

OAIA

News & Views

Vol. XVIII

A Magazine by and for OAIA Members

Tuesday September 8, 2026



Markham Seniors Activity Centre - 22 Water Street, Markham, ON L3P 7P9
 Phone: 905-294-5111 OAIA website: <http://www.markhamseniorcentre.com>
 The News & Views is published nine times annually

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Date	Reason For Closure
Monday, February 16 th	Family Day
Friday, April 3 rd	Good Friday
Monday, April 6 th	Easter Monday
Monday, May 18 th	Victoria Day
Wednesday, July 1 st	Canada Day
Monday, August 3 rd	Civic Holiday
Friday, August 28 th 5:00pm to Sunday, September 6 th	Annual Building Maintenance
Monday, September 7 th	Labour Day
Monday, October 12 th	Thanksgiving
Tuesday, December 22 nd 5:00pm to Sunday, January 3 rd 2027	Closed For The Holidays

Memorial Postings

When a member requests that a card be sent in the event of another member's death, they can also request a newsletter memorial posting, which will appear below:

Hours

Building Hours:

Mon, Tue, Wed 8:30am – 10:00pm
 Thu, Fri 8:30am – 5:00pm

Front Desk Hours:

Mon to Thu 9:00am – 3:30pm
 Fri 9:00am – 1:00pm

Newsletter Contact- newsandviewsmarkham@gmail.com
 Please visit our website at: www.markhamseniorcentre.com

DISCLAIMER The publication of any advertisements in this newsletter is not to be construed as an endorsement of the product or service offered unless it is strictly stated in the ad that there is an endorsement or approval.

We reserve the right to accept, reject, edit, condense and verify all submissions.



President's Report

My first wish, as your new President, is to extend a Warm Welcome to all our members and to say a big thank-you to Les Miscampbell for his significant contributions, as President, over the past two years.

My thanks, also, to our board members, convenors and volunteers for their on-going participation and hard work. Their efforts are essential to the successful operation of our many interesting activities.

Our facility saw improvements over the past year, including refurbishments to the gym floor, and the snooker chairs as well as improvements to our computer capabilities and the addition of a new member management system.

The continuing growth of our membership is evidence of the enthusiasm for meeting new friends and to our many activity offerings.

Please be reminded of your membership renewal dates of September 8th through September 18th, and the necessity to bring your current membership card, as well as only a credit card or cheque for payment.

Over the past year there has been some discussion about the appropriateness of the "Club" making local charitable donations. In order to measure your opinion on the subject, while renewing your membership there will be a ballot available for you to indicate a "Yes" or "No" response.



Our welcome back BBQ, for Members Only, is scheduled for Friday, September 25th. Upon arrival and presentation of your Membership Card, free tickets will be available in the gym. Please note that tickets must be presented upon entry to the BBQ. Last year's BBQ was a popular success with a great turnout.

Last, but not least, please be sure to attend the upcoming Annual General Meeting, starting at noon on Tuesday, October 20th. This meeting is an important event that encourages member participation in your "Club". A light lunch will be served.

Finally, may I wish you a Healthy and Active September.

Stay Well,

Susan Flatt



Dear Readers

Welcome back to another exciting season at the OAIA Markham Senior Centre!

After our annual summer hiatus, it is wonderful to be preparing another newsletter filled with news, activities, and opportunities to connect.

The months ahead promise a busy calendar of programs, social events, and special celebrations that showcase the energy and enthusiasm of our members.

The strength of our Centre has always been the people who walk through the doors. Thank you for your continued participation, volunteer spirit, and support. Together, we make OAIA Markham Senior Centre a vibrant and welcoming place for all.

We are beginning an exciting new chapter at the senior centre. Susan Flatt has stepped into the role of president, we have welcomed new board members, and there are many possibilities ahead.

In the coming months, I would like to encourage a little more reader involvement in our newsletter and in the life of the centre. That means you. I know our members are listening and paying attention, because we had such a strong voter turnout during our elections.

Now it is time to look ahead to our AGM, or Annual General Meeting. It is one of the most important events of the year, but attendance has traditionally been low. This year, let's change that together.

Please watch for more information about the **AGM** in the next newsletter and on the centre notice boards. Your voice matters, and we hope to see more members taking part in the conversations and decisions that shape our centre.

Be sure to keep an eye on the big screen by the front desk. We received such positive feedback on the artwork featured in the June issue that we decided to share some of it on the screen as well. It is a great way to brighten up the front area and give our visuals a fresh new look.

Please also take a moment to read the article later in this newsletter about our new **Member Management System (MMS)**.

