all submissions.



Presidents Report

Our May election results are now available and posted throughout the club. Let me introduce you to our new Board:

President	Susan Flatt (appointed)
Vice President	Mark Barrett (appointed)
Treasurer	Michelle Perry (acclaimed)
Assistant Treasurer	Steve Hircock (elected)
Secretary	Lisa Weingust (appointed)
Director At Large	Norma Matus (re-elected)
Director At Large	Wendy Wise (re-elected)
Director At Large	Janet Anderson (term ends 2027)
Director At Large	Carol Sparks (term ends 2027)
Director at Large	Keith Shopman (term ends 2027)
Membership Director	Peter Robinson (appointed)

I regard this team as a strong, experienced competent and caring Board and wish them every success in the time ahead. I believe the OAIA will be well served with them in place.

My tenure as OAIA President ends officially May 31st, 2026. It has been an enriching experience, and I have many people to thank before I depart.

Did you know when I was appointed President, that you were getting a two for one deal? My wife, Helena, has provided me with her unconditional support both at home and at the club. She was always a great sounding board and is well deserving of my thanks.

Mark Barrett as Past President generously offered his wise counsel upon request and kept me on the right path on countless occasions. Thank you volunteer members who served in official capacities as Directors, Convenors, and members of standing committees. Many of our members serve behind the scenes and receive little recognition.

Some examples of those unsung heroes are kitchen and coffee helpers, front desk reception, travel desk staff and News and Views publisher. Thanks to you all. Of course, after the News and Views goes out for printing, I'll remember someone else I should have thanked but at the moment, this is the best I can do.

All Best Wishes,
Les



Dear Readers

Well, here we are—who would have thought it? I've now had the pleasure of serving as editor of our newsletter for a full year.

It has been quite a journey, and mostly a very good one. We have grown from 18 pages to 28, added the occasional splash of colour, and moved most Centre announcements toward the back of the magazine to make room for more feature content. A few of you have also contributed some of the better articles published in our newsletter. It is becoming something we can all be proud of—and I think that is worth celebrating.

As you can see, this month marks our second full-colour issue. I'm pleased that our budget allows us to print this issue in colour as well. Since a colour issue costs roughly twice as much as a black-and-white one, you can also see why we reserve it for only a few issues each year.

In the March issue, I wrote an article titled "Women's Rights Have Come a Long Way." Several people asked how it came about, and a few commented that the last paragraph felt inappropriate. I had recently read a book by Elinor Florence, a Canadian author, about a woman in Saskatchewan who runs her own farm and the challenges she faced in keeping it. The historical information in my article came from the Government of Canada website, and the final paragraph was a quotation from the book.

In the May issue, I mentioned how important it was to vote in our 2026 elections, and many of you clearly took that message to heart because voter turnout was very strong—almost double that of the previous year. Thank you for that.

Now let's turn to the **AGM**, which will take place in October. Attendance has traditionally been low, but I hope we can change that. Last October, we barely reached quorum, and that matters more than many people realize. The AGM is important because it gives members a chance to hear how the organization is doing, ask relevant questions, vote on key matters, and help ensure accountability. It is also one of the few times when members can directly shape the direction of the organization. When turnout is low, fewer voices are heard, and it becomes harder to reflect the interests of the full membership. Quite simply, your presence matters.

If you have ever thought, "It's always the same old thing," this is exactly why your participation is needed. Bring your questions, your ideas, and your concerns. Let's start talking now—in the lounge and elsewhere—about the issues that matter to us, so we arrive at the **AGM** informed, engaged, and ready to take part.

Enjoy the Summer
Peter Robinson
Editor



Astrology Signs For June

Aries: June brings pleasant conversations and warm connections. Sharing stories and ideas with others brings joy and renewed enthusiasm.

Taurus: A comfortable and reassuring month. Simple pleasures, familiar routines, and thoughtful planning create a sense of ease and contentment.

Gemini: This is an uplifting and social time for you. Curiosity stays strong, and friendly exchanges keep life interesting and engaging.

Cancer: As the month progresses, nurture yourself and enjoy time at home or with loved ones. Gentle self-care brings peace and renewal.

Leo: Creativity and confidence shine quietly. Enjoy hobbies, social gatherings, and moments that let you express yourself freely.

Virgo: Supportive friendships and shared activities bring comfort. Feeling useful and connected adds meaning to everyday routines.

Libra: A steady sense of accomplishment grows. Feeling appreciated for your experience and wisdom brings reassurance and pride.

Scorpio: A calm desire to learn or reflect may surface. Reading, memories, or quiet exploration brings inspiration and balance.

Sagittarius: Financial and personal matters feel more settled. Gratitude for what you've built allows you to relax and enjoy the present.

Capricorn: Relationships feel supportive and steady. Meaningful conversations deepen trust and strengthen bonds.

Aquarius: Daily life feels smoother with small adjustments. Taking time for rest and enjoyment improves overall well-being.

Pisces: Joyful moments and creative outlets lift your spirits. Follow what makes you smile—music, art, or time with loved ones.

Astrology Overview: June 2026

June 2026 begins with a light, social tone as the Sun moves through **Gemini**, encouraging conversation, curiosity, and staying connected. It's a pleasant time for reading, learning, and sharing time with others. Around **June 21**, the Sun enters **Cancer**, bringing a calmer, more comforting energy that highlights home, family, and emotional well-being. The month ends with a **Full Moon in Capricorn**, offering a moment to reflect on accomplishments and appreciate life experience and stability. Overall, June blends active engagement with gentle self-care and contentment.

