

OAIA

News & Views

Vol. XVIII

A Magazine by and for OAIA Members

October 2026



Welcome to Our
SENIOR CENTRE



Happy
October!



May this month bring
warm hearts, good friends,
laughter, and many
joyful moments.

Stay Active
Stay Connected
Enjoy the Journey!

President
Susan Flatt

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Mark Barrett

Secretary
Lisa Weingust

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Michelle Perry

Assistant Treasurer
Steve Hircock

Membership Director
Peter Robinson

Programme Directors
Janet Anderson
Norma Matus
Keith Shopman
Carol Sparks
Wendy Wise

Editor In Chief
Peter Robinson

Webmaster
Frank Dittmann

2026	Reason For Closure
Monday, February 16 th	Family Day
Friday, April 3 rd	Good Friday
Monday, April 6 th	Easter Monday
Monday, May 18 th	Victoria Day
Wednesday, July 1 st	Canada Day
Monday, August 3 rd	Civic Holiday
Friday, August 28 th 5:00pm to Sunday, September 6 th	Annual Building Maintenance
Monday, September 7 th	Labour Day
Monday, October 12 th	Thanksgiving
Tuesday, December 22 nd 5:00pm to Sunday, January 3 rd 2027	Closed For The Holidays

Memorial Postings

When a member requests that a card be sent in the event of another member's death, they can also request a newsletter memorial posting, which will appear below:

Hours

Building Hours:

Mon, Tue, Wed 8:30am – 10:00pm
 Thu, Fri 8:30am – 5:00pm

Front Desk Hours:

Mon to Thu 9:00am – 3:30pm
 Fri 9:00am – 1:00pm

Phil Petrou
 Valerie Forbes

Newsletter Contact- newsandviewsmarkham@gmail.com
 Please visit our website at: www.markhamseniorcentre.com

DISCLAIMER The publication of any advertisements in this newsletter is not to be construed as an endorsement of the product or service offered unless it is strictly stated in the ad that there is an endorsement or approval.

We reserve the right to accept, reject, edit, condense and verify all submissions.



President's Report

I am pleased to welcome all our new members, and those who renewed their membership for another interesting year of activities at our club.

Many thanks to Peter Robinson, Membership Director, for his excellent work managing the membership renewal process, and to all the volunteers who tirelessly assisted him. Now that the membership renewal process is over, our front desk volunteers will be responsible for all renewal and new membership processing. Please, always carry your membership card with you while at the Club.

Thanks go out to the City of Markham staff as well. They worked diligently, processing payments over the two-week renewal period.

The board endeavors to maximize the number of participants enrolled in every programme, and to minimize wait times for entry. This objective occasionally requires the rescheduling of program rooms, consideration of instructor availability and caretaker-workload.

Hopefully by the time you read this letter, and weather permitting, you will have had the opportunity to enjoy our "Fall BBQ".

Please be sure to attend the Annual General Meeting on Tuesday, October 20th, from noon to 2:30, where a light lunch will be served.



The annual "Halloween Monster Bash Luncheon" will be held Friday, October 30th in the Gym. Tickets will be on sale at the front desk. Thanks again to Jeanne Colvin, the event convenor, and her committee.

Remember our annual Christmas Luncheon, to be held Friday, December 11th at the Mandarin Restaurant on Copper Creek Blvd. Tickets will be on sale at the front desk three weeks prior.

With the increased demand on the Food Bank, a result of recent higher food prices, please consider helping this essential community service by making donations of food items in the container, located in the front lobby.

Wishing you a healthy October.

Stay Well,

Susan Flatt



Dear Readers

As we begin another season together, there is much to celebrate in our senior community. The energy, friendship, and sense of belonging that members bring to our activities continue to make our Centre a welcoming place to connect, learn, and enjoy new experiences.

We are pleased to report that this year's membership renewal process was a big success. Thanks to the enthusiasm and prompt response of our members, registrations proceeded smoothly and efficiently. We will keep you updated on the progress of our new computer-based **MMS** (Member Management System). We have big plans for it and will keep you informed.

Looking ahead, our upcoming Annual General Meeting is an important opportunity for every member to have a voice in the future of our organization. The **AGM** is more than a formal requirement: it is where we review the past year, consider the priorities before us, ask questions, and help shape the decisions that will guide us in the months ahead.

