

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Snooker 8:30 a.m. - 10:00 p.m.	Snooker 8:30 a.m. - 10:00 p.m.	Snooker 8:30 a.m. - 10:00 p.m.	Snooker 8:30 a.m. - 5:00 p.m.	Snooker 8:30 a.m.-5:00 p.m.
## Osteo Fitness - Auditorium 9:00-10:00a.m. & 10:15-11:15a.m.	## Exercise - Auditorium 9:00-10:00a.m. & 10:15-11:15a.m.	## Osteo Fitness - Auditorium 9:00 a.m. - 10:00 a.m.	Wood Carving - West Room 9:00 a.m. - 12:00 p.m.	Table Tennis - East & West 9:00 a.m. - 12:30 p.m.
Casual Bridge - Craft Room 9:00 a.m. - 12:00 p.m.	Table Tennis - West 9:00 a.m. - 11:30 a.m.	Badminton - Cornell 9:00 a.m. - 11:30 a.m.	## Exercise - Auditorium 9:00-10:00a.m. & 10:15-11:15a.m.	## Osteo Fitness - Auditorium 9:00 a.m. - 10:00 a.m.
Melody Makers - Auditorium Last Monday in the month 11:30 a.m. - 12:30 p.m.	## Water Colours - East Room 9:30a.m-12:00p.m.& 1:00-3:30p.m.	## Acrylics - East Room 9:30a.m-12:00p.m.& 1:00-3:30p.m.	Canasta - West Room 12:30 p.m. - 4:00 p.m.	Badminton - Cornell 9:00 a.m. - 11:30 a.m.
## Beg. Line Dance-Auditorium 1:00 p.m. - 2:00 p.m.	Wood Carving - Craft Room 9:00 a.m. - 12:00 p.m.	Wood Carving - Craft Room 9:00 a.m. - 12:00 p.m.	Crafts - Craft Room 12:30 p.m. - 3:30 p.m.	Chess - Craft Room 10:00 a.m. - 12:00 p.m.
Mah-Jong - Craft Room 12:30 p.m. - 4:30 p.m.	## Yoga - Auditorium 11:30 a.m. - 12:30 p.m.	Book Club - Board Room First Wed 10:15 a.m. - 12:00 pm Second Wed 1:00 pm -3:00 pm	Cribbage - East Room 1:00 p.m. - 3:30 p.m.	## Yoga - Auditorium 10:15-11:15am & 11:30am-12:30pm
Table Tennis - East & West 1:00 p.m. -4:30 p.m.	Mah.Jong - Craft Room 12:30 p.m. - 4:00 p.m.	Tai Chi- Auditorium 10:30 a.m. - 11:30 a.m.	Pickleball - Auditorium 11:30 a.m -1:30 p.m.	Duplicate Bridge - Craft Room 1:00 p.m. - 4:30 p.m.
## Line Dancing - Auditorium 2:30 p.m. - 4:00 p.m.	Cribbage - West Room 1:00 p.m. -3:30 p.m. .	## Djembe Drumming - Craft Room 11:50 p.m. - 12:50 p.m.	## Osteo Fitness - Auditorium 1:45 p.m. - 2:45 p.m.	Pickleball - Auditorium 1:00-2:30p.m. & 2:45-4:45p.m.
Pickleball - Auditorium 4:15 p.m. - 6:45 p.m.	## Zumba Gold - Auditorium 1:15-2:15 p.m. & 2:30-3:30 p.m.	Euchre - Auditorium 12:15 p.m. - 2:45 p.m.	Pickleball - Auditorium 3:00 pm - 4:45 p.m.	
Badminton - Auditorium 7:00 p.m. - 9:30 p.m.	Pickle Ball - Auditorium 7:00 p.m. - 9:30 p.m.	Current Events Plus - West Room 1:00 p.m. - 3:00 p.m.		
Bid Euchre - Craft Room 6:30 p.m. -10:00 p.m.		Knitting - Craft Room 1:30 p.m. - 4:00 p.m.		
		Volleyball - Cornell 1:30 p.m. - 3:30 p.m.		
Updated October 24, 2026		## Line Dancing - Auditorium 3:30 p.m. - 4:30 p.m.		Pickle Ball - Auditorium Wed. 6:00 p.m. - 9:30 p.m.

Programs with ## are instructional & require pre-registration. Check with the Front Desk (905) 294-5111 or program Convenor for availability, dates, # of classes & cost.