MMS is a new touch-screen system designed to help staff and volunteers look up member information, scan membership cards, keep records up to date, and make front desk service quicker and easier as we move forward with new technology.

Peter Robinson
Editor



Astrology Signs For September 2026

Aries (March 21 – April 19)

September urges Aries to **refocus on purpose and routines**. After a summer of activity, this is a time to organize your work and energy. Career opportunities may require strategic planning, while relationships benefit from honest communication. Health and finances remain stable if attention is given to detail.

Taurus (April 20 – May 20)

Taurus experiences a **harvest period**, where efforts in work and personal projects begin to show results. September encourages refining routines, collaborating with others, and focusing on long-term goals. Love life may deepen through shared responsibilities, and financial planning is favored.

Gemini (May 21 – June 20)

Gemini is called to **reclaim schedules and tighten focus**. This month emphasizes organization, learning, and intellectual pursuits. Social connections flourish if you balance curiosity with discipline. Health benefits from structured routines, and career progress is steady with consistent effort.

Cancer (June 21 – July 22)

Cancer finds September ideal for **emotional reflection and family harmony**. Early in the month, focus on home and personal relationships. Mid-month brings opportunities for deeper emotional connections. Career and finances require careful planning, while health remains stable with mindful self-care.

Leo (July 23 – August 22)

Leos are encouraged to **balance creativity with responsibility**. September offers chances to showcase talents, particularly in professional or artistic endeavors. Relationships may experience passionate moments, especially after Venus enters Scorpio. Financial caution is advised, and health benefits from regular routines.

Virgo (August 23 – September 22)

Virgos experience a **powerful New Moon on September 11**, perfect for setting intentions in work, health, and personal growth. Organization, planning, and mindful living are highlighted. Relationships improve through clear communication, and career opportunities favor detailed, disciplined efforts.

Libra (September 23 – October 22)

With the Sun entering Libra on **September 23**, focus shifts to **harmony, fairness, and cooperation**. This is a favorable period for partnerships, negotiations, and social engagements. Career and finances benefit from collaboration, while personal growth is supported by balancing work and relationships.

Scorpio (October 23 – November 21)

Scorpio experiences **intense emotional energy** as Venus enters your sign mid-month. Passion, intimacy, and transformation are highlighted. Career and financial decisions require careful consideration. Health benefits from stress management and emotional balance.

Sagittarius (November 22 – December 21)

Sagittarius is encouraged to **expand horizons and embrace learning**. Jupiter's influence brings opportunities for growth in education, travel, and career. Relationships thrive through shared experiences, while finances require prudence. Health is stable with attention to routine.

Capricorn (December 22 – January 19)

Capricorn focuses on **discipline, long-term planning, and career stability**. Saturn's influence emphasizes structure and responsibility. September is favorable for professional growth, financial planning, and personal development. Relationships benefit from patience and clear communication.

Aquarius (January 20 – February 18)

Aquarius experiences a **month of reflection and innovation**. Early September is ideal for organizing personal and professional life. Mid-month brings opportunities for creative problem-solving and social engagement. Health and finances remain stable with careful planning.

Pisces (February 19 – March 20)

Pisces is guided toward **clarity, emotional balance, and spiritual reflection**. Early September favors introspection and personal growth. Relationships deepen through empathy and understanding. Career and finances require attention to detail, while health benefits from mindful routines.

Tai Chi Classes Cancelled for September 2026

Notice of Cancellation

All Tai Chi classes scheduled for September 2026 have been cancelled. We apologize for any inconvenience and appreciate your understanding.

Updates and Questions

Updates about future class dates will be shared as soon as they are available.

If you have any questions, please leave your name and phone number at the front desk at 905.294.5111, and I will be happy to contact you.

Thank you,
Keith Shopman

The Slow Unfolding

The mirror learns my face anew,
each line a road the years have drawn;
the silver threads the daylight grew
now catch the fire of early dawn.
My hands remember seeds and rain,
my heart recalls both loss and gold;
and in the quiet, I remain—
not young, not gone, but simply old.

Please Leave Strong Scents at Home

We love welcoming everyone to the Centre, and we want our shared spaces to be comfortable for all. That means bringing your smile, your stories, your knitting, your cards, and your good humour—but please leave strong scents and offensive odours at home.

Perfumes, colognes, aftershave, scented lotions, strong hair products, cigarette smoke on clothing, mothballs, mustiness, and other lingering smells can affect people more than we realize. For some members, strong odours can trigger headaches, breathing problems, nausea, allergies, or asthma symptoms. Even a “little dab” can travel farther than expected—rather like that casserole dish from 1988 that somehow still smells familiar.