Your presence matters. A strong turnout ensures that our plans truly reflect the interests and needs of the wider membership, so please make attending the **AGM** a priority and add your voice to this important conversation.

Our Centre thrives when members stay informed, share ideas, and lend a hand. Whether you attend an event, welcome someone new, volunteer for a task, or offer a thoughtful suggestion, your contribution matters. The membership renewal response has already shown what we can accomplish when we work together, and the **AGM** gives us another meaningful way to build on that momentum.

AGM Tuesday, 12:00 – 2:30pm, October 20th

Thank you for your continued support, enthusiasm, and commitment.

Peter Robinson
Editor



Astrology Signs For September 2026

Aries (March 21 – April 19)

New Moon activates relationships; Full Moon highlights money and values. Retrogrades urge slowing down and reviewing commitments.

Taurus (April 20 – May 20)

New Moon boosts work and health; Full Moon centers identity and personal goals. Retrogrades call for reassessing finances and relationships.

Gemini (May 21 – June 20)

New Moon sparks creativity and romance; Full Moon emphasizes rest and healing. Strong month for business profits; family life harmonious.

Cancer (June 21 – July 22)

New Moon focuses on home; Full Moon highlights friendships and networks. Career tension and family disharmony possible; health improves.

Leo (July 23 – August 22)

New Moon boosts communication; Full Moon emphasizes career. Travel benefits career; finances require patience.

Virgo (August 23 – September 22)

New Moon supports finances; Full Moon highlights learning and travel. Retrogrades encourage reviewing communication and relationships.

Libra (September 23 – October 22)

New Moon in your sign brings personal renewal; Full Moon highlights shared resources. Venus retrograde intensifies relationship review.

Scorpio (October 23 – November 21)

New Moon emphasizes rest; Full Moon highlights partnerships. Double retrograde in your sign brings deep personal transformation.

Sagittarius (November 22 – December 21)

New Moon energizes friendships; Full Moon highlights health and routines. Jupiter supports optimism despite retrograde slowdowns.

Capricorn (December 22 – January 19)

New Moon boosts career; Full Moon highlights creativity and romance. Retrogrades urge caution with contracts and communication.

Aquarius (January 20 – February 18)

New Moon supports travel and learning; Full Moon highlights home life. Pluto direct in Aquarius moves stalled plans forward.

Pisces (February 19 – March 20)

New Moon activates shared resources; Full Moon highlights communication. Saturn–Neptune themes deepen spiritual growth and introspection.

Overall Theme for October 2026

October 2026 is a month of **review, introspection, and recalibration**, driven by dual retrogrades and powerful lunar phases. It favors reflection over initiation, making it ideal for reassessing relationships, values, communication patterns, and long-term goals.

Monthly Sudoku

	9			4	6	5	8	
		8				2		
2		7			5		6	
	7				4			
		3	1		8	9		
			3				7	
	3		4			7		5
		4				6		
	1	9	5	8			3	



Fill the Grid: Each cell in the 9x9 grid must be filled with a number from 1 to 9.

Row Rule: Each row must contain the numbers 1-9 exactly once.

Column Rule: Each column must contain the numbers 1-9 exactly once.

Box Rule: Each 3x3 box must contain the numbers 1-9 exactly once.

Given Clues: Some cells in the grid are pre-filled with numbers (clues) to guide the player.

Uniqueness: The puzzle is solved when all cells are filled correctly, adhering to the above rules. Sudoku is a game of logic and reasoning, requiring no advanced mathematical skills, only logic and pattern recognition. It is a popular game for seniors and can improve concentration, memory, and logical thinking. ENJOY!

Ever wonder where
the money goes?

OAIA Finance 101

The annual Older Adult Membership Fee goes directly to the City of Markham to help pay for running the Markham Senior Activity Centre (MSAC). Our club (OAIA) has exclusive use of the facility during our allocated hours of operation.

The **Operating Statement** identifies our income and expenses. While the City does pay for running the centre and for shared expenses and equipment, OAIA is responsible for equipment and expenses to run the activities, the lounge, and the club offices. The club's income comes from the 50¢ Facility Fee that is paid when participating in an activity. The reported income is the **net income** by program (fees charged minus program related expenses). Our goal for individual programs is that their net income is marginally positive so that they also cover the club expenses. The **expenses** are general club-related expenses such as welcome back and thank you lunches, office expenses, accounting and insurance. The overall goal for the club, except for large extra-ordinary expenses, is a balance of income and expenses or a small surplus.