TAI CHI

Tai chi offers meaningful, research-backed benefits for older adults. Its slow, controlled movements help improve balance, stability, flexibility, strength, and body awareness—key abilities that support safer movement and greater independence in daily life.

What makes tai chi especially compelling is that the evidence goes beyond relaxation. Systematic reviews of studies in older adults have found that tai chi can reduce the risk of falls while improving mobility and balance, and broader reviews also link regular practice with better sleep, stronger physical function, and improved overall well-being. In a world of high-impact workouts, tai chi stands out as a gentle, accessible option that is effective without being intimidating.

If you are looking for an exercise that is safe, calming, and practical—and one that can help you move with more confidence—tai chi is well worth trying. Come experience how a gentle practice can make a real difference.

Wednesday at 10:30 am
Donna Jacobs – Convenor



The Slow Unfolding

The mirror learns my face anew,
each line a road the years have drawn;
the silver threads the daylight grew
now catch the fire of early dawn.
My hands remember seeds and rain,
my heart recalls both loss and gold;
and in the quiet, I remain—
not young, not gone, but simply old.

Current Events!

The Group Gathers Every Wednesday
in the West Activity Room from
1:00pm to 3:00pm.

The programme consists of members getting to know each other through sharing humour, discussing current local and world events, plus other subjects of interest. Pictures, videos and PowerPoint information related to the subject of the day will be presented by a member and viewed on a large movie screen

Last month, besides current news, some topics were: the Kubuqi desert, the Colosseum, and Petrodollars. Next month we may cover: noise, eggs, and the best schools around the world.

On entering, please sign in and deposit your \$0.50 in the "Room Fee" basket. A short break is at 2:00pm at which time coffee, tea, and treats may be purchased.

New members are always welcome.

Jan Jang – Convenor
Steve Hircock – Convenor



Monthly Sudoku

	1		6					
		6	8		2		3	4
4						5	2	
9	4	7					8	
	2					7	1	9
	9	4						1
2	7		1		8	9		
					3		4	



Fill the Grid: Each cell in the 9x9 grid must be filled with a number from 1 to 9.

Row Rule: Each row must contain the numbers 1-9 exactly once.

Column Rule: Each column must contain the numbers 1-9 exactly once.

Box Rule: Each 3x3 box must contain the numbers 1-9 exactly once.

Given Clues: Some cells in the grid are pre-filled with numbers (clues) to guide the player.

Uniqueness: The puzzle is solved when all cells are filled correctly, adhering to the above rules. Sudoku is a game of logic and reasoning, requiring no advanced mathematical skills, only logic and pattern recognition. It is a popular game for seniors and can improve concentration, memory, and logical thinking. ENJOY!

Travel Desk Trip Update

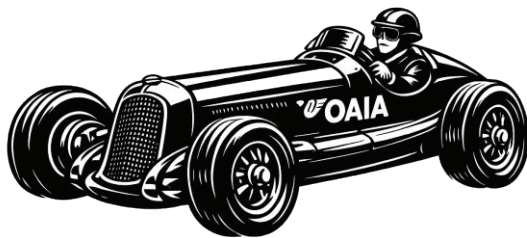
Seats for the July 23rd "Niagara Takes Flight" trip went on sale May 19th and are selling quickly. The itinerary includes a flying theatre ride at Niagara Falls, lunch at Table Rock (3 meal choices), and a guided Niagara Power Station tour featuring a 2,200 ft. tunnel 186 ft. underground with panoramic falls views. Pricing: \$194.00 (members) / \$199.00 (non-members).

Ticket sales for "Guys and Dolls" at the Stratford Festival Theatre open June 8th, with the performance on September 15th. A buffet lunch at the Elmhurst Inn is included. Flyers are available at the Travel Desk.

The May 7th Sentimental Journey 4 trip featured the Guse family musical and lunch at Golf's Steakhouse — thank you for the positive feedback.

A fall trip will be announced before the Club's end-of-August maintenance closure. Check the Travel Desk for details.

Mary Lou Busato – Convenor

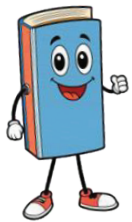


Library

Thank you to Mary Lou Busato for regularly shelving books in the OAIA Library—your work is greatly appreciated. We welcome new or “like new” fiction donations, but not damaged books.

We can no longer accept puzzles; please feel free to take any—no return needed. Book loans operate on the honour system. When finished, return books to the bin under the whiteboard.

Angela Stewart – Convenor



Parking Permit Warning!

Please remember if you wish to park in the disabled parking spots, you must place your OPP (Ontario Parking Permit), on the dashboard of your vehicle. Make sure nothing covers it. If you do not have an OPP, you risk a fine of **350.00** dollars.



Please

Even if you have a valid OPP, but are going to an activity, be reminded that there may be other members who need the spot more than you do.