As we all know, some smells have excellent memories. They like to settle into coats, scarves, sweaters, handbags, and hats, then come along for the whole afternoon whether they were invited or not. Before visiting the Centre, please take a moment to choose fresh, clean clothing and avoid heavily scented products. If you smoke, garden, cook with strong spices, store clothes with mothballs, or pull something from the back of the closet, a quick airing or wash can make a big difference.

This is not about embarrassing anyone. It is simply about kindness, health, and courtesy. Many of us have sensitive noses, lungs, or allergies, and a scent-free visit helps everyone enjoy programs, meals, games, classes, and conversations without discomfort. Thank you for helping keep the Centre fresh, welcoming, and easy to breathe in. After all, the only old smells we want lingering around here are the wonderful memories.

Monthly Sudoku

6	3	7		8				
			4				3	6
8		4	2					
9		3			8			
		2				4		
			7			5		3
					3	6		1
1	6				4			
				6		9	4	5



Fill the Grid: Each cell in the 9x9 grid must be filled with a number from 1 to 9.

Row Rule: Each row must contain the numbers 1-9 exactly once.

Column Rule: Each column must contain the numbers 1-9 exactly once.

Box Rule: Each 3x3 box must contain the numbers 1-9 exactly once.

Given Clues: Some cells in the grid are pre-filled with numbers (clues) to guide the player.

Uniqueness: The puzzle is solved when all cells are filled correctly, adhering to the above rules. Sudoku is a game of logic and reasoning, requiring no advanced mathematical skills, only logic and pattern recognition. It is a popular game for seniors and can improve concentration, memory, and logical thinking. ENJOY!

Travel Desk

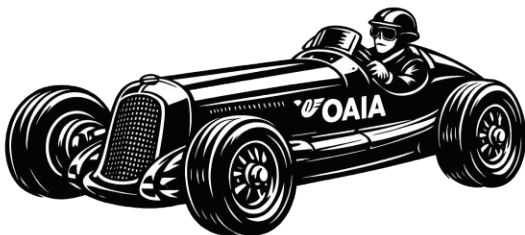
The Travel Desk is closed and will reopen after the Membership Blitz on Monday, September 21st.

Two trips are scheduled for September and October. The first is to Stratford Festival Theatre on Tuesday, September 15, to see *Guys & Dolls*. We depart Markham Senior Centre at 8:45 a.m., enjoy a buffet lunch at the Elmhurst Inn, and attend the 2:00–5:00 p.m. show with reserved seating. Return is expected around 7:00 p.m. Cost: \$194 for members and \$199 for non-members. This trip is sold out, but a wait list is available at the front desk.

Our annual fall trip, *Fall Colours in Southern Georgian Bay*, is Thursday, October 15. We depart at 9:00 a.m., stop at Downey's, enjoy lunch at Mylar & Loretta's, then visit Blue Mountain for an open-air gondola ride and time in the village. We depart Blue Mountain at 4:30 p.m. and return around 7:00 p.m. Cost: \$149 for members and \$154 for non-members. This trip is sold out, but a wait list is available at the front desk.

We do not yet have details for a Christmas trip but hope to share more when the Travel Desk reopens on September 21. Please check the Travel Desk for updates.

Mary Lou Busato – Convenor



Line Dance

Starting September 14th

Learn To Line Dance - Ultra Beginner

Know The Steps – Beginner

Already Line Dancing – Intermediate

Ultra 12 Noon – 1PM Mondays

Beginner 1:15 PM – 2:15PM Mondays

Intermediate 2:30PM – 3:30PM Mondays

Intermediate 3:30PM – 4:30PM Wednesday

Sign Up At Front Desk

Norma Matus – Convenor

The Centre has a limited number of newsletters available. Please take one copy only, and if possible, help us share by bringing it back to the Centre.



A New Member Management System Is on the Way

We're getting ready to welcome a new Member Management System, or MMS, to our senior Centre. This easy-to-use touch-screen system is designed to help our front desk team serve members a little faster and keep membership information up to date.

What This Means for You

Quicker help at the desk when staff or volunteers need to look up your information.

An easier check-in process using a simple touch-screen system.

More up-to-date records so your membership details stay current.

Better ways to stay in touch as we continue improving the system.

Simpler card replacement if your membership card is lost or needs updating.

Helpful reports to support planning and future improvements at the Centre

We'll Introduce It Step by Step

MMS will be rolled out in stages, so everyone has time to get comfortable with it. During testing, staff and volunteers may scan your membership card as they check that everything is working smoothly. After the membership blitz, MMS is expected to become a regular part of the front desk. It has been in development for almost one year and was created with our members in mind.