The **Financial Position** identifies our assets and liabilities. Much has been said in the past about why we carry “so much” in investments (bank GICs). Our investments would fund extra-ordinary or surprise expenses. You could think of it as similar to the reserve fund in a condominium or those funds you hold in reserve to replace your furnace or for renovations. Also remember that we are not a single household but an organization of almost 1000 individuals. One ongoing issue is that some of our technology, furniture and equipment needs replacing from time to time. Another example might be – if there was a flood that destroyed the gym floor. While the City would fix the floor, the club may have to rent facilities elsewhere (a huge expense) to continue programs.

I hope this discussion will help you understand the financial statements presented at the AGM.

Steve Hircock
Assistant Treasurer

News & Views is your magazine. What you like and think is important to us. Please send any articles or suggestions to the email address below. They will be read. Honest...

newsandviewsmarkham@gmail.com



2026 MARKHAM OAIA ANNUAL GENERAL MEETING

All Markham OAIA members are cordially invited to attend our Annual General Meeting. This is a great forum for you to ask questions, find out what is going on at the club, have your voice heard and your vote counted. We must have at least ten percent of the club members in attendance to hold the meeting, so please come out to support your Club.

Tuesday October 20st, 2026

12pm to 2:30pm

Markham Seniors Activity Centre Auditorium - 22 Water St.

If you have new business items or ideas you want to discuss at the meeting, they must be submitted, in writing, to our President, Susan Flatt, by Monday September 28th to be added to our agenda.

- You must present your current OAIA Markham **Membership Card**.
- All other Club activities will cease for the duration of the meeting.
- Members who attend will be served a light lunch.
- **Pre-Meeting Information Binders** will be available to sign out from the front desk on Monday October 5th.

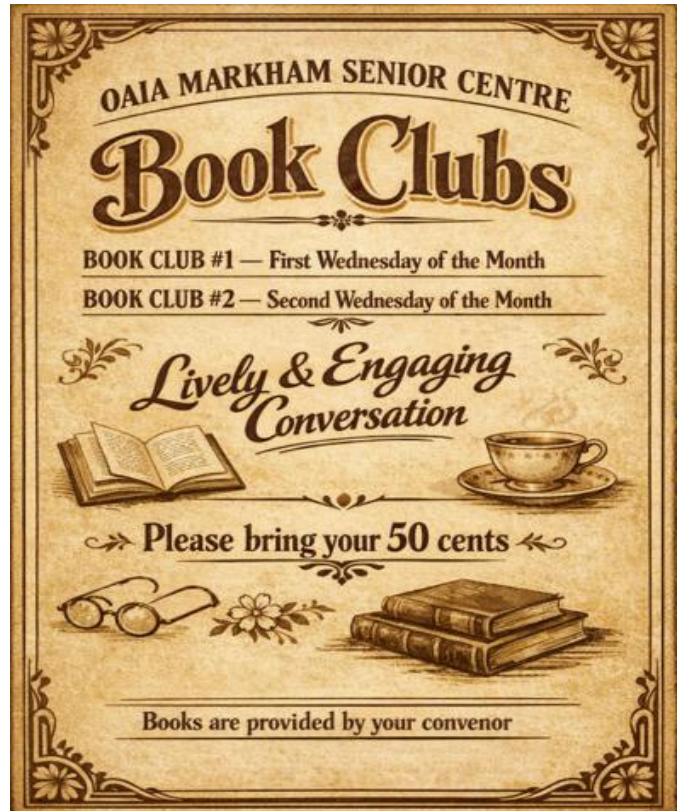
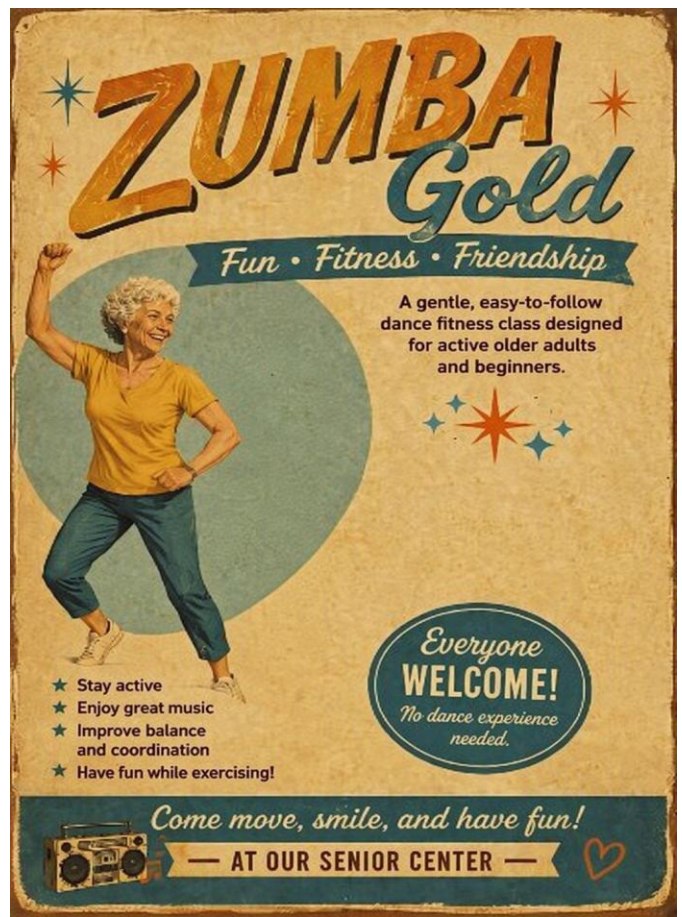
The Information Binders will include