BOOK CLUB # 1

Book Club #1 is held on the **first Wednesday of the month, from 10:15am-12:00pm.**

Last month we read “**Circle The Sun**” by **Paula McLain.**

We are now reading “**The Book That Matters Most**” by **Ann Hood**

Description

Ava’s twenty-five-year marriage has fallen apart, and her two grown children are pursuing their own lives outside of the country. Ava joins a book group, not only for her love of reading but also out of sheer desperation for companionship. The group’s goal throughout the year is for each member to present the book that matters most to them. Ava rediscovers a mysterious book from her childhood—one that helped her through the traumas of the untimely deaths of her sister and mother. Alternating with Ava’s story is that of her troubled daughter Maggie, who, living in Paris, descends into a destructive relationship with an older man. Ava’s mission to find that book and its enigmatic author takes her on a quest that unravels the secrets of her past and offers her and Maggie the chance to remake their lives.

Susan Flatt – Convenor

Books are chosen from the Markham or Stouffville Library which provides copies for everyone. We have a few books with large print for those who want it. Often there are e-copies or audio copies in the library which you can access on your own.

Our discussions are always lively and provide interesting perspectives from a variety of members.

The sign-up page is in our large activity binder at the front desk.

BOOK CLUB # 2

We meet every second **Wednesday of the month from 1:00pm-3:00pm**

It’s always fun to get together and discuss the books we have read each month. We usually have quite a variety of opinions to share. Last month we read “**The Wedding People**” by **Alison Espach.**

We are now reading “**Tuesdays with Morrie**” by **Mitch Albom**

Description

Maybe it was a grandparent, or a teacher, or a colleague. Someone older, patient and wise, who understood you when you were young and searching, helped you see the world as a more profound place, gave you sound advice to help you make your way through it.

For Mitch Albom, that person was his college professor Morrie Schwartz.

Maybe, like Mitch, you lost track of this mentor as you made your way, and the insights faded, and the world seemed colder. Wouldn’t you like to see that person again, ask the bigger questions that still haunt you, receive wisdom for your busy life today the way you once did when you were younger?

Mitch Albom had that second chance. He rediscovered Morrie in the last months of the older man’s life. Knowing he was dying, Morrie visited with Mitch in his study every Tuesday, just as they used to back in college. Their rekindled relationship turned into one final “class”: lessons in how to live. “The truth is, Mitch,” he said, “once you learn how to die, you learn how to live.”

Tuesdays with Morrie is a magical chronicle of their time together, through which Mitch shares Morrie’s lasting gift with the world.

Donna Jacobs - Convenor

June settles in with longer light,
Soft mornings and unhurried days,
A season to gather, share a smile,
And linger in familiar ways.

At the centre, doors are always open—
For a chat, a laugh, a quiet chair,
For moments simple and meaningful,
And the comfort of knowing someone's there.

As this issue marks our last before summer,
We pause to wish you sunny days ahead,
A season of rest, of visits and joy,
And time well spent in paths you tread.

However you choose to spend your days,
We're glad you've come to stay awhile—
And we'll look forward to welcoming you back
With familiar warmth and easy smiles.

From the Internet

June's Breath

Gold spills on the meadow's skin,
bees hum slow in the honeyed air—
time itself leans back to listen.

News & Views is your magazine. What you like and think is important to us. Please send any articles or suggestions to the email address below. They will be read. Honest...

newsandviewsmarkham@gmail.com

Where the Money Goes

Ever wonder what the Centre does with its money? In our September issue we want to write an article about the Centre's expenses, it's income and where it all goes. You may just be surprised!



Which word in this sentence is spelled correctly but looks wrong when you read it carefully?

Take your time—this one tricks almost everyone 😊

**There is one letter in “banana,”
two in “letter,”
three in “committee,”
and four in “mississippi.”
What is it?**

The Centre has a limited number of newsletters available. Please take one copy only, and if possible, help us share by passing it along to others.



Tech Corner

Technology is moving fast, but it's never too late to learn something new — and to protect yourself while doing it. This month, let's talk about **mobile safety**, one of the most important skills for anyone using the internet.

1. **Keep your devices updated**

Allow your phone, tablet, or computer to install updates when prompted. These updates help keep devices secure and often make them run more smoothly.

2. **Make screens easier to read**

If text feels too small, increase the text size or brightness in your settings. This can reduce eye strain and make reading emails and messages much more comfortable.

3. **Be cautious with unexpected messages**

If you receive an email, text, or phone call you weren't expecting—especially one that sounds urgent—take a moment before responding. Scammers often try to create pressure.

4. **Use voice features when possible**

Voice assistants can help you make calls, send messages, or set reminders without typing. This can be especially helpful for hands-free use or sore fingers.

5. **Learn at your own pace**

There's no rush. Focus on one new feature or task at a time. Repetition builds confidence, and it's perfectly okay to ask questions.

Every month we will give you five Tech tips.

Splashes of Colour: **Art Classes**

Have you ever thought of joining the excellent art classes offered at OAIA where you can learn painting techniques, create works that give you pleasure, and spend some relaxing time in the company of good friends?

Join one, either watercolour or acrylic, or both of the painting classes offered (Two classes of each to choose from). Watercolour painting is discovering that delicate balance of water and pigment. Acrylic painting is exploring vibrant textures using an adaptable medium.

Our talented instructor, Fiona Evans, will demonstrate techniques, provide inspiration, and give you generous feedback and support. Her enthusiasm for her craft and her positive support of her students makes every class a joy.