Would You Like to Help?

We would also welcome help from members who have experience with software development, computer languages, or database management. If that sounds like you, we would be very glad to hear from you. And even if technology is not your specialty, your feedback as a member will help us make MMS as useful and friendly as possible.

A quick reminder: please bring your membership card whenever you visit the centre. Having your card with you will help the new system work smoothly and make it easier for us to serve you.



Sample Membership Card

News & Views is your magazine. What you like and think is important to us. Please send any articles or suggestions to the email address below. They will be read. Honest...

newsandviewsmarkham@gmail.com



ANNUAL GENERAL MEETING

All Markham OAIA members are cordially invited to attend our Annual General Meeting. This is a great forum for you to ask questions, find out what is going on at the club, have your voice heard and your vote counted. We must have at least ten percent of the club members in attendance to hold the meeting, so please come out to support your Club.

Tuesday October 20st, 2026
12pm to 2:30pm

Markham Seniors Activity Centre Auditorium - 22 Water St.

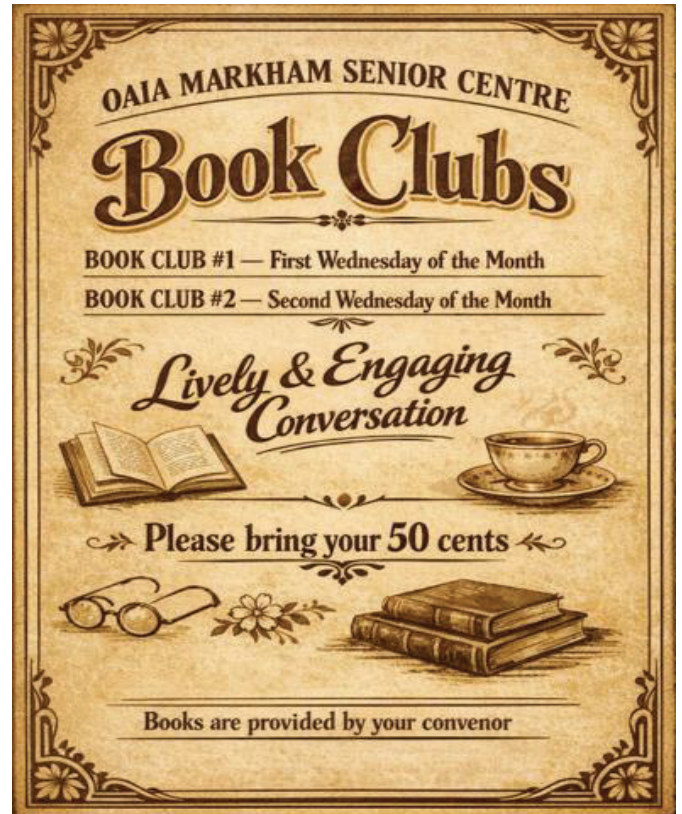
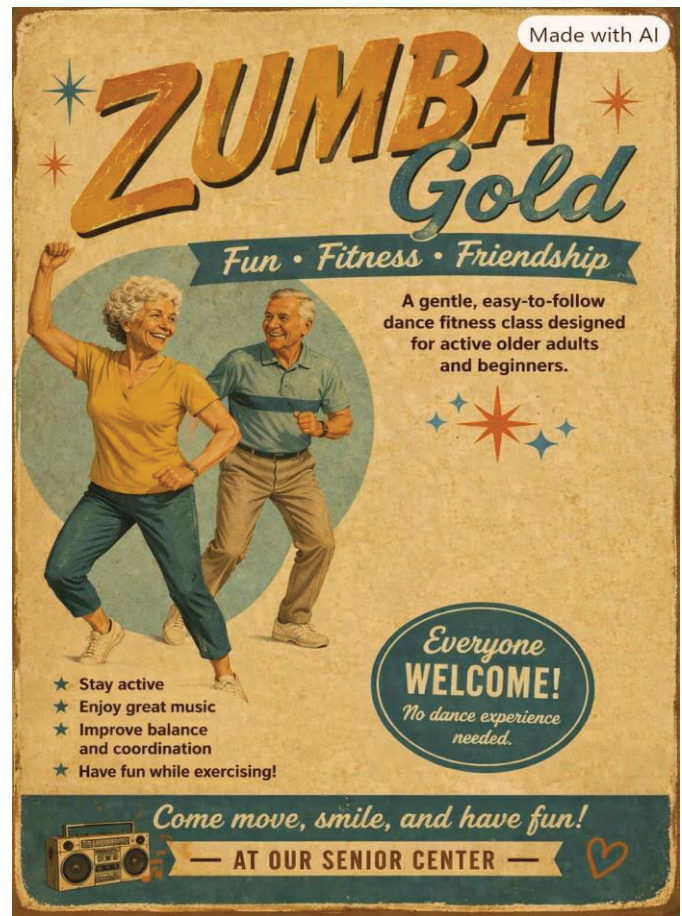
If you have new business items or ideas you want to discuss at the meeting, they must be submitted, in writing, to our President, Susan Flatt, by Monday September 28th to be added to our agenda.