The 2026 Meeting Agenda

2025 Annual General Meeting Minutes

2025-26 fiscal year end Financials







CURRENT EVENTS!



Every Wednesday



West Activity Room



1:00 PM – 3:00 PM

What We Do

- Current Local & World Events
- Humour & Discussion
- Photos, Videos & Presentations
- New Topics Every Month



Coffee, Tea & Treats Available at Break Time



Room Fee: \$0.50

New Members Always Welcome!

Jan Jang – Convenor
Steve Hircock – Convenor



DO YOU PLAY **CHESS?**



COME OUT AND HAVE A
GAME OR TWO WITH US

EVERY FRIDAY

IN THE CRAFT ROOM

10:00 AM – 12:00 PM

TEACHING IS AVAILABLE

FRANK DENC SHAZI

— CONVENOR —

Cribbage!



Come Visit Us.

Cribbage takes place from 1:00 to 3:30 pm.

- Tuesdays In the west activity room
- Thursdays In the east activity room

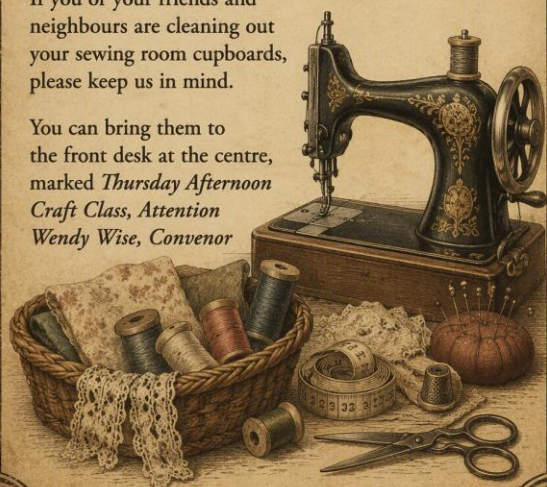
Jeanne Lafond – Convenor

WANTED:

Sewing supplies and Materials

If you or your friends and neighbours are cleaning out your sewing room cupboards, please keep us in mind.

You can bring them to the front desk at the centre, marked *Thursday Afternoon Craft Class*, Attention *Wendy Wise, Convenor*



♪ MELODY ♪ MAKERS

Next Concert

October 26, 2026

11:30am – 12:30pm

Come and lend an ear
Do a little dancing...

Admission

\$2 at the door

Coffee / Tea — \$1

Everyone Welcome!

Norma Matus

Convenor

Yoga!



TUESDAYS AT 11:30 AM

Sept 8th – Oct 28th

8 Weeks • Only \$50!

Get Fit & Have Fun!