Join us this fall and experience for yourself the many benefits of painting, which include a reduction of stress, an improvement in focus, and an increased sense of accomplishment.

Stella Carageorgopoulos
Student in both Watercolour and Acrylic classes
Convenor of Watercolour morning class

Please look at some of the great artwork on the following two pages...

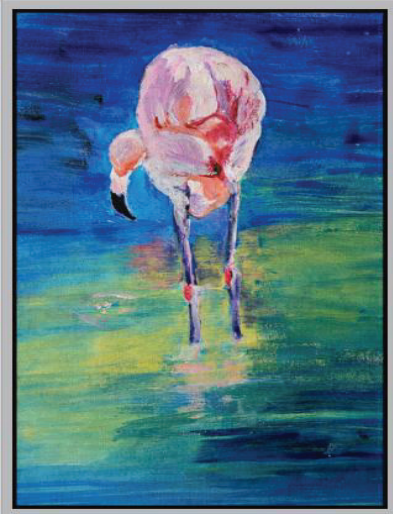


Blooms in the Dark

Diane Yue • Acrylic on canvas

A vibrant floral composition where layered blooms in warm yellows, soft pinks, and cool blues emerge from a deep, dark background. The textured brushwork creates a sense of depth and movement, capturing the delicate beauty of petals in full bloom. Diane's expressive style brings a joyful energy to this celebration of nature's color palette, inviting the viewer to linger in its richness.

Diane Yue is a painter from the OAIA Senior Centre.
Original photograph taken by Fiona Evans



Flamingo Reflections

Linda Rosner • Acrylic on canvas

A graceful flamingo dips its head into shimmering turquoise waters, its soft pink plumage gently reflected below. Rosner's fluid brushwork and luminous color palette bring a serene elegance to this scene, capturing the quiet beauty of the bird in its natural habitat. The interplay of blue and green tones creates a meditative calm that draws the eye inward.

Linda Rosner is a painter from the OAIA Senior Centre.
Original photograph taken by Fiona Evans



Espeleta Jarra

Jane Wei • Acrylic on canvas

This charming streetscape depicts the Espeleta Jarra storefront with its bold red awning, set against a bright blue sky. Wei's artistry captures the warm ambiance of a European village shop with confident brushstrokes and a vivid color palette that evokes sunny afternoons and leisurely strolls. The painting invites the viewer to step inside and explore what treasures await.

Jane Wei is a painter from the OAIA Senior Centre.
Original photograph taken by Fiona Evans



Golden Harvest

Charmaine LeeWah • *Watercolour*

Golden coconuts hang from a swaying palm against a brilliant blue sky, framed by lush green fronds that catch the light. LeeWah's bold use of color and texture conveys the warmth and vitality of tropical life, making the viewer feel the sun's embrace. The upward perspective pulls the eye skyward, creating a sense of freedom and escape.

Charmaine LeeWah is a painter from the OAIA Senior Centre.
Original photograph taken by Fiona Evans



The Blue Door

Philomena Fernandes • *Watercolor*

A weathered blue door set within a sun-warmed stone archway, flanked by potted flowers and a leaning bicycle, evokes the timeless charm of a Mediterranean village. Philomena's warm palette and inviting composition tell a story of simple beauty and quiet moments. Every detail—the trailing ivy, the terracotta pots, the worn threshold—whispers of lives lived and memories made.

Philomena Fernandes is a painter from the OAIA Senior Centre.

Feel free to stop by and watch any artwork class in progress — just keep it quiet, and you're welcome to enjoy!

Note: Fiona Evans is available to teach a calligraphy course on two consecutive Wednesday mornings in the East room. Contact the front desk for inquires.

Y	D	E	M	O	C	J	G	T	Y	E	Y	W	A	A	E	Z	Y	V
M	E	S	F	V	V	B	E	S	D	R	B	R	I	D	O	M	E	V
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Y	G	U	X	C	T	B	A	H	I	T	Q	R	N	B	Y	E	K	O
W	L	Y	H	X	Q	C	G	T	N	R	R	T	A	L	Y	M	X	N
R	C	J	H	F	S	B	U	A	G	E	T	A	G	T	N	T	R	D
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M	O	G	H	A	T	H	A	W	A	Y	D	P	H	K	B	J	T	Q

ACTOR
 BARD
 COMEDY
 ELIZABETH
 ENGLAND
 GLOBE
 HAMLET
 HATHAWAY
 HISTORY

JULIUS CAESAR
 KING LEAR
 LONDON
 MACBETH
 OTHELLO
 PLAGUE
 PLAYWRIGHT
 POET
 QUEEN

SHAKESPEARE
 SONNET
 STAGE
 STRATFORD
 THE TEMPEST
 THEATER
 TRAGEDY
 TROUPE
 WILLIAM

Mothers Day Luncheon

Our OAIA Mother's Day Luncheon was held on Friday, May 8, 2026. I would like to thank my volunteers who decorated the auditorium and assisted the catering team---Mary Lou Busato, Donna McGraw, Jean Evelyn, Margaret Crowley, Heather LaMacchia, Esther Morresi, Gloria Smith and Janet Anderson. Wendy Wise was our M.C., Al Falco played the piano, and the food was catered by Kulam and his team from Village Grocer.