- You must present your current OAIA Markham **Membership Card**.
- All other Club activities will cease for the duration of the meeting.
- Members who attend will be served a light lunch.
- **Pre-Meeting Information Binders** will be available to sign out from the front desk on Monday October 5th.

The Information Binders will include

The 2026 Meeting Agenda
2025 Annual General Meeting Minutes
2025-26 fiscal year end Financials







CURRENT EVENTS!



Every Wednesday



West Activity Room



1:00 PM – 3:00 PM

What We Do

- Current Local & World Events
- Humor & Discussion
- Photos, Videos & Presentations
- New Topics Every Month



Coffee, Tea & Treats Available at Break Time



Room Fee: \$0.50

New Members Always Welcome!

Jan Jang – Convenor
Steve Hircock – Convenor



DO YOU PLAY **CHESS?**



COME OUT AND HAVE A
GAME OR TWO WITH US

EVERY FRIDAY

IN THE CRAFT ROOM

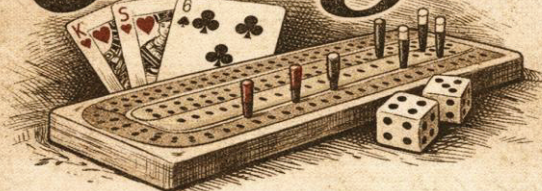
10:00 AM – 12:00 PM

TEACHING IS AVAILABLE

FRANK DENC SHAZI

— CONVENOR —

Cribbage!



Come Visit Us.

Cribbage takes place from 1:00 to 3:30 pm.

- Tuesdays In the west activity room
- Thursdays In the east activity room

Jeanne Lafond – Convenor

Thursday Craft Group

Busy hands, big hearts!

We're sewing bags to support

Markham Stouffville Hospital's Cancer Centre

— Our new ongoing service project! —

Accepting donations of
Fabric & Materials
To keep the creativity flowing!



Craft Sale Coming in May...

Stay tuned for far-out fun!

MELODY MAKERS

Next Concert

September 28, 2026

11:30am – 12:30pm

Come and lend an ear
Do a little dancing...

Admission

\$2 at the door

Coffee / Tea — \$1

Everyone Welcome!

Norma Matus

Convenor

Yoga!



TUESDAYS AT 11:30 AM

Sept 8th – Oct 28th

8 Weeks • Only \$50!

Get Fit & Have Fun!

★ **All Welcome!!** ★

Instructor: Ranjith

Wendy Wise – Convenor

CANASTA

We meet from
12:30pm –

4:00pm in the
West activity
room every

Thursday, for a fun afternoon
and camaraderie. If you are
interested in learning a new
card game or to renew your
skills...



Contact the front desk.

*Keith Shopman –
Convenor*



DJEMBE DRUMMING



WEDNESDAYS, 12:00PM-1:00PM

IN THE CRAFT ROOM.

SIGN UP AT THE FRONT DESK

THE COST DEPENDS ON THE
NUMBER OF PARTICIPANTS.

DIANA BARON – CONVENOR

MONDAY MORNING BRIDGE

— A Pleasant Weekly Gathering —



Step into the warmth of the Craft Room
and enjoy a friendly game of bridge
with neighbours and friends.

☕ Relax • Play • Connect ☕

Every Monday Morning
9:00 a.m. – 11:30 a.m.

All are welcome — whether seasoned players
or those simply looking for good company.

— Convenor: —

Margaret Crowley

MAHJONG



Mahjong is played twice a week
at the Centre, on **Monday** and **Tuesday**.

TUESDAY

Instruction in the Asian method
before learning the National method.

The activity fee is **50 CENTS** to play,
and **YOU MUST SIGN IN**
in the Activity Book upon arrival in Craft Room.