★ All Welcome!! ★

**Instructor: Ranjith
Ruth MacCharles – Convenor**

CANASTA

We meet from
12:30pm –

4:00pm in the
West activity
room every

Thursday, for a fun afternoon
and camaraderie. If you are
interested in learning a new
card game or to renew your
skills...



Contact the front desk.

**Keith Shopman –
Convenor**



DJEMBE DRUMMING



WEDNESDAYS, 12:00PM-1:00PM

IN THE CRAFT ROOM.

SIGN UP AT THE FRONT DESK

**THE COST DEPENDS ON THE
NUMBER OF PARTICIPANTS.**

DIANA BARON – CONVENOR

MONDAY MORNING BRIDGE

— A Pleasant Weekly Gathering —



Step into the warmth of the Craft Room
and enjoy a friendly game of bridge
with neighbours and friends.

☕ Relax • Play • Connect ☕

**Every Monday Morning
9:00 a.m. – 11:30 a.m.**

All are welcome — whether seasoned players
or those simply looking for good company.

— Convenor: —

Margaret Crowley

MAHJONG



Mahjong is played twice a week
at the Centre, on **Monday** and **Tuesday**.

TUESDAY

Instruction in the Asian method
before learning the National method.

The activity fee is **50 CENTS** to play,
and **YOU MUST SIGN IN**
in the Activity Book upon arrival in Craft Room.

3	9	1	2	4	6	5	8	7
5	6	8	7	3	9	2	4	1
2	4	7	8	1	5	3	6	9
1	7	5	6	9	4	8	2	3
4	2	3	1	7	8	9	5	6
9	8	6	3	5	2	1	7	4
8	3	2	4	6	1	7	9	5
7	5	4	9	2	3	6	1	8
6	1	9	5	8	7	4	3	2

Solution for Sudoku from Page 6

BID EUCHRE

MONDAY EVENINGS • 6:30 PM – 10:00 PM
(Craft Room)

IF MONDAY IS A HOLIDAY

We will play on **TUESDAY** — Same Time & Place.

COST: \$2.00

(Covers Prize Money and 50¢ Facility Fee)

PRIZE MONEY

First \$8.00 • Second \$6.00 • Third \$5.00
Fourth \$4.00 (Depends on attendance)

NEW TO BID EUCHRE?

Played in teams like regular euchre. Eight cards are dealt.
Each player bids on how many tricks he or she thinks they can take take.

A little more challenging than regular euchre.
Two decks of cards are used (Face cards only).

If you're interested in learning,
Come out and watch for a night or two...

THEN JOIN IN!

Ken and Bev Budarick — Convenors

SEE YOU AT THE MOVIES - FALL 2026



tiff | FILM CIRCUIT

NOVEMBER 24 7:00PM

THE CHORAL

Against the backdrop of WWI, a village choir finds itself without many members. The new choirmaster is determined to find talent among the village's adolescent population, proving that even in the darkest of times, singing and music have the power to discover, to remember and to build something new.

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MONSTER BASH LUNCHEON

Join us on Friday, October 30, 2026
in the Auditorium at 12:30 p.m.

THE MENU

Salad
Lemon Chicken
Roasted Potatoes
Dessert
Coffee or Tea

Cost: \$25.00

Catered by Village Grocer

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MDVA's Lunch & Learn

Topic: *Better Mental Health for a Brighter Tomorrow*

Mental Health

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COST: \$15

Monday, October 19th at 11:00 am

REGISTER AT THE MDVA
7 Washington St., Markham
Tuesday - Saturday 3:00 pm - 9:00 pm

All Are Welcome!

MARKHAM DISTRICT VETERANS ASSOCIATION

Come and Play CARD GAMES

Bid Euchre

TUESDAY AFTERNOONS

Starting at **2:30 PM**
Each week

Euchre

FRIDAY AFTERNOONS

Starting at **2:30 PM**
Each week

All Are Welcome!

Fun Friendly Games!