A big, "thank you" to our donors for the wonderful door prizes: Melanie Cramp at Amica Unionville in Unionville, Pamela Nitert at Amica Swan Lake in Markham, Sangaretta Prem at Stouffville Creek in Stouffville, Paul Cicchini at Duchess of Markham in Markham, Ann & Mario Falco at Falco's Ristorante in Markham, Derek McDonald at Loblaws Markham, Crystal at Peter and Suzi's No Frills, Highway 7 and Galsworthy, Markham, Matthew & Thomas at Markham Guardian Pharmacy, Karen Rea, Markam Ward 4 Councillor, Cathy MacDonald at Village Grocer in Markham, Joe Gullerserian at Brand 5th Avenue in Richmond Hill, Neil Garland at Dixon Garland Funeral Home Markham, and Chapel Ridge Funeral Home Markham.

Finally, many thanks to all who attended the event, and your positive feedback. It makes all our efforts worthwhile.

Jeanne Colvin – Convenor



The Hats Have it!

The Power of a Simple Journal

In an age before smartphones, computers, and even ballpoint pens, many people found a different way to record their lives—through the simple act of keeping a daily journal.

In the early 1900s, writing was often done with pencil or a fountain pen, and paper was something to be valued. Yet despite these limitations, many ordinary people—especially those living on farms or in rural communities—made the effort to write down their daily experiences. These journals were not meant for publication or fame. They were simply a record of life as it unfolded, one day at a time.

A wonderful example of this comes from a member of our community, whose grandmother kept a journal beginning around 1908. In its pages, she wrote about her everyday life on the farm—chores, visitors, and moments of recreation. One particularly delightful memory tells of her playing croquet against the boys—and winning! In another entry, she mentions a friend visiting and even helping by pulling her mother's tooth before heading home. These small, vivid details bring a smile today and remind us just how different (and yet how similar) life once was.

Journals like these are incredibly valuable. They provide what historians call "firsthand accounts," offering a direct window into the daily lives, thoughts, and experiences of ordinary people. Unlike official records or history books, which often focus on major events, personal diaries capture the small, meaningful moments—what people ate, how they worked, what made them laugh, and what they worried about.

Farm journals, in particular, often recorded weather, planting, harvesting, and daily tasks, showing a close connection between people and the land. These entries might seem simple, but together they paint a rich picture of rural life and the rhythm of the seasons.

Over time, these personal writings have become priceless historical treasures. They help us understand not just what happened in the past, but *how it felt* to live through it. They remind us that history is not only made by famous figures, but also by everyday people going about their lives.

Today, many of us may not keep a daily journal, (I do), but reading these old writings can inspire us to pause and reflect. Whether it's jotting down a memory, recording a family story, or simply noting what brought us joy in a day, journaling is a way of preserving our own piece of history.

Who knows—perhaps one day, a future reader will open one of our journals and smile at the little details of *our* lives, just as we do now.

Wouldn't it be wonderful if we could include a few journal entries each month? I know many of you would enjoy reading them as much as I would—and perhaps even share your own stories as well. If you or your family have journals, diaries, or written memories you'd be willing to share, we would love to hear from you.

Peter Robinson

DO YOU PLAY CHESS?



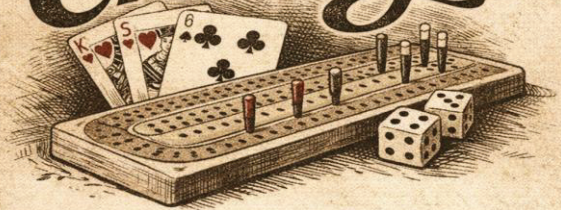
COME OUT AND HAVE A
GAME OR TWO WITH US

EVERY FRIDAY

IN THE CRAFT ROOM
10:00 AM – 12:00 PM
TEACHING IS AVAILABLE

FRANK DENC SHAZI
— CONVENOR —

Cribbage!



— *Come Visit Us.* —

Cribbage takes place from 1:00 to 3:30 pm.

- Tuesdays In the west activity room
- Thursdays In the east activity room

Jeanne Lafond – Convenor

Thursday Craft Group

Busy hands, big hearts!

We're sewing bags to support

Markham Stouffville Hospital's Cancer Centre

— Our new ongoing service project! —

Accepting donations of
Fabric & Materials
To keep the creativity flowing!



Craft Sale Coming in May...

Stay tuned for far-out fun!

MELODY MAKERS

Next Concert

June 29, 2026

11:30am – 12:30pm

Come and lend an ear
Do a little dancing...

Admission

\$2 at the door

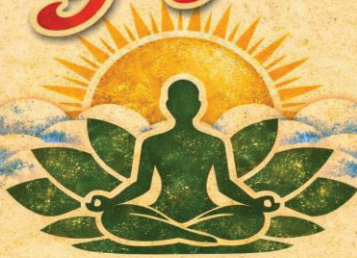
Coffee / Tea — \$1

Everyone Welcome!

Norma Matus

Convenor

Summer Yoga!



TUESDAYS AT 11:30 AM

July 7th – August 25th

8 Weeks • Only \$50!

Get Fit & Have Fun This Summer!

★ **All Welcome!!** ★

Instructor: Ranjith

Ellen Dusk – Convenor

CANASTA

We meet from
12:30pm –
4:00pm in the
West activity
room every

Thursday, for a fun afternoon
and camaraderie. If you are
interested in learning a new
card game or to renew your
skills...