6	3	7	5	8	1	2	9	4
5	2	1	4	9	7	8	3	6
8	9	4	2	3	6	1	5	7
9	5	3	6	4	8	7	1	2
7	8	2	3	1	5	4	6	9
4	1	6	7	2	9	5	8	3
2	4	9	8	5	3	6	7	1
1	6	5	9	7	4	3	2	8
3	7	8	1	6	2	9	4	5

Solution for Sudoku from Page 7.

BID EUCHRE

MONDAY EVENINGS • 6:30 PM – 10:00 PM
(Craft Room)

IF MONDAY IS A HOLIDAY

We will play on **TUESDAY** – Same Time & Place.

COST: \$2.00

(Covers Prize Money and 50¢ Facility Fee)

PRIZE MONEY

First \$8.00 • Second \$6.00 • Third \$5.00

Fourth \$4.00 (Depends on attendance)

NEW TO BID EUCHRE?

Played in teams like regular euchre. Eight cards are dealt.
Each player bids on how many tricks he or she thinks they can take

A little more challenging than regular euchre.

Two decks of cards are used (Face cards only).

If you're interested in learning,
Come out and watch for a night or two...

THEN JOIN IN!

Ken and Bev Budarick – Convenors



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MARKHAM DISTRICT
VETERANS ASSOCIATION



THE
SALVATION
ARMY

TOPIC

HUMAN TRAFFICKING IN MARKHAM AND THE GTA

A PRESENTATION TO BUILD AWARENESS,
PROMOTE SAFETY AND TAKE ACTION.



EVENT DATE
**MONDAY,
SEPT 21ST, 2026**



TIME
11:00 AM



COST
\$15



LUNCH PROVIDED
Come for great food,
stay for important information.



EVERYONE WELCOME!
Bring a friend and help
spread awareness.

Together, we can make our community safer.



HARVEST DINNER AND Dance

• SATURDAY OCTOBER 17TH •

• DOORS OPEN AT 6:00PM •

**7 WASHINGTON ST,
MARKHAM, ON**

• LIVE ENTERTAINMENT BAND •

Coup de Ville

**TICKETS
ARE
\$55**

TICKETS CAN BE PURCHASED AT
THE MDVA
TUESDAY TO SATURDAY
FROM 3:00PM TO 9:00PM



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CALL TODAY TO BOOK A TOUR & COMPLIMENTARY LUNCH

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AMICA SWAN LAKE • 905-201-6058



Discover What Makes Stouffville Creek Feel Like Home

Curious about life here? Take a moment to visit and explore the warmth, comfort, and community that make Stouffville Creek special. Come see for yourself - your next adventure could be just a visit away!

Call (905) 642-2902 to schedule a visit

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* Some conditions may apply.



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I have worked as a hearing instrument specialist at some reputable hearing clinics for the past 6 years. After gaining experience, I decided to open my own practice with a mission of delivering the highest quality of hearing healthcare to my patients. "Always delivering best practices with the client's lifestyle in mind."

My hearing clinic stands firmly on the core values of professionalism, reliability, care, and quality. I adopt a client-centric approach to carefully listen to your concerns and work with you to design customized treatment plans.

I am well-versed with the latest technologies and advancements in the hearing healthcare domain and focus on implementing the best industry practices. I am also the recipient of the 2021 Charles Holland Award, which represents a model of hearing excellence across Canada.



Lyle Mirrett, HIS
Hearing Instrument Specialist

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- ✓ Lifetime hearing aid maintenance
- ✓ Hearing aid programming
- ✓ Free wax removal