7 Washington St., Markham

MARKHAM DISTRICT VETERANS ASSOCIATION

HARVEST DINNER AND Dance

SATURDAY OCTOBER 17TH

DOORS OPEN AT 6:00PM

7 WASHINGTON ST, MARKHAM, ON

LIVE ENTERTAINMENT BAND

Coup de Ville

TICKETS ARE \$55

TICKETS CAN BE PURCHASED AT **THE MDVA**
TUESDAY TO SATURDAY FROM 3:00PM TO 9:00PM

Markham Veterans Association Presents

Wine Tasting in NIAGARA-ON-THE-LAKE

Niagara-on-the-Lake is home to some of the oldest and most established wine producing vineyards in Canada. Their wineries have been growing and producing world-class wines from vinifera varietals for more than four decades. The efforts of pioneer winemakers in this region were instrumental in propelling Canada onto the world's wine stage and positioning Niagara-on-the-Lake as a premium wine growing region.

Wednesday, October 7, 2026

DEPART: 8:30 a.m.
7 Washington St., Markham

REST STOP: 10:00 a.m. - 10:30 a.m.
Rest stop at Gateway Niagara Information Centre

WINERY: 11:00 a.m. - 12:00 p.m.
De Simone Vineyards
Three wine samples included.

LUNCH: 12:15 p.m. - 1:45 p.m.
Enjoy a delicious lunch at the Queenston Heights Restaurant.

CHOICE OF:

- 1) Grilled Breast of Chicken with Garlic Glaze
- 2) Baked Rainbow Trout
- 3) Vegetable Stir-fry

SHOPPING: 2:00 p.m. - 3:15 p.m.
Free time in Niagara-on-the-Lake

WINERY: 3:30 p.m. - 4:30 p.m.
Konzelmann Estate Winery
Three wine samples included.

RETURN: Arrival in Markham by 6:30 p.m.

Price: \$179.00 per person

Sign up at the club Tuesday to Saturday from 3:00 p.m. to 9:00 p.m.

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I have worked as a hearing instrument specialist at some reputable hearing clinics for the past 6 years. After gaining experience, I decided to open my own practice with a mission of delivering the highest quality of hearing healthcare to my patients. "Always delivering best practices with the client's lifestyle in mind."

My hearing clinic stands firmly on the core values of professionalism, reliability, care, and quality. I adopt a client-centric approach to carefully listen to your concerns and work with you to design customized treatment plans.

I am well-versed with the latest technologies and advancements in the hearing healthcare domain and focus on implementing the best industry practices. I am also the recipient of the 2021 Charles Holland Award, which represents a model of hearing excellence across Canada.