Contact the front desk.

Keith Shopman –
Convenor



DJEMBE DRUMMING



WEDNESDAYS, 12:00PM-1:00PM

IN THE CRAFT ROOM.

SIGN UP AT THE FRONT DESK

THE COST DEPENDS ON THE
NUMBER OF PARTICIPANTS.

DIANA BARON – CONVENOR

MONDAY MORNING BRIDGE

— A Pleasant Weekly Gathering —



Step into the warmth of the Craft Room
and enjoy a friendly game of bridge
with neighbours and friends.

☕ Relax • Play • Connect ☕

Every Monday Morning
9:00 a.m. – 11:30 a.m.

All are welcome — whether seasoned players
or those simply looking for good company.

Convenor:

Margaret Crowley

MAHJONG



Mahjong is played twice a week at the Centre, on **Monday and Tuesday**.

TUESDAY

Instruction in the Asian method before learning the National method.

The activity fee is **50 CENTS** to play, and **YOU MUST SIGN IN** in the Activity Book upon arrival in Craft Room.

3	1	2	6	5	4	8	9	7
7	5	6	8	9	2	1	3	4
4	8	9	3	1	7	5	2	6
9	4	7	5	2	1	6	8	3
6	3	1	7	8	9	4	5	2
5	2	8	4	3	6	7	1	9
8	9	4	2	6	5	3	7	1
2	7	3	1	4	8	9	6	5
1	6	5	9	7	3	2	4	8

Solution for Sudoku from Page 7.

SOLUTION

Y	D	E	M	O	C	J	G	T	Y	E	Y	W	A	A	E	Z	Y	V
M	E	S	F	V	V	B	E	S	D	R	B	R	I	D	O	M	E	V
T	O	T	H	E	L	L	O	E	G	H	R	O	O	L	G	U	V	T
D	S	O	N	N	E	T	F	P	E	O	A	P	L	T	L	Y	J	W
L	R	R	N	U	U	A	Z	M	G	L	R	M	Y	G	S	I	M	U
P	X	A	V	I	Q	H	T	E	B	A	Z	I	L	E	L	I	A	V
L	L	J	B	H	B	Z	P	T	S	S	P	B	Q	E	B	C	H	M
A	T	R	O	U	P	E	L	E	K	Y	T	V	X	S	T	F	G	L
Y	G	U	X	C	T	B	A	H	I	T	Q	R	N	B	Y	E	K	O
W	L	Y	H	X	O	C	G	T	N	R	R	T	A	L	Y	M	X	N
R	C	J	H	F	S	B	U	A	G	E	T	A	G	T	N	T	R	D
I	R	W	U	U	N	Z	E	O	L	T	D	H	G	F	F	O	U	O
G	K	A	I	B	O	U	E	H	E	A	K	N	A	E	T	O	Q	N
H	F	L	D	S	U	Z	C	S	A	E	I	F	A	C	D	T	R	G
T	U	Q	H	Y	J	P	U	J	R	H	S	X	A	L	E	Y	R	D
J	K	P	E	G	A	T	S	E	K	T	B	V	P	M	G	H	S	C
Y	Y	P	O	P	Q	M	H	T	E	B	C	A	M	W	K	N	K	H
S	E	R	A	E	P	S	E	K	A	H	S	V	E	Q	U	E	E	N
M	O	G	H	A	T	H	A	W	A	Y	D	P	H	K	B	J	T	Q

Solution for Puzzle from Page 14.



BID EUCHRE

MONDAY EVENINGS • 6:30 PM – 10:00 PM
(Craft Room)

IF MONDAY IS A HOLIDAY

We will play on TUESDAY – Same Time & Place.

COST: \$2.00

(Covers Prize Money and 50¢ Facility Fee)

PRIZE MONEY

First \$8.00 • Second \$6.00 • Third \$5.00

Fourth \$4.00 (Depends on attendance)

NEW TO BID EUCHRE?

Played in teams like regular euchre. Eight cards are dealt.
Each player bids on how many tricks he or she thinks they can take

A little more challenging than regular euchre.

Two decks of cards are used (Face cards only).

If you're interested in learning,
Come out and watch for a night or two...

THEN JOIN IN!

Ken and Bev Budarick – Convenors



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Your concerns
are my concerns.



"If you have any issues
that you feel need to be
addressed please don't
hesitate to contact me."

Karen
Rea

Ward 4 Councillor

Tel. 905.479.7751

To keep informed on Markham and Ward 4 issues, visit:
www.karenrea.ca or email: krea@markham.ca



Easy Access Eyewear Mobile Optician

Nabeela Mandan 416.918.6920
easyacesseyewear@gmail.com

Need HELP?

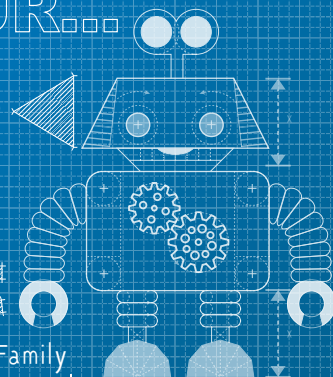
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My hearing clinic stands firmly on the core values of professionalism, reliability, care, and quality. I adopt a client-centric approach to carefully listen to your concerns and work with you to design customized treatment plans.