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Monday	Tuesday	Wednesday	Thursday	Friday
Snooker 8:30 am - 10:00 pm	Snooker 8:30 am - 10:00 pm	Snooker 8:30 am - 10:00 pm	Snooker 8:30 am - 5:00 pm	Snooker 8:30 am - 5:00 pm
Pickleball - Auditorium 9:00 am - 11:30 am	Exercise - Auditorium 9:00 am - 10:00 am	Osteo Fitness - Auditorium 9:00 am - 10:00 pm	Wood Carving - West Room 9:00 am - 12:00 pm	Table Tennis - East & West 9:00 am - 12:30 pm
Casual Bridge - Craft Room 9:00 a.m. - 12:00 p.m.	Exercise - Auditorium 10:15 am - 11:15 am	Badminton - Cornell 9:00 am - 11:30 am	Exercise - Auditorium 9:00 am - 10:00 am	Osteo Fitness - Auditorium 9:00 am - 10:00 am
Melody Makers - Auditorium Last Monday in the month 11:30 am - 12:30 pm	Table Tennis - West 9:00 am - 11:00am	Band Practice - Craft Room 9:30 am - 11:30 am	Exercise - Auditorium 10:15 am - 11:15 am	Badminton - Cornell 9:00 am - 11:30 am
Ultra Beg. Line Dance- Auditorium 12:00 pm - 1:00 pm	Water Colours - East Room 9:30 am - 12:00 pm	Book Club - Board Room First Wed 10:15 am - 12:00 pm Second Wed 1:00 pm - 3:00 pm	Canasta - West Room 12:30 pm - 4:00 pm	Chess - Craft Room 10:00 am - 12:00 pm
Beg. Line Dance-Auditorium 1:15 pm - 4:30 pm	Water Colours - East Room 1:00 pm - 3:30 pm	Djembe Drumming - Craft Room 12:00 pm - 1:00 pm	Crafts - Craft Room 1:00 pm - 3:30 pm	Yoga - Auditorium 10:15 am - 11:15 am
Mah-Jong - Craft Room 12:30 pm - 4:30 pm	Yoga - Auditorium 11:30 am - 12:30 pm	Euchre - Auditorium 12:15 pm - 2:45 pm	Cribbage - East Room 1:00 pm - 3:30 pm	Yoga - Auditorium 11:30 am - 12:30 pm
Table Tennis - East & West 1:00 pm - 4:30 pm	Mah Jong - Craft Room 12:30 pm - 4:30 pm	Current Events Plus - West Room 1:00 pm - 3:00 pm	Pickleball - Auditorium 11:30 am - 1:30 pm	Duplicate Bridge - Craft Room 1:00 pm - 4:30 pm
Line Dancing - Auditorium 2:30 pm - 4:30 pm	Cribbage - West Room 1:00 pm - 3:30 pm	Acrylics - East Room 9:30 am - 12:00 pm	Osteo Fitness - Auditorium 1:45 pm - 2:45 pm	Pickleball - Auditorium 1:00 pm - 2:30 pm
Badminton - Auditorium 7:00 pm - 9:30 pm	Zumba Gold - Auditorium 1:15 pm - 2:15 pm	Acrylics - East Room 1:00 pm - 3:30 pm	Pickleball - Auditorium 3:00 pm - 4:45 pm.	Pickleball - Auditorium 2:45 pm - 4:45 pm
Bid Euchre - Craft Room 6:30 pm - 10:00 pm	Zumba Gold - Auditorium 2:30 pm - 3:30 pm	Knitting - Craft Room 1:30 pm - 4:00 pm		
	Pickle Ball - Auditorium 7:00 pm - 9:30 pm	Volleyball - Cornell 1:30 am - 4:00 pm		
	Wood Carving - Craft Room 9:00 am - 12:00 pm	Line Dancing - Auditorium 3:30 pm - 5:00 pm		
		Pickle Ball - Auditorium 6:00 pm - 9:30 pm		

Shaded programs are instructional and require pre-registration. Check with the front desk 905.294.5111 or program Convenor for availability and cost.