Lyle Mirrett, HIS
Hearing Instrument Specialist

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Monday	Tuesday	Wednesday	Thursday	Friday
Snooker 8:30 am - 10:00 pm	Snooker 8:30 am - 10:00 pm	Snooker 8:30 am - 10:00 pm	Snooker 8:30 am - 5:00 pm	Snooker 8:30 am - 5:00 pm
Osteo Fitness – Auditorium 9:00 am – 10:00am & 10:15 am – 11:15 am	Exercise - Auditorium 9:00 am- 10:00 am	Osteo Fitness – Auditorium 9:00 am - 10:00 pm	Wood Carving - West Room 9:00 am – 12:00 pm	Table Tennis - East & West 9:00 am - 12:30 pm
Casual Bridge - Craft Room 9:00 a.m. - 12:00 p.m.	Exercise - Auditorium 10:15 am- 11:15 am	Badminton - Cornell 9:00 am - 11:30 am	Exercise - Auditorium 9:00 am- 10:00 am	Osteo Fitness - Auditorium 9:00 am - 10:00 am
Melody Makers – Auditorium Last Monday in the month 11:30 am – 1230: pm	Table Tennis – West 9:00 am – 11:00am	Band Practice - Craft Room 9:30 am - 11:30 am	Exercise - Auditorium 10:15 am- 11:15 am	Badminton - Cornell 9:00 am - 11:30 am
Beg. Line Dance-Auditorium 1:15 pm – 4:30 pm	Water Colours - East Room 9:30 am - 12:00 pm	Book Club - Board Room First Wed 10:15 am - 12:00 pm Second Wed 1:00 pm -3:00 pm	Canasta - West Room 12:30 pm – 4:00 pm	Chess - Craft Room 10:00 am - 12:00 pm
Mah-Jong - Craft Room 12:30 pm – 4:30 pm	Water Colours - East Room 1:00 pm- 3:30 pm	Djembe Drumming - Craft Room 12:00 pm- 1:00 pm	Crafts - Craft Room 1:00 pm – 3:30 pm	Yoga Plus – Auditorium 10:15 am -11:15 am
Table Tennis - East & West 1:00 pm – 4:30 pm	Yoga – Auditorium 11:30 am – 12:30 pm	Euchre – Auditorium 12:15 pm- 2:45 pm	Cribbage - East Room 1:00 pm – 3:30 pm	Yoga – Auditorium 11:30 am - 12:30 pm
Line Dancing – Auditorium 2:30 pm – 4:30 pm	Mah Jong - Craft Room 12:30 pm – 4:30 pm	Current Events Plus - West Room 1:00 pm - 3:00 pm	Pickleball – Auditorium 11:30 am -1:30 pm	Duplicate Bridge - Craft Room 1:00 pm - 4:30 pm
Pickleball – Auditorium 4:15 pm – 6:45 pm	Cribbage - West Room 1:00 pm – 3:30 pm	Acrylics - East Room 9:30 am - 12:00 pm	Osteo Fitness – Auditorium 1:45 pm - 2:45 pm	Pickleball – Auditorium 1:00 pm - 2:30 pm
Badminton – Auditorium 7:00 pm – 9:30 pm	Zumba Gold – Auditorium 1:15 pm – 2:15 pm	Acrylics - East Room 1:00 pm – 3:30 pm	Pickleball – Auditorium 3:00 pm - 4:45 pm.	Pickleball – Auditorium 2:45 pm - 4:45 pm
Bid Euchre - Craft Room 6:30 pm - 10:00 pm	Zumba Gold – Auditorium 2:30 pm – 3:30 pm	Knitting - Craft Room 1:30 pm – 4:00 pm		
	Pickle Ball – Auditorium 7:00 pm – 9:30 pm	Volleyball – Cornell 1:30 am - 4:00 pm		
	Wood Carving - Craft Room 9:00 am – 12:00 pm	Line Dancing – Auditorium 3:30 pm – 5:00 pm		
		Pickle Ball – Auditorium 6:00 pm – 9:30 pm		

Shaded programs are instructional and require pre-registration. Check with the front desk 905.294.5111 or program Convenor for availability and cost.