I am well-versed with the latest technologies and advancements in the hearing healthcare domain and focus on implementing the best industry practices. I am also the recipient of the 2021 Charles Holland Award, which represents a model of hearing excellence across Canada.



Lyle Mirrett, HIS
Hearing Instrument Specialist

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www.hearway.ca



Monday	Tuesday	Wednesday	Thursday	Friday
Snooker 8:30 am - 10:00 pm	Snooker 8:30 am - 10:00 pm	Snooker 8:30 am - 10:00 pm	Snooker 8:30 am - 5:00 pm	Snooker 8:30 am - 5:00 pm
Pickleball - Auditorium 9:00 am - 11:30 am	Exercise - Auditorium 9:00 am - 10:00 am	Osteo Fitness - Auditorium 9:00 am - 10:00 pm	Wood Carving - West Room 9:00 am - 12:00 pm	Table Tennis - East & West 9:00 am - 12:30 pm
Casual Bridge - Craft Room 9:00 a.m. - 12:00 p.m.	Exercise - Auditorium 10:15 am - 11:15 am	Badminton - Cornell 9:00 am - 11:30 am	Exercise - Auditorium 9:00 am - 10:00 am	Osteo Fitness - Auditorium 9:00 am - 10:00 am
Melody Makers - Auditorium Last Monday in the month 11:30 am - 12:30 pm	Table Tennis - West 9:00 am - 11:00 am	Band Practice - Craft Room 9:30 am - 11:30 am	Exercise - Auditorium 10:15 am - 11:15 am	Badminton - Cornell 9:00 am - 11:30 am
Ultra Beg. Line Dance - Auditorium 12:00 pm - 1:00 pm	Water Colours - East Room 9:30 am - 12:00 pm	Book Club - Board Room First Wed 10:15 am - 12:00 pm Second Wed 1:00 pm - 3:00 pm	Canasta - West Room 12:30 pm - 4:00 pm	Chess - Craft Room 10:00 am - 12:00 pm
Beg. Line Dance - Auditorium 1:15 pm - 4:30 pm	Water Colours - East Room 1:00 pm - 3:30 pm	Tai Chi - Auditorium 10:30 am - 11:30 am	Crafts - Craft Room 1:00 pm - 3:30 pm	Yoga - Auditorium 10:15 am - 11:15 am
Mah-Jong - Craft Room 1:00 pm - 4:30 pm	Yoga - Auditorium 11:30 am - 12:30 pm	Djembe Drumming - Craft Room 12:00 pm - 1:00 pm	Cribbage - East Room 1:00 pm - 3:30 pm	Yoga - Auditorium 11:30 am - 12:30 pm
Table Tennis - East & West 1:00 pm - 4:30 pm	Mah Jong - Craft Room 1:00 pm - 4:30 pm	Euchre - Auditorium 12:30 pm - 3:00 pm	Pickleball - Auditorium 11:30 am - 1:30 pm	Duplicate Bridge - Craft Room 1:00 pm - 4:30 pm
Line Dancing - Auditorium 2:30 pm - 4:30 pm	Cribbage - West Room 1:00 pm - 3:30 pm	Current Events Plus - West Room 1:00 pm - 3:00 pm	Osteo Fitness - Auditorium 1:45 pm - 2:45 pm	Pickleball - Auditorium 1:00 pm - 2:30 pm
Badminton - Auditorium 7:00 pm - 9:30 pm	Zumba Gold - Auditorium 1:15 pm - 2:15 pm	Acrylics - East Room 9:30 am - 12:00 pm	Pickleball - Auditorium 3:00 pm - 4:45 pm.	Pickleball - Auditorium 2:45 pm - 4:45 pm
Bid Euchre - Craft Room 6:30 pm - 10:00 pm	Zumba Gold - Auditorium 2:30 pm - 3:30 pm	Acrylics - East Room 1:00 pm - 3:30 pm		
	Pickle Ball - Auditorium 7:00 pm - 9:30 pm	Knitting - Craft Room 1:30 pm - 4:00 pm		
		Volleyball - Cornell 1:30 am - 4:00 pm		
		Line Dancing - Auditorium 3:30 pm - 5:00 pm		
		Pickle Ball - Auditorium 6:00 pm - 9:30 pm		

Shaded programs are instructional and require pre-registration. Check with the front desk 905.294.5111 or program Convenor for availability and cost.