September 2026		Drop In Programs - Registration Not Required			
	Program	Time	Cost	Room	Convenor
Monday	Badminton	7:00 pm - 9:30 pm	\$0.50	Auditorium	Arun Dewan
	Bid Euchre	6:30 pm - 10:00 pm	\$2.00	Craft	Ken Budarick
	Casual Bridge	9:00 am - 12:00 pm	\$0.50	Craft	Margaret Crowley
	Mah-Jong	12:30 pm - 4:30 pm	\$0.50	Craft	Sashi Chitharanjan
Sept 28th	Melody Makers - Last Monday	11:30 am - 12:30 pm	\$2.00	Auditorium	Norma Matus
	Pickle Ball	9:00 am - 11:30 am	\$0.50	Auditorium	Cha Pin Lee
	Snooker	8:30 am - 10:00 pm	\$0.50	Snooker	Steve Riesberry
	Table Tennis	1:00 pm - 4:30 pm	\$0.50	East/West	Alphie Cheng
Tuesday	Cribbage	1:00 pm - 3:30 pm	\$0.50	West	Jeanne Lafond
	Mah-Jong	12:30 pm - 4:30 pm	\$0.50	Craft	Sashi Chitharanjan
	Pickle Ball	7:00 pm - 9:30 pm	\$0.50	Auditorium	Cha Pin Lee
	Snooker	8:30 am - 10:00 pm	\$0.50	Snooker	Steve Riesberry
	Table Tennis	9:00 am - 11:30 am	\$0.50	West	Alphie Cheng
	Wood Carving	9:00 am - 12:00 pm	\$0.50	Craft	
Wednesday	Badminton	9:00 am - 11:30 am	\$0.50	Cornell	Arun Dewan
	Band Practice	9:30 am - 11:30 am	\$1.00	Craft	Betsy Duffy
	Book Club #1 (1st Wed of Month)	10:15 am - 12:00 pm	\$0.50	Board Room	Susan Flatt
	Book Club #2 (2nd Wed of Month)	1:00 pm - 3:00 pm	\$0.50	Board Room	Donna Jacobs
	Current Events Plus	1:00 pm - 3:00 pm	\$1.00	West	Jan Jang
	Euchre	12:15 pm - 2:45 pm	\$2.00	Auditorium	Blair Simpson
	Knitting	1:30 pm - 4:00 pm	\$0.50	Craft	Valerie McCune
	Snooker	8:30 am - 10:00 pm	\$0.50	Snooker	Steve Riesberry
	Pickleball	6:00 pm - 9:30 pm	\$0.50	Auditorium	Alphie Cheng
	Volleyball	1:30 pm - 3:30 pm	\$0.50	Cornell	Joe Signorello
Thursday	Canasta	12:30 pm - 4:00 pm	\$0.50	West	Keith Shopman
	Crafts	1:00 pm - 3:30 pm	\$0.00	Craft	Wendy Wise
	Cribbage	1:00 pm - 3:30 pm	\$0.50	East	Jeanne Lafond
	Pickleball	11:30 am - 1:30 pm	\$0.50	Auditorium	John Varone
	Pickleball	3:00 pm - 4:45 pm	\$0.50	Auditorium	Kai Mark
	Snooker	8:30 am - 5:00 pm	\$0.50	Snooker	Steve Riesberry
	Wood Carving	9:00 am - 12:00 pm	\$0.50	West	Zdenek Brezina
Friday	Badminton	9:00 am - 11:30 am	\$0.50	Cornell	Arun Dewan
	Bridge (Duplicate)	1:00 pm - 4:30 pm	\$1.00	Craft	Bob Ysseldyk
	Chess	10:00 am - 12:00 pm	\$0.50	Craft	Frank Dencshazi
	Pickleball	1:00 pm - 2:30 pm	\$0.50	Auditorium	Clarence Jones
	Pickleball	2:45 pm - 4:45 pm	\$0.50	Auditorium	Clarence Jones
	Snooker	8:30 am - 5:00 pm	\$0.50	Snooker	Steve Riesberry
	Table Tennis	9:00 am - 12:30 pm	\$0.50	East/West	Eric Tam
Instructional Programs - Registration Required					
	Program	Time	Room	Convenor	
Monday	Ultra Beginner Line Dancing	12:00 pm - 1:00 pm	Auditorium	Norma Matus	
	Beginner Line Dancing	1:15 pm - 2:15 pm	Auditorium	Joyce McDowell	
	Line Dancing	2:30 pm - 4:00 pm	Auditorium	Dianne Sweeney	
Tuesday	Exercise	9:00 am - 10:00 am	Auditorium	Lyn Bryan	
	Exercise	10:15 am - 11:15 am	Auditorium	Pat Rossi	
	Water Colours	9:30 am - 12:00 pm	East	Stella Carageorgopoulos	
	Water Colours	1:00 pm - 3:30 pm	East	Karyn Lockhart	
	Yoga	11:30 am - 12:30 pm	Auditorium	Ruth MacCharles	
	Zumba Gold	1:15 pm - 2:15 pm	Auditorium	Susan Flatt	
	Zumba Gold	2:30 pm - 3:30 pm	Auditorium	Judy Menlove	
Wednesday	Acrylics	9:30 am - 12:00 pm	East	Karyn Lockhart	
	Acrylics	1:00 pm - 3:30 pm	East	Karyn Lockhart	
	Djembe Drumming	12:00 pm - 1:00 pm	Craft	Diana Baron	
	Line Dancing	3:30 pm - 5:00 pm	Auditorium	Carol Sparks	
	Osteo Fitness	9:00 am - 10:00 am	Auditorium	Lyn Bryan	
Thursday	Exercise	9:00 am - 10:00 am	Auditorium	Lyn Bryan	
	Exercise	10:15 am - 11:15 am	Auditorium	Pat Rossi	
	Osteo Fitness	1:45 pm - 2:45 pm	Auditorium	Susan Crawford	
Friday	Osteo Fitness	9:00 am - 10:00 am	Auditorium	Lyn Bryan	
	Yoga	10:15 am - 11:15 am	Auditorium	Wendy Wise	
	Yoga	11:30 am - 12:30 pm	Auditorium	Wendy Wise	