October 2026		Drop In Programs - Registration Not Required			
	Program	Time	Cost	Room	Convenor
Monday	Badminton	7:00 pm - 9:30 pm	\$0.50	Auditorium	Arun Dewan
	Bid Euchre	6:30 pm - 10:00 pm	\$2.00	Craft	Ken Budarick
	Casual Bridge	9:00 am - 12:00 pm	\$0.50	Craft	Margaret Crowley
	Mah-Jong	12:30 pm - 4:30 pm	\$0.50	Craft	Sashi Chitharanjan
October 26th	Melody Makers - Last Monday	11:30 am - 12:30 pm	\$2.00	Auditorium	Norma Matus
	Pickle Ball	4:15 pm - 6:45 pm	\$0.50	Auditorium	Cha Pin Lee
	Snooker	8:30 am - 10:00 pm	\$0.50	Snooker	Steve Riesberry
	Table Tennis	1:00 pm - 4:30 pm	\$0.50	East/West	Alphie Cheng
Tuesday	Cribbage	1:00 pm - 3:30 pm	\$0.50	West	Jeanne Lafond
	Mah-Jong	12:30 pm - 4:30pm	\$0.50	Craft	Sashi Chitharanjan
	Pickle Ball	7:00 pm - 9:30 pm	\$0.50	Auditorium	Cha Pin Lee
	Snooker	8:30 am - 10:00 pm	\$0.50	Snooker	Steve Riesberry
	Table Tennis	9:00 am - 11:30 am	\$0.50	West	Alphie Cheng
	Wood Carving	9:00 am - 12:00 pm	\$0.50	Craft	Cha Pin Lee
Wednesday	Badminton	9:00 am - 11:30 am	\$0.50	Cornell	Arun Dewan
	Band Practice	9:30 am - 11:30 am	\$1.00	Craft	Betsy Duffy
	Book Club #1 (1st Wed of Month)	10:15 am - 12:00 pm	\$0.50	Board Room	Susan Flatt
	Book Club #2 (2nd Wed of Month)	1:00 pm - 3:00 pm	\$0.50	Board Room	Donna Jacobs
	Current Events Plus	1:00 pm - 3:00 pm	\$1.00	West	Jan Jang
	Euchre	12:15 pm - 2:45 pm	\$2.00	Auditorium	Blair Simpson
	Knitting	1:30 pm - 4:00 pm	\$0.50	Craft	Valerie McCune
	Snooker	8:30 am - 10:00 pm	\$0.50	Snooker	Steve Riesberry
	Pickleball	6:00 pm - 9:30 pm	\$0.50	Auditorium	Alphie Cheng
	Volleyball	1:30 pm - 3:30 pm	\$0.50	Cornell	Joe Signorello
Thursday	Canasta	12:30 pm - 4:00 pm	\$0.50	West	Keith Shopman
	Crafts	1:00 pm - 3:30 pm	\$0.00	Craft	Wendy Wise
	Cribbage	1:00 pm - 3:30 pm	\$0.50	East	Jeanne Lafond
	Pickleball	11:30 am - 1:30 pm	\$0.50	Auditorium	John Varone
	Pickleball	3:00 pm - 4:45 pm	\$0.50	Auditorium	Kai Mark
	Snooker	8:30 am - 5:00 pm	\$0.50	Snooker	Steve Riesberry
	Wood Carving	9:00 am - 12:00 pm	\$0.50	West	Zdenek Brezina
Friday	Badminton	9:00 am - 11:30 am	\$0.50	Cornell	Arun Dewan
	Bridge (Duplicate)	1:00 pm - 4:30 pm	\$1.00	Craft	Bob Ysseldyk
	Chess	10:00 am - 12:00 pm	\$0.50	Craft	Frank Dencshazi
	Pickleball	1:00 pm - 2:30 pm	\$0.50	Auditorium	Clarence Jones
	Pickleball	2:45 pm - 4:45 pm	\$0.50	Auditorium	Clarence Jones
	Snooker	8:30 am - 5:00 pm	\$0.50	Snooker	Steve Riesberry
	Table Tennis	9:00 am - 12:30 pm	\$0.50	East/West	Eric Tam
Instructional Programs - Registration Required					
	Program	Time	Room	Convenor	
Monday	Osteo Fitness	9:00 am - 10:00 am	Auditorium	Ramzi Atallah	
	Osteo Fitness	10:15 am - 11:15 am	Auditorium	Sandy Granger	
	Beginner Line Dancing	1:15 pm - 2:15 pm	Auditorium	Joyce McDowell	
	Line Dancing	2:30 pm - 4:00 pm	Auditorium	Diane Sweeney	
Tuesday	Exercise	9:00 am - 10:00 am	Auditorium	Lyn Bryan	
	Exercise	10:15 am - 11:15 am	Auditorium	Pat Rossi	
	Water Colours	9:30 am - 12:00 pm	East	Stella Carageorgopoulos	
	Water Colours	1:00 pm - 3:30 pm	East	Karyn Lockhart	
	Yoga	1130 am - 12:30 pm	Auditorium	Ruth MacCharles	
	Zumba Gold	1:15 pm - 2:15 pm	Auditorium	Susan Flatt	
	Zumba Gold	2:30 pm - 3:30 pm	Auditorium	Judy Menlove	
Wednesday	Acrylics	9:30am - 12:00 pm	East	Karyn Lockhart	
	Acrylics	1:00 pm - 3:30 pm	East	Karyn Lockhart	
	Djembe Drumming	12:00 pm - 1:00 pm	Craft	Diana Baron	
	Line Dancing	3:30 pm - 5:00 pm	Auditorium	Carol Sparks	
	Osteo Fitness	9:00 am - 10:00 am	Auditorium	Lyn Bryan	
Thursday	Exercise	9:00 am - 10:00 am	Auditorium	Lyn Bryan	
	Exercise	10:15 am - 11:15 am	Auditorium	Pat Rossi	
	Osteo Fitness	1:45 pm - 2:45 pm	Auditorium	Susan Crawford	
Friday	Osteo Fitness	9:00 am - 10:00 am	Auditorium	Lyn Bryan	
	Yoga Plus	10:15 am - 11:15 am	Auditorium	Wendy Wise	
	Yoga	11:30 am - 12:30 pm	Auditorium	Wendy Wise	