June 2026 Drop In Programs - Registration Not Required					
	Program	Time	Cost	Room	Convenor
Monday	Badminton	7:00 pm - 9:30 pm	\$0.50	Auditorium	Arun Dewan
	Bid Euchre	6:30 pm - 10:00 pm	\$2.00	Craft	Ken Budarick
	Casual Bridge	9:00 am - 12:00 pm	\$0.50	Craft	Margaret Crowley
	Mah-Jong	1:00 pm - 4:30 pm	\$0.50	Craft	Sashi Chitharanjan
June 29th	Melody Makers - Last Monday	11:30 am - 12:30 pm	\$2.00	Auditorium	Norma Matus
	Pickle Ball	9:00 am - 11:30 am	\$0.50	Auditorium	Cha Pin Lee
	Snooker	8:30 am - 10:00 pm	\$0.50	Snooker	Steve Riesberry
	Table Tennis	1:00 pm - 4:30 pm	\$0.50	East/West	Alphie Cheng
Tuesday	Cribbage	1:00 pm - 3:30 pm	\$0.50	West	Jeanne Lafond
	Mah-Jong	1:00 pm - 4:30pm	\$0.50	Craft	Sashi Chitharanjan
	Pickle Ball	7:00 pm - 9:30 pm	\$0.50	Auditorium	Cha Pin Lee
	Snooker	8:30 am - 10:00 pm	\$0.50	Snooker	Steve Riesberry
	Table Tennis	9:00 am - 11:30 am	\$0.50	West	Alphie Cheng
Wednesday	Badminton	9:00 am - 11:30 am	\$0.50	Cornell	Arun Dewan
	Band Practice	9:30 am - 11:30 am	\$1.00	Craft	Betsy Duffy
June 3rd	Book Club #1 (1st Wed of Month)	10:15 am - 12:00 pm	\$0.50	Board Room	Susan Flatt
June 10th	Book Club #2 (2nd Wed of Month)	1:00 pm - 3:00 pm	\$0.50	Board Room	Donna Jacobs
	Current Events Plus	1:00 pm - 3:00 pm	\$1.00	West	Jan Jang
	Euchre	12:30 pm - 3:00 pm	\$2.00	Auditorium	Blair Simpson
	Knitting	1:30 pm - 4:00 pm	\$0.50	Craft	Valerie McCune
	Snooker	8:30 am - 10:00 pm	\$0.50	Snooker	Steve Riesberry
	Pickleball	6:00 pm - 9:30 pm	\$0.50	Auditorium	Alphie Cheng
	Volleyball	1:30 pm - 3:30 pm	\$0.50	Cornell	Joe Signorello
Thursday	Canasta	12:30 pm - 4:00 pm	\$0.50	West	Keith Shopman
	Crafts	1:00 pm - 3:30 pm	\$0.00	Craft	Wendy Wise
	Cribbage	1:00 pm - 3:30 pm	\$0.50	East	Jeanne Lafond
	Pickleball	11:30 am - 1:30 pm	\$0.50	Auditorium	John Varone
	Pickleball	3:00 pm - 4:45 pm	\$0.50	Auditorium	Kai Mark
	Snooker	8:30 am - 5:00 pm	\$0.50	Snooker	Steve Riesberry
	Wood Carving	9:00 am - 12:00 pm	\$0.50	West	Zdenek Brezina
Friday	Badminton	9:00 am - 11:30 am	\$0.50	Cornell	Arun Dewan
	Bridge (Duplicate)	1:00 pm - 4:30 pm	\$1.00	Craft	Bob Ysseldyk
	Chess	10:00 am - 12:00 pm	\$0.50	Craft	Frank Dencshazi
	Pickleball	1:00 pm - 2:30 pm	\$0.50	Auditorium	Clarence Jones
	Pickleball	2:45 pm - 4:45 pm	\$0.50	Auditorium	Clarence Jones
	Snooker	8:30 am - 5:00 pm	\$0.50	Snooker	Steve Riesberry
	Table Tennis	9:00 am - 12:30 pm	\$0.50	East/West	Eric Tam
Instructional Programs - Registration Required					
	Program	Time	Room	Convenor	
Monday	Ultra Beginner Line Dancing	12:00 pm - 1:00 pm	Auditorium	Norma Matus	
	Beginner Line Dancing	1:15 pm - 2:15 pm	Auditorium	Joyce McDowell	
	Line Dancing	2:30 pm - 4:00 pm	Auditorium	Dianne Sweeney	
Tuesday	Exercise	9:00 am - 10:00 am	Auditorium	Lyn Bryan	
	Exercise	10:15 am - 11:15 am	Auditorium	Pat Rossi	
	Water Colours	9:30 am - 12:00 pm	East	Stella Carageorgopoulos	
	Water Colours	1:00 pm - 3:30 pm	East	Karyn Lockhart	
	Yoga	1130 am - 12:30 pm	Auditorium	Ruth MacCharles	
	Zumba Gold	1:15 pm - 2:15 pm	Auditorium	Susan Flatt	
	Zumba Gold	2:30 pm - 3:30 pm	Auditorium	Judy Menlove	
Wednesday	Acrylics	9:30am - 12:00 pm	East	Karyn Lockhart	
	Acrylics	1:00 pm - 3:30 pm	East	Karyn Lockhart	
	Djembe Drumming	12:00 pm - 1:00 pm	Craft	Diana Baron	
	Line Dancing	3:30 pm - 5:00 pm	Auditorium	Carol Sparks	
	Osteo Fitness	9:00 am - 10:00 am	Auditorium	Lyn Bryan	
	Tai Chi	10:30 am - 11:30 am	Auditorium	Donna Jacobs	
Thursday	Exercise	9:00 am - 10:00 am	Auditorium	Lyn Bryan	
	Exercise	10:15 am - 11:15 am	Auditorium	Pat Rossi	
	Osteo Fitness	1:45 pm - 2:45 pm	Auditorium	Susan Crawford	
Friday	Osteo Fitness	9:00 am - 10:00 am	Auditorium	Lyn Bryan	
	Yoga	10:15 am - 11:15 am	Auditorium	Wendy Wise	
	Yoga	11:30 am - 12:30 pm	Auditorium	Wendy Wise	